

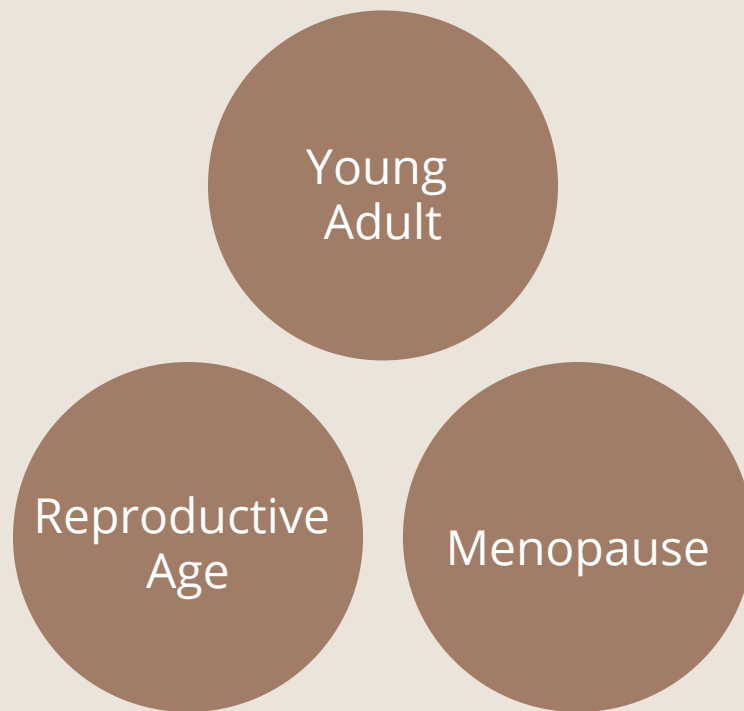


AYMÉIR™
PHYTO

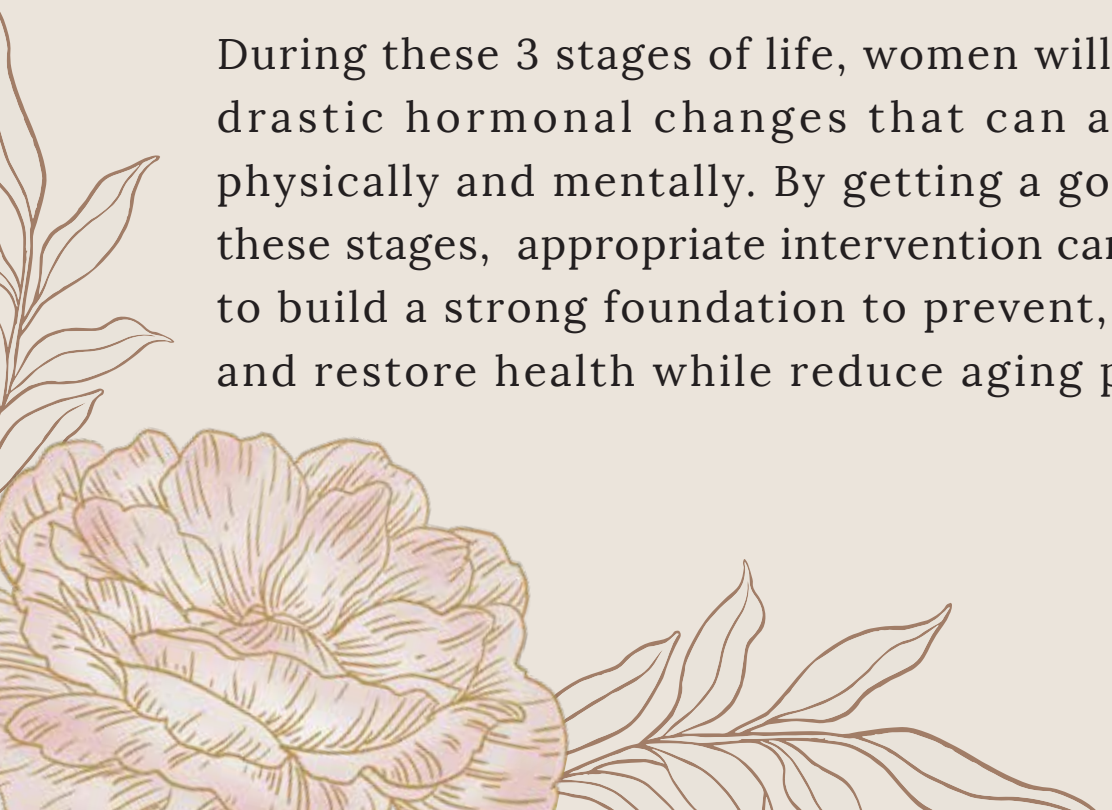


3 Crucial Stages of Women in Life

The stages of life that deters the quality of life



During these 3 stages of life, women will experience drastic hormonal changes that can affect them physically and mentally. By getting a good grasp of these stages, appropriate intervention can be implied to build a strong foundation to prevent, strengthen and restore health while reduce aging process.



