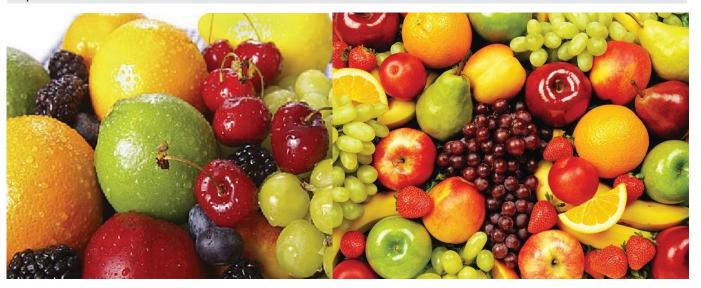


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Updates on Health Issues



I. The Truth About Vitamin C Everyone knows Vitamin C is an essential nutrient.

Consuming enough Vitamin C can halve the time you suffer from a cold (Dr. Pauling), and has a superior effect against the spread of viral infections. The potent anti-oxidation powers of Vitamin C destroys the free radicals in our body. Free radicals are harmful agents that destroy DNA and cells, and cause diseases such as cancers and diabetes. Vitamin C also strengthens the immune system.

The human body could originally produce its own Vitamin C. But as humans became more civilized, the body lost the enzymes that made this possible. It then became necessary to acquire Vitamin C from outside sources. First the body acquires it naturally from food sources, and when that is not enough we must consume supplements.

A healthy person can provide his body with enough Vitamin C through a balanced dietary regime with high quality natural foods. However, unhealthy people (most of us today), the elderly, the highly stressed, smokers, and heavy drinkers need to either follow a specialized diet or take additional supplements.

Today, practically all food is artificially cultivated to the point where even the seeds are genetically manipulated. Chemical fertilizers speed up growth and production, and food is made in factories. Food is then stored for extended periods in the home, and then heated at high temperatures. In this context, Vitamin C is either missing from foods in the first place or destroyed. This all makes getting enough Vitamin C from food difficult.

So we buy and consume additional dietary supplements. The popularity of supplements can be exemplified by the 'mega-dose therapy' movement where people take many times the recommended daily dosages of nutrients.

Such widespread popularity in taking these high levels of Vitamin C can be a problem, because of the content of these "Vitamin C" supplements.

Almost all of the Vitamin C on the market is merely ascorbic acid. Even much "expert" literature equates Vitamin C with ascorbic acid. But this is a misunderstanding deliberately spread by deceitful businesses. Ascorbic acid is only one element in a group of substances that form Vitamin C, not Vitamin C itself.

The main ingredients of Eleotin® MAO

Sea Buckthorn

Product of Tibet's alpine zones. (Contains a diverse group of Vitamin C vitamers, has anti-oxidation powers over 200 times those of apples.)





Acai Berry

Product of the Amazon in Brazil. (Contains a diverse group of Vitamin C vitamers, has anti-oxidation powers over 20 times those of apples.)



Yuzu peels

Product of the Northern Mountains in India. (Contains lutein and large amounts of unique vitamers. Has powerful Vitamin C effects.)





Siberian raspberries

Full of natural Vitamin C, and polyphenols. (Contains large amounts of unique vitamers. Has powerful Vitamin C effects.)



The anti-oxidation effects described in this section (for example, "200 times that of aples") refers to the anti-oxidation effect of one ingredient or food when used alone. When these are combined with other natural herbs, and not as part of an extracted chemical composite, the anti-oxidation effect is synergetic. This means the increase in the anti-oxidation powers is not equivalent to one plus one equaling two but rather three, and sometimes up to a hundred. So the anti-oxidation power of Eleotin® Mao would be at an astonishing level of hundreds of times that of apples.

Recommendations:

1. Eleotin® Mao's effectiveness increases when taken with Power Eleotin®. Power Eleotin® and Eleotin® Mao act in synergy. You can increase your daily intake of Power Eleotin®, and add Eleotin® Mao to your regime on days when there is a cold going around, when it's particularly stressful, or after extreme physical exertion.

Taking these two products together will be helpful towards recovery and protecting yourself from further ailments.

(Continued on next page)

If you do catch a cold, the duration of it can be halved and various symptoms may be reduced.

2. In the case of diabetes patients, the excessive sugars in the blood aid harmful agents such as bacteria, enzymes, and viruses to attack cells all over the body. This means diabetes patients are more vulnerable to infection and cancers. Eleotin® Mao can especially helpful in counteracting these vulnerabilities. One could say Eleotin® Mao is a compulsory supplement for diabetes patients.



3. The makers of Eleotin® Mao insisted on using only ingredients harvested in season at their natural source, despite the high costs. All plant life is designed to grow only in their original habitats. When plants are transplanted into different soil and climates, the stress causes the plant to develop tiny amounts of toxins, and the plant itself changes as a result. When these toxins accumulate over long periods of time, they may cause cancer and other diseases. It is important that we consume, to the best of our ability, food that is harvested in season at its original habitat. Food requiring thousands of miles of travel need to be harvested before it is completely ripe. These foods contain strong toxins

After sitting in containers for weeks after its premature harvest, the food appears edible but the toxins remain. This all means that there are, in fact, scientific bases for 'eating local.' A secret to good health may be eating an abundance of the local region's natural foods while they are in season.

