



FIT MENU WEEK TWO

[See Full Menu Schedule Here >](#)



Turkey Quinoa Bake

Zesty ground turkey, broccoli fleurettes, quinoa herbs and spices go into our famous Broccoli Turkey Bake.



Lemon Herb Chicken

House blend of herbs and spices creates our delicious Lemon Herb Chicken. Served with Quinoa



Spinach Artichoke Chicken

Roasted chicken breast and artichoke hearts topped with house made creamy spinach sauce. Served with Israeli couscous.



Asian Chicken Bowl

Shredded Asian style chicken, roasted broccoli and black sesame seeds served on top of a kale slaw and tender quinoa.



Yellow Chicken Curry

Authentic Thai yellow curry. Mixed with chicken breast, vegetables, and red skin potatoes.



Pork Tostada

Tender pulled pork, fresh Pico de Gallo, house made chipotle sauce, black and pinto beans served with two fresh corn tortillas.



BBQ Chicken

BBQ chicken breast served with tender Israeli couscous.



Shredded Beef & Broccoli

Shredded beef sirloin topped with roasted minced broccoli and cheddar cheese. Served with brown rice.



Honey Balsamic Beef Bowl

Beef sirloin marinated in a blend of honey and balsamic vinegar. Served with tender Israeli couscous



Pesto Chicken Pasta

Tender chicken breast seasoned with Italian herbs. Served with pesto brown rice spaghetti



Italian Chicken Bowl

Layers of Mediterranean quinoa and Italian style chicken, bruschetta, balsamic glaze and parmesan cheese.



Turkey Thai Meatballs

Ground turkey mixed with Thai chili sauce fresh herbs and spices. Served with brown rice.

Call Us Today To Have Us Cater Your Event!

CONTACT US