

Lesson 1 – Inward Change

Have you submitted your will to the Holy Spirit? How do you know? (Take rom page 6)	n

Today's lesson focuses on how God judges people fairly based on what they know and how they live. It's not just about knowing the rules but living them sincerely. We must remember that hypocrisy can damage our relationship with God and others. True change comes from within, not just outward rituals.

Think about this: Today's lesson encourages us to be sincere in our faith and to live according to our beliefs and focus on our inner transformation rather than just outward appearances or everyday rituals.



Lesson 2 - Freedom

Can you tell if you live freely in the Spirit or enslaved to sin? (Taken from page 10)	

Just like rules, laws have authority over us. It's the same when we play games, we must follow rules to make it fair and enjoyable. In life, rules help us understand what is right and what is wrong. Paul talks about how rules can reveal our sinful natures. The lesson encourages us to seek God's guidance.

Think about this: Even though rules are important, our relationship with God and His grace are essential in helping us live a righteous life. We should know that the struggle between following rules and our inner desires may be tough, but we should be encouraged to know that God is the only way to salvation. We should rely on God's guidance and grace to make good choices and live according to His will.



Lesson 3 – Faith Is the Key

Do you accept (Taken from pa	•	your opinions or th	ne opinions of others?

This lesson teaches that we should have faith in Jesus and not following strict rules (the Law) and this is how we are made right with God. We also shouldn't be like Peter who acted like a hypocrite by separating the non-Jewish believers from the Jewish believers. Paul confronted Peter and told him that we are all made right though our faith in Jesus, not just by obeying Laws.

Think about this: So once again, this is a reminder that our relationship with God is based on faith and grace and not just rule-following. Be sure to treat all people with respect and love, no matter their belief, race, or color.



Lesson 4 – Live by Faith

Do you think it is possible to be completely perfect at all times? (Taken rom page 18)			

Today's lesson reminds us that we are made right with God through faith, not by following rules or traditions. Paul questions why the Galatians are turning back to old customs when they initially believed in Jesus by faith. He emphasizes that Abraham was made righteous because of his faith, not because he followed rules. In the same way, we become God's children through faith in Jesus, not by trying to be perfect. Jesus took our punishment on the cross, so we can have a relationship with God through faith in Him. It's about trusting in Jesus, not our own efforts.

Think about this: Paul's message to is clear: don't get caught up in trying to be "good enough" for God through rule-keeping. Instead, focus on having faith in Jesus. Just like Abraham, who trusted God's promise, we become part of God's family through our faith in Jesus. Jesus' sacrifice on the cross paid for our mistakes, so we don't need to earn our way into God's love. It's a powerful reminder that our relationship with God is based on trust and belief in Jesus, not on trying to follow a long list of rules perfectly. So, lean into your faith in Jesus and the grace He offers.



Lesson 5 – Heir of God

Why do you feel faith in Christ offers a form of freedom? (Taken from pag 23)				

In today's lesson we are once again discussing the Law. But in this lesson, it tell us that before Jesus came into the world, people were bound by the rules and laws, kind of like being held captive. These laws were put in place like a guide or a tutor to help people understand right from wrong, but when Jesus arrived, everything changed. He fulfilled those Laws and gave us a new way to connect with God, not through some struct rules.

Think about this: We don't have to worry about following a long list of rules to be close to God. Instead, we can have a personal relationship with Him though Jesus. We can become God's children and heirs to His promises. We must remember, it is not our rules, it's about having faith in Jesus and understating that through Him, you have a special and close bond with God.



Lesson 6 - God's Grace

Are there any ceremonies that hold special importance to you?? (Taken from page 27)	

Today's scripture talks about how non-Jewish believers needed to follow all the Jewish customs and laws to be part of the Christian community. This caused a lot of disagreements and confusion among believers. Different religious groups may have different religious ceremonies. Some churches have communion, some churches don't, some churches have music, some churches don't. None of these actions will get us into heaven. The only that will get us into heaven is salvation, and the only way we get salvation is our relationship with Jesus.

Think about this: Today's lesson shows us that our faith in Jesus is what matters most, not following a bunch of traditions. It's about our relationship with Him and His love for us.



Lesson 7 – Love One Another

As a follower of Christ, do you frequently apply the teachings you read about? (Taken from page 31)				

In today's lesson, it talks the importance of love. It explains that knowledge is good, but love is even more crucial. Some of the verses encourages us to use our knowledge and our gifts in a loving and being considerate, and always putting the well-being of others first. Other verses focus on love, and it teaches that loving one another is essential. It encourages us to treat others with kindness and respect and this is what God commands.

Think about this: We should live by the golden rule, treat others how we want to be treated.



Lesson 8 - No Longer Bound

Vhat earthly desires do you struggle with? (Taken from page 35)			

In today's lesson, we are encouraged to avoid being judgmental about how others practice their faith and to focus on our own relationship with God. The lesson emphasizes that religious rituals and rules are not the most important things and instead we should prioritze love, humility, and faith in Jesus.