'Vitamin' does not originally refer to one specific chemical. The term actually refers to a large group of chemicals called vitamers that act reciprocally. When a group of vitamers produce an effect that is classified as 'C' on the body, then that group is collectively called Vitamin C. Thus, an accurate definition of Vitamin C would be "a group of vitamers that produce a group of health effects classified as 'C.'"

Ascorbic acid is only one vitamer in this group – just one of the (very) numerous ingredients needed to produce the health effects called 'C.'

But dishonest industries have mislead the public. Most people now believe that ascorbic acid itself counts as the whole of Vitamin C. There are even scientists who believe this falsity. When 'science' does not deplore such falsities, it is really either a scamming science or a scientific scam – not much more.

Ascorbic acid is originally extracted from corn, and then combined with acetone, a petroleum product. It is a cheaply produced food additive used as an industrial preservative. Ascorbic acid is commonly added to orange and apple juices to prevent discolouration, but chemical companies advertised it as Vitamin C. The acid has a bitter taste. But strong artificial sweet and tart flavours are added to give the impression that the supplement is somehow derived from fruits. Surprisingly, not many consumers are aware that the fruity tastes in their Vitamin C supplements come from potent artificial chemicals.

Ascorbic acid does have some functional importance: it preserves and protects other vitamers that do bring about the 'C' effects. But this does not mean it brings about the whole Vitamin C effect on its own. Professor Albert, who discovered Vitamin C, has even explicitly stated that ascorbic acid does not produce the health effects of Vitamin C. But ninety-nine percent of the Vitamin C sold in Korea is ascorbic acid from uncertain sources in China. The consensus of the Korean

health industry is that no one can guarantee the safety and efficacy of these supplements.

The crucial mistake here is the failure to distinguish Vitamin C and the preservative that protects its active ingredient. It is the same as eating a refrigerator then wondering why there is a nutritional deficiency. Professor Albert criticized this mentality by noting it was as if one went through all the bother of preparing food, then eating the dish.

Ingesting ascorbic acid alone has 9.1% of the anti-oxidation effect as ingesting a diverse group of 'C' vitamers (Life Star). Personally, I'm surprised the acid has even this effect. The 9.1% effect may not have come from ascorbic acid but from alien materials that entered into the batch by mistake during production.

There is a popular notion any excess Vitamin C will easily pass through the body because of its water solubility. In reality, ascorbic acid bonds with important and necessary minerals in the body. Then, when excess ascorbic acid is excreted, large amounts of these beneficial minerals are also forced out of the body.

Many people with a Vitamin C deficiency also lack other nutrients. Because of this, ascorbic acid can doubly harm people who need Vitamin C: first, it fails to produce the necessary 'C' health effects. Second, it depletes the body of the crucial minerals that were lacking in the first place.

A more accurate portrait of the process paints a bleaker picture. Ascorbic acid bonds with other chemicals in the body. When the ascorbic acid leaves the body, good minerals and nutrients are flushed out, but significant amounts of salt are left behind in the blood vessels. Even advocates of high Vitamin C consumption confirm that this can result in arteriosclerosis, stroke, and kidney stones. To those who believe that chemicals can simply leave the body safely after artificially ingesting them in such large amounts, one has to ask, "Isn't it better to just not eat them in the first place?" Even water can have serious side effects when consumed in excessive amounts. It should be obvious that consuming large amounts of an industrial preservative could be harmful.

Some companies melt calcium into ascorbic acid as a last resort to avoid the serious side effects. This forms a type of salt. But the benefits of such a composite cannot compare to those of lutein, bioflavonoids, Factor K, Factor J, Factor P, and tyrosinase - substances that naturally contain an abundance of 'live' Vitamin C. "Vita" itself means "live," meaning that the word "Vitamin" indicates the presence of a 'live' ingredients. Unfortunately, such natural vitamins are expensive.

Research has revealed another critical problem: cancer cells love ascorbic acid. (Sloan Kettering – the cutting edge American cancer research and treatment clinic). It naturally follows that ascorbic acid decreases the effectiveness of Gleevec and chemotherapy. Vitamin C (real 'live' Vitamin C), is needed to restore the cells destroyed by cancer. But considering that cancer cells like ascorbic acid, a patient needs to think twice. It can be confusing as to what to do in this situation when it is hard to tell Vitamin C apart from ascorbic acid. The conclusion, however, is clear: taking only ascorbic acid is harmful in the fight against cancer.

(% The packaging and labelling may differ from the picture according to the local rules and regulations.)