Women spend second half of their lives in a state of estrogen deficiency

Estrogen Hormone Level

Estrogen Level 

Estrogen Deficiency 

AGE 20

AGE 30

AGE 35

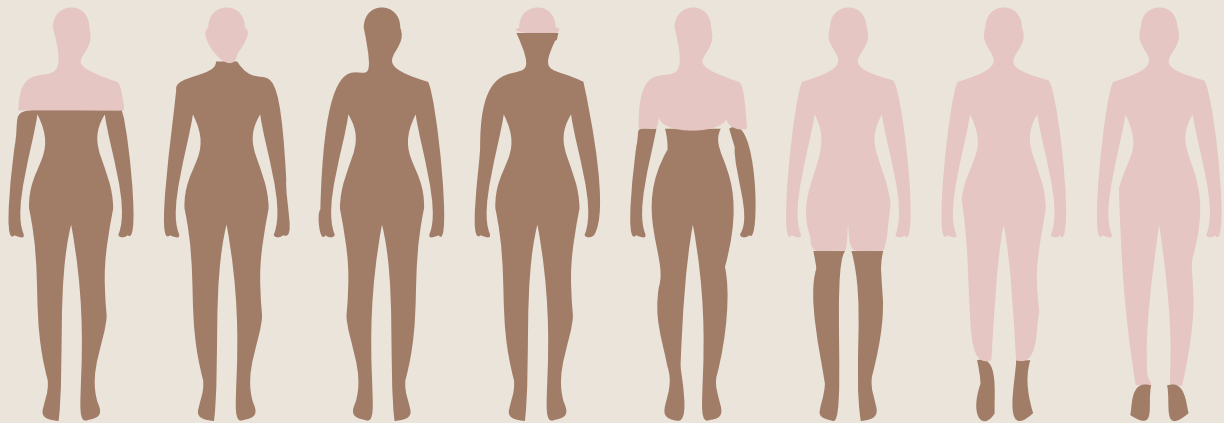
AGE 40

AGE 50

AGE 60

AGE 70

AGE 80



← MENOPAUSE →



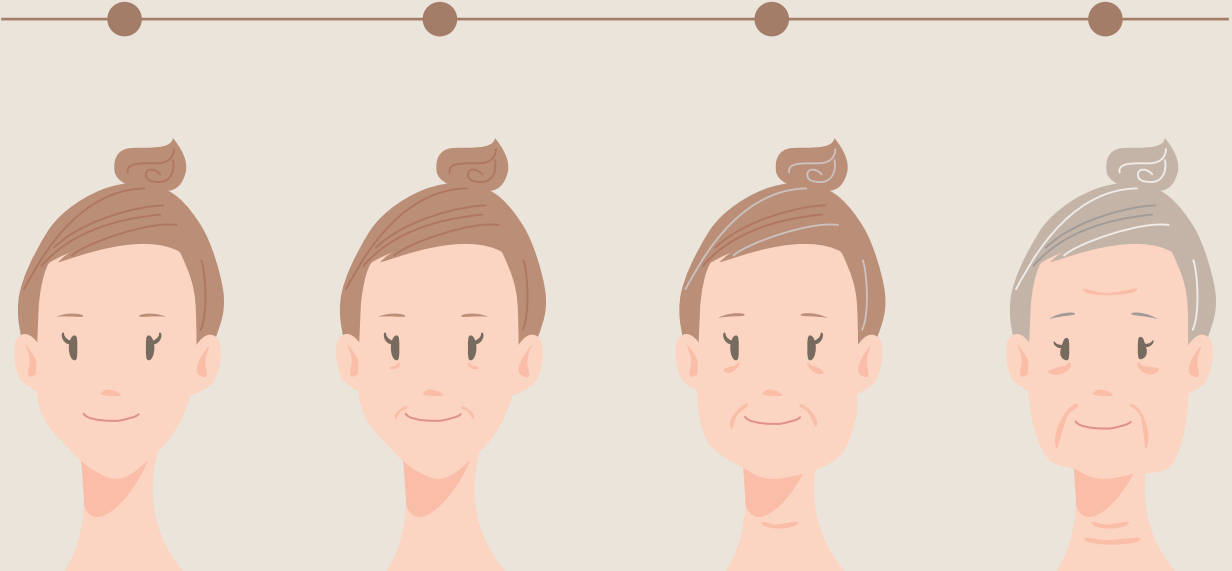
Achieve Homeostasis To Restore Wellness

Postmenopause
for 6 months

Postmenopause
for 1 years

Postmenopause
for 2 years

Postmenopause
for 3 years



Early menopause will speed up aging process

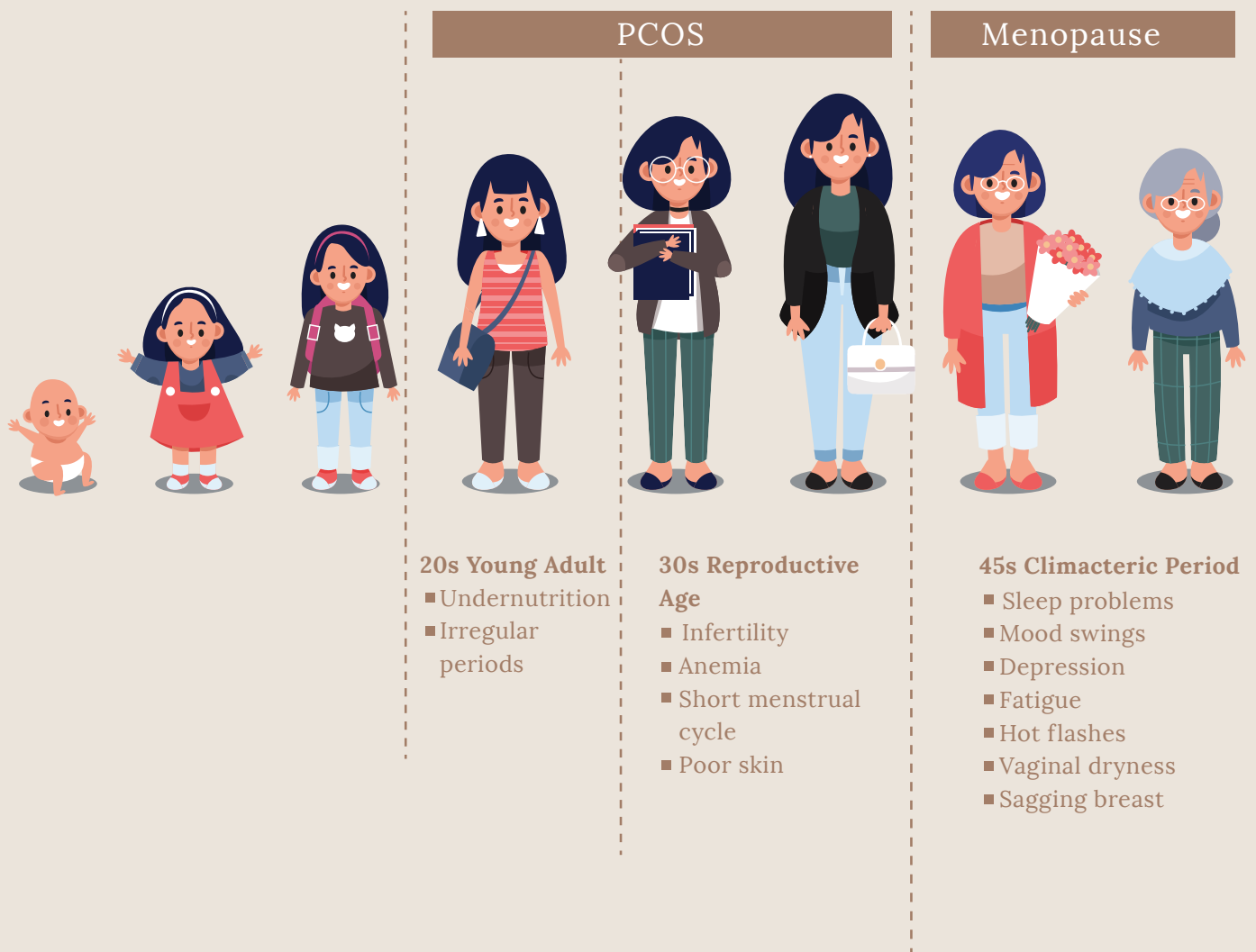
Estrogen is a hormone that plays an important role in all women's life. It is essential for growth and development of female secondary sex characteristics.

Estrogen level in the body can affect the functionality of the tissues and organs.

Natural beauty and wellness can be prolonged if we are able to delay the onset of menopause while lengthen the presence of estrogen in the body.



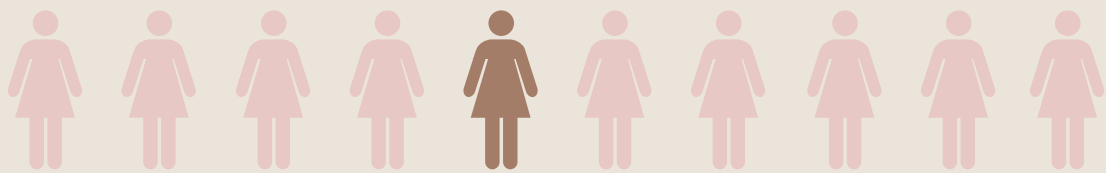
Problems faced by Women from Different Age Groups



Women's greatest health enemy: Polycystic Ovarian Syndrome (PCOS)

A hormonal disorder commonly among women of reproductive age (18-45 years old).

