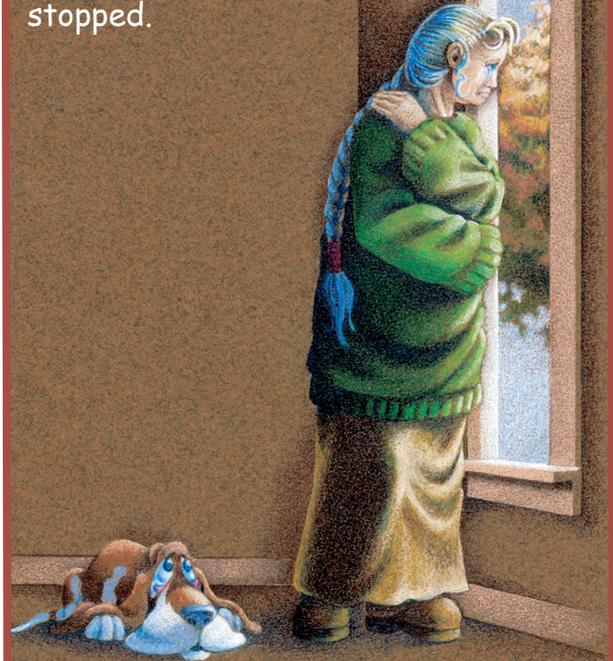


Grandy's arms ached and she felt stone cold empty. There were no words that could describe the pain she was feeling. What's more when she looked out the window it surprised her how the rest of the world was going on as usual, while her world had stopped.



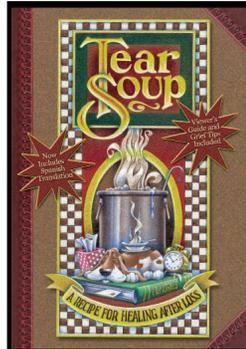
page. 17

Tear Soup...a book that

- * Affirms the bereaved
- * Educates the unbereaved
- * Is a building block for children

story by
Pat Schwiebert & Chuck DeKlyen
illustrated by Taylor Bills

Also Available:



Tear Soup

Format: DVD

Running Time: 17 min

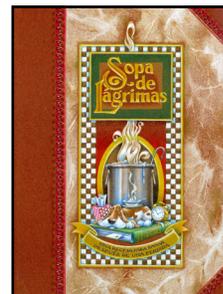
The poignant story and engaging illustrations that have made Tear Soup a treasured book for people of all ages are given new life in this special video version. Viewers will find themselves returning again and again to this moving portrayal as part of the ongoing process of healing from grief. Families, professionals, educators and support groups will all benefit from the insights and comfort provided in this helpful production. Included with the video is a viewers guide and grief tips. This guide can assist in viewing of the video and starting some discussions amongst the viewers.

This DVD has been remastered in HD and now includes both English and Spanish productions on one DVD. The English version also has the closed captioning option.

Sopa de Lagrimas

Softbound

60 full-color pages



Same touching story and beautiful illustrations now available in Spanish.

Tear Soup

a recipe for healing
after loss



A universal story
that teaches us about grief

Winner
of the Theologos
Best Book Award!



About Tear Soup

“What’s true about soup making is also true about grieving.”

In our richly illustrated new book, Grandy has just suffered a big loss in her life, and so she is cooking up her own unique batch of “tear soup.” **Tear Soup**, gives you a glimpse into Grandy’s life as she blends different ingredients into her own grief process. Her tear soup will help to bring her comfort and ultimately help to fill the void in her life that was created by her loss.

What they’re saying about Tear Soup

*“I will have copies of **Tear Soup** in my waiting room for my clients to read. We finally have the perfect gift for the bereaved!”* - Jill Romm, R.N., LCSW

*“I recently received a copy of **Tear Soup** from a friend. I LOVE it, every page, every illustration and especially every word. It affirms the feelings that we’ve had over the past four years. Thank you for putting into words the myriad of ways profound grief manifests itself.”*

- Karen Burris, widow and young mother

*“If you are going to buy only one book on grief, this is the one to get. **Tear Soup** is not depressing, it warms the heart. This family book says it all, in few words and heartfelt illustrations.”*

- Jay Kennedy, Human Services Press

*“**Tear Soup** is a lovely story, well illustrated and clearly written about the feelings we experience when we face a big loss. While it empathizes with the raw feelings of fresh grief, it subtly and sensitively explains the stages of mourning and assures the reader that grieving is a process that we can get through in time.”*

- GG, mother and grandmother

Grandy's Recipe for TEAR SOUP

Helpful ingredients to consider

- * a pot full of tears
- * one heart willing to be broken open
- * a dash of bitters
- * a bunch of good friends
- * many handfuls of comfort food
- * a lot of patience
- * buckets of water to replace the tears
- * plenty of exercise
- * a variety of helpful reading material
- * enough self care
- * season with memories
- * optional; one good therapist and/or support group

Directions:

Choose the size pot that fits your loss. It's ok to increase the pot size if you miscalculated. Combine ingredients. Set temperature for a moderate heat. Cooking times will vary depending on the ingredients needed. Strong flavors mellow over time. Stir often. Cook no longer than you need to.

Suggestions

- * be creative
- * trust your instincts
- * cry when you want to, laugh when you can
- * freeze some to use as a starter for next time
- * write your own soup making in a journal so you won't forget

Serves One



Following Grandy’s story you will find cooking tips to use in dealing with grief:

- * if you are the one who is cooking
- * if there are two of you cooking
- * if your friend is the cook
- * if a child is the cook

TEAR SOUP ORDER FORM

Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone: _____
 Email: _____
 Card #: _____ Exp. Date _____

*Please send a copy of **Tear Soup** to my friend*

Name _____
 Address _____
 City _____ State _____
 Zip _____

* please include gift message from me **yes no**

- Hardcover Book** (ISBN# 0-9615197-6-2) \$ 21.95 ea
- Tear Soup DVD** (ISBN# 0-9724241-4-8) \$ 29.95 ea
- Tear Soup PowerPoint Presentation** \$ 29.95 ea
- Sopa de Lagrimas** (Tear Soup in Spanish) \$ 14.95 ea

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Priority Mail or UPS \$ 8.25
 Each additional book/DVD/powerpoint \$ 2.00
 Each additional address (add) \$ 8.25

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• Make checks payable to Grief Watch
 • Allow one week for us to receive the order, and up to an additional week for shipping.
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