

MADE BY REAL CHEFS

KEEP REFRIGERATED ONCE DEFROSTED  
PLEASE REMOVE STICKER BEFORE HEATING



# freshchef

Snap Frozen at the Peak of Freshness



## TRUFFLE MAC AND CHEESE

### GLAZED HAM, CREAMY CHEESE SAUCE, TRUFFLE OIL



Snap Frozen



Premium Quality

400g

### COOKING INSTRUCTIONS FROM FROZEN

#### OVEN

- 1 Preheat Oven to 180°C
- 2 Remove Plastic film, place container in oven for 20-25 mins.
- 3 Heating Instructions are guidelines only

#### MICROWAVE

- 1 Pierce the bag evenly across the tray
- 2 Heat on high for 4 minutes then rest for 2 minutes, Continue cooking for a further 1 minute
- 3 Check meal is hot and cooked evenly or continue further cooking to desired temperature

#### STORAGE INSTRUCTIONS

Store frozen meals in freezer at -16 degrees celsius or below, once product is defrosted keep refrigerated at 5 degrees celsius or below and consume within 3 days.

#### INGREDIENTS

Macaroni Pasta (60%), Flour, **Wheat** Flour, **Eggs**, Salt), Unsalted Butter (15%) (Pasteurised Cream, **Milk** Fat 80%), Cream (**Milk**), Ham (7%) [Pork (81%) Dextrose, Sugar, Thickeners (1412, 407a, 415), Starch (Potatoe, Tapioca), Mineral salts (451, 450, 452, 500), Antioxidant (316), Preservatives (250), Yeast Extract, **Soy** Chilli Sauce (10%)(Chilli Sauce (70%) [Sugar, Red Chilli (11%), Garlic (4%), **Fish** Extract, Cheddar Cheese (2%) Pasteurised **Milk**, Salt, Cultures, Anticaking Agent (460), Preservative (200), Truffle.  
**Contains: Milk, Soy, Wheat (Gluten), Fish**

Maybe present in production kitchen: **Peanuts, Tree Nuts, Eggs, Sesame Seeds, Fish Shellfish (Crustacea & Molluscs), Lupen.**

#### NUTRITION INFO

SERVINGS PER PACKAGE: 1  
SERVING SIZE: 400G

AVERAGE QUANTITY	PER SERVING	PER 100G
ENERGY	3759kj	1074kj
CALORIES	895cals	256cals
PROTEIN	36g	9g
FAT, TOTAL	43g	12g
-SATURATED	29g	8g
CARBS	92g	23g
- SUGAR	4g	1g
SODIUM	548mg	157mg

See FRESHCHEF.NZ for gluten and allergy info.