

Teaching Guide-Grade I

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Special thanks to Krystal Ann Wallick, a teacher and mental health counselor, for creating this teaching guide.

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TABLE OF CONTENTS

READING

READ ALOUD DISCUSSION	5
PHONOLOGICAL AWARENESS DISCUSSION	7
WORD RECOGNITION - SIGHT WORDS	q
STORY STRUCTURE	10
WRITING	
OPINION WRITING	14
INFORMATIONAL WRITING	16
RESEARCH WRITING	18
SELF CONNECTION	19
WRITTEN COMPREHENSION	37
LANGUAGE	
VOCABULARY CARDS	41
VOCABULARY SORT	72
DEFINITION HUNT	74
SYNONYMS AND ANTONYMS	76
PARTS OF SPEECH	77
CONVENTIONS OF LANGUAGE	85

CONVENTIONS OF LANGUAGE

READING



Read Aloud Discussion

Before the Story

- I. What does the cover tell you about the book?
- 2. What do you think this book is about?
- 3. Michael Wong is the author. What does an author do?
- 4. Zina Iugai is the illustrator. What does an illustrator do?

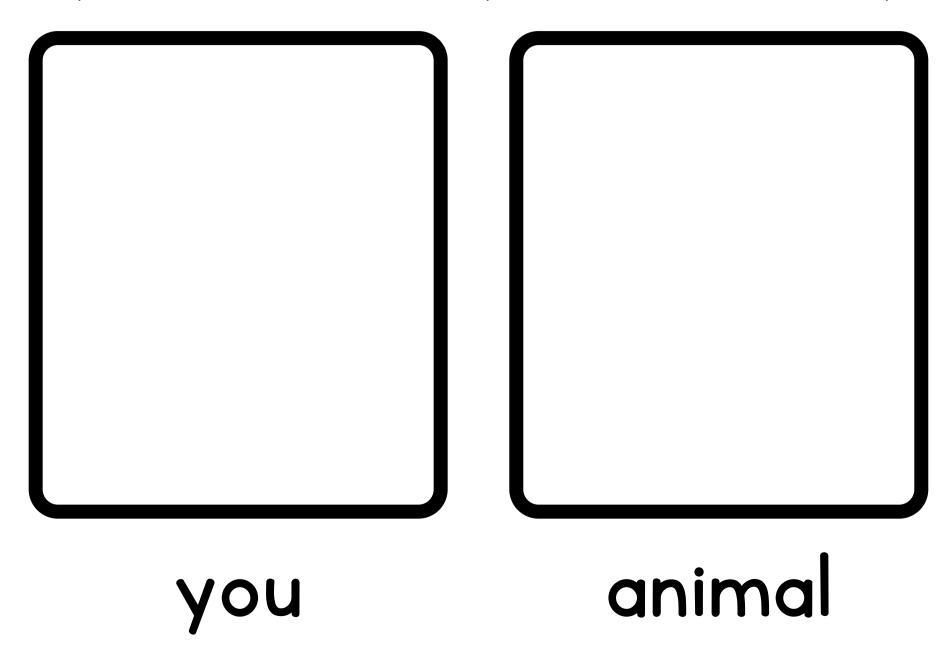


During the Story

- I.Put your hand on your heart and feel the love that grows inside.
- 2. What does it mean to spread your wings and fly free?
- 3. Have you ever thought about what you'll be when you grow up?
- 4. What are some jobs that create wondrous music?
- 5. How can you protect animals now?
- 6. What is your favorite way to create art?
- 7. What are your favorite meals that warm your heart?
- 8. What are some jobs that face danger and save the day?
- 9. Can you remember a time that you got sick? How did you get healthy again?
- 10. Athletes are people that play sports. Who plays sports? Which ones?
- II. How can you empower others?
- 12. Scientists are trying to discover how to cure the common cold. What else do scientists do?
- 13. What can you do that is kind today?
- 14. Tell me some ways that we can help make a healthy Earth.
- 15. What do you think is waiting in the stars?
- 16. What do you think a world on Mars would look like?
- 17. What are you passionate about?

