



# FIT MENU WEEK THREE

[See Full Menu Schedule Here >](#)



## Beef Stroganoff

Beef sirloin is served with brown rice penne, then topped with roasted mushrooms and our house made stroganoff sauce.



## Chicken Quesadilla

Louisiana style chicken, roasted peppers, black beans, and pepper jack cheese layered between whole wheat tortillas, then toasted to perfection. Served with and cilantro lime rice.



## Peppercorn Steak Bowl

Lightly seasoned beef sirloin topped with a tri-color peppercorn sauce. Served with tender Israeli couscous.



## Turkey Lasagna

Whole wheat lasagna noodles layered with Italian meat sauce, cottage cheese, and spinach. Served with mashed coconut yams.



## Creamy Mushroom Chicken

Tender chicken breast mixed with creamy mushroom sauce, sautéed mushrooms, and white rice.



## Cilantro Lime Chicken

Tender chicken breast grilled to perfection and coated with our house made cilantro lime pesto. Served with fiesta brown rice.



## Cajun Pork Pasta

Cajon style pulled pork served with brown rice penne and our signature Cajun sauce.



## Fiesta Chicken

Tender chicken breast rubbed with Mexican style spices and herbs. Served with Mexican brown rice.



## Caprese Chicken

Tender chicken breast marinated with basil pesto. Topped with tomatoes and fresh mozzarella cheese. Served with quinoa.



## Country Style Pork Ribs

Tender country style BBQ pork ribs, Smothered in House made BBQ Sauce . Served with brown rice.



## Parmesan Chicken

Salt and pepper chicken topped with marinara sauce and mozzarella cheese. Served with roasted garlic mashed potatoes.



## White Chicken Chili

Classic white chicken chili with peas, carrots, navy, and northwestern beans.

**Call Us Today To Have Us Cater Your Event!**

**CONTACT US**

