

Essential Oils

Origin and Latin name

ESSENTIAL OILS	PART OF PLANT	LATIN NAME	PLANT FAMILY	ORIGIN
Angelica	Seed	<i>Angelica archangelica</i>	Apiaceae	Europe
Aniseed	Seed	<i>Pimpinella anisum</i>	Apiaceae	China/Vietnam
Anise Star	Fruit	<i>Illicium verum</i>	Illiciaceae	China
Amyris	Tree/wood	<i>Amyris balsamifera</i>	Rutaceae	Haiti
Basil	Leaf	<i>Ocimum basilicum</i>	Lamiaceae	Egypt
Bay	Leaf	<i>Pimenta racemose</i>	Lauraceae	Dominica
Bergamot	Fruit	<i>Citrus bergamia</i>	Rutaceae	Italy
Bergamot FCF	Peel	<i>Citrus bergamia</i>	Rutaceae	Italy
Bergamot Mint	Leaf	<i>Mentha citrata</i>	Lamiaceae	India
Birch Sweet	Bark	<i>Betula Lenta</i>	Betulaceae	Russia
Black Pepper	Berry	<i>Piper nigrum</i>	Piperaceae	India
Black Spruce	Needles	<i>Picea mariana</i>	Pinaceae	Canada
Buddha Wood	Wood	<i>Eremophila mitchellii</i>	Myoporaceae	Australia
Cajuput	Leaf	<i>Melaleuca leucadendron</i>	Myrtaceae	Indonesia
Camphor White	Wood	<i>Cinnamomum camphora</i>	Lauraceae	China
Canadian Balsam	Bark/ Resin	<i>Abies balsamea</i>	Pinaceae	Canada
Caraway	Seed	<i>Carum carvi</i>	Apiaceae	Holland
Cardamom	Fruit/Seed	<i>Elettaria cardamomum</i>	Zingiberaceae	Guatemala
Carrot Seed	Seed	<i>Daucus Carota</i>	Apiaceae	France
Catnip	Leaf	<i>Nepeta cataria</i>	Lamiaceae	France
CBD Oil	Flowers/ Leaves	<i>Cannabis Sativa</i>	Cannabaceae	Netherlands
Cedarwood Atlas	Wood	<i>Cedrus atlantica</i>	Coniferae	Morocco
Cedarwood Virginia	Wood	<i>Juniperus virginiana</i>	Cupressaceae	USA
Celery	Seed	<i>Apium graveolens</i>	Apiaceae	France
Chamomile German	Flower	<i>Chamomilla recutita</i>	Asteraceae	Hungary
Chamomile Moroccan	Flower	<i>Ormenis mixta</i>	Asteraceae	Morocco
Chamomile Roman	Flower	<i>Chamaemelum nobile</i>	Asteraceae	England
Cistus	Leaf	<i>Cistus Ladaniferus</i>	Cistaceae	Spain
Cinnamon	Leaf/bark	<i>Cinnamomum zeylanicum</i>	Lauraceae	Sri Lanka
Citronella	Grass	<i>Cymbopogon nardus</i>	Poaceae	Sri Lanka
Clary Sage	Flower top	<i>Salvia sclarea</i>	Lamiaceae	France
Clove	Bud/ Leaf	<i>Syzygium aromaticum</i>	Myrtaceae	Madagascar
Copaiba Balsam	Tree Trunk	<i>Copaifera officinalis</i>	Fabaceae	Brazil
Coriander	Seed	<i>Coriandrum sativum</i>	Apiaceae	France
Cornmint	Flowering Herb	<i>Mentha arvensis</i>	Apiaceae	India/China
Cumin	Seed	<i>Cuminum cyminum</i>	Apiaceae	Egypt
Cypress	Twig/needle/cone	<i>Cupressus sempervirens</i>	Coniferae	France
Dill	Leaf/seed	<i>Anethum graveolens</i>	Apiaceae	France
Elemi	Gum	<i>Canarium luzonicum</i>	Burseraceae	France/ Philippines



