



FIT MENU WEEK ONE

[See Full Menu Schedule Here >](#)



Steak & Roasted Potatoes

Tender steak and roasted rosemary garlic potatoes topped with mozzarella cheese.



Turkey Enchilada

House blend of herbs and spices creates our delicious Lemon Herb Chicken. Served with Quinoa



Greek Chicken Bowl

Tender chicken breast baked with authentic Greek seasonings, topped with house made Greek salsa and feta cheese. Served with quinoa.



Harvest Couscous Chicken

A vibrant blend of sage chicken, Israeli couscous, and a ginger vinaigrette.



Aegean Chicken

Tender chicken breast baked with spinach, sundried tomatoes, and feta cheese. Served with lemon herb couscous.



Parmesan Dijon Chicken

Tender chicken breast grilled to perfection then coated with our house made honey Dijon sauce. Served with Israeli couscous.



Sweet Pulled Pork

Tender pulled pork drizzled with smokey barbecue sauce. Served with brown rice and a bean salsa.



Pork Quesadilla

Tender pulled pork, roasted pepper and onions, black beans, and pepper jack cheese pressed between toasted whole wheat tortillas.



Cheddar Broccoli Chicken

Shredded chicken breast topped with cheddar cheese and bacon bits. Served with quinoa.



Turkey Penne Pasta

Brown rice penne pasta topped with Italian style ground turkey and traditional tomato pasta sauce.



Asian Beef Bowl

Tender steak topped with authentic house made teriyaki sauce and sesame seeds. Served with Asian style brown.



3 Bean Turkey Chili

French cut green beans, roasted corn, pinto beans, black beans, kidney beans, slow cooked turkey, and a blend of 10 herbs and spices make up our signature Turkey Chili.

Call Us Today To Have Us Cater Your Event!

CONTACT US