

MADE BY REAL CHEFS

KEEP REFRIGERATED ONCE DEFROSTED
PLEASE REMOVE STICKER BEFORE HEATING



freshchef

Snap Frozen at the Peak of Freshness



TEXAS WAGYU SAUSAGES

WAGYU BEEF SAUSAGES, CREAMY POTATOE MASH, ONION JAM, GRAVY AND PEAS



Grass Fed Wagyu Beef



No added Gluten

400g

COOKING INSTRUCTIONS FROM FROZEN

OVEN

- 1 Preheat Oven to 180°C
- 2 Remove Plastic film, place container in oven for 20-25 mins.
- 3 Heating Instructions are guidelines only

MICROWAVE

- 1 Pierce the bag evenly across the tray
- 2 Heat on high for 4.5 minutes then rest for 2 minutes, Continue cooking for a further 1 minute
- 3 Check meal is hot and cooked evenly or continue further cooking to desired temperature

STORAGE INSTRUCTIONS

Store frozen meals in freezer at -16 degrees celsius or below, once product is defrosted keep refrigerated at 5 degrees celsius or below and consume within 3 days.

INGREDIENTS

Beef Sausages (30%) Beef Sausages [Wagyu Beef (85%), Maize Cornflour, Mineral Salts (451, 450), Garlic, Herbs, Spices, Natural Hog Casing], Mashed Potatoes (30%) [Potatoes (90%), Unsalted Butter(5%) (Pasteurised Cream, Milk Fat 80%), Beef Gravy (25%) [Modified Starch (1422), Rice Flour, Flavour Enhancers (621,635), Tomato Celery, Soy Sauce, Spices, Food Acid (330)], Onion Jam (7.55)[Onions (76%), Sugar, Red wine Vineger, Olive Oil, Peas (7.5%)

Contains: Milk, Soy,

Maybe present in production kitchen: Peanuts, Mustard, Egg, Wheat (Gluten), Tree Nuts, Sesame Seeds, Fish Shellfish (Crustacea & Molluscs), Lupen.

NUTRITION INFO

SERVINGS PER PACKAGE: 1
SERVING SIZE: 400G

AVERAGE QUANTITY	PER SERVING	PER 100G
ENERGY	1939kj	485kj
CALORIES	462cals	115cals
PROTEIN	22g	6g
FAT, TOTAL	26g	7g
-SATURATED	11g	3g
CARBS	34g	9g
- SUGAR	2g	1g
SODIUM	570mg	143mg

See FRESHCHEF.NZ for gluten and allergy info.