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Eucalyptus citriodora	Leaf	<i>Eucalyptus citriodora</i>	Myrtaceae	China
Eucalyptus dives	Leaf	<i>Eucalyptus dives</i>	Myrtaceae	Australia
Eucalyptus globulus	Leaf	<i>Eucalyptus globulus</i>	Myrtaceae	Portugal
Eucalyptus radiata	Leaf	<i>Eucalyptus radiata</i>	Myrtaceae	Australia
Eucalyptus smithii	Leaf	<i>Eucalyptus smithii</i>	Myrtaceae	Australia
Eucalyptus staigeriana	Leaf	<i>Eucalyptus staigeriana</i>	Myrtaceae	Australia
Fennel	Seed	<i>Foeniculum vulgare</i>	Apiaceae	Italy/France
Frankincense	Gum	<i>Boswellia carteri</i>	Burseraceae	France
Galbanum	Gum	<i>Feria galbaniflua</i>	Apiaceae	Iran
Geranium	Leaf	<i>Pelargonium graveolens</i>	Geraniaceae	Egypt
Geranium Bourbon	Leaf	<i>Pelargonium graveolens</i>	Geraniaceae	Madagascar
Ginger	Root	<i>Zingiber officinale</i>	Zingiberaceae	India
Grapefruit	Peel	<i>Citrus paradisi</i>	Rutaceae	West Indies
Guaiac	Wood	<i>Bulnesia sarmientoi</i>	Zygophyllaceae	Paraguay
Helichrysum	Flower	<i>Helichrysum angustifolium</i>	Asteraceae	East Europe
Helichrysum	Flower	<i>Helichrysum bracteatum</i>	Asteraceae	France
Ho	Leaf/Wood	<i>Cinnamomum camphora</i>	Lauraceae	China
Hyssop	Leaf	<i>Hyssopus officinalis</i>	Lamiaceae	France
Juniper	Wood/ Needle	<i>Juniperus communis</i>	Coniferae	Nepal
Juniper	Berry	<i>Juniperus communis</i>	Coniferae	Macedonia
Kanuka	Leaf	<i>Kunzea ericoides</i>	Myrtaceae	New Zealand
Lantana	Blossom	<i>Lantana camara</i>	Verbenaceae	Madagascar
Laural	Leaf	<i>Laurus nobilis</i>	Laurenceae	Slovenia
Lavandin Abrial	Flower/leaf	<i>Lavandula x intermedia</i>	Lamiaceae	France
Lavandin Super	Flower/leaf	<i>Lavandula x intermedia</i>	Lamiaceae	France
Lavender Croatian	Flower	<i>Lavandula angustifolia</i>	Lamiaceae	Croatia
Lavender English	Flower	<i>Lavandula angustifolia</i>	Lamiaceae	UK
Lavender High Altitude	Flower	<i>Lavandula angustifolia</i>	Lamiaceae	France
Lavender Sage	Flower	<i>Lavandula angustifolia</i>	Lamiaceae	Spain
Lavender Spike	Flower	<i>L.Spica</i>	Lamiaceae	Spain
Lavender True	Flower	<i>Lavandula angustifolia</i>	Lamiaceae	France
Lemon	Fruit	<i>Citrus limon</i>	Rutaceae	Sicily
Lemon Myrtle	Leaf	<i>Backhousia citriodora</i>	Myrtaceae	Australia
Lemon Verbena	Grass	<i>Lippia citriodora</i>	Verbenaceae	Italy/Spain