PCOS Affects 1-In-10 Women



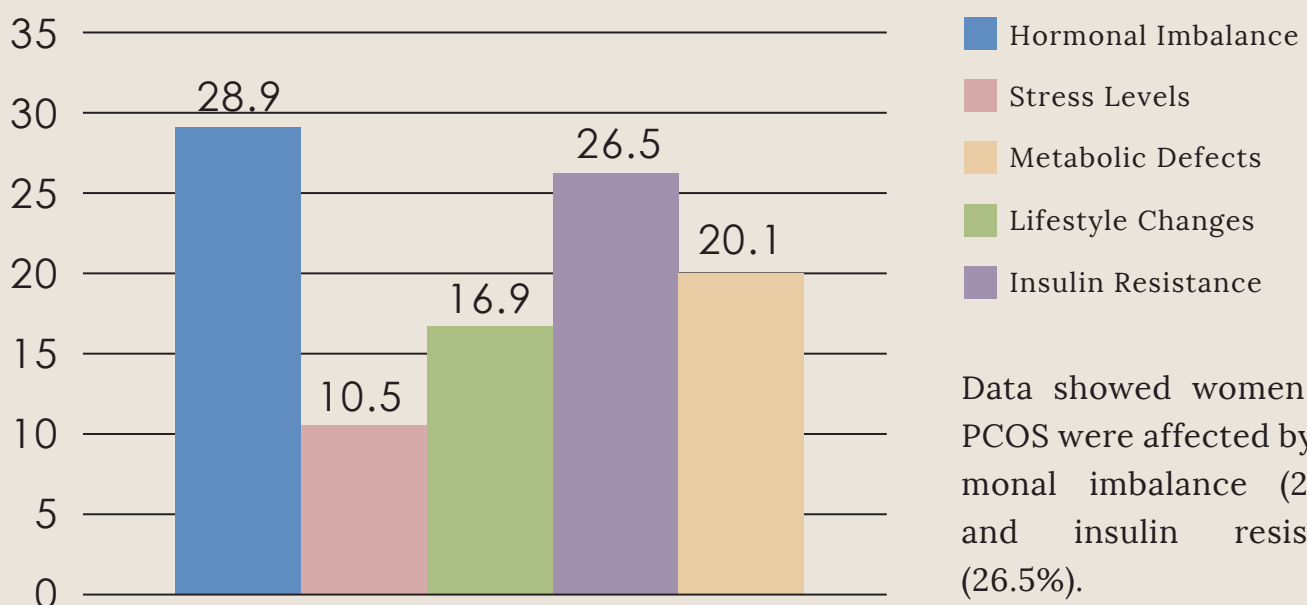
3 Major Diagnostic Features for PCOS

Polycystic ovaries

Excessive male hormones

Irregular periods

Percentage of Factors causing PCOS

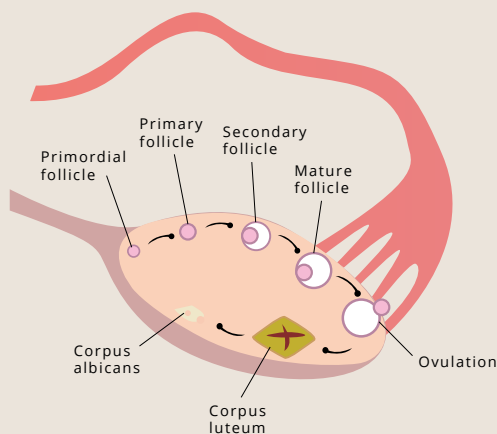


Data showed women with PCOS were affected by hormonal imbalance (28.9%) and insulin resistance (26.5%).

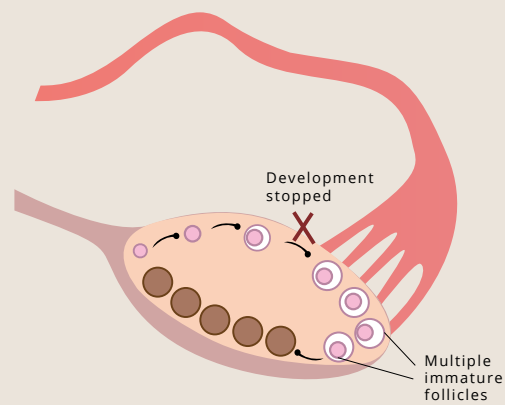
Stress: Factor of infertility

Women with PCOS have higher ratio of androgen to estrogen in the body, leads to irregular menstruation and causes hormonal imbalance, which is the major factor of infertility. These hormonal imbalances can affect ovarian function, reduce pregnancy rates and affect women's reproductivities.

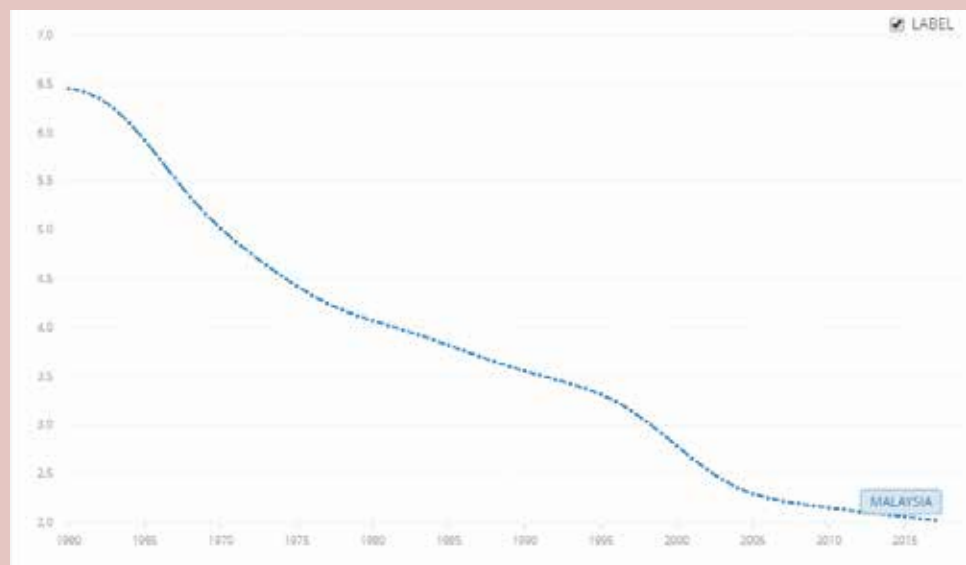
Normal Ovary



Polycystic Ovary



The chart shows the total fertility rate, birth per woman in Malaysia is gradually decreasing every year.

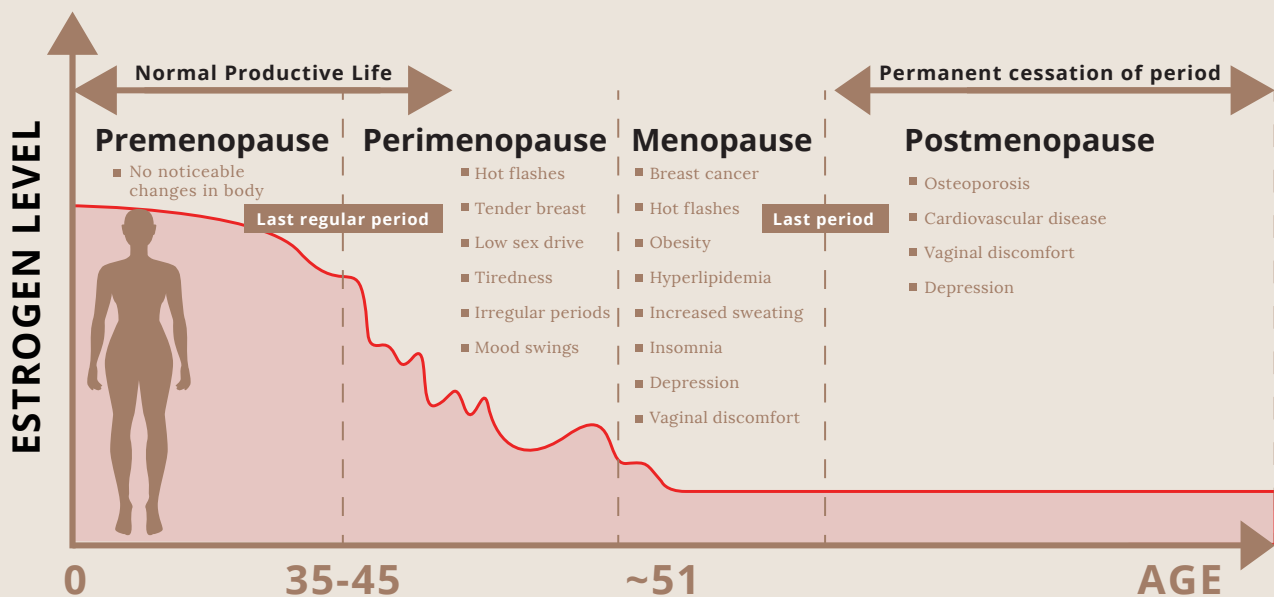


Source : United Nations World Population Prospects

The Potential Physical and Emotional Effects of Menopause

Menopause, a biological process that every woman have to go through. It marks the end of a woman's menstrual cycles. It can be diagnosed when one do not have menstrual period for at least a year. Menopausal women will experience drastic hormonal changes that can physically and mentally affect their quality of life.

STAGES OF MENOPAUSE



The diagram above shows the stage of menopause and estrogen secretion in menopausal women.

Factors of early Menopause

- Ovarian surgery
- Family history
- Chemotherapy
- Irregular menses
- Obesity
- Early menarche
- Smoking
- Nulliparity



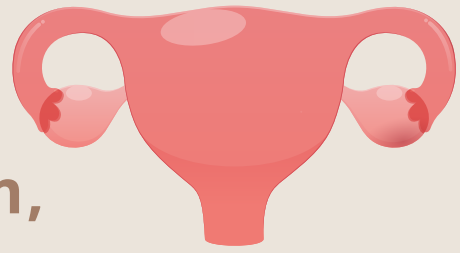
AYMÉIR PHYTO

A natural plant-based beauty drink that able to improve Asian women's wellness

♀ Regulate Hormones

👙 Enhance Breast Curvature

🕒 Healthy Endometrium



A Healthier Endometrium, A Healthier You

Ovary is a crucial female reproductive organ for female hormones and follicles development. This can enhance female secondary sex characteristics and vaginal development and maturation, maintain healthy menstrual cycle as well as female's youth and vitality.

Despite the mission of reproducing the next generation, ovary is also a female's secret angel. The condition of the ovary can directly affect female's mental and physical health, at the same time, leads to ovarian failure and influence women's beauty and wellness.