ELEOTIN' MAC

Eleotin® Mao is a high quality product that contains substantial amounts of the very natural ingredients missing in other Vitamin C products: lutein, bioflavonoids, Factor K, Factor J, Factor P, and tyrosinase, as

well as high quality ascorbic acid. As a result, Eleotin® Mao is a cutting edge product with powerful antioxidation powers that are preserved superbly.

To recap:

Today, people are exposed to high levels of pollution and stress, and suffering from a myriad of health problems. This requires them to absorb high levels of 'C' vitamers.

People cannot acquire enough Vitamin C from the food that is available to them: genetically modified produce grown using chemical fertilizers and pesticides, processed foods manufactured using extreme heat, and deadly poisons and preservatives. So they take extra Vitamin C supplements.

What we normally buy and eat believing to be Vitamin C supplements is actually only ascorbic acid (not much more than a chemical preservative). This preservative actually makes up only one component of a group of vitamers that make up Vitamin C as a whole. One cannot expect these supplements to produce much health benefits, especially any anti-oxidation effects. Furthermore, ingesting too much ascorbic acid can be harmful to the body.

Natural Vitamin C is the right choice because anti-oxidation powers are fundamentally 'defensive' powers. 'Offensive' tactics work well when one specific target is attacked. In contrast, 'defensive' tactics are more effective when the defensive strengths are spread over wide areas. Similarly, when it comes to a defensive power such as anti-oxidation, ingesting small amounts of a diverse array of natural defenses are far more effective than using large amounts of industrial composite preservatives.

The rationale is similar to covering yourself by wearing a diverse array of raingear (coats, hats, gloves, and boots) instead of shooting a cannon ball towards the sky. Eleotin® Mao is made of many natural high quality ingredients for anti-oxidation. It is by far the superior choice over the industrial preservative sold on the market today.

II. The Secret Behind Natural Detox

Regular bowel movements are not only part of a satisfactory morning routine, but also the fundamental core of good health.



(% Coprostasis that is rather disgusting to look at. It's common to observe such hardened feces leave the body after taking Eleotin® Kalimera. Please do not be alarmed if this should happen.)

Professor Kellogg, famous for inventing Kellogg's cereals, stated all modern diseases are caused by civilization, and most such diseases actually stem from irregular bowel movements and constipation. Eastern and Western medical philosophies have both held since the beginning of science and medicine, that poor bowel health is the source of many diseases.

The incidence of poor bowel health is particularly high today, due to the features of modern day life: stress, sedentary lifestyles, the consequent lack of exercise, and insufficient natural fibers in our diets. A key problem is a person's mistaken belief that he has regular bowel movements, when in reality his body is harboring a massive amount of coprostasis (packed, harden feces in the intestines). It is not uncommon to see cases where a person holds twenty kilograms of coprostasis in the intestines without showing any symptoms.

Diabetes patients and people who consume over one hundred kilograms of sugar a year are especially at risk. When there are high levels of sugar in the body, the sticky sugar sticks to intestinal walls and causes fecal impaction. As the pictures shows, this pressures the intestines and ugly pockets of coprostasis form.

As long as the coprostasis remains in the body, it continuously spews toxins into the body. The body then

becomes a habitat for noxious microorganisms (bacteria, and even parasites). To add to the obvious danger, the harmful bacteria always defeat the good.

To worsen matters, the ingestion of highly toxic substances such as artificial chemicals, preservatives, and pesticides is another major contributing factor to coprostasis. Coprostasis does not leave the body on its own. It remains inside for a long time, becoming increasingly noxious, and discharging toxins throughout whole body. The fecal lumps continue to deteriorate the body, causing increasingly serious problems that include sallow skin tones, obesity, diabetes, and cancer.

This process is especially damaging to diabetes patients. Coprostasis harm the nerves surrounding the intestines. The high blood glucose levels it causes also confuse nerve signaling and this tends to result in autonomic neuropathy. As a result, the intestines cannot exert itself when it needs to and constipation follows. Prescription drugs for diabetes only aggravate the constipation problem.

Constipation and irregular bowel movement is bad for everybody. But when constipation leads to coprostasis in diabetes patients, the coprostasis continuously releases high levels of sugar, making blood glucose control and diabetes treatment difficult for the patient.

Laxatives are not a long-term solution. The body becomes tends to develop resistance and dependencies on them. Once this happens, the required time for excretion increases, and the quantities of excretion decrease. Laxatives then become mandatory for any bowel movements to happen.

There are enterostomal therapies where various liquids, including liquids mixed with coffee or yogurt, are injected into the colon and pushed throughout the large intestines. But this treatment frequently only further damages intestinal walls and mucous membranes that are already injured.

Diabetes or no, the most straightforward way to fight constipation is to increase the levels of good bacteria in the body by ingesting as much probiotic foods (such as yogurt and kimchi) as you can. It is also important to get enough water, exercise, and unprocessed fruits and vegetables (for their fibers).

