



An Alternative Voice

47TH EDITION ~ MAY/JUNE 2017

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TAROT AND THE TREE OF LIFE

by Sara Gilbert

Choosing the best path... alternative or mainstream?

by Barry Eaton

CRACK YOUR KIDS CODES

by Max Coppa



AN ALTERNATIVE VOICE

An Alternative Voice is your free, independent, community newspaper.

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Welcome...

to the May/June 2017 issue of An Alternative Voice

It seems quite poignant that as I contemplate my message for this issue that I am listening to the gentle sound of the rain falling, feeling the warmth of being inside and wrapping myself with another layer of clothing, knowing that the last remnants of warm days are disappearing and the cool chill heralds the sign that winter is on its way.

At this time I am reflecting and preparing for the celebration of Samhain or as it is most commonly known, Halloween. It is the eve of the Celtic or Witches New Year here in the southern hemisphere beginning on May 1st. Whilst our northern sisters and brothers celebrate Beltane or May Day when the season turns towards the sun, we say goodbye to summer's end and enter the darkness of winter.

Samhain had its beginnings in an ancient, pre-Christian Celtic festival of the dead. It is a time for meditation and remembrance of those who have passed. It is a time when the veil between the mundane world and the spirit world are the thinnest allowing for the souls of the dead to visit, a time to honour our ancestors. Samhain coincides with the end of the harvest and marks the beginning of winter, symbolising both an ending and a beginning in the never ending cycle and rhythm of life.

Every culture has its seasonal festivals to celebrate the passing year. The ancient Celtic festivals best illustrate this because we still retain remnants of them still today in modern life, so many of them will be familiar regardless of faith and religion. Each season brings a time of personal reflection and as winter arrives it is now time to bury all the failures and frustrations from the previous year so as to allow preparations for the new to be reborn into our life.

I cannot finish without mentioning the worldwide celebration of Mother's Day. A special day of the year to honour and pay recognition to the important role of our Mothers or Mother figures in our life. A day to show how much they are appreciated and loved and for those whose mothers have passed, light a candle in their honour, open your heart to embrace all the memories of what they meant to you. As a Mother and Grandmother myself, I look forward to spending a wonderful day with my own family.

Lesley Williams
Joint Editor



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So imagine two people on the ground, the Giver, the Receiver and movements in-between, looks a bit like partner yoga, thai massage, shiatsu. What is Wuo Tai®? It has been inspired by the combination of dance and osteopathy also referred to as "Osteo Danse."

12. Crack your kids codes Max Coppa

Parenthood brings with it many changes, gifts and steep learning curves. Most of us have had to learn the hard way, by just diving in and using our best judgement to make decisions and parent effectively. Ask any parent and they'll probably tell you they wish their child came with a user manual which explained how to handle them.

How Debbie Malone became Australia's #1 Psychic detective



Debbie Malone is the author of *Clues from Beyond: True crime stories from Australia's #1 Psychic Detective*, now available at all good book stores and online at www.rockpoolpublishing.com.au

Twenty-four years ago my life was changed forever. After experiencing six near-death experiences through illnesses, I began to see dead people. I did see them as a child but I had managed to find a way to shut them out. Later, I had no control over the visions that I received on a nightly basis. The visions I saw were terrifying. The night became a time of fear, not a time of peace. I was frightened to go to sleep because these nightly events seemed to go on forever. I began to question what I had done to deserve what I was going through. I tried everything to make the nightmares go away. The more fearful I became, the worse the visions were.

At this time I was introduced to my living angel, Patricia McRae. Patricia is a gifted medium and reverend of the spiritualist church near where I live. It was through her help and guidance that I began to understand and realise that I had gone through a spiritual awakening. Instead of fearing my abilities, I began to embrace them and learn how to harness them to help those in the spirit world.