Knowing Women's Health

Are you still struggling with these issues?



- Extreme fatigue during period
- Irregular periods
- Emotional stress
- Breasts shrink in size
- Poor growth
- Saggy breasts
- Decreased libido
- Skin dryness
- Mood swings

Had tried many methods, but to no avail?

Topical treatment	Decreased penetration in the affected area
Solely on estrogen replacement treatment	Elevated estrogen levels can negatively affect the endometrial and the breast
Oral hormone replacement therapy	Should be used under the supervision of a doctor and yet have higher risks to various aspects of health issues
Animal hormones	Not recommended by FDA as there is no strong studies to support

Balance Your Hormone for Optimal Health



Regulate Hormones

Abnormal weight change? Stress? Mood swings?
AYMEIR PHYTO may help you to relieve these
discomfort.

Enhance Breast Curvature

Saggy breasts? Breasts lose firmness?
Feeling inferior and helpless?
AYMEIR PHYTO may help you to restore your
confidence and glory.

Healthy Endometrium

Difficult to conceive? Feeling troubled during
menopause? Fear of endometrium aging?
AYMEIR PHYTO may help you to find more
ease in life.

Uniqueness



Rich in active
phytoestrogen

8 types of natural
plant-based
formulation

Exclusive Korea
Formulation

Efficacy is supported
by clinical studies

Easy and convenient
to consume

Active Ingredients



EstroG-100
Korea Patented
Cynanchum
Wilfordii



EstroG-100
Korea Patented
Phlomis
Umbrosa



EstroG-100
Korea Patented
Angelica Gigas
Nakai



Kacip
Fatimah



Pueraria
Mirifica



Soy Isoflavones
Extract



Red Clover



Lignan Flax



EstroG-100

Korea Patented

Cynanchum Wilfordii, Phlomis Umbrosa, Angelica Gigas Nakai

Cynanchum
Wilfordii



Phlomis
Umbrosa



Angelica Gigas
Nakai



Ancient Secrets

Had been documented used as folk medicine in Korea for about 400 years and won many international awards and recognition. Its efficacy is proven and backed with clinical studies and research.

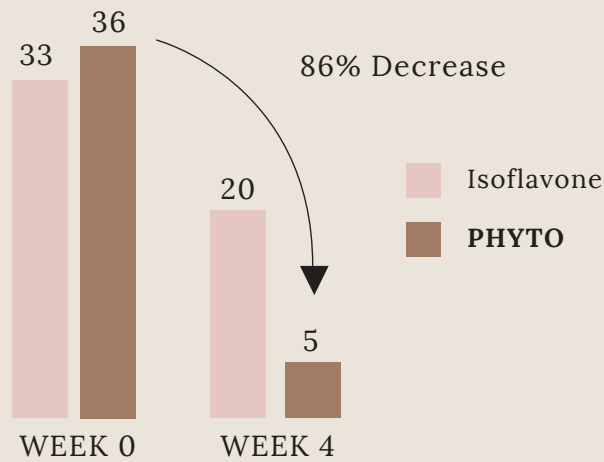
Health Benefits

- Improvement in vaginal dryness
- Treat hot flashes / Night sweat
- Relieve rheumatic pain
- Treat fatigue
- Prevent vertigo (Dizziness)

The Proof

Menopausal symptoms reduced by 86% in 4th week.

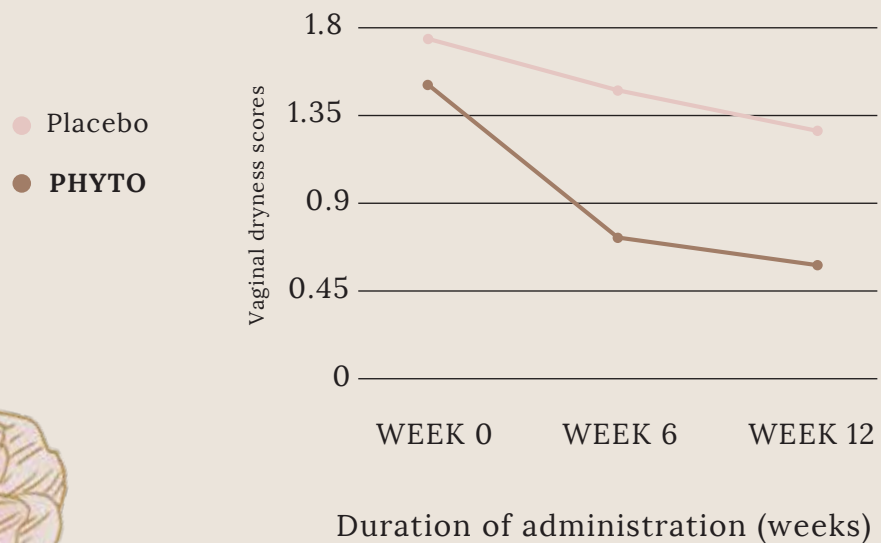
Effect on Menopausal Symptoms



One Month Open Label Clinical Study by Pulmuone Health Care with 31 Participants

Improvement in vaginal dryness in 12 weeks.

Vaginal dryness



Kacip Fatimah



Ancient Secrets

Traditionally used for generations and still commonly found among Malay women in Malaysia to enhance vitality and attractiveness.

It even gain the title of “Queen of the Herbs” in Malaysia.



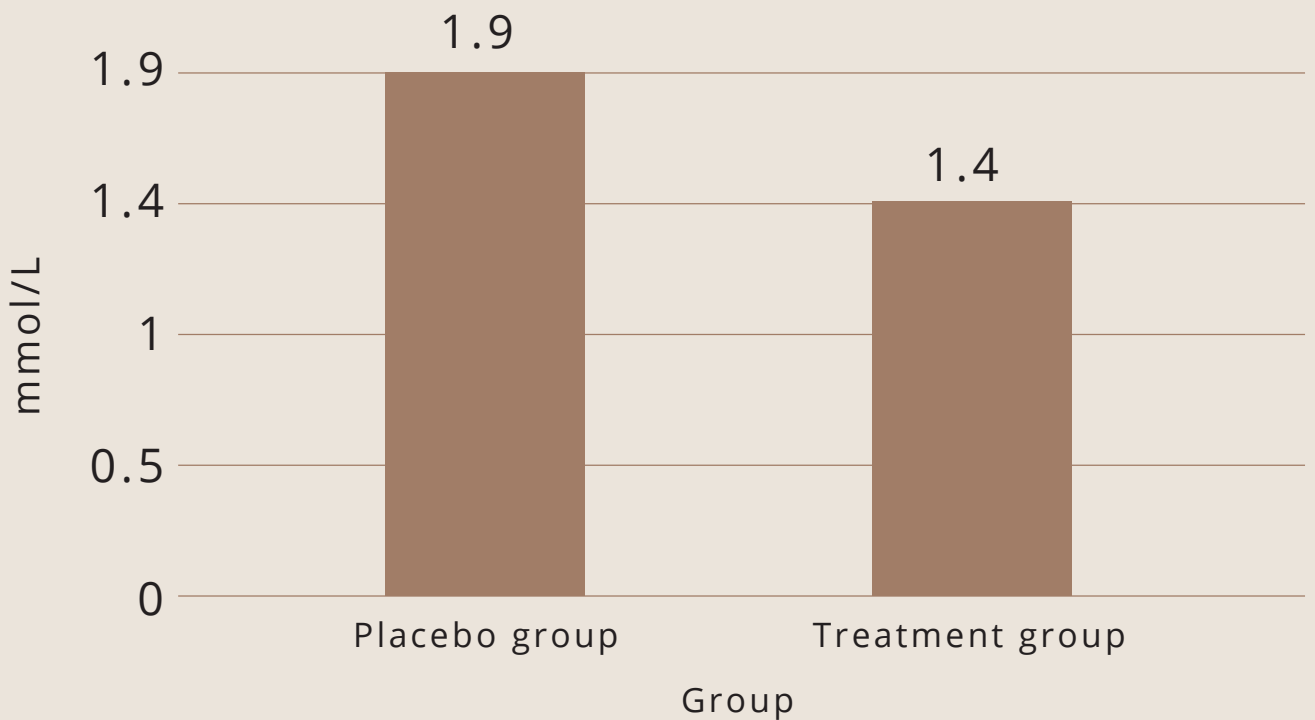
Health Benefits

- Treat irregular menses
- Enhance sexual performance
- Anti-oxidation
- Antimicrobial, antifungal properties
- Treat osteoporosis
- Improve heart health
- Improve lipid profiles
- Sun protection

The Proof

Title :

Triglycerides level after 6 month follow up trial with placebo and Kacip Fatimah among postmenopausal women



■ Triglycerides level, mmol/L

*in-vivo test



Pueraria Mirifica



Ancient Secrets

It is originated from Thailand and has been used in Thai folklore medicine for its rejuvenating and anti-aging qualities especially in aged women for over 100 years to promote youthfulness. It contains high phytoestrogens.