In addition to all these, Eleotin® Kalimera (Kalimera means "Good Morning" in Greek) contains an abundance of the following specialty health ingredients:

- Aloe. Many countries around the world recognize aloe as a safe laxative that expedites safe bowel movements. Not only does aloe contain high quality fibers, but it is also beneficial for its anthraquinone compounds.
- 2. **Kojak (or elephant yam).** The glucomannan in Konjak aids bowel movement and lowering cholesterol.
- 3. **Alfalfa.** Animals in the wild naturally seek out alfalfa when constipated.
- 4. **Eleotin® Kalimera.** Eleotin® Kalimera contains extracts of the above ingredients. It not only dissolves the coprostasis, but expands when it reaches the intestines helping to accelerate bowel movement and strengthen the intestines.
- 5. The result is a long list of health benefits: increased vitality, better skin, weight loss, reduced abdominal inflation, decreased medication, and even improved eyesight and decreased hair loss. There have also been many people who have enjoyed reductions in menstrual pains, migraine pains, and cold symptoms, and also improved cognitive skills.

However, what makes Eleotin® Kalimera unique is its celery extract. Today celery is a common vegetable we put in our salads. In ancient China, the imperial family consumed celery as an anthelmintic medicine to expel parasites such as roundworms. Celery is potent enough to melt coprostasis and get rid of the parasites along with the accumulated waste.

Eastwood Companies worked with research teams at Shennong Pharmaceutical Co., of China's Tsinghua University for over ten years to replicate the celery therapy practiced by the imperial family with modern scientific methods. The resulting product was incorporated into Eleotin® Kalimera.

Eleotin® Kalimera is 100% made of high quality natural ingredients, and is scientifically proven to safely help curb the excessive appetites of obese people. It has also been shown to be especially effective in helping to control blood glucose levels.

Adults should take two or three capsules three times a day with plenty of water. They should also eat enough fiber and probiotics such as (sugarless) yogurt and kimchi, exercise moderately, and massage your lower abdomen for five minutes before you sleep at night and right after you awake in the morning.

This is a must-have item for diabetes patients. But Eleotin® Kalimera is still 100% safe for people without the disease. It has been especially helpful for stressed students, and people who work in offices, or often travel for work.

As of 2015, Eleotin® Kalimera may be the only known detox cleanse product on the market that is scientifically proven safe, even for diabetes patients, and also designed to aid healthy blood glucose control.



(% The packaging and labelling may differ from the picture according to the local rules and regulations.)

You will be surprised by the amount of waste that leaves your body in the morning (also two or three times throughout the day). Within two or three days, you will notice a dark material with a particularly bad odor. You should not be too surprised considering that this coprostasis contains all the horrible objects that have accumulated in your body for a long time.

Taking Eleotin® Kalimera prior to other Eleotin®

products, improves and the effects of the latter. This is consistent with advice of many world famous doctors who tell patients to cleanse the body of toxins before beginning a new treatment or exercise for improving one's health.

III. Sunblock safe enough to eat.

Sunlight is very important. Getting the right amount is critical for your health. It also helps improve your mood.

I personally start to show depressive symptoms when not exposed to enough sunlight. It feels a little like depression, and a little bit like a cold. The symptoms can last weeks, and sometimes even months. The Pacific Northwest region rains quite a lot during the winter, and it can be quite difficult. But almost all of symptoms disappear miraculously after 30 minutes of exposure to strong sunlight. The powerful effect of sunlight is something I experience firsthand every winter.

From late spring to early fall, I go hiking in the woods and expose my upper body as much as possible. It feels as if I am investing in my health by collecting the sunlight that shines through the trees. My mood stays great for several days after. I have read that Confucian scholars also completely exposed their bodies to the sun for several days during the year.

The problem is that sunlight can cause of premature aging or skin cancer. A close friend of mine is a dermatologist. He suggested that we should wear sunblock even when staying inside.

Almost all women known for having good skin are inclined towards avoiding the sun as much as possible. They refrain from going outside, and when they do everything is slathered with sun block. On top of all this, I have seen women wear sunhats, carry parasols, and wear sun proof clothing. Sometimes I wonder if what they would simply prefer to live out their lives in a cave. But I have begun to realize there are reasons behind such extreme measures. Consider how furniture or pictures can easily fade from prolonged exposure to sunlight. It's not hard to imagine the damage sunlight can do to such a weak and fragile organ like the skin.

Sometimes sunlight seemed like a healthy thing, and other times not. It was confusing. So our research team conferred with global dermatology authorities to earnestly work together on sun protection. We carefully studied the sun protection products available around the globe. Along the way, we discovered some astonishing truths.

