

INSTRUCTIONS

1. Please make sure you wipe the sensors (Figure a) with a wet cloth/sponge before starting use.
2. Please make sure your horse is also wet where you place the heartrate monitor.
3. A good connection is dependent on the handheld monitor and horse both being wet enough to make a connection.
4. Place the heart rate monitor in the location of (Figure b)
5. Press the red button until the screen shows the heart rate flashing
6. The empty heart will start flashing if there is no heart rate picked up.
7. If the heart is flashing twice in succession then the heart rate monitor is not making connection. Press the blue button to stop the heartrate monitor and start again.
8. If there is no connection then make sure the horse is wet and the heartrate monitor is also wet on the sensors found on the strap.

Figure a – handheld heartrate monitor sensors location



Figure b - Placement of the monitor