Health Benefits

- Enhance sexual performance
- Regulate menstrual cycle
- Improve skin condition
- Relieve menopausal symptoms
- Breast enhancement and firmness
- Anti-oxidation
- Anti-aging
- Improve lipid profiles
- Improve heart health
- Decrease bone turnover rate

The Proof

Figure 1 shows the result of breast enlargement measurements were found to increase in female subjects after taking Puerara Mirifica for 28 days.

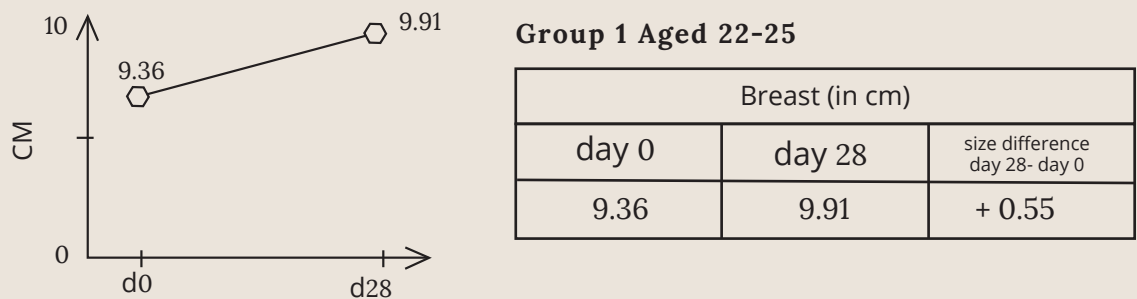


Figure 1

Figure 2 shows the result of breast firmness showed improvement in female subjects after taking Puerara Mirifica for 28 days.

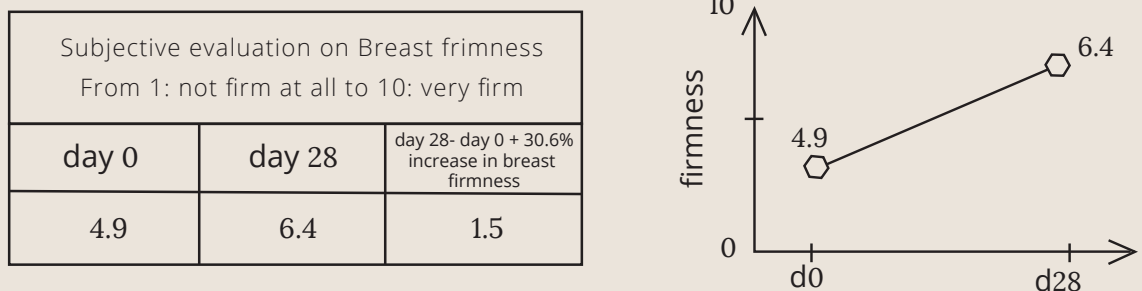
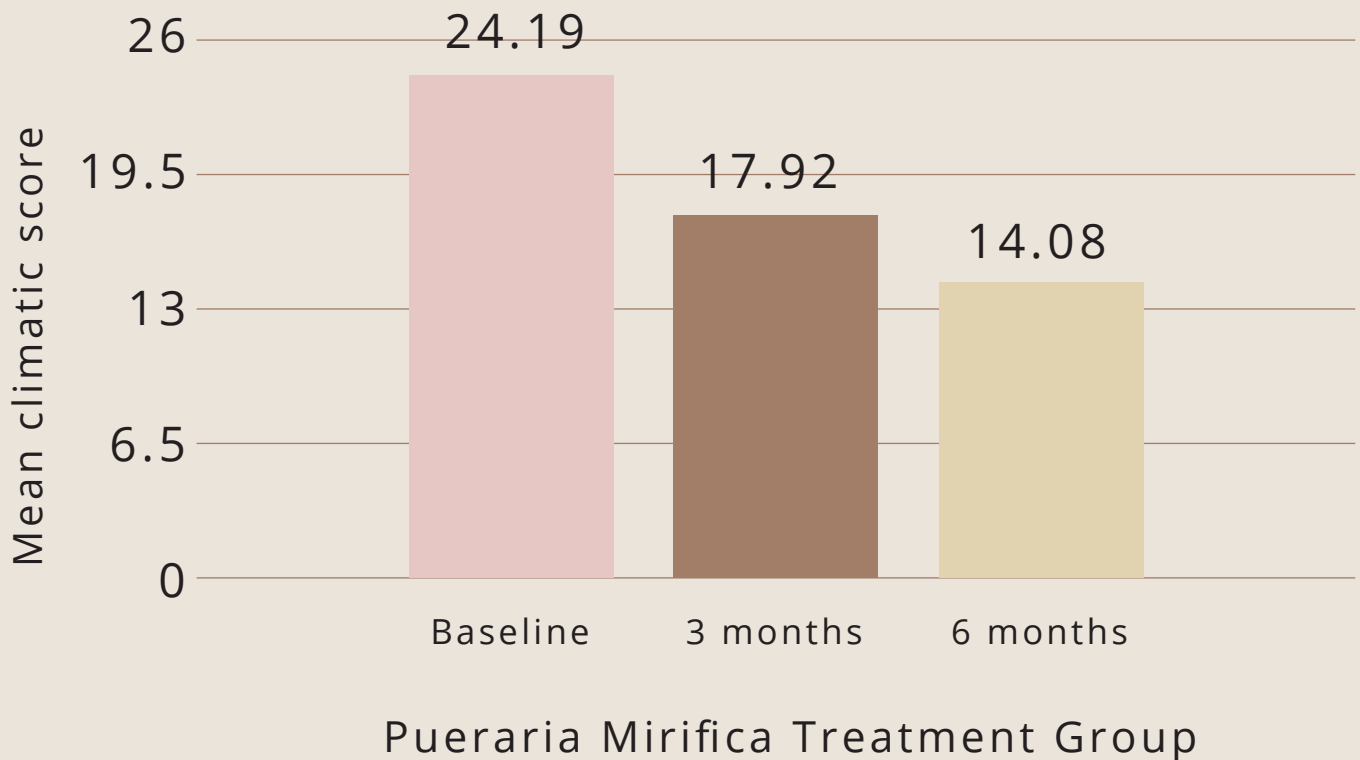


Figure 2

The Proof



Climacteric scores of women who received Pueraria Mirifica



Score >15 : Estrogen deficiency

Score <15 : No Estrogen deficiency

*in-vivo test

Soy Isoflavones Extract



Ancient Secrets

Widely consumed in Asian populations as it is a good source of high-quality protein and healthful fat.

Extensive research conducted had proven that soy is high in isoflavones, compounds that have estrogenic properties.

