

# Adult Christian LIFE

## Online Activities Quarter 4 2022

### Lesson 1

October 2, 2022

Exodus 2:1-10

- 1) After identifying issues of injustice in your community that need to be addressed. Call organizations or talk to friends to find out more about the causes that speak to you. What avenues of action are available to you? What actions best reflect God's character and redemptive plan for creation?
- 2) After identifying issues of injustice in your community that need to be addressed. spend time praying over the identified situations and people. How is God directing your heart in these specific situations?

### Lesson 2

October 9, 2022

Deuteronomy 32:3-6, 10-14, 18

- 1) Read Psalm 18. What would this psalm be like if it described your story with God? Write it down.
- 2) Choose three things from your history with God. Thank God for those experiences every day for the next three days.

### Lesson 3

October 16, 2022

Judges 6:1-2, 7-16

- 1) With a good Christian friend whom you can trust tell one another of an instance when you struggled to obey God. Discuss how knowing your identity in Christ impacted this struggle.
- 2) Imagine life as a refugee, much like what is described in this text as the Israelites' ways of surviving during the Midianite conquest. Describe a day in the life of a refugee consider obstacles that must be overcome and as they read the struggles of Gideon and others in Judges. Draw or create a timeline of the day.

#### **Lesson 4**

**October 23, 2022**

##### **1 Samuel 8:4-7, 10:17-24**

- 1) On a piece of paper, write down one area of your life in which you struggle with self-discipline or poor decision-making. Carry that paper in your pocket this week. Every time you feel the paper or encounter the situation, consider how being under God's sole leadership impacts your response to that situation.
- 2) Consider how Israel's desire to solve a legitimate problem created a destructive situation because they chose to follow the ideas of those around them in order to solve it. Read Romans 12:1-2 prayerfully, allowing God to bring into your mind examples of solutions you have observed and perhaps used yourself that cut God out of the picture. Describe how these situations would be different if God's leadership were the first part of the solution.

#### **Lesson 5**

**October 30, 2022**

##### **1 Samuel 16:1-13**

- 1) Read the passages listed: 2 Samuel 7:8 and Exodus 3:1. Like Moses, David was not the first choice of God's people (Samuel would have chosen Eliab; see also Exodus 2:14; 5:20-21). Compare and contrast Moses and David.
- 2) Every day this week, take five minutes to listen intently to your surroundings. What do you hear? Listen internally, with a quiet mind, for God's voice. What do you think of? Write down those things and ask God to show you how to listen, hear, and understand God's voice.

#### **Lesson 6**

**November 6, 2022**

##### **Ephesians 1:1-14**

- 1) Write the words *holy*, *blameless*, and *forgiven* on a piece of paper and display it. Reflect: What do these words say about who you are? How do these words impact your daily living? How might you live in ways that reflect these words?
- 2) Imagine that you are a part of the church community living in Ephesus and you have received this letter from Paul. Write a letter responding to Paul's message, describing how you have developed as God's family, chosen and adopted in Christ.

#### **Lesson 7**

**November 13, 2022**

##### **Ephesians 1:15-23**

- 1) Follow Paul's example of intercessory prayer: Pray for someone whose need resounds with you, and then write them a note telling them that you prayed for them.
- 2) Design a family crest for the church as the family of God with Jesus as the leader of it. What symbols would go on the crest to represent the qualities of this family? What colors would you choose and why?

## **Lesson 8**

**November 20, 2022**

### **Ephesians 2:1-10**

- 1) Reflect on the initiative God makes for God's people. Why does God take this initiative? What is our response to God's work in our lives or in our world? Make space in your day for prayer; welcome God's transformative work in you.
- 2) As you reflect on God's generous love, consider tangible expressions of Christ's love you could authentically offer in your interactions with neighbors, coworkers, or others with whom you regularly have day-to-day contact. Pick two ways this week to actively demonstrate God's love and generosity to someone else.

## **Lesson 9**

**November 27, 2022**

### **Ephesians 6:10-18**

- 1) Brainstorm three practices that would strengthen your life in God. Create space in your life to develop these practices or to deepen your experience of God's presence and protection with you. Do them this week, then reflect on the process at the end of the week. Choose one practice to incorporate into your daily life.
- 2) When dressing each day, read or recite the armor of God to yourself. How does this change how you see your daily activities? At the end of the week, share your reflections with a friend.

## **Lesson 10**

**December 4, 2022**

### **Luke 1:8-20**

- 1) The command that John refrain from wine and strong drink may indicate that he was to be a Nazirite, though this is only an inference. Nazirites were to set themselves apart as holy to the Lord (Numbers 6:1-4). Samson was also a Nazirite (see Judges 13:4). Reflect on the type of discipline it takes to live this kind of ascetic lifestyle. Do you think you would be able to live such devotion to God that you denied yourself even pleasures that are not sinful?
- 2) Centering the narrative in the temple is not arbitrary. This was considered the central focal point of God's presence. That only Zechariah enters the temple on this day is indicative of the holiness/separateness associated with the sanctuary of the Lord. Take some time this week to center your narrative in the house of God. Pick a day when the church is open and sit in the quiet sanctuary. Pray that God would center your heart in Him.

### **Lesson 11**

**December 11, 2022**

**Luke 1:57-66, 76-79**

- 1) With a friend discuss how your mission is similar to that of the call and ministry of John.
- 2) The song of Zechariah (known as the “Benedictus”) stands parallel to the song of Mary (the “Magnificat”; see Luke 1:46-55). Both prophetically proclaim the future works of the newborn child. Read and compare both of them.

### **Lesson 12**

**December 18, 2022**

**Luke 3:2-6, 15-18**

- 1) Imagine that you are producing a play on the life of John. Who should be cast in the role of John the Baptist and why? Who might be cast in other roles from the print passage? How would you create greater dialogue and scenery for the cast?
- 2) . The practice of Christian baptism today, while distinct, has its origins in the baptisms that John performed, which were associated with the forgiveness of sins and the transformation of the individual’s life. Research early Christian baptism practices. In what ways does baptism change theologically when adopted by Christians?

### **Lesson 13**

**December 25, 2022**

**Luke 1:46-55**

- 1) Compile a list of God’s attributes as noted in Mary’s song. What is one that you are particularly thankful for this Christmas?
- 2) Develop sign language-type gestures for the different expressions in Mary’s song. Record yourself and share on your social media platforms. Tag @rhboydco on Facebook and/or Instagram.