- 1) Our skin has its own natural ability to protect the body from the sun, as well as recover on its own when sun damage is done. But when a person uses sun protection containing strong chemicals for extended periods of time, the skin loses its natural sun protection capabilities and its self-recovery capabilities are weakened. Once this happens, even minimal sun exposure causes damage that the skin cannot recover from well.
- 2) Using chemical sunblock products does not provide complete protection. We use the singular term "sunlight." But "sunlight" actually contains several different types of light. There are several types of ultraviolet (UV) rays alone, but almost all chemical sunblocks only address two types of light, and do nothing about the others. There also cases where good types of light are actually blocked from the skin, but the bad ones are allowed through. This means a consumer may mistakenly, and dangerously, believe he is protected and overexpose his skin to the sun. In this aspect sunscreen can actually do more harm than good.
- 3) Sun damage is worse when it is inflicted while a person is wearing chemical sunscreen. As stated before, chemical sunscreens weaken the body's own natural capability to recover from sun damage, making it more likely for the skin to sustain injuries. A user may also trust his sunscreen too much and participate in more outdoor activities he would have otherwise. Whatever the reason, the incidence of skin cancer has been rising amongst users of chemical sunscreens.
- 4) <u>Toxins are another big problem.</u> Almost all chemical sunscreens contain large quantities of toxic heavy metals, and it is inevitable that the sunscreen itself is toxic. It is easy to understand why

- toxic heavy metals are used in chemical sunscreens. Almost all chemical sunscreen use heavy metals such as zinc and titanium because these metals have a mirror effect. These metals are used for their reflective properties. Using chemical sunscreen is similar to grinding up a mirror into a fine powder, mixing it with oils and alcohol, and slathering it on to your skin
- 5) Some chemical sunscreens leave a white residue behind while others do not, but the components of both types are practically the same. In products that do not leave a residue, the heavy metals are ground more finely into nanoparticles. It means that they are more easily absorbed into the skin, and actually more dangerous. If you grind up a mirror and slather it onto your body, you should be able to shower it off so that the toxins do as little damage as possible. It cannot be healthy, though, if the metals are ground up fine enough to enter blood vessels. Chemical sunscreens are toxic to the point where children or animals who ingest them could die from poisoning. I have also read that there is also an increased danger of stomach cancer. As you may have all experienced, sunscreens can painfully sting when even the smallest amount gets rubbed into your eyes. Such a potent and painful chemical substance cannot be healthy.

The main purpose for blocking sunlight is to avoid sunburn, and to prevent UV rays from confusing the DNA and causing cancer as a result. Ironically, chemical sunscreens contain high doses of components such as Oxibenzone or BHA. Such substances increase cancer causing agents such as free radicals, actually making the body more vulnerable to cancer and other diseases.

Chemical sunscreens can also prevent the formation of Vitamin D, one of the most crucial nutrients for our body. You may have heard that getting enough sunlight is key for cold prevention in the winter. Put differently, Vitamin D strengthens your immune system. But chemical sunscreens shut off the body's capability to produce Vitamin D. As a result, many scientists are greatly concerned about the abuse of chemical sunscreens.

It's possible to eat foods rich in Vitamin D, or take additional supplements. But neither option provides the full effect of the body naturally converting sunlight into Vitamin D. The more serious problem is that the prolonged use of chemical sunscreens, and the heavy metals in them, can weaken this crucial ability.

My company has been producing and distributing diabetes and hypertension products for many years. I noticed that scientists have begun to agree that the long term use of chemical sunscreens aggravates these two diseases. (Many related reading materials can be found on the company's website).

Premature growth is a problem with children today, especially girls. It has been frequently cited that the main causes of this phenomenon are the growth hormones pumped into meat and dairy products, and the chemicals found in most sunscreens. These substances break hormonal balances and bring about the same effect as injecting bulk amounts of female hormones would. For this reason, scientists worry that many male children today will become sterile as adults. Another effect of prolonged exposure could be prostate cancer.







(% Contains 100 mL of Eleotin® products. Carry-on friendly. The packaging and labelling may differ from the picture according to the local rules and regulations.)

Most makers of chemical sunscreens use alcohol to further melt down heavy metals or to make the sunscreen feel cool against the skin. But alcohol dehydrates the skin. So sunscreen can accelerate aging, further weaken the skin, make it vulnerable to the effects of the sun, and be the cause of many diseases. Put simply, sunscreen has the opposite effect of moisturizer. The artificial chemical scents put in sunscreen may also contain additional cancer causing agents.

Unlike the expensive creams and lotions used sparingly and occasionally, sunscreen is more dangerous because it tends to be frequently slathered on in bulk. The body is exposed then to harmful agents through sunscreen more than any other product.

This is how Eleotin® Pango came to be developed and launched. Eleotin® Pango is comprised only of ingredients officially recognized as natural and organic plant products.

All Eleotin® Pango ingredients are approved as foods, so Eleotin® Pango is safe enough for eating. (You absolutely must not eat the chemical sunscreens on the market. Eleotin® Pango is made of edible ingredients and ingesting small amounts of it is safe. But it is not food itself, and consuming large quantities could lead to stomach troubles).

There are no heavy metals, chemicals, or hormones that could harm the body. Eleotin® Pango can be safely used on children. It maximizes the skin's own protective and recovery capabilities. (You can enjoy more dramatic results if used together with Eleotin® Mao, our natural anti-oxidation product.) Eleotin® Pango also does not contain any alcohol or chemical fragrances, and can be used as a moisturizer.