The life that I live now is nothing like I could have ever imagined. I have always been a creative and artistic person and my chosen vocation was graphic designer and photographer, not psychic medium. To be honest, I would never have chosen my current line of work. I was not someone who would go and see psychics and I always lived with the motto of 'what you don't know doesn't hurt you'. It

seems that the spirit world had other ideas. This type of work comes with a huge responsibility and I take what I do very seriously. I feel that I must have been given this ability for a reason, and if I can help one person then my life's purpose is worthwhile.

I understand that not everyone will be accepting of what I do. It is not my business what others think of me. I am not here to change people's belief systems. However, I would like to open their minds to the possibility that life exists beyond the grave and give victims of crime a voice. The main aim of *Clues from Beyond* is to share the stories of some very special people. Some of them have been found and others are still missing. Each and every one of these people has touched and changed my life forever. Their stories are heart wrenching and at times horrifying. They all have families who love them dearly and it is important that one day their loved ones find out the truth about what happened to them.

Some of the victims may never be found. However, it is important to know that they existed and that their story is told. I know that there are people out there who may have information about these crimes that could help the police. There are also perpetrators who know what they did and I hope that they have a conscience and come forward to allow the families closure.



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Change Creates Hope

By Lin Walden

Lin Walden is a licensed Avatar® master, for more information call 0407 495 392.

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“ When we feel a purpose that stirs our heart we are motivated to keep going rather than cave in to doubts, second thoughts and ‘should’.”

This is a feeling that moves, motivates and inspires action and getting on with what needs to be done. What inspires us to create this change? Sometimes it's a heart stirring dream not yet fulfilled or a life challenge, sometimes an event that rattles our sense of how things should be. The New Year resolutions may, or may not, be sustainable, if they're 'shoulds' in our lives.

Feeling that we 'should' do something is rarely effective or fulfilling. When we feel a purpose that stirs our heart we are motivated to keep going rather than cave in to doubts, second thoughts and 'should'. Creating change in the world. Is this something that interests you? Is there something that you wish to change, to achieve or move beyond? Ask yourself this question. Reflect on it. It's easy to answer. You already intuitively know.

Realising that you have created yourself to be somewhere you don't prefer is actually very helpful. It's a first step. By acknowledging this, you can take the necessary steps toward personal responsibility and create a change that is going to be useful. It's sometimes not comfortable, it can be challenging and confronting. It can rattle either our personal cage or maybe that concern we have about what others think of us. Here is the question we all face. Am I prepared to move through some unknowns to reach my goals and dreams?

Having a bigger goal that motivates and excites us, keeps us connected to the thoughts of what is possible. 'What

do I want to achieve?' is one of those thought bubbles which help stir us into actions aligned with creating what we want, rather than staying with what we are already experiencing. How is this all achieved?

Avatar is a set of tools that allows people, in a very short time, to identify and change the conclusions, decisions, and agreements that are shaping their lives. You could call it a mental editing technique, a belief management technique, or a spiritual empowerment technique. You could call it a lot of things, but the most important thing is that the tools work for you, and they work extremely well. People are amazed...

Avatar students systematically change their attitudes, remove self-imposed limitations, and end old hostilities that may be souring their experience of life. They set new goals or revive old ones, and using their rediscovered powers, create opportunities, motivation, and the courage to pursue dreams. In some cases, they restructure their own consciousness; in other cases they literally reshape physical reality. Yes, it is powerful stuff. From *The Avatar Path*, by Harry Palmer

One ripple effect of using these tools and creating expansive hope and possibility in our own lives is awakening this possibility for others around us. Learn how to be this change. For a free Information Hour or your next step, call Lin.

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“The thing we have to solve is how to make care and compassion more valuable than self-importance and impermanent things. The ultimate solution is broadly awakening the enlightened mind of spiritual consciousness.”
 – from a talk by Harry Palmer, author of the Avatar materials.