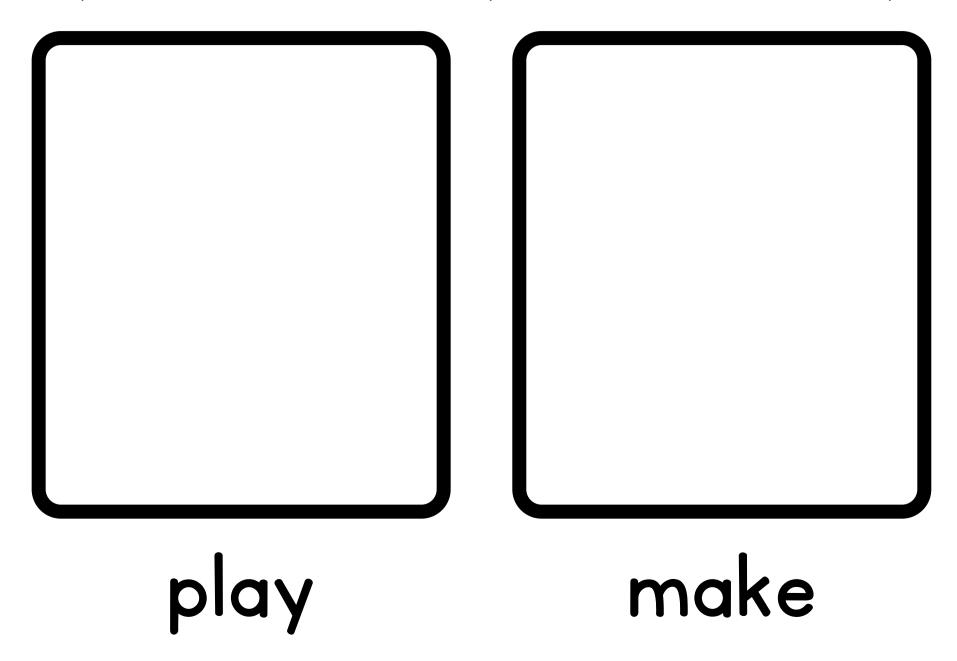
Say It Out Loud

Say each word out loud and then draw a picture of what that word means to you.



Say It Out Loud

Say each word out loud and then draw a picture of what that word means to you.



Read the passages below and circle the sight words that you find.

will you or with animals our

Will you enrich our souls with wondrous music or wise words?

Will you protect our animals-our mammals and our birds?

Perhaps you'll captivate the world with stunning works of art.

Or cook the most delightful meals that help to warm the heart.

Identify Feelings



"I wish you happiness, no matter what you choose to do. I love you and I always will be very proud of you."

How do you think the character is feeling?
What makes you think that?

Identify Feelings



How do you think the character is feeling?
What makes you think that?

"I have no doubt you'll reach your dreams and get there without fear.

Just know that if you ever need me, I will be right here."

Identify Feelings



"When clouds of doubt turn sunshine to a dark and hazy gray, stay strong and know tomorrow always brings a brighter day."

How do you think the character is feeling?
What makes you think that?

WRITING



Opinion Writing

the author chos write your opinise" to show why.	on, state the	reason for the	e opinion and us	e the word
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Opinion Writing

ick your favorite character trait from the book. Vrite about why it is important to you.	My favorite character trait:

Informational Writing

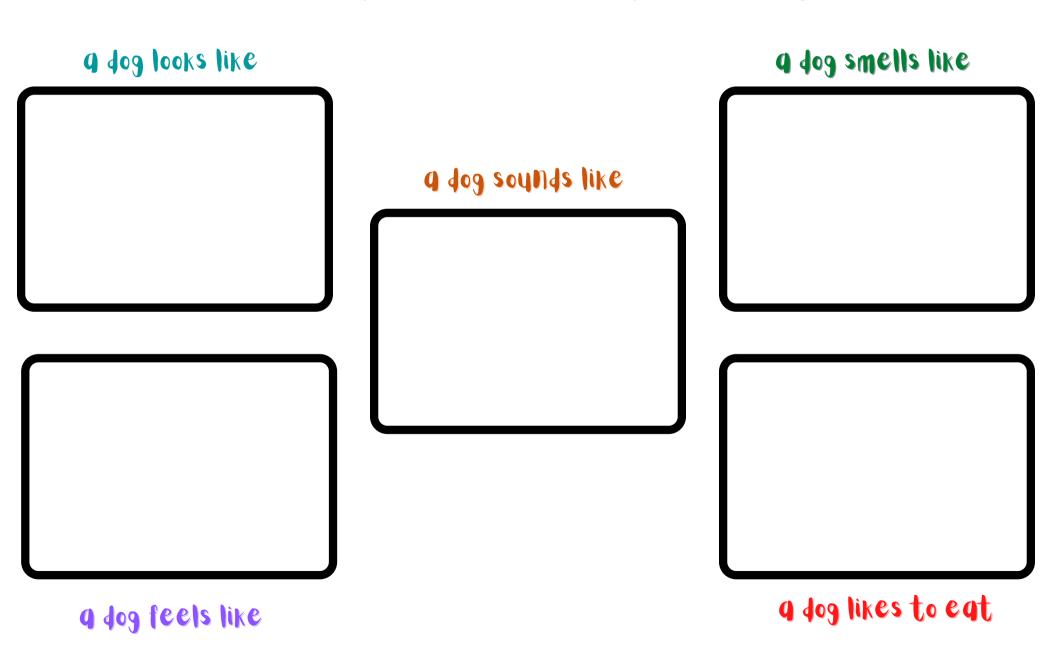
Did you find the dog on each page of the book? What do you know about dogs?

Write 3 facts about dogs.

<u></u>	 	 	 	
2.	 	 	 	
3.	 	 	 	

All About Dogs

Use all five of your senses to describe what you know about dogs.



About a Character

Choose a famous person from the back of the book. Research about them and find out facts. Write them here.

something you learned		something they loved
	character name	
	draw a picture	
something they said		why they were famous

Write about a time you created something with music. Draw a picture to match.

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Write about a time you protected an animal. Draw a picture to match.

Write about a piece of art you were proud to make. Draw a picture to match.

Write about a time you cooked something. Draw a picture to match.

Write about a time that you saved the day. Draw a picture to match.

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Write about a time you were sick and how you got healthy again.

Draw a picture to match.

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Write about a time you cared for someone else that was sick.

Draw a picture to match.

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Write about a time you empowered somebody. Draw a picture to match.

Write about a time you showed someone kindness.

Draw a picture to match.

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Write about a time you built something out of garbage (an empty box, bubble wrap, toilet paper rolls). Draw a picture to match.

Write about how you have made a healthy Earth. Draw a picture to match.

Write about what you think is waiting in the stars. Draw a picture to match.

Write about what you think a world on Mars would look like.

Draw a picture to match.

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Write about something that is your passion. Draw a picture to match.

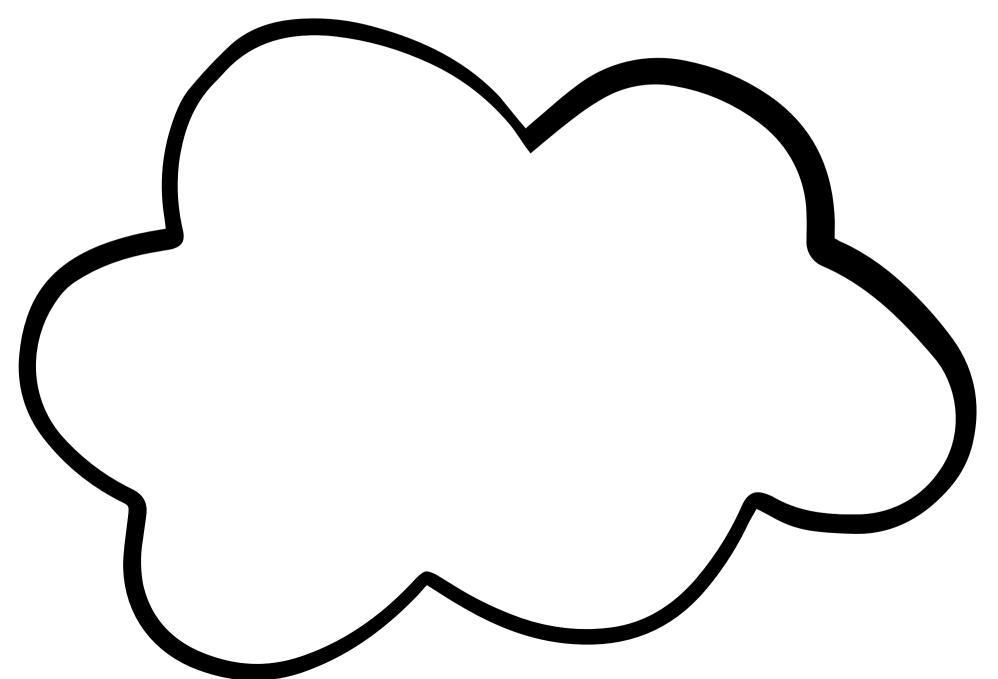
Write about a time you reached your dreams. Draw a picture to match.