We recommend storing Eleotin® Pango in the refrigerator after opening. Apply it right before going outside, and again after returning inside. You could also put some in a small container and take it with you outside

Long term use of Eleotin® Pango can improve your skin. It will also strengthen your body's own ability to protect itself from the sun. With an SPF of about 20 to 30, Eleotin® Pango has highly protective capabilities against all the types of light in sunlight.

Your body's production of Vitamin D will accelerate.

When you can't avoid going out into harsh sunlight and directly exposing your skin, then we recommend wearing a hat and trying a sister product that contains zinc powder (Eleotin® Safari). We advise showering and washing it off soon after returning inside.

Method of Use and Risks.

- 1. After applying Eleotin® Pango or Safari, rub the ointment further into the skin to make sure enough is absorbed into the skin. Go out into the sun after the ointment is fully absorbed into the skin and the skin is completely dry. If your skin remains oily or shiny, the protective abilities of Eleotin® Pango or Safari are relatively low.
- 2. Eleotin® Pango strengthens the skin's defensive powers against the sun, and relieves the skin that has been overexposed to the sun. Even if you have applied Eleotin® Pango during the day, you can apply it again in the evening before bed and allow it to restore your skin overnight.



- (% The packaging and labelling may differ from the picture according to the local rules and regulations.)
- 3. Because it is made of natural ingredients, Eleotin® Pango is vulnerable to spoiling. In the unlikely event you notice a change taste, colour, or smell about two to three months after opening, we recommend that you stop using the product.

Remember to always close the lid after applying the ointment. Refrigerating Eleotin® Pango allows the product to last longer. Because only natural ingredients have been used, the viscosity of the ointment may change according to the temperature. The ointment

would be a soft colloid at around 25 °C, slightly at around 15 °C, and become liquid when the temperature is over 40 °C. If the ointment turns to liquid, simply shake before using. If refrigeration hardens the sunscreen too much, then microwave some for about 20 seconds. It is worth noting here that strong artificial chemicals are what keep products in colloid form despite the changes in the surrounding temperature.

IV. The Truth About Omega-3

Omega-3 has a diverse array of health benefits: lower cholesterol levels, improved blood circulation, provision of nutrients to the brain and retina, improved joint health, blood pressure control, and improved prostate health. Despite the long list of benefits, Omega-3 may still do more harm than good if consumed incorrectly.

First, you should not eat too much Omega-3.

Over consumption of Omega-3 is unlikely when it is acquired solely through natural food sources. It is difficult to eat such large amount of food, and the other nutrients in such foods produce a synergy effect with the Omega-3. However, industrial Omega-3 supplements are a different story. There

is a real danger of eating too much. This is the result of industrial manufacturers competing with each other by providing as much discounted Omega-3 as possible. Unsurprisingly, the quality of the Omega-3 made and sold this way is poor. The practice of megadosing on Vitamin C has become trendy, and it has unfortunately spread to Omega-3 consumption. But over dosing on Omega-3 is very dangerous.

Our company's flagship products are mainly for diabetes patients. We frequently see diabetes patients having particular difficulty controlling their blood glucose levels after ingesting too much Omega-3 having particular difficulty controlling their blood glucose levels. There have been many dangerous cases where people took Omega-3 while continuing their aspirin regime. As a result, their blood was not able to clot and wounds were not able to heal. The Omega-3 benefits mentioned above only occur when the proper dosage is taken. But the consequences of excessive consumption can be horrific. Practically all of the health benefits disappear, and the excessive Omega-3 amount can actually exacerbate the problems the supplements

were supposed to alleviate in the first place. The benefits of Omega-3 seem infinitely diverse. But overdosing can also cause a boundless number of harms.

Residents of Asian countries do not tend to consume as much corn and corn-fed meat products as North Americans. It can therefore be dangerous for Asian residents to assume they require the same amounts of Omega-3 as North Americans. Years of research and development has shown us that the optimal amount for Koreans was to take twice a day one capsule containing the "correct" amount of high quality ingredients: 360 mg of EP and 240g of DHA. We found that this was an especially optimal dosage for those who were middle-aged and concerned about health problems such as insulin resistance, diabetes, and hypertension.

Second, you must consider the source and manufacturing process of the ingredients.

When manufacturers simply use deep sea fish without differentiating the particular types of fish, there is an increased chance of polluting the body with poisonous heavy metals such as cadmium, mercury, and lead. The best fish to use for Omega-3 is deep sea fish caught in the designated clean areas of the Canadian northern regions. Naturally, making Omega-3 from this unique fish is expensive.

Untrustworthy manufacturing processes are another problem. Omega-3 from fish can spoil and rot, and change into trans fats, becoming quite harmful to the body. The processing needs to happen in low temperatures that prevent good Omega-3 from becoming harmful trans fats. It is very costly to do. But ingesting even the smallest amounts of trans fats can induce arteriosclerosis and cancer. Omega-3 made in harmfully warm environments are also more likely to oxidize during the manufacturing process.

