

# LASCHE X PEA PROTEIN ISOLATE

Plant-Based Protein Powder  
Nutritious & Tasty Protein Drink For Your Family



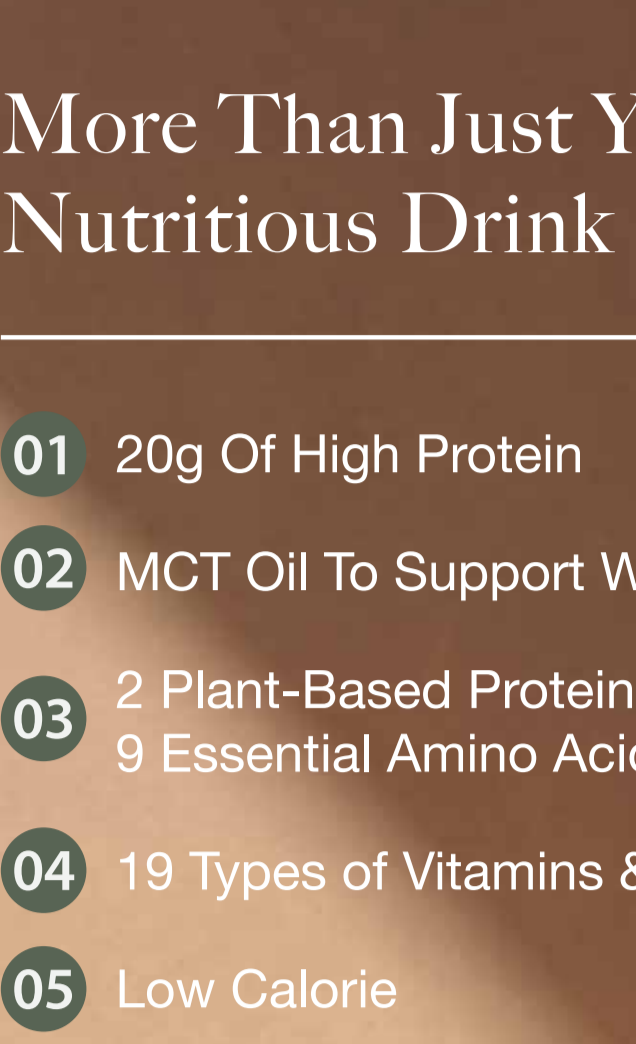
≥19g Protein

MCT Oil: Support Weight Loss

≥19 Types Vitamins & Minerals

Only 120 kcal

## Signs You're Not Getting Enough Of Protein



Poor growth & development malnutrition & easily fall sick



Fatigue, weak body & poor memory



Weight gain, premature aging & poor skin condition



Depression, bone loss & higher fall risk

## More Than Just Your Average Protein Nutritious Drink For Everyone

- 01 20g Of High Protein
- 02 MCT Oil To Support Weight Loss
- 03 2 Plant-Based Protein Blend To Get All 9 Essential Amino Acids
- 04 19 Types of Vitamins & Minerals
- 05 Low Calorie
- 06 2 Flavours: Not Chalky & No Aftertaste



## 01 | 20g of High Protein Per Serving Equivalent to 6 Egg Whites

2 scoops of LASCHE X Plant-Based Protein Powder (35g)

Contains 20g of Protein

- 600ml Milk
- 34 Prawns
- 168 Almonds

## 02 | MCT Oil To Support Weight Loss

- Provide energy
- Weight management
- Promote digestive health

### Provide Energy

Shorter chain length for faster absorption, used as an immediate source of energy

### Weight Management

Increase leptin: increase satiety, increase metabolism

### Promote digestive health

Support the growth of probiotics, support gut lining



## 03 | 2 Plant-Based Protein Blend To Get All 9 Essential Amino Acids

- Pea Protein USA & Canada
- Patented Brown Rice Protein USA

\*Pea protein and brown rice protein are the best plant-based protein combination. This combination provides the same complete amino acids as whey protein.



## 04 | 19 Types of Vitamins & Minerals

Vitamins	Minerals
VIT A	Ca
VIT D3	I
Biotin	Fe
Folic Acid	Mg
Niacin	P
PA	Se
B1	Zn
B12	Cr*
VIT B6	
VIT C	

\*Only cocoa flavour contains Copper.

## 05 | Low Calorie: 120 Kcal

LASCHE X Protein Powder + Staple food + Fruits & vegetables

1 cup of LASCHE X Pea Protein Isolate + 1 serving of staple food + 1 moderate amount of fruits and vegetables

about 300kcal

1 main meal

about 851kcal

You will take approximately **550kcal** less calories which is equivalent to

- 131 minutes of brisk walking
- OR
- 83 minutes of hiking
- OR
- 166 minutes of weight lifting

## 06 | 2 Delicious Flavours: Not Chalky & No Aftertaste

**COCOA Flavour**  
Rich in Pure Cocoa  
High Quality, Low Sugar & Low Calories

**HOJICHA Flavour**  
Rich Hojicha Imported From Japan  
Contains Catechin which helps in fat burning

Natural Ingredients Without Additives  
No Added Sugar - Healthy Diabetes-Friendly

- Vegan Friendly
- Gluten Free
- Soy Free
- Lactose Free
- No Added Sugar
- Non-GMO

## Choose The Right Protein Powder

**HOJICHA**

- 19 types vitamins & minerals
- 19g Protein
- Added CaHMB: Prevent muscle loss, repair muscle tissue & promote muscle synthesis
- Recommended for adults over 18 years old or the elderly

**COCOA**

- 20 types vitamins & minerals
- 20g Protein
- No added CaHMB
- Suitable for all ages, best recommended for children under 18 years old

## Patented CaHMB\* - Strong Human Muscle Bodyguard



Prevent muscle loss

Repair muscle tissue

Promote muscle synthesis

## Comparison of Foods That Provide 1.5g HMB

3 cups = 35 eggs, 25 broccoli, 38 cups 200ml milk, 48 avocados

\*Only Hojicha flavour contains CaHMB

## Recommended Individuals

- Picky eaters & people with imbalanced diet
- People who easily get sick
- Vegetarian
- Middle-aged elderly who care about health
- Women who planning for pregnancy/ Breastfeeding women
- Health & fitness enthusiast
- People with lactose intolerance