Join The Compassion Project Team

If you would like to know more about the Compassion Project, contact Lin Walden, licensed Avatar Master on 0407 495 392 or at lin@avatarawakening.info

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The Changing Role of Men



By Greg Riley ©

Greg can be contacted through his website
www.gregriley.com.au

“ I can tell you now it's not a boozy weekend where we just write ourselves off, we talk about a lot of the stuff in our lives affecting us. ”

What are we teaching our young adults about becoming a man? From what I see a lot is missing. We tell them to be strong, protective, the bread winner, the rock, unemotional and not to cry. We see this to be the stereotype, it's our place in society, you know this is what men do and are.

Yet many men are unhappy. They get up, go to work when it's dark and get home when it's dark. Many of us don't see our kids during the week apart from a few minutes here and there. This is reality that many struggle with. The stereotype of men has not moved with the times. The role of women has progressed markedly in generations. Don't get me wrong, it has a long way to go but women are no longer seen as the housewife. I'm not having a go at women here but giving you an insight into why there is an epidemic in depression with men under 60, we still have a stereotype cast which young kids hold onto.

I'm lucky I'm allowed to have boys weekends away but many do not. I can tell you now it's not a boozy weekend where we just write ourselves off, we talk about a lot of the stuff in our lives affecting us. It's a safe place where we can discuss our issues between mates and we come back happier people. I'm lucky that I have mates that support one another but I also have mates that are "Not allowed to go". I'm not sure why but again the belief that it's just a weekend away for the boys to play up seems to be the running commentary.

Tom Harkin did a workshop with teenage boys as part of a TV series called Man Up (a must watch TV documentary) and the kids were asked to describe what it is to be a man. Here

were the words that they said described being a man was to them: *Manly, Don't shave legs, Be strong, Big muscles, Contact sports. Don't show emotions, Don't Cry, Fearless.*

If you are like me you should be quite disturbed with the above words to describe in their eyes what being a man is. They were asked if they thought they were being a man at this stage. Seriously what are we teaching our children if we tell them this is what a man is? No wonder this turns into domestic violence.

In the next task they were asked to step to a line if they ever felt depressed or helpless but did not know what to do. Not surprisingly 100% of them stepped up to the line. Further on from this I have asked a group of girls based on this above; what they thought being a man was/is and the words were nearly the same except for a few. The below did shock me a bit: *Protector, Rich, Strong, Money, Good Looking.*

Kids like these need strong men in their lives to be role models and it is up to us to show them the way. This is not done by not crying, being rich or pushing down emotions because it's weak to show them. It's a travesty that teenagers have already been conditioned to think what a man represents. It's a very poor stereotype. It's time for us older men to stand up and rewrite what it's like to be a man. You can be emotional, you can cry if you want to, you can reach out for help, you can fail at things, you don't have to be rich, you can be sensitive and you can be a good father and so on.

Is it any wonder that the biggest killer of men between 35 and 60 is suicide.

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Choosing the best path... alternative or mainstream?



by Barry Eaton

Barry Eaton is the author of *The Joy of Living: Postponing the Afterlife* is now available where all good books are sold and online at www.rockpoolpublishing.com.au

“ One thing I knew intuitively was that I would survive the ordeal – somehow. ”

“I’m sorry, that lump in your throat is a tumour, definitely cancerous and it’ll have to come out as soon as possible.”

These were words I’d dreaded to hear from the ear, nose and throat specialist. A diagnosis of cancer is guaranteed to send a chill up anyone’s spine. The burning question was: what next? Would surgery solve the problem or was this the start of interminable medical treatments?

Surgery did not remove all the cancer cells. There followed the dilemma - mainstream or alternative? More lost sleep, and only I could decide. One thing I knew intuitively was that I would survive the ordeal – somehow. My ticket to the afterlife would not be issued just yet.

Over the years I had chosen the holistic approach, preferring alternative procedures when health problems arose. Of course there are times when we all need to visit a doctor, and take prescription medicines. However I mostly prefer treatments like acupuncture, osteopathy, bush flower essences, natural medicine and spiritual healing. So I was faced with the biggest health decision of my life.