Walnut oils and flaxseed oils have been used increasingly for their Omega-3. However, many experts are concerned about the presence of female hormones in these oils, and their relative inability to lower cholesterol

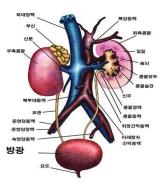
Also, mass producers of Omega-3 supplements add

preservatives to prolong their shelf life. But these preservatives can destroy the actual Omega-3 content. Mass producers frequently use farmed fish which are raised using large amounts of chemical fertilizers. The Omega-3 content in such fish is lower than what is found in the fish caught in the wild.

Third, then what is the natural, true Omega-3?

Omega-3 was originally discovered and developed after scientists observed that heart disease was rare amongst the Inuit residing in northern Canada. Therefore, "real" Omega-3, whose benefits are "truly" supported by science, is the Omega-3 extracted from the fish originally consumed by the Inuit. Omega-3 may now be extracted from other sources from other regions, but the original Omega-3 was extracted from the fish in northern Canada, and this Omega-3 unsurprisingly remains the best today.

V. New Lower Urinary Tract Symptoms* (LUTS) Improvement Product *includes male prostate symptom



There are roughly three categories of LUTS:

- 1. Storage Symptoms
- 2. Urination Symptoms
- 3. Post Urination Symptoms
- 1. Storage Symptoms include frequent daytime urination, nocturia (frequent night time urination), sudden urination, and urinary incontinence.
- 2. Urination Symptoms include thinning of the urine stream, hesitance in the urinary stream, dripping, the need for abdominal pressure, and the discontinuation of the urine stream.

3. Post Urination Symptoms include the lingering sense of urine, and dripping.

The most frequently observed LUTS in men relate to the prostrate.

Normal metabolism results in harmful bacteria, wastes, and toxic substances that need to leave the body as soon as possible. The longer they stay within the body, various health problems arise: lowered immune systems, lowered stamina, and a reduction in sexual drive.

LUTS in men is frequently caused by enlarged prostates, inflamed prostrates (prostatic hyperplasia), or prostrate cancer. Attention tends to be focused on the prostate when a male patient suffers from LUTS, and "LUTS" has become synonymous with "prostate problems". Academics, however, have agreed that this approach is unscientific. Since 2000, LUTS has become the more common term used to diagnose a larger group of ailments and "prostate problems" have been considered a subset of the LUTS.

The Lower Urinary Tract is the system that forms the urine in the kidneys, stores it in the bladder, and excretes it. But the health of the lower urinary tract is directly related to the health of the body as a whole.

Proper excretion of waste is vital in the fight for good health, because the success of this function means toxins and possible causes of diseases are expelled from the body. In contrast, problems in this excretion can only mean harm for the body. It is akin to living in a city with a bad sewage system – it is hard to survive after a while.

Many cases of LUTS in men are attributed to poor prostate health. (However, there are many other causes. Focusing only on the prostate to treat LUTS can be harmful. This is one of the reasons saw palmetto can be a problem.) Women do not have prostates, and LUTS in women tend to be caused from a variety of other reasons. However, the treatment of LUTS in both men and women straight results in improvements in energy, concentration, and sexual health.

Let's first discuss prostrate problems. This issue actually relates andropause (male menopause).

The prostate is a walnut sized organ (about 20g) covering the urethra from both sides, and sits below the bladder. It is a reproductive organ found only in men, and one of its functions is to produce semen. Just as women undergo changes in their reproductive organs during menopause, middle-aged men tend to experience inflamed prostates (prostatic hyperplasia).

According to the studies of health insurance companies, prostatic hyperplasia cases have increased over five fold in the last ten years. In Korea, five to ten percent of men in their thirties suffer from prostatic hyperplasia. The percentage rises to over 50% in men in their forties and fifties. For men over eighty, the percentage is 75%, and over 90% for men older than eighty five years.

The rise in prostatic hyperplasia has been attributed to an aging population (and thus a rise in those who are more susceptible to the condition), diabetes, insufficient zinc consumption, high cholesterol, over-consumption of animal fats, over-eating, and modern eating habits.

When the prostate is enlarged, it squeezes the urethra, and urine cannot flow out freely. When urine cannot completely leave the body, a condition called "urinary retention" can occur. This is a potentially fatal condition. It tends to happen during the winter months.

I personally knew two people who have died from urinary retention. They passed away before they could reach an emergency room. The condition is just that fatal.

In the beginning stages of prostatic hyperplasia, there is residual urine even after urination, and sometimes involuntary dripping after. If the condition further progresses, the urinary stream gradually decreases, as well as the amount of urine expelled. Sometimes there is a sudden need to urinate, urination becomes frequent, and happens during the night, interrupting sleeping patterns.

When urine remains in the bladder for too long, acute cystitis can occur, warranting a trip to the emergency

room. The whole point of urine is to expel the waste from our body. But when urine itself isn't leaving the body, a slew of diseases can arise from this failure. Our body's health is maintained by the timely excretion of waste in it. When this does not happen, it is no surprise that diseases follow.

