



1. Identification of the substances/ mixture and of the company/undertaking.			
1.1 Product identifier: Nurture Meditation Essential Oil Blend			
Substance name: Nurture	Meditation Essential Oil Blend		
EC NO: -	CAS NO: -	UFI:	
Index No:	Reach Registration No:-		
1.2 Relevant identified uses of the substance or mixture and uses advised against			
Identified uses:			
Uses advised against:			
1.3 Details of the supplier of the safety data sheet			
Company	Penny Price Aromatherapy Ltd		
	Unit D3 Radius Court		
	Maple Drive		
	Hinckley		
	Leicestershire LE10 3BE		
Email	info@penny-price.com		
1.4 Emergency Telephone	00 44 (0) 1455 251020 opening hours	Mon – Thurs 9am – 5pm, Fri 9am –	
Number	2pm. Or call NHS 111 or NHS 999		

2. Hazards Identification		
2.1 Classification of the substance or mixture		
Classified according to	Physical and	Flam. Liq. 3 - H226
Regulation (EC) 1272/2008	Chemical Hazards	
(CLP) as amended	Human Health	Acute Tox. 4 – H302
	Environment	Aquatic Tox.2 - H314

2.2 Label Element Labelling according to Regulation (EC) No.1272/2008:









Signal Word. Warning, Flammable, Hazardous to the Environment, Harmful

Hazard statements.	
H242	Heating may cause a fire
H301	Toxic if swallowed
H318	Causes serious eye damage
H226	Flammable liquid and vapour
H302	Harmful if swallowed
H304	May be fatal if swallowed and enters airways
H315	Causes skin irritation
H317	May cause an allergic skin reaction
H319	Causes serious eye irritation
H335	May cause respiratory irritation
H332	Harmful if inhaled





H413	May cause long lasting harmful effects to aquatic life
H334	May cause allergy or asthma symptoms or breathing difficulties if inhaled.
Precautionary statements.	·
P102	Keep out of reach of children
P210	Keep away from heat, hot surfaces, sparks, open flames, and other ignition sources. No smoking
P211	Do not spray on an open flame or other ignition sources
P270	Do not eat, drink or smoke when using this product
P403	Store in a well-ventilated place
P410	Protect from sunlight
P301 + P312	IF SWALLOWED: Call a POISON CENTRE / doctor if you feel unwell
P305 + P351 + P338	IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing.
P410 + P403	Protect from sunlight. Store in a well-ventilated place.
2.3 Other hazards –	

3. Composition/ Information on Ingredients: 3.2 Substances - Mixtures							
CAS No	EC No	Index No.	REACH Registration No.	% (Weight)	Substance name	Classified according to Regulation (EC) No 1272/208 (CLP)	SCL, M- Factor,
-0008	289-			>25≤50	Lavandula Angustifolia		
28-0	995-2				(Lavender) Oil		
-0008	283-			>25≤50	Rosmarinus Officinalis		
25-7	291-9				(Rosemary) Leaf Oil		
84775-	283-			>10≤25	Ocimum basilicum (Basil)		
71-3	900-8 (I)				Flower/Leaf Extract		
89957-	289-			>10≤25	Boswellia Carterii Resin		
98-2	620-2 (I)				Extract		

4. First Aid Measures	
4.1 General	Consider the precautionary statements.
Inhalation	Remove from exposure site to fresh air. Keep at rest.
	Obtain medical attention.





Eye contact	Rinse immediately with plenty of cold water for at least 5
	minutes. Contact a doctor is symptoms persist.
Skin contact	Remove contaminated clothes. Wash thoroughly soap
	and water, flush with plenty of water. If irritation persists
	seek medical attention.
Ingestion	Rinse mouth out with soap and water. Seek medical
	advice at once. Do NOT induce vomiting unless directed
	to do so by medical personnel.
4.2 Most important symptoms and effects, both	acute and delayed:
4.3 Indication of any immediate medical attentio	n and special treatment need
5. Firefighting Media	
5.1 Extinguishing Media:	
Suitable extinguishing media:	Use CO2 dry powder or foam type of extinguishers,
	spraying extinguishing media to base of flames.
Unsuitable extinguishing media:	
	Do not use direct water jet on burning material.
5.2 Special hazards arising from the substances of	or mixture
Hazardous combustion products:	
Advice for firefighters	Avoid vapour inhalation. Keep away from sources of
	ignition. Do not smoke. Wear positive pressure self-
	contained breathing apparatus and protective clothing.
Extinguishing procedures	Closed containers may build up pressure when exposed
	when exposed to heat and should be cooled with water
	spray.
CA.: In the land of the land o	
6 Accidental release measures	
6.1 Personal precautions, protective equipment,	and emergency procedures
6.1.1 For non-emergency personnel	
Protective equipment:	Avoid inhalation and direct contact with skin and eyes.
	Use individual protective equipment (safety glasses,
	waterproof boots, suitable protective clothing) in case of
	major spillages.
Emergency procedures:	





