

# Torc Menu

# Please order at the till

## Light Bites

Scone with Jam <b>GE</b>	€2.50
Homemade Soup & Mini Loafs <b>GGF</b>	€6.00
Brie Wedges & Compote & Salad <b>GME</b>	€9.00
Chicken Wings in Mango & Sweet Chilli <b>GF</b>	€9.00
Margarita Pizza <b>GME</b> <b>GF</b>	€9.00
Add extra toppings	€1.20 each
Chicken, Bacon, Ham, Pepperoni, Cheese, Pepper, Olives, Sun blushed Tomatoes, Onion, Mango, or Pineapple.	
Hummus with Olives & Ciabatta	€10.00
Panini, Wrap, or Sourdough Bread	€10.00
Club <b>G</b> - BLT <b>G</b> - Greek <b>G</b> - Bombay Chicken <b>GE</b> - Ham & Cheese <b>GM</b> - Gourmet - <b>GM</b> - Salad	
Served with Chips & Salad <b>GF Bread available</b>	
Falafel Salad & Hummus, Olives & Ciabatta <b>GF</b>	€12.00
Teriyaki Chicken Salad with Chips	€12.50
Bombay Chicken Salad & Mini Loafs <b>E GF</b>	€12.50
Chicken Goujon Wrap <b>GE</b>	
served with salad & chips	€12.50

## Hot Drinks

	Reg:	Lge:
Americano	€3.50	€3.70
Cappuccino	€3.70	€3.90
Latte	€3.70	€3.90
Flat White	€3.70	€3.90
Espresso	€2.50	€3.30
Moccachino	€5.00	
Baby Chino	€1.20	
Tea	€2.80	
Tea Pigs Herbal tea	€3.00	
Hot Chocolate	€4.00	
Hot Chocolate Mallow	€4.50	
Decaf Coffee	€3.50	€3.70
Syrup shots	€0.70	
Soya, Oat, Almond Milk, or Cream		€0.50 extra

## Mains

Steak Sandwich <b>GE Local Beef GF</b>	€15.00
Served with Onions, Mushrooms, Toasted Garlic Bread, Chips & Salad	
Cajun Chicken Tacos <b>GME</b>	€14.00
Mixed red peppers cajun chicken with tomatoes red onion on tortillas with sour cream and our Torc salsa	
Homemade Lasagne <b>GM Local Beef</b>	€14.00
Served with Chips or Garlic Bread & Salad	
Tiger Prawns <b>EF GF</b>	€14.00
Served with Chips & Salad	
Tossed Chicken & Bacon Caesar Salad	€13.00
Served with Toasted Ciabatta <b>GEM</b>	
Chicken & Mushroom Pie <b>GMEN</b>	€13.50
Served with Chips & Salad	
Roast Vegetable & Goats Cheese Flan	€13.50
Served with Chips & Salad <b>GEM</b>	
Prawn Plate with Mini Loafs & Salad <b>GF</b>	€13.00

See our board for daily Specials

## Kids

Chicken Sandwich <b>GE</b>	€6.00
Ham & Cheese Toastie <b>GMGF</b>	€6.00
Chocolate Pancakes <b>GEM</b>	€6.50
Sausage & Chips <b>G</b>	€8.00
Chicken Goujons & Chips <b>GE</b>	€8.00
Milk Shakes <b>ME</b>	€5.00
(Vanilla, Chocolate, Strawberry)	
Smoothies <b>ME</b>	€5.50
(Mango Madness, Berry Blitz, Strawberry Shot)	

**FOOD ALLERGEN AWARE:** GLUTEN (G) EGG (E) MILK (M) FISH (F) NUTS (N) WHEAT (W) LUPIN (L) CELERY (C) MUSTARD (MU) SULPHITES (S) **GLUTEN FREE (GF)** SESAME SEED (SS) CELERY (CL) SULPHUR DIOXIDE

# Torc Breakfast Menu

## Please order at the till

**Breakfast served from 10am to 12.30pm**

**All Breakfasts are served with tea or coffee.**  
**Alternative hot drinks are €1.50 extra.**

<b>Full Irish</b> <b>GEM</b> <b>GF</b>	<b>€12.50</b>
Bacon, Sausages, Beans, Tomato, Eggs, Mushrooms, Toast, & White Pudding	
<b>Mini Breakfast</b> <b>GEM</b> <b>GF</b>	<b>€10.50</b>
Bacon, Sausage, Egg, Mushrooms, & Tomato, & Toast	
<b>Eggs &amp; Toast</b> <b>GEM</b> <b>GF</b>	<b>€10.50</b>
You can have them: Fried, Scrambled, or Poached	
<b>French Toast</b> <b>GEM</b> <b>GF</b>	<b>€12.00</b>
<b>Pancake Stack</b> <b>GEM</b>	<b>€12.00</b>
Choose Fruit or Bacon	
<b>Greek Eggs</b> <b>GEM</b> <b>GF</b>	<b>€12.50</b>
Fried eggs with Herb Cheese, Red Onion, Tomato, with Toasted Ciabatta	
<b>Poached &amp; Eggs &amp; Potato Bread</b> <b>GEM</b>	<b>€12.50</b>
Poached Eggs & Potato Bread & Spinach, served with Toasted Ciabatta	
<b>Veggie Breakfast</b> <b>GEM</b> <b>GF</b>	<b>€12.50</b>
Poached eggs, Halloumi Cheese, Spinach, Fried Tomato, Mushrooms, Caramelised Red Onions, & Toasted Ciabatta	
<b>Bowl of Porridge</b> (€2.50 extra for compote) <b>GM</b>	<b>€3.50</b>

**Add ons €2.50 per portion**

Bacon, Sausages, Beans, Halloumi Cheese, Potato Bread, & Fruit Compote