During deep meditation I received explicit instructions from my master guide. Spirit wanted me to combine mainstream and alternative therapy and afterwards write a book about my experience. The story would help alleviate fear and inspire people to take a positive role in their healing.

My decision made, I agreed to radiotherapy, following my guide’s recommendation. I refused chemotherapy. I could

then open myself up to the full range of holistic solutions and trust that my footsteps would be led in the right direction. They were. My family was surprised, fearing that I would eschew mainstream medicine, and end up as another disastrous statistic.

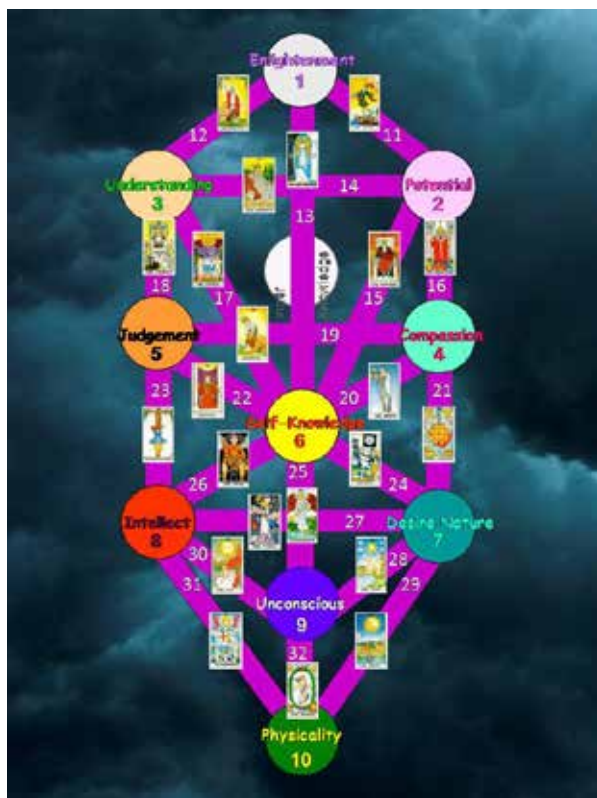
Synchronistically, one-by- one, a variety of therapeutic support options dropped into my lap. A healer friend offered regular energy clearing to offset the effects of radiotherapy; a hypnotherapist guest from my radio program, RadioOutThere, prepared me for my thirty five hospital treatments and I was loaned a crystal bed from John of God’s healing centre in Brazil.

Additionally, my friends and family gave me widespread support, and I appreciated a local congregation praying for me, even though they didn’t know me. My partner Anne who co-wrote the book from her perspective, was a vital and loving part of my journey. My son Matt also provided me with the backup I needed most in the early stages of my journey.

When I anxiously started radiotherapy, fortunately I was emotionally and spiritually prepared. The specialist radiation staff at Royal Brisbane and Women’s Hospital were caring and supportive throughout the whole process.

Yes, I did face challenging times, but combining mainstream and holistic practices worked exceptionally well for me, and four years down the track I am still cancer free. I believe it’s important for us all to take some responsibility in times like this and not collapse into fear expecting the medical system to provide all the answers.

Tarot and The Tree of Life



Kabbalah is the Hebrew mystical or occult wisdom system, handed down for more than 6000 years, it literally means “to receive”. Whilst it is the esoteric or hidden wisdom system behind Judaism, you do not have to follow any religion to work with it. It is a way of life, a map of existence that can be used to continually bring your life into balance. In order to embrace it you need to believe:

- In a higher source of energy we will call “God”
- All living things contain a spark, a piece of God
- God created the cosmos as a mirror to see God in action
- Our spark or soul re-incarnates many times to learn
- Each incarnation is part of its journey to enlightenment
- To have free will, it has no memory of previous lives
- Energy manifests through the vibration of words

The model or symbolic system for Kabbalah is the “Tree of Life”, it contains 10 energy vibrations, or “sephira”, held together in a pattern like DNA, where everything exists alongside its opposite or mirror image. 1 Kether, at the top, represents enlightenment or God, whereas 10 Malkuth or at the base, is our conscious state here in material form.