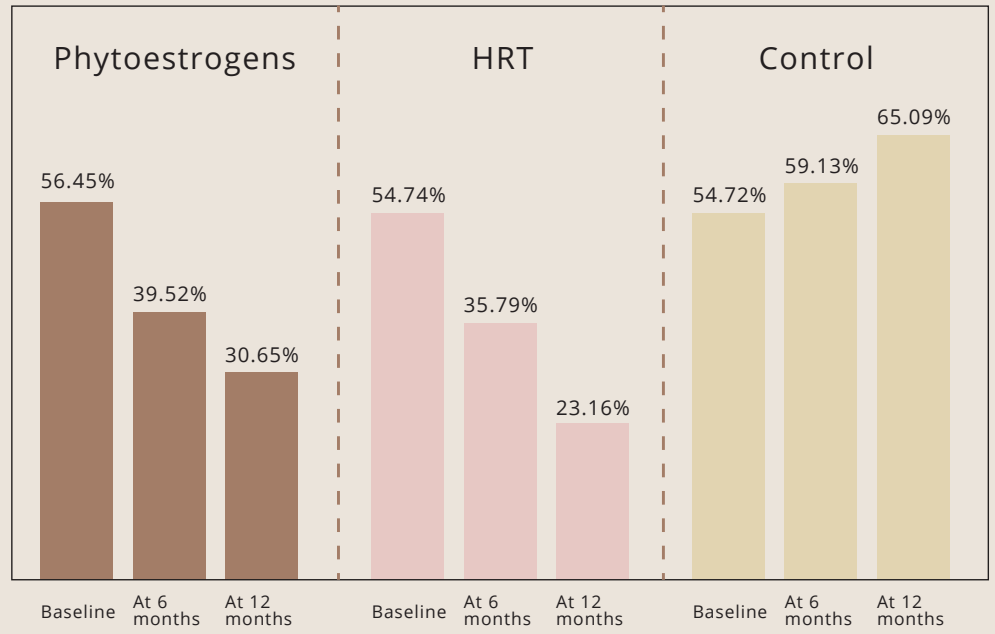


Health Benefits

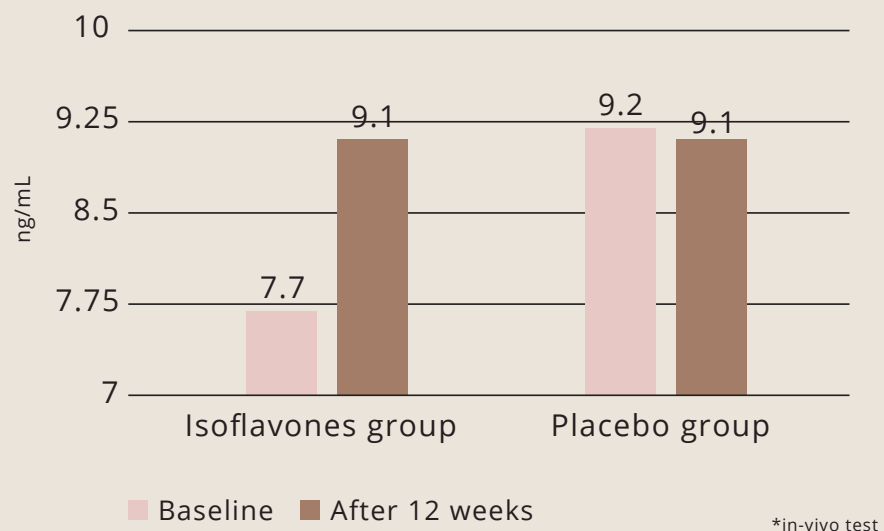
- Relieve menopausal symptoms : hot flashes, night sweat, dizziness
- Reduce bone loss
- Lower LDL in comparisons with milk and other proteins

The Proof

Comparison between the efficacy of Phytoestrogens and HRT on bone resorption activity.

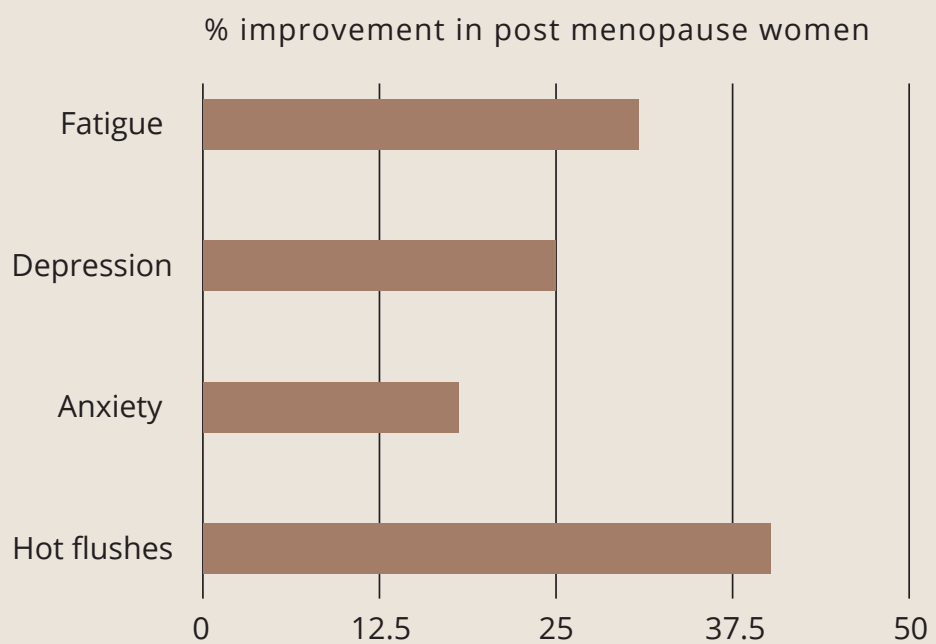
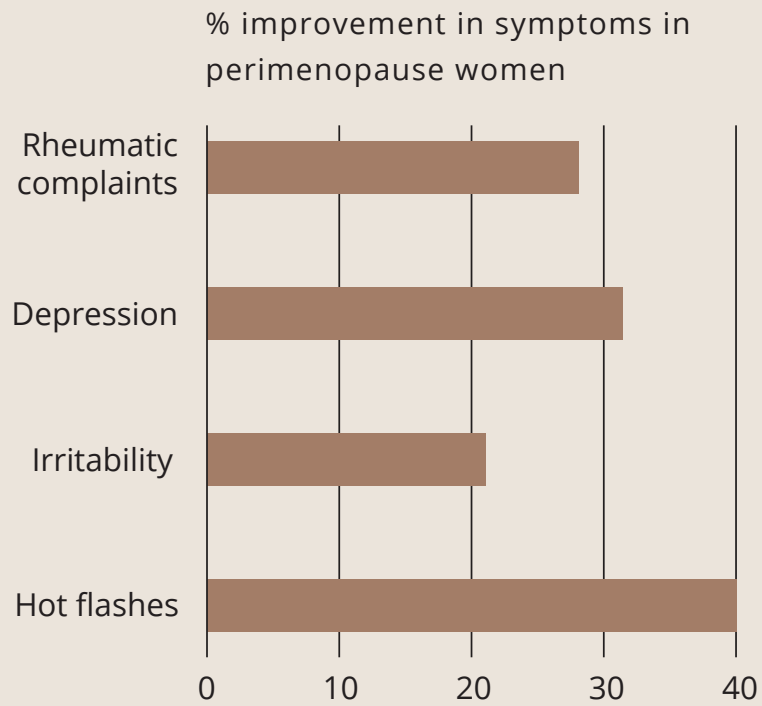


Markers of bone formation concentrations (OC) in postmenopausal Korean Women with isoflavones and placebo group.



The Proof

Mean improvement (%) in symptoms among perimenopausal and postmenopausal women



*in-vivo test



Red clover



Ancient Secrets

Acknowledged by herbalists for its traditional use as a blood purifier to remove toxins from the bloodstream. It even serves as flower emblem of Denmark.



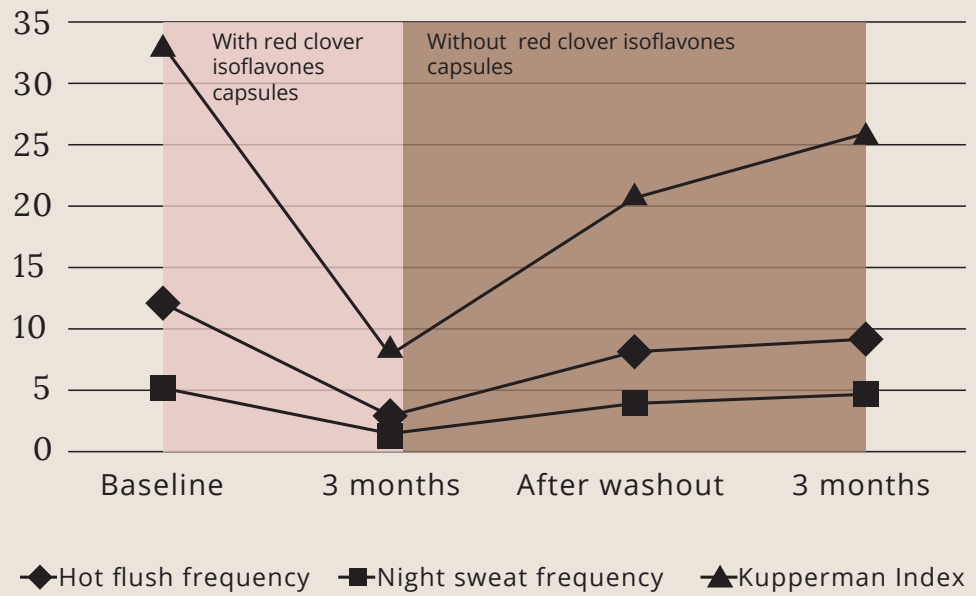
Health Benefits

- Relieve premenstrual syndrome (PMS)
- Relieve menopausal symptoms : hot flashes, night sweat, dizziness
- Reduce bone loss
- Reduce nervousness and depression