-

Write about something you were proud of. Draw a picture to match.

I am Proud

What is something that you are proud of?



Write a letter to someone that you love telling them why you are proud of them.

Critical Thinking Questions

Why do you think the boy is riding on a butterfly in, "One day, I know you'll spread your wings, and then you will fly free."? What does it mean to spread your wings? Draw your own picture of this.

Critical Thinking Questions

Why do you think the child is pointing to shapes in, "Perhaps you will empower kids to be all they can be."?

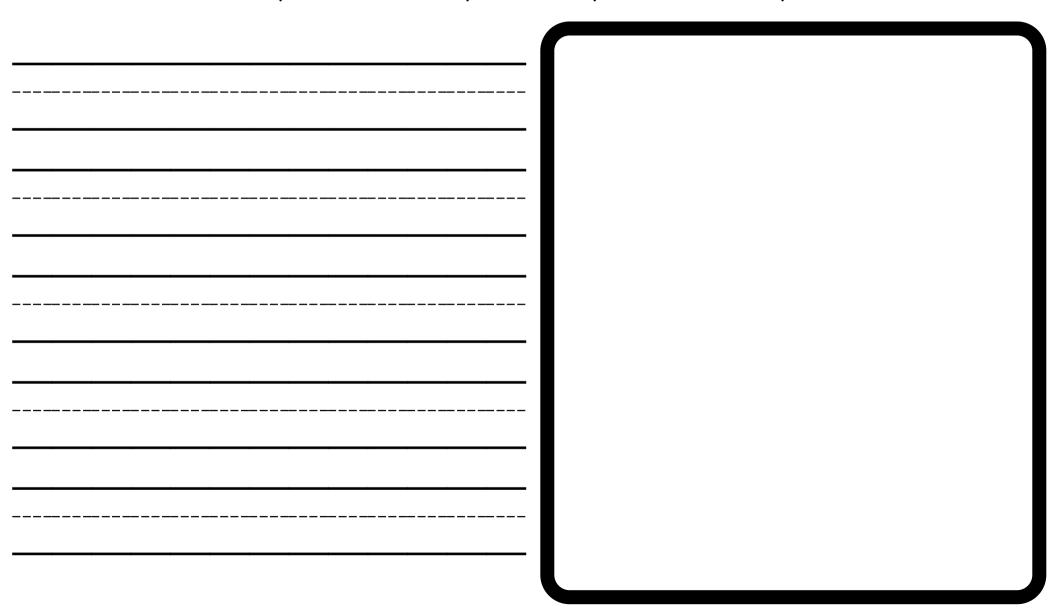
Draw a picture of how you can empower others.

<u> </u>	

Critical Thinking Questions

What do you think the child is doing in, "Or pioneer clean energy to make a healthy Earth."?

Draw a picture of how you can help make a healthy Earth.