The Sephiroth, up to 3 Binah or understanding, are associated with the energy of the stars the ancients could see in the sky, in the order of their distance from Earth. So the Tree of Life, like astrology represents “As Above So Below”, the same energy vibrations exist in the sky as in our bodies, forming a blueprint for our life potential.

Each Sephira has a further series of associations beyond its Hebrew name and number, which help us understand the nature of its vibration. It has a series of titles and symbols, a description of the kind of intelligence it

portrays, a virtue and a vice, an arch-angel, a spiritual experience and a colour or light vibration.

When working on spiritual development or individuation, the focus is always on working through the pathways up the Tree to Kether at the top.

The 10 Sephiroth are joined by 22 paths named for the 22 letters in the Hebrew alphabet and each resonating with one of the 22 Major Arcana cards from the Tarot. Each path brings an amplified meaning to its card, which gives valuable insight about the spiritual journey or life purpose relating to it. Your path can be determined from your date of birth as shown for Angelina Jolie, born on 4th June 1975.

4
6
1975
 $1985 = 1 + 9 + 8 + 5 = 23 = \text{The Hanged Man}$

Her life purpose statement is “Thy Will, Not My Will”, not trying to control our future, rather following the path shown to us by the Universe. When Angelina filmed “Lara Croft Tomb Raider” in Cambodia in 2000, she was shown the plight of children in a third world country and she discovered the destiny that changed her life!

by Sara Glibert

Sara Gilbert founded and operates a spiritual college and consultancy in Carrum Downs near Frankston. Her practice includes astrology, mythology, palmistry, tarot and numerology. She has a new monthly series of workshops on Kabbalah starting on the first Saturday afternoon of each month, beginning from May 6.

More details are available through her website www.lifespiritconnections.com.au

“ Your path can be determined from your date of birth as shown for Angelina Jolie, born on 4th June 1975. ”

An understanding of Bioplasmic Radiation



In our homes and workplaces, we're subject to 25 different types of electromagnetic radiation fields from various sources. We have technology, Earth radiation and Bioplasmic radiation of which Bioplasmic radiation is by far our biggest, yet least spoken of, radiation problem. There are at least five different types of bioplasmic fields including: death imprints, emotional imprints, illness imprints, juvenile imprints and negative psychic impressions.

Bioplasmic fields are electromagnetic fields, however, they cannot be detected with a gauss meter nor a radio frequency meter. Bioplasmic fields are detected with a Biotensor (Josef Oberbach) and Lecher Antenna (Ernst Lecher), which are traditional Building Biology/EMF detecting instruments.

So, what is the cause of Bioplasmic Radiation? Bioplasmic Radiation is human generated otherwise known as bio-field radiation. Our human bio-field when we're emotionally and physically healthy, produces a negative charge. When we're emotionally and physically unhealthy, the human bio-field produces a positive charge, which is the problem.

When someone is either emotionally and/or physically unwell living in a house for any length of time, the diseased state

of their body creates a positive charge of the bio-field which, in turn, leaves an electromagnetic imprint in that space. This imprint will cause electromagnetic stress for all occupants, and will remain there until the energetic circumstances are sufficiently changed with a neutralizing negative charge i.e. The Geoclense.

Someone living in a house over a period suffering from depression will leave a Bioplasmic radiation imprint with the energy of depression, or any other negative emotional state. When emotionally sensitive people enter this space, they too will feel depressed. For someone who has a diseased organ i.e. liver, the diseased organ will leave Bioplasmic radiation of the frequency of that illness. This again means someone who enters that space who may have a sensitive liver, will find their liver will come under electromagnetic stress.