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Lemongrass	Grass	<i>Cymbopogon citratus</i>	Poaceae	India
Lime	Peel	<i>Citrus aurantifolia</i>	Rutaceae	Mexico
Litsea	Fruit	<i>Litsea cubeba</i>	Lauraceae	China
Mandarin Red	Fruit	<i>Citrus reticulata</i>	Rutaceae	Sicily/Spain
Mandarin Green	Unripened Fruit	<i>Citrus reticulata</i>	Rutaceae	Italy
Manuka	Leaf/Twig/Branch	<i>Leptospermum scorparium</i>	Myrtaceae	New Zealand
Marjoram (sweet)	Leaf	<i>Origanum majorana</i>	Lamiaceae	France
Marjoram (Spanish)	Leaf	<i>Thymus mastichina</i>	Lamiaceae	Spain
Melissa	Leaf	<i>Melissa officinalis</i>	Lamiaceae	France
Myrrh	Gum	<i>Commiphora myrrha</i>	Burseraceae	Saudi Arabia/Africa
Myrtle	Leaf/Flower/Twig	<i>Myrtus communis</i>	Myrtaceae	Tunisia
Neroli	Flower	<i>Citrus aurantium amara</i>	Rutaceae	Morocco/Tunisia
Niaouli	Leaf	<i>Melaleuca viridiflora</i>	Myrtaceae	New Caledonia
Nutmeg	Seed	<i>Myristica fragrans</i>	Myristicaceae	Sri Lanka
Orange (bitter)	Fruit/peel	<i>Citrus aurantium amara</i>	Rutaceae	Italy
Orange (sweet)	Fruit/peel	<i>Citrus aurantium sinensis</i>	Rutaceae	Italy
Origanum	Fower Top	<i>Origanum compactum</i>	Lamiaceae	France
Palmarosa	Herb	<i>Cymbopogon martinii</i>	Poaceae	India
Parsley	Seed	<i>Petroselinium sativum</i>	Apiaceae	France
Patchouli	Leaf	<i>Pogostemon patchouli</i>	Lamiaceae	Indonesia
Peppermint	Leaf	<i>Mentha x piperita</i>	Lamiaceae	USA
Peru Balsam	Balsam	<i>Myroxylon balsamum</i>	Leguminaceae	El Savador
Petitgrain	Leaf	<i>Citrus aurantium amara</i>	Rutaceae	Paraguay
Pimento	Berry	<i>Pimenta officinalis</i>	Myrtaceae	Jamaica
Pine needle	Needle	<i>Pinus sylvestris</i>	Pinaceae	Austria
Plai	Root	<i>Zingiber montanum</i>	Zingiberaceae	Thailand
Ravensara	Leaf	<i>Ravensara aromatica</i>	Lauraceae	Madagascar/France
Rosemary Cineole	Leaf	<i>Rosmarinus officinalis ct cineole</i>	Lamiaceae	Tunisia
Rosemary Camphor	Leaf/Flower/Twig	<i>Rosmarinus officinalis ct camphor</i>	Lamiaceae	Spain
Rose Otto	Flower	<i>Rosa centifolia</i>	Rosaceae	Bulgaria
Rosewood	Wood	<i>Aniba rosaeodora</i>	Lauraceae	India
Sage	Leaf	<i>Salvia officinalis</i>	Lamiaceae	France
Sandalwood	Wood	<i>Santalum album</i>	Santalaceae	India
Savory	Leaf	<i>Satureia montana</i>	Lamiaceae	France



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Silver Fir	Needle	<i>Abies alba</i>	Pinaceae	East Europe
Spearmint	Whole Plant	<i>Mentha spicata</i>	Labiatae	USA
Spikenard	Root	<i>Nardostachys jatamansi</i>	Valerianaceae	France
Tagetes	Flower	<i>Tagetes minuta</i>	Asteraceae	South Africa
Tangerine	Peel	<i>Citrus reticulata blanco</i>	Rutaceae	Brazil
Tansey	Flower	<i>Tanacetum vulgare</i>	Asteraceae	Morocco
Tarragon	Leaves/ Stems	<i>Artemisia dracunculosis</i>	Asteraceae	Morocco
Tea tree	Leaf	<i>Melaleuca alternifolia</i>	Myrtaceae	Australia
Thyme Red	Leaf	<i>Thymus vulgaris</i>	Lamiaceae	France
Thyme Sweet	Leaf	<i>Thymus vulgaris</i>	Lamiaceae	France
Thyme Wild	Flower/leaf	<i>Thymus serpyllum</i>	Lamiaceae	Spain
Turmeric	Rhizomes	<i>Curcuma longa</i>	Zingiberaceae	India
Valerian	Root	<i>Valeriana officinalis</i>	Caprifoliaceae	China
Vetiver	Root	<i>Vetiveria zizanoides</i>	Poaceae	Java
Yarrow	Flower/leaf	<i>Achillea millefolium</i>	Asteraceae	France
Ylang Ylang	Flower	<i>Cananga odorata</i>	Anonaceae	Comores/France

ABSOLUTES	PART OF PLANT	LATIN NAME	PLANT FAMILY	ORIGIN
Hyacinth	Flower	<i>Hyacinthus orientalis</i>	Asparagaceae	France
Jasmine	Flower	<i>Jasminum grandiflorum</i>	Oleaceae	India
Linden Blossom	Blossom	<i>Tilia Americana</i>	Tiliaceae	France
Mimosa	Flower	<i>Acacia dealbata</i>	Fabaceae	India
Rose	Flower	<i>Rosa centifolia, R. damascena</i>	Rosaceae	Turkey
Tuberose	Flower	<i>Polianthes tuberosa</i>	Asparagaceae	India
Vanilla	Pod	<i>Vanilla planifolia</i>	Orchidaceae	France
Violet	Leaf	<i>Viola odorata</i>	Violaceae	Egypt

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Benzoin	Gum	<i>Styrax benzoin</i>	Styracaceae	Sumatra

Frankincense and myrrh are also obtainable as resins, but the essential oils are best for aromatherapists.

