

Aromatherapy

CATALOGUE 2023/4





Begin with Quality

Our founder, Penny Price, trained as an aromatherapist in 1983. Commitment to quality and integrity in aromatherapy products and training was her guiding principle, and we work closely with De Montfort University to retain our position at the leading edge of research and development in the field of aromatherapy. Our Hair and Body Care, Nurture Family and Skin Care ranges are accredited with the Vegan Society; our most important ingredients are certified natural by The Soil Association; and we're proud members of the Aromatherapy Trade Council - the trade association for specialist aromatherapy essential oils.



Aromatherapy

Aromatherapy is the controlled use of essential oils to help bring balance to the mind, body and spirit. The word 'aroma' means a fragrance or a sweet smell, and 'therapy' means a treatment to cure. Our word 'cure' comes from the Latin *curare*, which simply means 'to care for'.

Essential oils are natural essences, steam distilled or expressed from aromatic plants. Research shows that the range of activity of oils is vast, from physical therapeutic actions to spiritual and emotional effects. The efficacy of essential oils is achieved either through the respiratory system, such as in the use of a vapouriser, or via the skin in massage treatment, compress or bath.





Essential Oils and Absolutes

We take great pride in our essential oils. They are always sourced with care from conscientious and ethically driven suppliers, many of whom work closely with us to ensure that our exacting standards are attained. Wherever possible we select oils derived from organically farmed plants.





Carrier Oils and Macerations

We have an extensive range of high quality carrier oils sourced from a global network of selected producers, and many are produced from organically grown plants. Carrier oils have desirable therapeutic qualities and, in some treatments, as much attention should be given to the choice of carrier as that paid to the essential oils which will be added to it.





Hydrolats (Aromatic Waters)

Derived from the steam distillation of plant material in the production of essential oils, these aromatic waters are gentle in effect, containing only the most water-soluble constituents from the plant, together with microscopic drops of essential oil. They can be combined easily into synergistic, health-promoting blends. Generally with very few contra-indications, hydrolats can be used safely alongside homeopathic remedies, and can prove invaluable where stronger treatments may not be suitable.





Bases, Solids and Waxes

As well as a neutral white lotion for your blending base, we offer a wide choice of therapeutic creams, lotions, gels, scrubs, butters and waxes, perfect when creating your own aromatherapy products.



Nurture Ranges

The 'go to' aromatherapy products where there is a desire to promote the well-being of mind, body and spirit at home or out and about.

Pure Essential Oil Blends

Carefully selected essential oils are expertly combined to create aromatic blends for your bath, vapouriser and massage routine.

Massage Oils & Lotions

Several of our Pure Essential Oil Blends come pre-mixed in silky carrier oil or white lotion, ready for a massage right out of the bottle.

	Essential Oil	Massage Oil	Massage Lotion
Antimicrobial	●		
Breathing	●	●	●
Circulation	●		●
Clarity	●	●	●
Courage	●		
Journeys	●		
Joy	●		
Love	●		
Meditation	●		
Men	●		
Mobility	●	●	●
Nose and Throat	●		
Peace	●	●	
Protectus	●		
Purification	●		
Rest	●		●
Spirituality	●		
Vitality	●	●	
Weight	●		●
Women	●		●





Nurture Family

These blended oils, creams and lotions are specially formulated to help mum through the most trying times of pre- and post-pregnancy. The baby care products will soothe, protect and enrich your baby's skin and help with emotional balance. There's also something to help dad de-stress! Made with rich moisture creams, hydrating butters and essential oils our Nurture Family products contain NO microbeads, silicones, petrol derivatives, parabens, FD&C colours, artificial fragrances, propylene glycol, or animal products.



Hair and Body Care

A luxurious collection boasting an array of truly refreshing aromas, our shower gels, shampoos, conditioners, body creams, lotions and skin washes will delight and uplift the senses with their aromatic caress and silky texture.



