
LOF POWERSPRING:

LOF clutch spring install hack. They're a pig of a thing to fit, but there's an easy way!
If you have a vice, use it to compress the spring. Then use heavy duty cable ties to retain its compression.

Undo vice (carefully!). The loaded bomb in your hand can then be easily fitted in the bushings. Once lined up, with the spring in place, cut the ties and it snaps in place.

And you get to keep your fingers.

Win, win...haha

pics are using the old spring as a demo



BONUS TIPS:

- Wedge the pedal down to the floor using a piece of wood/metal bar (Perfect length is 50cm)
- The lower the pedal, the easier to fit. On the back of the pedal box in the engine bay, there is a 17mm bump stop bolt, wind this out to allow the pedal to go lower while fitting. Then once fitted, wind the bolt inwards, until the pedal stops sticking down. The spring may over power the clutch pedal if it is allowed to go to far over centre, hence winding the bolt back in stops it holding the pedal down!