LANGUAGE



proud



feeling happy or respect for something you did

ove



very strong affection for someone

wondrous



excellent, great, marvelous, or wonderful

Wise



the trait of having knowledge & experience to make good choices

protect



to guard something

mammals



a type of animal that has hair and doesn't lay eggs

captivate



to get and hold someone's attention

stunning



very beautiful or excellent

delightful



enjoyable and very good

Warm



to have a good feeling; or to be a little bit hot

rush



to move fast

save



to protect from danger

nurse



to help take care of someone who is sick

health



being well in your mind, body, or spirit

care



to be concerned or to look out for someone

aid



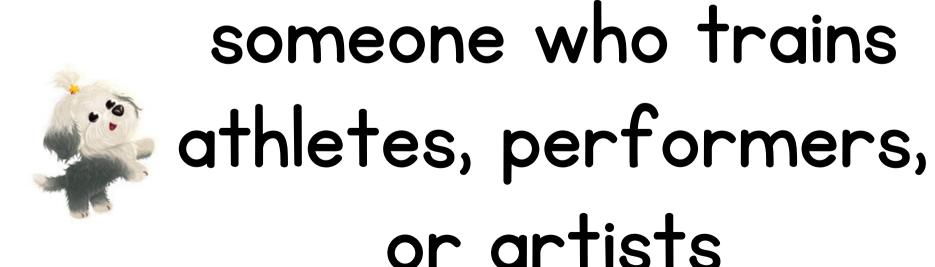
to give help or support

athlete



a person trained in a sport

coach



empower



to give power or inner strength to another person

creature



something that is alive

discover



to find something that was unknown

cure



to get rid of an illness or to make healthy again

kindness



the trait of being caring and helpful

value



to be important

waste



something that has no use or value

worth



usefulness, importance, or value

pioneer



to be the first to do something new

energy



a source of power to create an activity

passion



a powerful love

strive



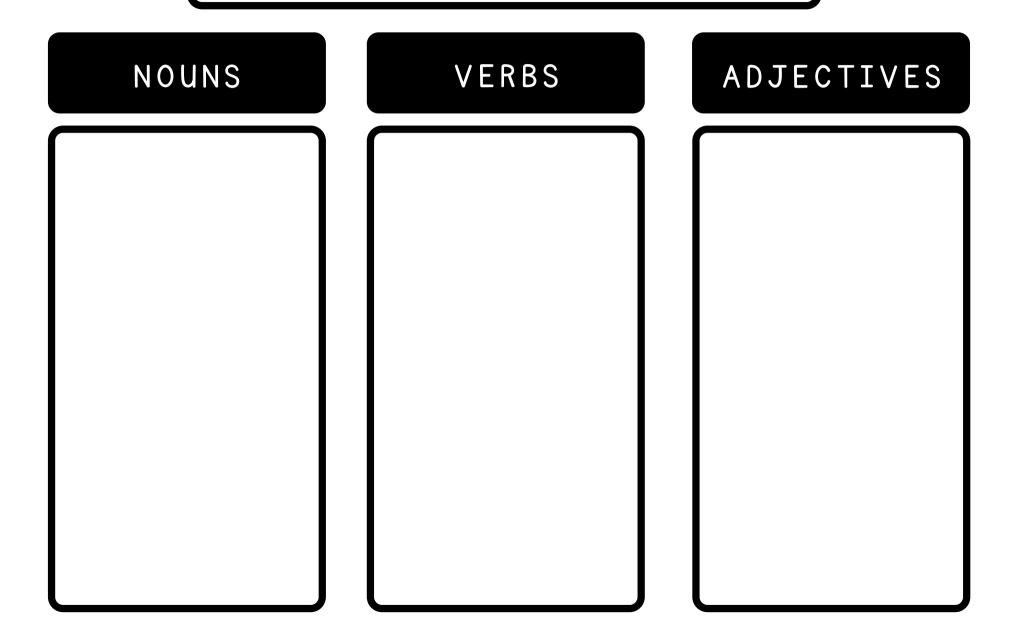
to try really hard towards a goal

happiness



a feeling of being happy

Vocabulary Sort



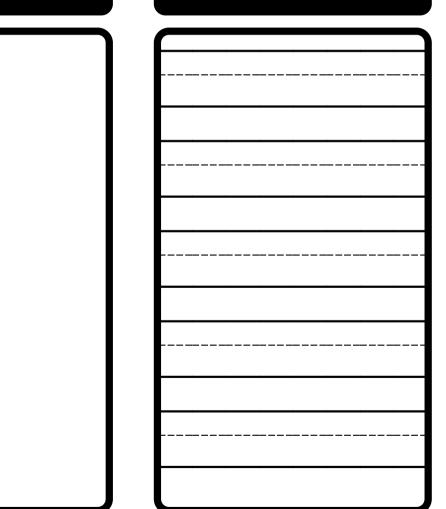
proud	love	wondrous	wise
protect	mammals	captivate	stunning
delightful	pioneer	rush	health
aid	athlete	kindness	discover

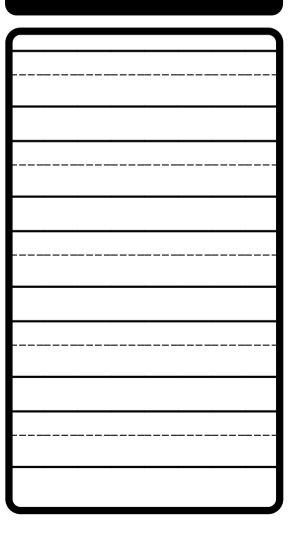
Definition Hunt

PICK A WORD

WHAT DO YOU THINK IT MEANS?

FIND THE DEFINITION IN THE DICTIONARY





Write it in a sentence.		

Pick a word that you learned from the book.

Draw it in a picture.