With an eco-friendly pump and available in a re-fill bottle.

Soothing Body Lotion with lavender, sandalwood and peppermint essential oils to hydrate the skin and improve texture. Suitable for all skin types, including delicate, allergy-prone skin.

Hand Lotion with patchouli, lavender and sandalwood oils to give hands and body a youthful bloom and keep them feeling soft and supple.

Tea Tree Skin Wash and **Geranium & Lavender Skin Wash** can be used on the hands, face and body, and will keep skin healthy and clean. Anti-bacterial. There is also an **Antimicrobial Hand Cream** and **Antimicrobial Skin Wash** available.



Frankincense and Orange Shampoo, Conditioner and Hair Mask. Designed for an oily scalp. Leaves hair soft and zesty.

Rose & Lavender Shampoo, Conditioner and Hair Mask for normal/dry hair. Leaves hair silky and nourished.

Wake Up & Energize Shower Gel, Body Scrub and Body Moisturiser to invigorate, and focus your mind ready for the day.

Wind Down & Relax Shower Gel, Body Scrub, Bath Soak and Body Moisturiser to prepare you for a good night's sleep.





Luxury Facial Oils

Sweet, earthy and deeply floral aromas create the perfect backdrop of fragrances for a truly sensuous and satisfying experience. Invoking the exotic ambience of the Indian Ocean and Africa, these wonderful, pampering blends include jasmine and orange flower essences subtly infused into our finest, smooth carrier oils.

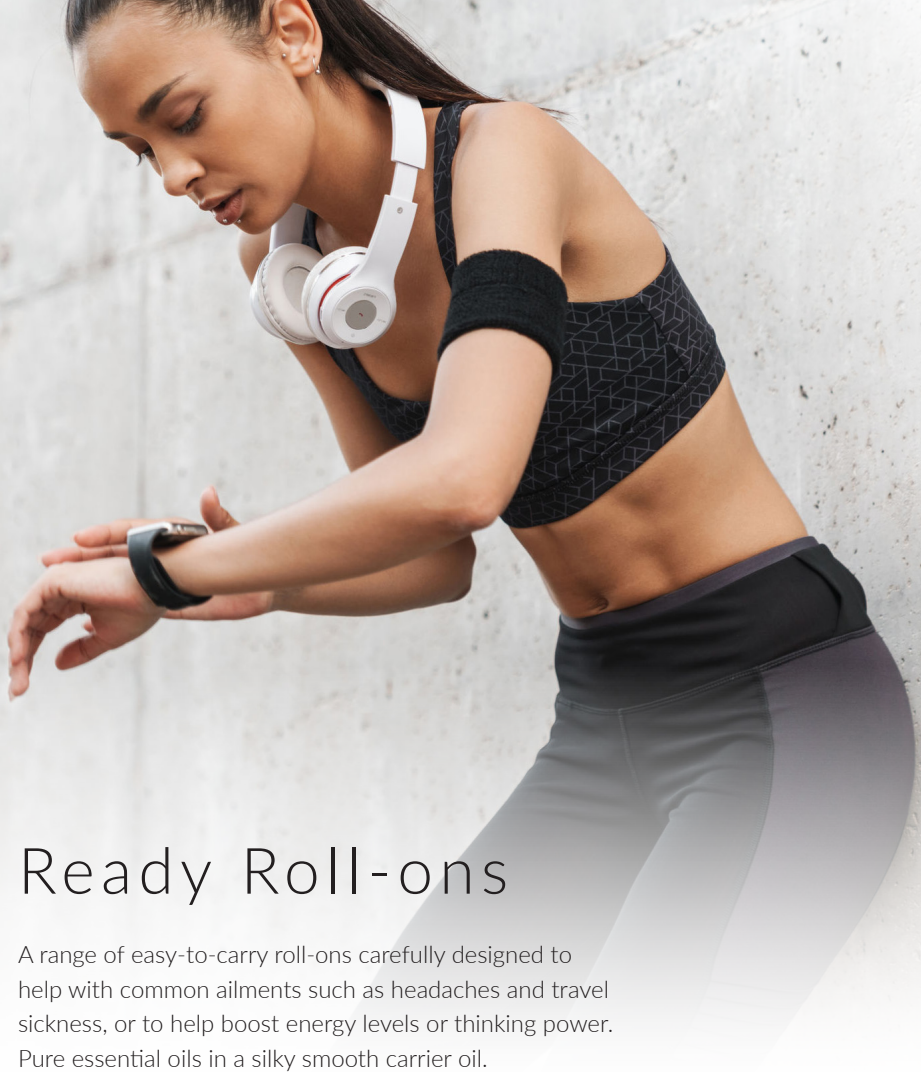
- Jasmine
- Linden Blossom
- Melissa
- Neroli
- Rose



