CO-OP	Participant:	
Fidelity	Treating Therapist:	
Checklist	Rater:	
(CFC)	Date:	Session:

Instructions: Review videos, documentation, and case notes to address the following statements. Based on what you observe and read, check "Yes" if the statement is generally true, "No" if the statement is generally false, and "N/A" (not applicable) or "N/O" (not obtained/observed) (In comments section explain why the item was N/A or N/O.) NOTE: If Yes, please enter a number between 1 (doesn't do well) and 5 (does very well) for each "Yes" item.

Part A1: CO-OP Approach - Across Sessions - fidelity

Ellis Got approach fields bestvons fide	•	X 7 (1 F)	NT/O
Fidelity Statements	No	Yes (1-5)	N/O
1. The therapist demonstrates client-centered goal setting.			
2. The therapist responds to client's changing needs with regards to goals			
identified at baseline (including rescaling of a particular goal for different			
challenges or environments).			
3. Evidence of teaching/having taught "Goal-Plan-Do-Check".			
4. The therapist incorporates guided discovery and enabling principles to support			
meta-cognition.			
5. The therapist encourages/records strategies that may support generalization			
and transfer of performance outcomes e.g. use of homework.			
6. Evidence that outcomes are being monitored on an ongoing basis.			
Total			
Adherence score (ΣYes/(6-Σ N/O))*100%			

Part A2: CO-OP Approach - Within Sessions - fidelity

	Fidelity Statements	No	Yes (1-5)	N/A;N/O
1.	The client demonstrates verbally, or non-verbally, that he/she is aware of			
	the performance goals being addressed.			
2.	One to 3 performance goals (but not more than 3) are addressed in the			
	session.			
3.	Specific remediation of the component/impairment activities is not			
	observed.			
4.	Evidence of collaborative (therapist and client) dynamic performance			
	analysis of performance breakdown is observed.			
5.	Client and therapist are observed to engage in discussion regarding the			
	goal(s), and the performance throughout the session.			
6.	The therapist uses guided discovery (Ask don't tell; Coach don't adjust;			
	One thing at a time; Make it obvious).			
7.	The global cognitive strategy (Goal-Plan-Do-Check) is observed			
	throughout.			
8.	Therapist facilitates generation and/or use of domain-specific strategies			
	(e.g. via verbal feedback, "oh, look at how you did that").			
9.	Enabling principles are evident (e.g. make it fun, promote independence,			
	promote generalization and transfer).			
10.	The therapist encourages client to articulate a plan prior to attempting a			
	performance.			
11.	The therapist encourages client to check their plan after performing it.			
	Total			
	Compliance score $(\Sigma Yes/(11-\Sigma N/A;N/O))*100\%$			

Comments:

Interpretation: The treatment session is more like CO-OP as the Part A1/A2 scores approach 5, and more like Standard Occupational Therapy as the Part A1/A2 scores approach 0. Part B scores approaching 5 indicate good general treatment quality. ©McEwen, Polatajko, Wolf, Baum 2012 revised CO-OP Academy Executive February 2015/2018. Use freely but do not change.

OP Fidelity Checklist		Approved Ma	
Part B: General Treatment Fidelity			
Fidelity Statements	No	Yes (1-5)	N/A;
1. The therapy session has a distinct and professional introduction.			
2. The therapy session appropriately challenges the client.			
3. Environmental barriers to a positive therapeutic interaction are			
managed, if they are present.4. The therapist communicates at eye level and appropriate distance from			
4. The therapist communicates at eye level and appropriate distance from patient.			
5. The therapist does not use jargon.			
6. The therapist does not engage in distractions (e.g. walking away from			
patient without explaining, chatting with other therapists, engaging			
patient in irrelevant chit-chat).			
7. The therapist provides time and space for client to initiate plans or			
respond to the task's demands and questions.			
8. The therapist responds appropriately to the patient's mood.			
9. The therapy session has a distinct closing that involves a review of the			
session's activities, and the introduction of plans for the next session. Total			
Compliance score (ΣYes/(9-Σ N/A;N/O))*100%			
Compliance score (2 Tes/(3-2 TVA,TVO)) 100/0			
Comments:			

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