

CO-OP Approach Bibliography¹

Web sites:

The CO-OP Approach: Enabling skilled living

<https://icancoop.org/>

TED Talk by Helene Polatajko:

<https://www.youtube.com/watch?v=Au6jwiTB1WI>

Books

Polatajko, H. J., & Mandich, A. (2004). Enabling occupation in children: The cognitive orientation to daily occupational performance (CO-OP) approach. Ottawa, Ont.: CAOT Publications ACE.

It is available in English from the [CAOT store](#) and in French on the [CAOT website](#) and in German from [Amazon](#). It is out of print but can sometimes be found in new or used condition from resellers.

Dawson, D.R., McEwen, S. E., and Polatajko, H.J. (Eds.). (2017). Cognitive Orientation to daily Performance in Occupational Therapy. Bethesda, MD: AOTA Press.

It may be purchased from the [AOTA store](#).

Chapters

Rodger, S., & Polatajko, H. (2017). Cognitive Orientation for Daily Occupational Performance (CO-OP): An Occupation-centred Intervention. In S. Rodger & A. Kennedy-Behr (Eds.), *Occupation Centred Practice with Children: A Practical Guide for Occupational Therapists* (pp. 165–187). Chichester, UK: Wiley Blackwell.

Mandich, A.D., Polatajko, H.J., & Zilberbrant, A. (2008). A cognitive perspective on intervention: Cognitive orientation to daily occupational performance (CO-OP) in the child with upper extremity spasticity. In A. Eliasson & P. Burtner (Eds.), *Improving Hand Function in Children with Cerebral Palsy: Clinics in Developmental Medicine* (pp. 276–285). London, UK: MacKeith Press.

Mandich, A., Wilson, J., & Gain, K. (2015). Cognitive Interventions for Children. In J. Case-Smith & J. C. O'Brien (Eds.), *Occupational therapy for children and adolescents* (7th ed., pp. 304–320). St Louis, MI: Elsevier Mosby.

Papers (peer-reviewed)

PQRS (Performance Quality Rating Scale)

¹ Please note that this bibliography may not contain all recent publications. For a complete list of publication please refer to <https://www.ncbi.nlm.nih.gov/pubmed/?term=CO-OP+cognitive>

Martini, R., Rios, J., Polatajko, H., Wolf, T., & McEwen, S. (2015). The performance quality rating scale (PQRS): reliability, convergent validity, and internal responsiveness for two scoring systems. *Disability & Rehabilitation*, 37(3), 231. <https://doi.org/10.3109/09638288.2014.913702>

Dynamic Performance Analysis

Polatajko, H. J., Mandich, A. D., & Martini, R. (2000). Dynamic Performance Analysis: A Framework for Understanding Dynamic Performance Analysis: A framework for understanding Occupational Performance. *American Journal of Occupational Therapy*, 54, 65–72.

Varia

Houldin, A., McEwen, S. E., Howell, M. W., & Polatajko, H. J. (2017). The Cognitive Orientation to Daily Occupational Performance Approach and Transfer: A Scoping Review. *OTJR : Occupation, Participation and Health*, 1539449217736059. <https://doi.org/10.1177/1539449217736059>

Halayko, J., Magill-Evans, J., Smith, V., & Polatajko, H. (2016). Enabling 2-Wheeled Cycling for Youth With Down Syndrome. *Pediatric Physical Therapy : the Official Publication of the Section on Pediatrics of the American Physical Therapy Association*. Advance online publication. <https://doi.org/10.1097/PEP.0000000000000240>

Froude, E. H. (2017). Cognitive orientation to daily occupational performance (CO-OP): Sylvia Rodger's contributions to the understanding and implementation of this approach. *Australian Occupational Therapy Journal*, 64 Suppl 1, 43–44. <https://doi.org/10.1111/1440-1630.12390>

Scammell, E. M., Bates, S. V., Houldin, A., & Polatajko, H. J. (2016). The Cognitive Orientation to daily Occupational Performance (CO-OP): A scoping review: L'approche CO-OP (Cognitive Orientation to daily Occupational Performance): Examen de la portee. *Canadian Journal of Occupational Therapy*, 83(4), 216–225. <https://doi.org/10.1177/0008417416651277>

Daftary, R. K., & Jaywant, S. (2015). To Study The Efficacy of "Cognitive Orientation To Occupational Performance" In Children with Handwriting Difficulties. *Indian Journal of Occupational Therapy*, 47(3), 89–96.

Missiuna, C., Mandich, A. D., Polatajko, H. J., & Malloy-Miller, T. (2001). Cognitive orientation to daily occupational performance (CO-OP): part I--theoretical foundations. *Physical & Occupational Therapy in Pediatrics*, 20(2-3), 69–81.

Polatajko, H. J. (2010). The CO-OP twist. *Physical & Occupational Therapy in Pediatrics*, 30(4), 277–279. <https://doi.org/10.3109/01942638.2010.510381>

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Developmental Coordination Disorder

- Karunakaran, M., Sugi, S., & Rajendran, K. (2018). Effectiveness of cognitive orientation to daily occupational performance to improve shopping skills in children with learning disability. *The Indian Journal of Occupational Therapy*, 50(3), 92. <https://doi.org/10.4103/0445-7706.244551>
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- Banks, R., Rodger, S., & Polatajko, H. (2008). Mastering handwriting: how children with developmental coordination disorder succeed with CO-OP. *OTJR : Occupation, Participation and Health*, 28(3), 100–109.
- Chan, D. Y. (2007). The application of cognitive orientation to daily occupational performance (CO-OP) in children with developmental coordination disorder (CO-OP) in Hong Kong: a pilot study. *Hong Kong Journal of Occupational Therapy*, 17(2), 39–44.
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Young Children

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Autism Spectrum Disorder

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Cerebral Palsy and Dystonia

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Attention Deficit Disorder with/without Hyperactivity

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Stroke

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Head Injury

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Group Format

Anderson, L., Wilson, J., & Carmichael, K. (2018). Implementing the Cognitive Orientation to daily Occupational Performance (CO-OP) approach in a group format with children living with motor coordination difficulties. *Australian Occupational Therapy Journal, 65*(4), 295–305. <https://doi.org/10.1111/1440-1630.12479>

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Telehealth

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Therapists' experience with CO-OP

Chui, A., Mazzitti, D., Nalder, E., Cameron, D., Polatajko, H. J., & Dawson, D. R. (2018). Therapists' experience of the cognitive orientation to daily occupational performance (CO-OP) approach: Shifting from conventional practice. *Scandinavian Journal of Occupational Therapy, 1*–9. <https://doi.org/10.1080/11038128.2018.1483424>

Parents' experience with CO-OP

Jackman, M., Novak, I., Lannin, N., & Froude, E. (2017). Parents' experience of undertaking an intensive cognitive orientation to daily occupational performance (CO-OP) group for children with cerebral palsy. *Disability and Rehabilitation*, 39(10), 1018–1024. <https://doi.org/10.1080/09638288.2016.1179350>