An occurrence of a death on a property dating back hundreds of years, will leave a death imprint then a subsequent further Bioplasmic field which extends to the boundaries of the property. There may be further complications with the existence of a death imprint due to the nature of the death. Juvenile Bioplasmic radiation is caused by the emotional paid body energies and imprints of children from the age of 0 – 5 years. Young children react

negatively to this energy like it is a sixth sense.

Negative Psychic impressions are caused by one person or a group of peoples' negative emotion towards another person, group, place or organization. Workplaces are notorious for negative psychic impressions which can be directed within the organization or targeted at other individuals, groups or organizations. Shopping centres with many competitors create an accumulative negative psychic impression which upsets electro-hypersensitive people.

Negative psychic impressions may be quite damaging to how a business performs. For example, a retailer who is under negative psychic impression from a competitor, may affect electro-hypersensitive customers to a degree that they do not re-enter that environment. In our building biology consultancy, we often work with retailers re-balancing the negative psychic impressions with the Geoclense.

The **Geoclense Home and Workplace Harmonizer** is programmed to neutralize and dissolve all the above Bioplasmic fields. It's amazing how different you feel when you remove all forms of Bioplasmic Radiation. Another reason why people love the **Geoclense**.



by Gerard Bini

Gerard Bini is an Intuitive Building Biologist at Orgone Effects Australia

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"Channelled messages from Kwan Yin"

Card Reviews

THE RAINBOW ORACLE JASMINE SAFI



The Rainbow Oracle deck is a colourful source of inspiration that draws its aesthetic appeal from the light spectrum. Safi holds you her in her divine feminine power when you converse with this deck. The 52 cards contain 18 archetype cards and 34 oracle cards. The Rainbow Oracle deck connects to a deeper aspect of yourself and speaks to you on a soul level. Safi gives a variety of different spreads including the life and spiritual ladder. These supportive cards

allow you to explore situations that are causing concern and help to give you the answers you are seeking in a gentle and uplifting way.

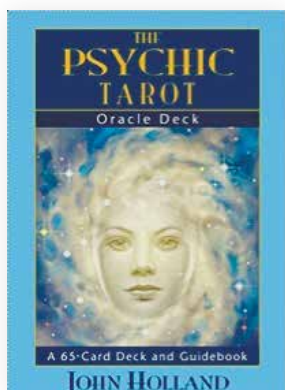
THE CED TAROT GRIFFIN CED



This graphic set of tarot cards may not be everyone's cup of tea due to the sometimes-violent nature of pictures but if you are a lover of art and design, you will love this deck. It contains adult imagery and content such as nudity and sex. The creator of this deck explains the use of such imagery is not meant to support or romanticise this type of violence. Once you have your initial reaction to the cards and start to understand the

primeval meaning to the imagery, you can start to appreciate the aesthetic value of these cards. They truly reflect the pain and sorrow that we all experience from time to time. This deck combines special symbols, moon phases and astrological symbols. Three additional cards are offered. The Hearthstone, Fount and the Rose. They represent flesh, soul and the all. The cosmology of the Ced Tarot is based on the winds of creation. The deck is divided into three main Cosmological groupings: The Directional powers of the Earth, the Stars of Fate, and the Moon, Mother of Tides of Change. This deck helps you to dig down and uncover the deeper meanings and solutions to issues.

THE PSYCHIC TAROT ORACLE DECK JOHN HOLLAND

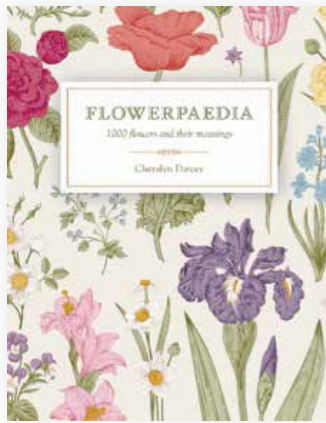


Holland developed this tarot after many years of developing his own psychic insights and then seeing a need for a deck to help the beginner and experienced reader. His easy to learn tarot is a soft approach to help you to integrate the knowledge about which minor arcana cards are the emotions, mental, physical and spiritual. He has added an extra layer by having chakra cards. In the

instruction book, there are lovely descriptions of how to use your psychic senses, the use of colour and numerology. The medieval appeal of the cards gives greater understanding of the symbolic meanings that can be occurring in the reading for the client or yourself. The self-explanatory pictures are easy to help you interpret the meaning of the cards.