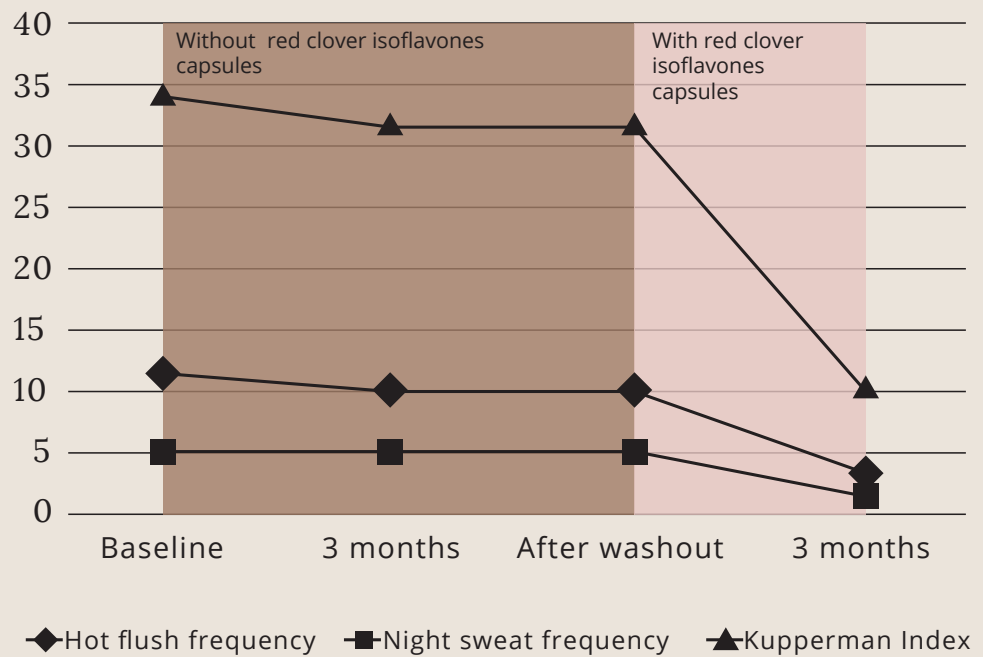
The Proof

Data showed frequency of hot flush and night sweat with and without red clover treatment.

Group A



Group B

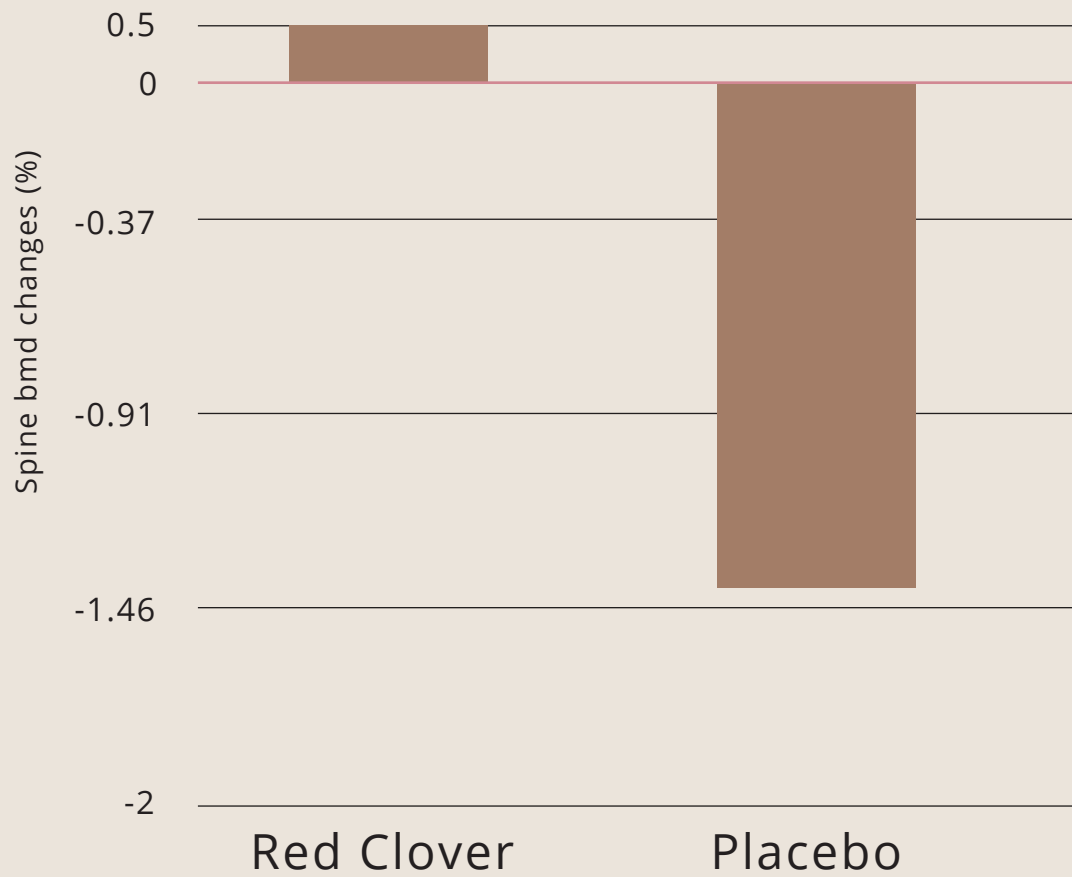


*in-vivo test



The Proof

Comparison between spine body mass density changes (%) after 12 weeks.



*in-vivo test



Lignan Flax



Ancient Secrets

An ancient crop used thousands of years ago that survived into the modern day. Due to its richness in nutrients and lignans that was highly valued, it was once only fit for priests and other high dignitaries.

Flax seeds has 47 times the total lignan content of sesame seeds.

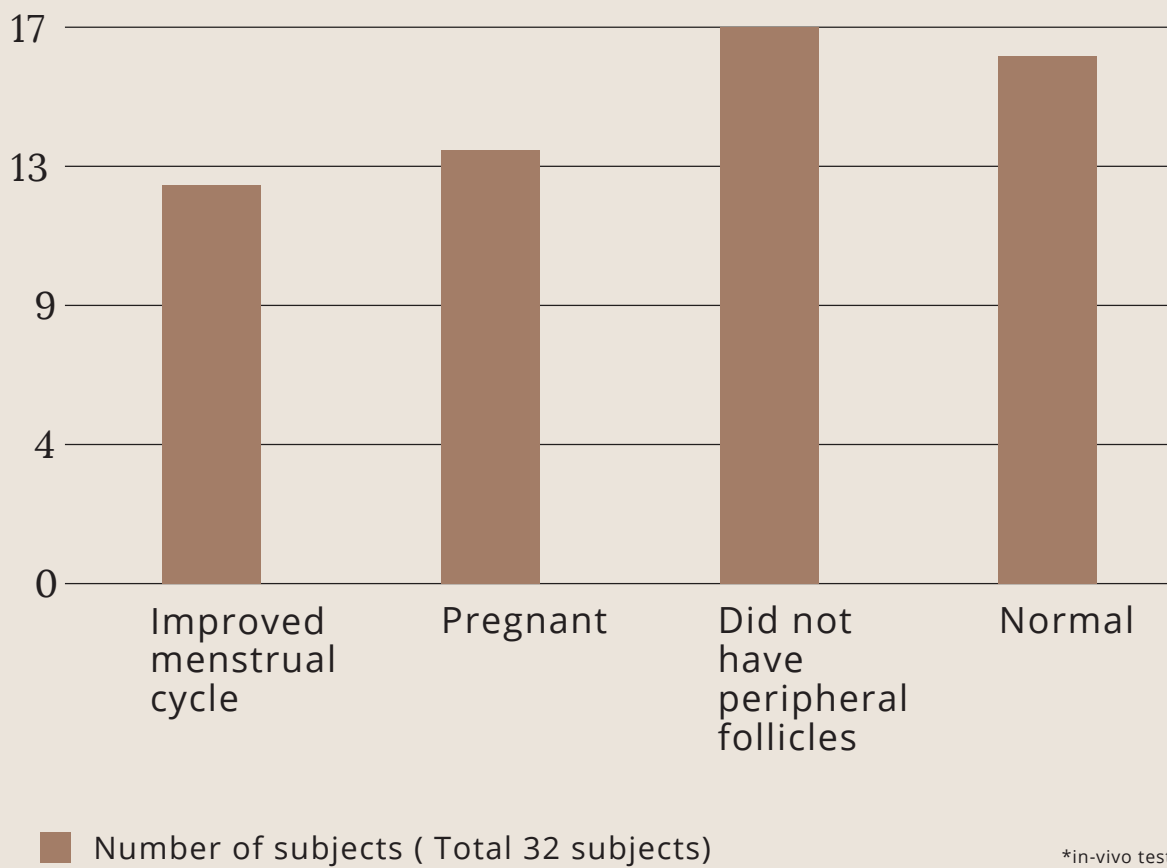


Health Benefits

- Change estrogen metabolism
- Promotes healthy endometrium
- Reduce inflammation
- Anti-oxidation