Think about this: We should not judge others based on their religious customs and practices, but instead center our attention and our faith on Jesus. Today's lessons remind us that true spirituality comes from a heart devoted to God rather than just following along with tradition.



Lesson 9 – Do Good by Helping Others

What do practicing obedience and glorifying God look like to you? (Taken rom page 39)				

Today's lesson is simple, live your life in a way that is considerate of others by making choices that don't harm or make others stumble on their faith walk. Follow the example of Jesus and imitate His actions. This can be difficult to when living a world where people are always looking at you and expecting you to act or look a certain way, but as Christians we are born to stand out from the crowd. We were born into a world of sin, but our job is to pray and not fall *into* sin.

Think about this: While we are encouraged to use our free will and freedom responsibly that doesn't mean we have the right to use that freedom to do harm to others. Not everything we do is helpful or beneficial, so we need to be mindful of our actions. We should always put love and the wellbeing of others at the forefront of our decisions. We should always, follow the selfless example set by Jesus, and aim to be like Him in our actions as He is the ultimate guide for living a godly life.



Lesson 10 – Ruth's Pledge

Are you confident in your faith when facing hardships? (Taken from pag 43)	e

In today's lesson Scripture, we discuss loyalty among Naomi and her daughter in law Ruth. When Naomi's sons passed away, her daughters in law, Ruth and Orpah wish to stay with her, but Ruth decides to return to her homeland in Israel, so both women travel with her. Ruth encouraged them to stay in Moab. But they follow her. In the end, on Ruth remains loyal and follows Ruth on her journey back to Israel. This shows incredible loyalty on Ruth's part. She could've turned around just like Orpah, but she stayed the course. This is a story of faith, love, and loyalty.

Think about this: In the last verse it mentions that when they arrive in Bethlehem it was the beginning of the barley harvest, symbolizing hope, and new beginning. Naomi showcases the importance of, devotion, and impact of strong friendship in the face of adversity.



Lesson 11 – Courage Against the Odds

Do you truly trust in the power of God? (Taken from page 46)			

Today's scripture discusses a well-known story. The story of David and Goliath. The story of a little guy defeating a big giant. David defeated Goliath with only a stone and a sling shot. Have you ever gone up against any big giants in your life? Maybe the giant isn't physical, but something else you're struggling with in your in daily life. How can you defeat this giant with God's help?

Think about this: This lesson is to show us that just as David had the courage to face the giant Goliath head on, we too can find the confidence to confront our challenges head-on as well. We should be confident in our abilities and that even seemingly insurmountable obstacles can be overcome when we come in the name of the Lord.



Lesson 12 – Honorable Mention

Why is it important that we know and understand Jesus' genealogy? Taken from page 51)			

This lesson tells the story of Jesus' genealogy. We all know Jesus is the King of Kings and the Lord of Lords. This genealogy helps us understand that Jesus had a rich and significant heritage, connecting Him to the history and promises of the Jewish people. We should try to look up our own genealogy to see if we are connected to any kings or queens or may even celebrities ourselves.

Think about this: This whole lesson sets the stage for the story of Jesus' birth, emphasizing His unique role in fulfilling God's plan for salvation. Take a moment to really look through this passage to see how far Jesus' genealogy really goes. Then take a moment see how far back you can go with your own family tree. You may be surprised who you may find.



How do you celebrate the blessings of others? (Taken from page 55)							

Today's lesson is a familiar story. The story of Mary, the mother of Jesus, visiting her cousin, Elizabeth. Elizabeth is also pregnant. However, Elizabeth is up in age during this time. When Mary visits with Elizabeth, John the Baptist (in Elizabeth's womb) leaps for joy. This is a symbol of God's extraordinary work in their lives. Both women have accepted their assignment with gratitude to bring forth life, as both babies have a job to do. Mary responds with a song of praise called the Magnificat.

Think about this: The importance of this lesson is the power of faith and the impact of saying, "yes" to God's call, which can be a scary thing for us when traveling on our journey, especially when it's on an unknown path.



Lesson 14 – Understanding the Times

What courageous actions can you take that will intentionally direct others to Christ? (Taken from page 59)							

This lesson is also very familiar. It is a popular Christmas story. The three wise men visit Baby Jesus and bring Him, gold, frankincense, and myrrh. These three gifts were very symbolic as they are used for burial, which would be important as Jesus would be crucified later in life. The King Herod asked the wise men to report back as he wished to meet the Baby Jesus, too, only not to meet Him, but to defeat Him, for good. King Herod was afraid his throne was going to be taken away. So, God warned the three wise men in a dream, so they went home a different route to avoid King Herod.

Think about this: The wise men's obedience to the dreams' warning demonstrates the importance of listening and trusting God's guidance in our lives.