How prostatic hyperplasia happens.

- The problem begins with the dominance of female hormones over male hormones. This dominance is a natural occurrence with age, and can also arise from the use of harmful sun blocking agents. But the most common cause is diabetes and stress. Overweight men tend to show increased levels of female hormones. This is because fat cells transform male hormones into female hormones.
- 2. Another cause is zinc deficiency. Zinc has an immense effect of male sexual health, and is frequently called a "man's mineral." Zinc needs to be concentrated in the prostate at high levels. Zinc levels in prostate cells need to be 200 times the amount found in the blood stream. In prostatic fluid, zinc levels need to 600 times higher. Such high levels are necessary because zinc protects the genes in the semen from infection. But when the prostate is enlarged, zinc levels in the prostate falls to one tenth of normal amounts.

There are foods rich in zinc: pumpkin seeds, oysters, whole grains, barley, sunflower seeds, eggs, and milk. But trying to get enough zinc from these foods is futile. For those afflicted with both diabetes and prostatic hyperplasia, it is crucial to take additional zinc supplements that have been scientifically proven to be safe: supplements such as Eleotin® Santorini.

Let us now discuss the relationship between diabetes and the prostate. Diabetes is a main cause of prostatic hyperplasia. Also, prostatic hyperplasia is much more dangerous for diabetes patients. The chances of developing prostatic hyperplasia are 300% higher in diabetes patients. In a diabetes patient, the symptoms of prostatic hyperplasia begin eleven years earlier than in those who do not have diabetes. Urethritis also occurs more frequently in diabetes patients.

Prostate cancers are not generally considered fatal.

But prostate cancers tend to go undiagnosed in diabetes patients. When the patient is finally diagnosed, it is frequently when malignant tumors have already spread throughout the body. As a result the same prostate cancer that is curable for most people, can be fatal to diabetes patients.

Both diabetes and prostatic hyperplasia are common occurrences in middle aged men. Either condition can cause and strengthen the other, making the presence of the two extremely dangerous. Furthermore, drugs that treats one condition can conflict with drugs that treat the other. For example, saw palmetto is commonly used for prostatic hyperplasia. But saw palmetto can conflict with drugs prescribed for diabetes, and result in harmful side effects. Saw palmetto itself can worsen diabetes. And a dangerous cycle begins: saw palmetto is used to treat prostatic hyperplasia. The saw palmetto worsens the diabetes, conflicts with the diabetes drugs, then further weakens the prostate as a result.

Other drugs for prostatic hyperplasia also worsen diabetes. The worsened diabetes then worsens the prostate, and more drugs are needed. These drugs further deteriorate the diabetes, and the patient is trapped into a cycle from which he cannot escape.

Almost without exception, drugs prescribed for prostatic hyperplasia destroys sexual functions. Sexual functions are weakened already with prostatic hyperplasia, but the drugs prescribed for the condition practically obliterate any remaining function.

People with diabetes, obesity, or high cholesterol need to be careful about taking saw palmetto. It should be avoided as much as possible. If saw palmetto must be taken, it must be taken only after having taken Power Eleotin®, and insulin resistance is lowered.



(% The packaging and labelling may differ from the picture according to the local rules and regulations.)

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- 1. Eleotin® Santorini contains cranberry concentrated at a 20 to 1 ratio. The cranberry is sourced from a specially contracted farm in Canada, where the best cranberries in the world come from. Cranberries are valued for being rich in nutrients. But it is especially helpful by preventing various problematic bacteria from sticking to the lower urinary tract, and enabling the body to flush it away. Both men and women can benefit from taking Eleotin® Santorini for an extended period of time, and drinking plenty of water during this regime. The lower urinary tract will be generally cleansed (including the prostate for men), and the body in general will become healthier.
- 2. Eleotin® Santorini contains no saw palmetto. Diabetes patients do not need to worry about taking it for their lower urinary tracts.
- 3. Women may also take it with no side effects.
- 4. Eleotin® Santorini contains natural zinc extracted from oysters, and is readily absorbed by the body. There is no danger of absorbing too much.
- 5. Eastwood Companies produces natural diabetes treatment using technologies acquired from the most prestigious diabetes research centers around the globe. Eleotin® Santorini also contains other herbal elements used in other Eleotin® products. This not only means Eleotin® Santorini is safe for diabetes patients, but even helpful for soothing diabetes symptoms. It is the only known safe and natural treatment for the lower urinary tract that can be used for diabetes patients, and men and women alike.
- 6. Eleotin® Santorini can also be used by currently healthy people to prevent lower urinary tract symptoms from starting.
- 7. Eleotin® Santorini has a superior effect not only on prostate health, but all of the lower urinary tract symptoms discussed previously.





 $(\ensuremath{\mathbb{X}}$ The packaging and labelling may differ from the picture according to the local rules and regulations.)

VI. Eleotin® Bentley has improved.

The effect is faster than before. For people who are not ready yet to commit to a full regime, we offer a 15 capsule sample bottle. It has been quite popular.



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