6.1.2 For Emergency responders	
6.2 Environmental precautions	Keep away from drains, soils, surface, and ground waters.
6.3 Methods for cleaning up – 6.3.1 For containment:	Remove all potential ignition sources. Contain spilled material.
6.3.1 For cleaning up:	Cover with an inert or non-combustible inorganic material or sweep up and remove to an approved disposal container.
6.3.3. Other information:	Observe state federal and local disposal regulations.
6.4 Reference to other sections	

7 Handling and stayons	
7. Handling and storage 7.1 Precautions for safe handling	
Protective measures:	
Measures to prevent fire:	Keep away from ignition courses and naked flames. Take precautions to avoid static discharge in working areas.
Measures to prevent aerosol and dust generation:	Apply good manufacturing practice and industrial hygiene practices, ensuring proper ventilation. Observe good personal hygiene and do not eat, drink, or smoke whilst handling. Avoid static discharge
Measures to protect the environment:	Keep away from drains, soils, surface and ground water
Advice on general occupational hygiene:	Store in tightly closed original container, in a cool, dry, and ventilated area away from heat sources and protected from light. Keep air contact to a minimum.
7.2 Conditions for safe storage, including any inc	compatibilities
Technical measures and storage conditions:	Apply good manufacturing practice and industrial hygiene practices, ensuring proper ventilation. Observe good personal hygiene and do not eat, drink or smoke whilst handling. Avoid static discharge
Packaging Materials:	Glass Lacquer lined steel/tin Aluminium F/HDPE
Requirements for storage and vessels:	Store only in unopened original receptacles. Keep receptacle tightly sealed, under dry conditions and away from light.
Storage Class: Further information on storage containers:	



9.2 Other information



7.3 Specific end use(s).	
Recommendations:	
Industrial sector specific solutions:	
8. Exposure controls/Personal protection	
8.1 Control parameters	
8.2 Exposure controls	
8.2.2 Personal Protection equipment	
(a) Eye / face protection	Use Safety Glasses
(b) Skin Protection	Avoid all skin contact
Hand protection	Use chemically resistant gloves
Other skin protection	Wash hands with soap and water after handling
(c) Respiratory protection	Avoid breathing product vapour.
Ventilation	Ensure good ventilation of working area
(d) Thermal hazards	-
8.2.3 Environmental exposure controls	
9. Physical and chemical properties- C of A	
9.1 Information on basic physical and chemical p	roperties
Colour	Yellow
Appearance	Oily Liquid
Odour	Woody/ Floral/ Herbal
Flash point ⁰ C	-
рН	-
Specific gravity d ₂₀ ²⁰	0.88-0.95
Optical rotation @ 20°C	-
Refractive index @ 20° C	1.45-1.55
Solubility in 75% ethanol @ 20°C	Yes
Solubility in vegetable oils	Yes
Solubility in water	No
Typical analysis of major components	-
Lethal Dose 70kg Adult (ml)	-

10. Stability and reactivity	
10.1 Reactivity	It presents no significant reactivity hazards, by itself or in contact with strong acids, alkalis, or oxidising agents.
10.2 Chemical Stability	-
10.3 Possibility of hazardous reactions:	-
10.4 Conditions to avoid:	-
10.5 Incompatible Materials:	-





10.6 Hazardous Decomposition Products	Liable to cause smoke and acrid fumes during
	combustion: carbon monoxide, carbon dioxide and other
	non-identified organic compounds may be formed.

