



FIT MENU WEEK FOUR

[See Full Menu Schedule Here >](#)



Lemon Honey Chicken

Tender chicken breast strips grilled to perfection then glazed with house made honey lemon sauce. Served with white rice



Cheddar Steak with Chili's

Lightly seasoned Beef Sirloin topped with green chilis and cheddar cheese. Served with tender Israeli couscous



Chicken Penne Pasta Bake

Layers of brown rice penne pasta, chicken, and house made pasta sauce.



Garlic Beef with Asparagus

Beef sirloin lightly seasoned. Served with rice and Garlic Asparagus.



Southwest Chicken Bowl

Layers of southwest style chicken and brown rice. Finished off with our signature southwestern sauce and fresh



Spaghetti & Meat Balls

Brown rice spaghetti noodles topped with our house made pasta sauce and turkey meatballs.



Best Baked Chicken

Salt and Pepper chicken layered with cheddar cheese, green onion, and bacon bits.



Adobo Chicken

White chicken breast baked to perfection then topped with our house made Adobo sauce. Served with jicama salsa, and Spanish rice



Bahn Mi Pork

Slow cooked pulled pork marinated in our house made Bahn Mi Sauce. Served with cilantro lime brown rice, cabbage slaw, and a garlic yogurt sauce.



3 Bean Turkey Chili

French cut green beans, roasted corn, pinto beans, black beans, kidney beans, slow cooked turkey, and a blend of 10 herbs and spices make up our signature Turkey Chili.



Pork Quesadilla

Tender pulled pork, roasted pepper and onions, black beans, and pepper jack cheese pressed between toasted whole wheat tortillas.



Chicken Pasta Salad

Slow cooked shredded chicken breast served with Italian fusilli pasta, kale slaw

Call Us Today To Have Us Cater Your Event!

CONTACT US