Synonyms & Antonyms

READ THE WORD

WRITE A SYNONYM

WRITE AN ANTONYM

grow

protect

most

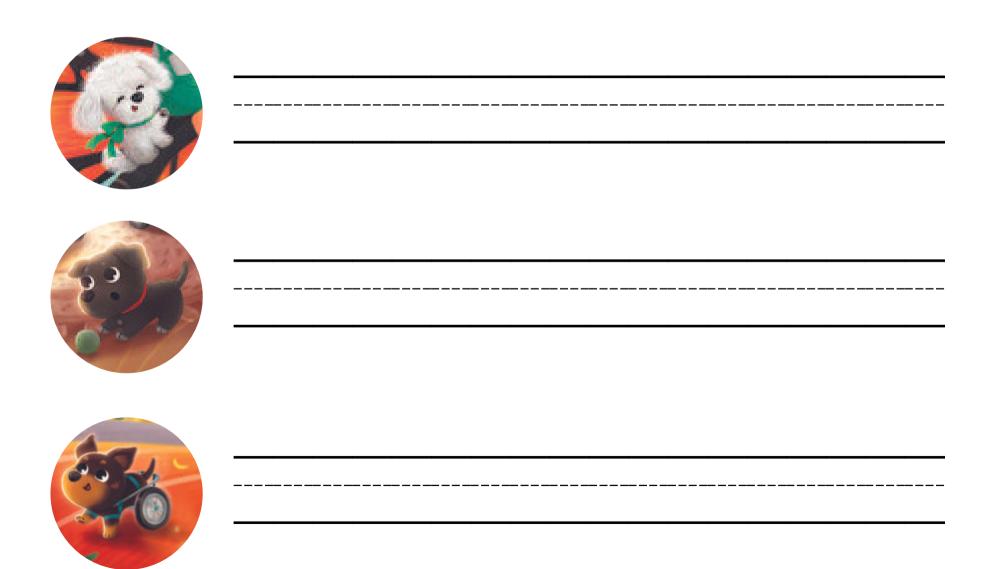
healthy

waste

-

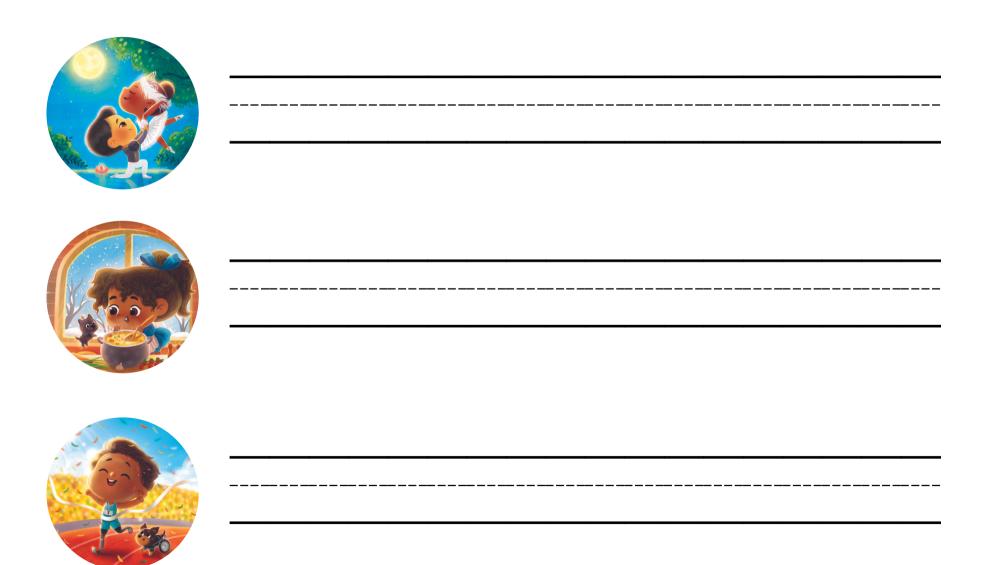
Practicing Adjectives

Use adjectives to describe each dog.



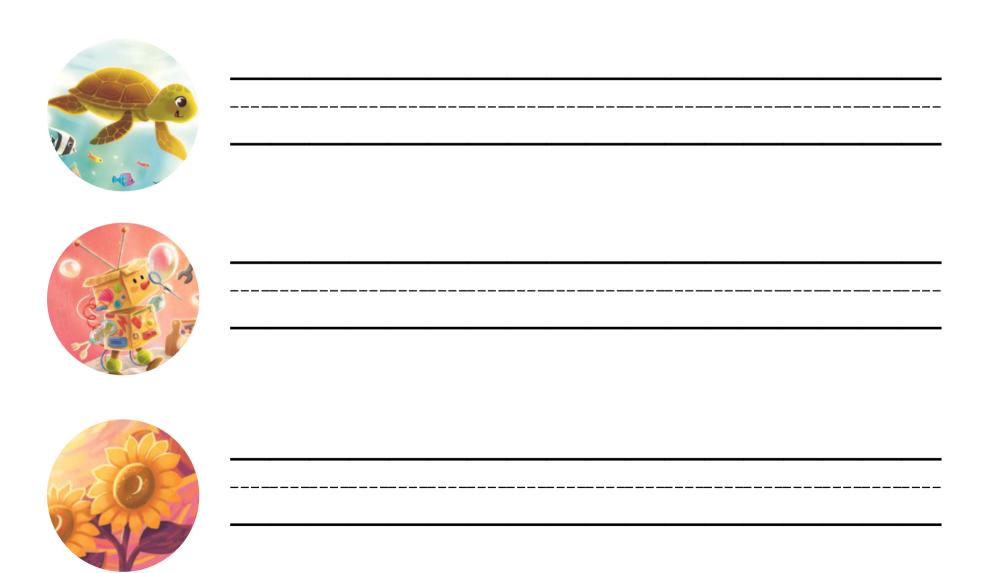
Practicing Verbs

Use verbs to describe the movement happening in each picture.



Practicing Nouns

Use nouns to write the person, place, or thing in each picture.





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What Happened to the Grammar?

All of the grammar and punctuation was taken out of this page. Rewrite the sentence with the correct grammar and punctuation. Remember to use capital letters, periods, and commas.

will you rush into danger so that you can save the day

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What Happened to the Grammar?

All of the grammar and punctuation was taken out of this page. Rewrite the sentence with the correct grammar and punctuation. Remember to use capital letters, periods, and commas.

will you turn
your thoughts
skyward to
whats waiting
in the stars

What Happened to the Grammar?

All of the grammar and punctuation was taken out of this page. Rewrite the sentence with the correct grammar and punctuation. Remember to use capital letters, periods, and commas.

i have no doubt
youll reach
your dreams
and get there
without fear

, 	

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