11. Toxicological information		
11.1 Information on hazard classes as defined in Regulation (EC) No 1272 /2008		
Acute toxicity:	Data Not Available	
Skin corrosion /irritation:	_	
Seriously eye damage/irritation:	_	
Respiratory or skin sensitisation:	_	
Germ cell mutagenicity:	_	
Carcinogenicity:	<u>=</u>	
Reproductive toxicity:	_	
Summary of evaluation of the CMR properties:	<u>=</u>	
STOT- single exposure,	_	
STOT-repeated exposure:	_	
Aspiration hazard:	<u>-</u>	

12. Ecological information		
12.1 Toxicity	N/A	
12.2 Persistency degradability	Data not available.	
12.3 Bio accumulative potential	Prevent surface contamination of soil, ground, and surface water.	
12.4 Mobility in soil	-	
12.5 Results of PBT and vPvB Assessment	-	
12.6 Endocrine disrupting properties	-	
12.7 Other adverse effects	-	

13. Disposal considerations	
13.1 Waste treatment methods	
13.1.1. Product /Packaging disposal:	Waste codes/ waste designations to List of Waste codes.
13.1.2 Waste treatment-relevant information:	In accordance with local, regional, national, international regulations.
13.1.3 Sewage disposal-relevant information:	Do not dispose into a drainage system and into the environment. Seek expert advice.
13.1.4 Other disposal-relevant recommendations:	

14. Transport information	
14.1 UN Number or ID number	
14.2 UN proper Shipping name	
14.3 Transport hazard class(es)	
14.4 Packing group	
14.5 Environmental hazards	Hazardous to the environment, toxic to aquatic life.
14.6 Special precautions for user	





14.7 Maritime transport in bulk according to IMO	
instruments	

15 Regulatory information		
15.1 Safety, health, and environmental regulations / legislation specific for the substance or mixture		
I.e., EU Directives	Directive 2012/18/EU	
15.2 Chemical Safety Assessment		

16. Other information

(i) Revised Safety Data Sheet Format: From March 2019. – Section 2 and 3 have changed places, additional points added under each section in line with Regulation EC) No 1272/2008 Version 4.2 March 2021'.

(ii) Abbreviation and Acronyms:

DNEL: Derived No-Effect Level.

PNEC: Predicted No- Effect Concentration.

ADR: European agreement concerning the international carriage of dangerous goods by road.

RID: Regulations concerning the International carriage of Dangerous goods by rail.

IATA-DGR: Dangerous Goods Regulations by the "International Air Transport Association" (LATA)

ICAO: International Civil Aviation Organisation

ICAO-TI: Technical Instructions by the 'International Civil Aviation Organisation" (ICAO)

IMDG: International Maritime Code for Dangerous Goods

IATA: International Air Transport Association **ICAO:** International Maritime Dangerous Goods.

GHS: Globally Harmonised System of Classification and Labelling of Chemicals **EINECS:** European Inventory of Existing Commercial Chemical Substances

ELINCS: European List of Notified Chemical Substances

CAS: Chemical Abstracts Service (division of the American Chemical Society)

WGK: Water Hazard Class.

LC50: Lethal concentration, 50 percent

LD50: Lethal Dose, 50 percent

PBT: Persistent, Bio accumulative and Toxic **vPvB:** Very Persistent and very Bio accumulative

Flam. Liq: Flammable Liquid

AT: Acute Toxicity – O = Oral / D = Dermal / I = Inhalation

Asp: Aspiration Hazard

Skin Corr/ Irrit: Skin Corrosion / Irritation

Skin Sens: Skin Sensation

Eye Dam/ Irrit: Eye damage / Irritation

Muta: Mutagenic **Carc:** Carcinogenic

Resp: Respiration Sensitive **Repro**: Reproductive Sensitive

EH A: Environmental Hazard Aquatic Acute **EH C**: Environmental Hazard Aquatic Chronic





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(iii)	Key Literature references and sources of data:	
(iv)	Classification and procedure used to de Regulation (EC) 1272/2008 (CLP):	erive the classification for mixtures according to
Classifica 1272/200	tion according to Regulation (EC) Nr.	Classification procedure
(v)	Relevant H- Statements (number and full text)	
(vi)	Training advice:	
(vii)	Further information:	
Shelf life		Minimum 12 months when stored in the advised conditions.
QC requir	ements	
In line with months.	h general product specification. Always sa	tisfy suitability for specific application. Retest after 6
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Disclaimer:

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