As Approved March 12 2015

CO-OP	Participant ID:		
Fidelity	Treating Therapist:		
Checklist	Rater:		
(CFC)	Date:	Session:	

Instructions: Review videos, documentation, and case notes to address the following statements. Based on what you observe and read, check "Yes" if the statement is generally true, "No" if the statement is generally false and "N/A" (not applicable) or "N/O" (not obtained/observed) (In comments section explain why the item was N/A or N/O.)

NOTE: If Yes, please enter a number between 1 (doesn't do well) and 5 (does very well) for each "Yes" item

Part A1: CO-OP Package (Across Sessions)

Tait AI. CO-OT Tackage (Actoss Sessions)				
Fidelity Statements	No	Yes	N/O	
		1-5		
1. The therapist demonstrates client-centred goal setting.				
 Therapist responds to client's changing needs in regards to goals identified at baseline (including rescaling of a particular goal for different challenges or environments). 				
3. Evidence of teaching "goal–plan–do–check".				
4. The therapist incorporates guided discovery and enabling principles to support metacognition.				
 The therapist encourages/records strategies that may support generalization and transfer of performance outcomes e.g. use of homework 				
6. Evidence that outcomes are being monitored on an ongoing basis				
Total				
Adherence score $(\sum No/(6-\sum N/O))100\%$		•		

Part A2: CO-OP Fidelity (Within Sessions)

Fidelity Statements	No	Yes	N/A;
		1-5	N/O
1. The client demonstrates verbally or non-verbally that he or she is aware of the			
performance goals being addressed.			
2. One to 3 performance goals (but not more than 3) are addressed in the session.			
3. Specific remediation of component/impairment activities is not observed.			
4. Evidence of collaborative (therapist and client) dynamic performance analysis of			
performance breakdown observed.			
5. Client and therapist are observed to engage in discussion regarding the goal(s), and			
the performance throughout the session.			
6. The therapist uses guided discovery.			
(Ask don't tell; Coach don't adjust; One thing at a time; Make it obvious)			
7. The global cognitive strategy, Goal-Plan-Do-Check, is observed throughout.			
8. Therapist facilitates generation and/or use of domain specific strategies (e.g., via			
verbal feedback - 'oh, look at how you did that')			
9. Enabling principles are evident			
(e.g., make it fun, promote independence, promote generalization and transfer)			
10. The therapist encourages client to articulate a plan prior to attempting a performance.			
11. The therapist encourages the client to check his or her plan after performing it.			
Total			
Compliance score (∑Yes/(11-∑ N/A;N/O))100%		'	

Interpretation: The treatment session is more like CO-OP as the Part A1 and A2 score approaches 5, and more like Standard Occupational Therapy as the Part A score approaches 0. Part B scores approaching 5 indicate good general treatment quality. © McEwen, Polatajko, Wolf, Baum 2012 Revised CO-OP Academy Executive February 2015. Use freely but do not change.

CO-	CO-OP Fidelity Checklist As Appr			oved March 12 2015			
#	Comments:						
	Part B: General Treatment Fidelity	NI	37	NT/A			
	Fidelity Statements	No	Yes 1-5	N/A; N/O			
1.	The therapy session has a distinct and professional introduction.		1-3	11/0			
2.							
	Environmental barriers to a positive therapeutic interaction are managed, if they are present.						
4.	The therapist communicates at eye level and appropriate distance from patient.						
	The therapist does not use jargon.						
6.							
	without explaining, chatting with other therapists, engaging patient in irrelevant chit-chat).						
	Therapist provides time and space for client to initiate plans or respond to the task demands and questions.						
8.	The therapist responds appropriately to the patient's mood.						
9.	The therapy session has a distinct closing that involves a review of the session activities and plans for next session.						
	Total						
	Compliance score $(\sum Yes/(9-\sum N/A;N/O))100\%$						
	Comments:						

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