Reflexology Range

A selection of prepared creams and lotions ready for use in reflexology application, created using a wealth of expertise and experience in the field.





Ready Roll-ons

A range of easy-to-carry roll-ons carefully designed to help with common ailments such as headaches and travel sickness, or to help boost energy levels or thinking power. Pure essential oils in a silky smooth carrier oil.





Expertly formulated skin care using generations of experience, Illuminous is kind and gentle to all skin types, including the most sensitive and delicate. Please call us for free skin care guidance.

Illuminous

DAYTIME SKIN CARE:

Morning Fresh Pure Cleanse

Lifts impurities and protects your skin

Refresh and Revive Toner

Hydrates and soothes your skin

Bright and Radiant Moisture Milk

Evens skin tone and moisturises

Tighten and Tone Firming Mask

Tones and firms for youthful skin

Picture Perfect Primer

A perfect, smooth base for make-up

Radiance Boost Rose Facial Oil

Anti-oxidant and protective

Daytime Plump Neroli Facial Oil

Plumps and hydrates your skin all day

Super Hydrating Day Cream

Anti-ageing, and gives a radiant glow

Super Soothing Moisture Cream

Glides on, soothes and calms the skin

Perfect Harmony Moisture Cream

Gives your skin a natural, balanced look

NIGHTTIME SKIN CARE:

Deep Moisture Replenishing Mask

Helps to soften signs of ageing

Night to Light Intense Repair Serum

Repairs your skin while you sleep

Nighttime Recovery Jasmine Facial Oil

Nourishes skin while you're sleeping

Perfectly Smooth Eye Serum

Reduces dark circles and puffiness

Night Perfection Pure Cleanse

Leaves your skin clean, soft and healthy

Night to Light Renewal Night Cream

With vitamin E to rejuvenate your skin





BLACK SPRUCE

for Men

A range of masculine, subtly fragranced toiletries designed to help men look after the appearance and health of their hair, face and body.



Blends for Well-Being



A practical, holistic range of pure essential oil synergies, blended into carefully chosen carriers, enabling you to care for your whole family and promote a feeling of well-being. This useful range includes blended creams to help with ailments such as headaches, joints, scar tissue and respiratory complaints.

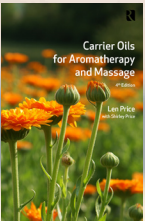


Tools for Therapists

Everything the practising or aspiring therapist may need for their essential tool kit, from spatulas, measuring cups and bottles, to sponges, couch covers and cotton wool pads.

Books

We have a great selection of best-selling aromatherapy and holistic health titles, including those by celebrated aromatherapists Shirley Price and Len Price.





Penny Price
Academy of Aromatherapy

Aromatherapy Courses

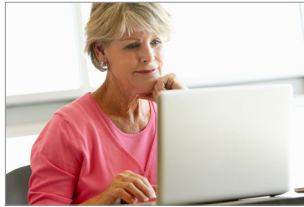
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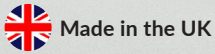
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