

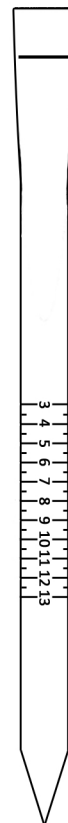
## The Official International Ring Size Conversion Chart

Use an existing ring of your own and place it on any of the circles below. Ensure that the inner part of your ring lines up with the appropriate circle. The information written inside that circle will then be your ring size.

**Important:** Please ensure that you are printing this page at 100% (Actual Size). Do not select Shrink to fit on page or "Fit to printable area"

14.05mm Size 3 F	14.45mm Size 3.5 G1/4	14.86mm Size 4 H1/2	15.27mm Size 4.5 I 1/2	15.70mm Size 5 J1/2
16.10mm Size 5.5 L	16.51mm Size 6 M	16.92mm Size 6.5 N	17.35mm Size 7 O	17.75mm Size 7.5 P
18.19mm Size 8 Q	18.53mm Size 8.5 Q3/4	18.89mm Size 9 R3/4	19.41mm Size 9.5 S3/4	19.84mm Size 10 T1/2
20.20mm Size 10.5 U1/2	20.68mm Size 11 V1/2	21.08mm Size 11.5 W3/4	21.49mm Size 12 Y	21.89mm Size 12.5 Z
22.33mm Size 13 Z+1	22.60mm Size 13.5 Z+1.5			

 Cut Out



 Slit

### Ring Sizing Tool

Try this finger sizing tool to help determine your ring size. Cut a slit along the top line and wrap it around the largest part of your finger pushing the pointed end through the slit.