The Proof

Effects of flaxseeds supplementation in women with PCOS



Gentle Reminder

How to correctly consume AYMEIR PHYTO?



Post-menses Care

Commence on the first day after menstrual period, 1 sachet daily for the first week, followed by 1 sachet in 2 days. Do not consume during menstrual period.



Preconception Care

Commence on the first day after menstrual period, 1 sachet daily for the first week, followed by 1 sachet in 2 days. Do not consume during menstrual period.



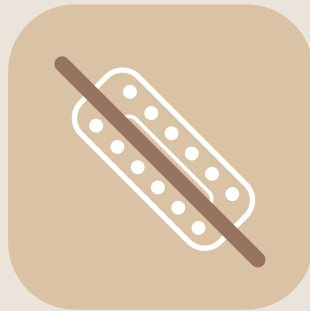
Pre-menopausal and Post-menopausal Care

Commence on the first day of pre- or post-menopause, 2 sachet daily for a week, 1 sachet daily from the second week onwards.

Not Recommended



Teenagers
below 18 years
old



Consumption of
oral contraceptive
pills



Endometrial and/or
breast related dis-
ease*



Pregnant



Lactating
mother



On
menstruation



On any
medication



Cancer

* Seek for dietitian advice prior to consumption



Health Effects



Regulate women's hormone

- Alleviate pre-menstrual symptoms
- Regulate menstrual pain
- Alleviate irregular menstruation



Enhance breast curvature

- Increase the firmness of breast
- Increase the elasticity of breast

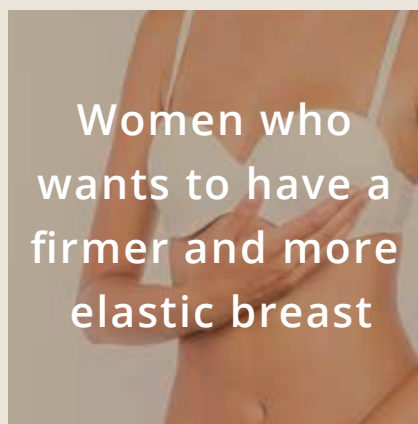
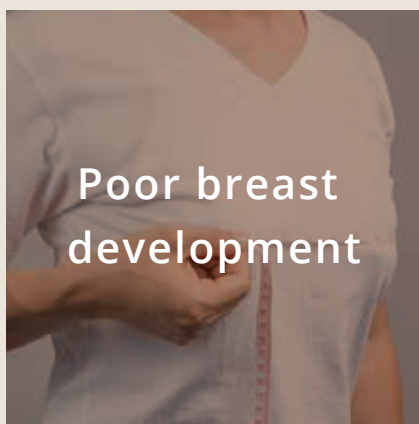
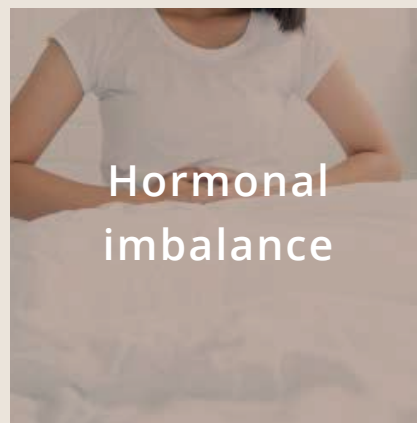
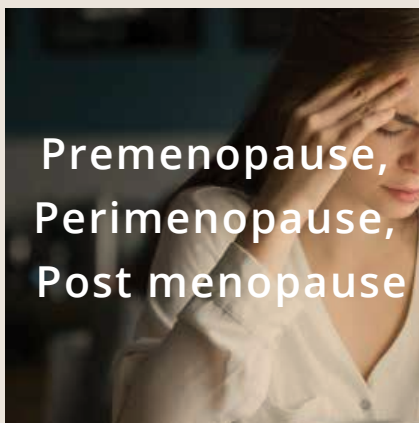


Maintain uterine's health

- Increase probability of pregnancy
- Prevent premature ovarian failure

Suitable Population

AYMEIR PHYTO ?

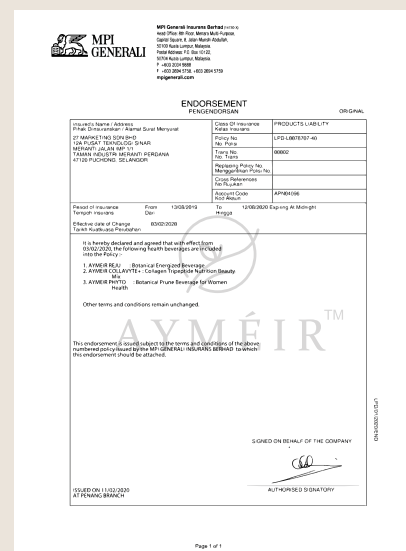
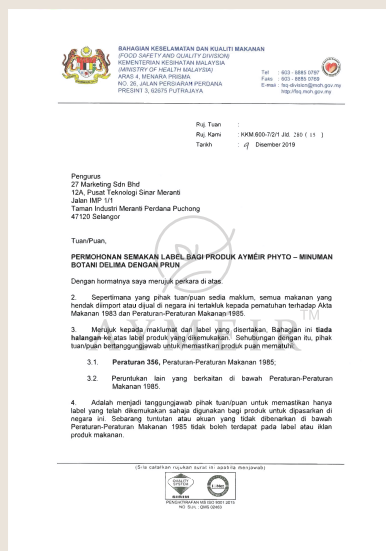
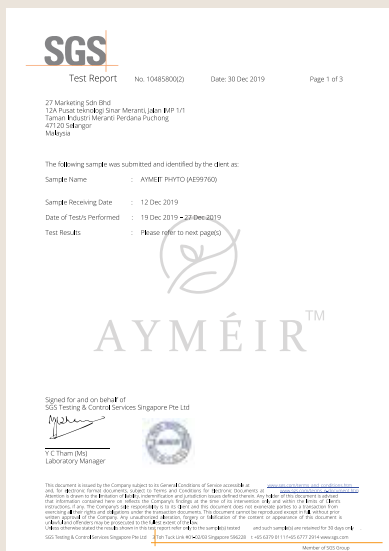


AYMÉIR PHYTO Certification Product Quality Assured

SGS Tested

Approved by KKM

Insured With



Manufactured
by



100%
Botanical



100%
Vegetarian





FAQ





1

Can individual with T2DM take Phyto ?

A: Individuals who are on any kind of medications may seek advice from doctors or dietitians prior consume Phyto to avoid unfavorable interactions.

2

Phyto is made up of several plants that are high in phytoestrogen, will it be overdosed?

A: No, it will not overdose because the dosage used is within the recommended amount.

3

Does the product increase fertility? Or perhaps can I take it while trying to get pregnant?

A: Phyto can help to replenish and regulate hormone, hence it is suitable for women with irregular menstrual who wish to conceive.





4

When is the best timing to consume Phyto?

A: It is recommended to consume anytime before evening, may choose to consume before meal or after meal.

5

Will irregular period rebound after stop consuming Phyto?

A: It will not rebound after stop consuming Phyto. However, it will relapse if lifestyle pattern remains as a mess. Suggest to consume 1-2 sachets a week for maintenance after period is regular.

