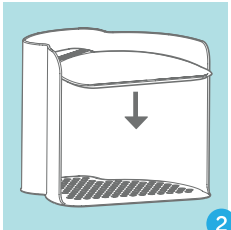


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Protect breastmilk from both spillage and spoilage with our innovative breastmilk bags. Thanks to their flat design, they cool quickly, which reduces bacterial growth, and thaw evenly, which helps preserve nutrients. They are durable and leak-proof, featuring a double zipper and extra-thick plastic. The organizer enables hygienic and space-saving storage and helps you track pumping order and maintain a “first in, first out” policy.

- Even thawing helps preserve nutrients
- Fast cooling reduces bacterial growth
- Bags thaw 2 times faster than standard breastmilk storage bags
- Tear-proof, extra-thick plastic
- Double zipper seals securely
- Scale accurately measures milk quantity
- Label for name, volume, date, and time
- Freezer organizer helps you maintain a “first in, first out” policy
- BPA free

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#### More from nanobébé

##### Bottle Cooler & Travel Pack

Multi-layered insulated baby bottle cooler.  
Safely store and transport breast milk for on-the-go parents!

##### Flexy Pacifier/Soother

Extra-soft nipple/teat  
Lightweight & ergonomic

##### Breastmilk Bags and Organizer

Fast thawing for optimal nutrient preservation

##### Smart Warming Bowl

Quick & even warming  
Optimal for breastmilk

##### Compact Drying Rack

Fast, hygienic drying  
Stores flat

##### Breastmilk Bottle

Designed to preserve breastmilk nutrients

Responsibly made in China for  
Nutrits Ltd.  
P.O. Box 7239  
Tel Aviv, Israel 6107121

Customer service:  
[nanobebe.com](http://nanobebe.com)

G50-00048-19-1

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## How to use your Breastmilk Storage Bags and organizer



THAW  
2TIMES  
FASTER

### Freshly pumped breastmilk storage guidelines

(not for preterm babies)

where	temperature	storage time
at room temperature	66-78°F (19-26°C)	4-6 hours
cooler with ice packs	59°F (15°C)	24 hour
in a refrigerator	<39°F (<4°C)	3-8 days
in a freezer	0-4°F (-18--15°C)	6-12 months

\*\* To accurately measure breast milk volume inside the storage bag, hold it so that the bag opening is flat (parallel to the floor) and read the volume on the scale.

### STORING:

- Open individual bag by tearing away the safety seal and pulling the zipper seal apart.
- Pour breastmilk from feeding bottle into the bag. if using a nanobébé feeding bottle, ensure the breast pump adapter is attached when transferring breast milk into the bag (diagram 1). Before sealing, carefully squeeze air out of the bag to preserve freshness.
- Seal the bag. **To ensure a secure seal run your fingers along both zippers at least twice.**
- Using a sharpie or ballpoint pen, fill in the name, date, time, and volume.
- Insert the bag into the organizer, as shown in diagram 2.
- Place the organizer in the freezer.
- If milk spills on the bag's outer surface prior to freezing, use a paper towel to gently wipe the milk.
- Ensure bag's outer surface is dry before storing in the freezer.

### THAWING:

- Remove bottommost bag from organizer, as shown in diagram 3.
- Place sealed bag in a clean empty container and place the container in the refrigerator for 12 hours or place sealed bag in lukewarm water for 30 minutes. Milk will separate; this is normal, as human milk is not homogenized.
- Do not put bag in boiling water, microwave, or on stovetop.**
- Swirl the bag gently before opening to blend any fat that has separated.
- Transfer milk into a nanobébé feeding bottle, as shown in diagram 4. Do not reuse bag.
- Warm feeding bottle to body temperature either in a bowl of warm water or using a nanobébé bottle warmer.
- Feed warmed milk immediately.
- Discard used plastic bag safely.
- Thawed milk that has not been warmed may be stored in the refrigerator for up to 24 hours.

### FOR YOUR CHILD'S SAFETY

#### CAUTION!

**DO NOT DEFROST BREASTMILK IN A MICROWAVE OR IN A PAN OF BOILING WATER.**

**DO NOT REUSE BAG.**

#### CONTENTS:

**Breastmilk Storage Bags and Organizer**

25 x pre-sterilized breastmilk bags  
1 x organizer



**Breastmilk Storage Bags**

50 x pre-sterilized breastmilk storage bags

