

AT HOME PEDIATRIC VISION SCREENING

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How to Test Your Child's Vision at Home:

1. Print the pediatric eye-chart.

You will find 3 pages. Eye-chart, Eye Cover cut-out, and these instructions.

2. Tape the eye-chart to the wall.

Remember to use a paint friendly tape like blue painters tape.

3. Seat your child in a chair 10 feet away from the eye-chart.

Your child should be directly facing the eye-chart

4. Have the child cover one eye using the paper cut-out.

No peeking is allowed. You may need to have a second person help your child hold the eye cover cut-out

5. Illuminate the eye-chart.

Use your phone or a flashlight to illuminate the eye chart to help your child see clearly.

6. Ask the child to read each line of the chart.

Have your child point in the same direction the E is pointing on the chart.

7. Repeat the test for the other eye.

Repeat the chart again with the opposite eye.



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CHILDREN'S VISION SCREENING

E

M

W

E

20/100

E

M

W

E

M

M

20/70

M

W

E

M

E

E

20/50

E

E

W

W

E

M

20/40

W

E

E

M

E

E

20/30