Book Reviews

FLOWERPAEDIA – 1000 FLOWERS AND THEIR MEANING CHERALYN DARCEY



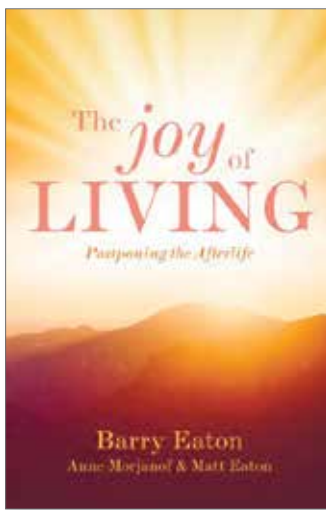
Flowerpaedia is an A-Z reference guide of over 1000 flowers, researched and compiled by botanical explorer Cheralyn Darcey.

This comprehensive dictionary includes each flower's correct botanical name for easy and exact identification. You will delight in understanding what each flower means – emotionally, spiritually and symbolically – and are also able to search by the feeling or emotion you wish to convey or change.

Expertly written with easy-to-understand insights, Cheralyn shares how we can work with a myriad of flowers to achieve balance, calm or healing in our lives, homes and gardens.

For both the enthusiastic gardener and anyone charmed by the beauty and energy of flowers, this guide to understanding and selecting the right flower for every occasion and meaning will be felt and enjoyed by all.

THE JOY OF LIVING BARRY EATON

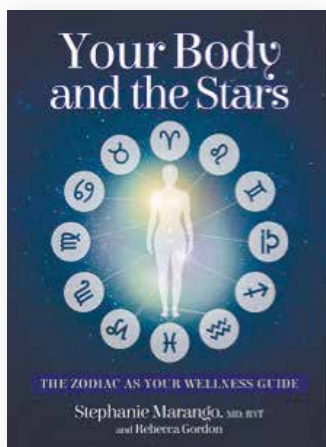


The Joy of Living is a story that touches the soul and gives us heart-warming, fascinating and deep insights on the hard road from diagnosis to treatment and eventual survival from throat cancer.

Barry Eaton, author and radio presenter, describes the careful preparations he made for his journey, using his experience and understanding of the spirit world to deal with and survive the ordeal. Balancing holistic and spiritual methods with modern medicine, he found the means of coping as well as developing a deeper understanding of his life's purpose. Barry tells his story in his own inimitable style as a broadcaster, sprinkled with amusing anecdotes and recollections.

Dealing with customary fears surrounding cancer, Barry's story unfolds with insights from his partner Anne and son Matthew, as they support him through his emotional roller-coaster journey.

YOUR BODY AND THE STARS - THE ZODIAC AS YOUR WELLNESS GUIDE STEPHANIE MARANGO & REBECCA GORDON



This is not an Astrology book, nor an Anatomy one. Rather, it is a wellness guide that uses the stars as its foundation. *Your Body and the Stars* is a fun and insightful handbook that takes a revolutionary approach to wellness by unlocking the power of the stars. Working through the twelve zodiac signs and the body region each sign represents, from head (Aries) to toe (Pisces). Discover how to give your body the attention it deserves.

Do you suffer from neck pain? Go to the chapter on Taurus to learn why your neck hurts. Want healthier knees? Learn preventive exercises in the Capricorn chapter. This is the first comprehensive, self-directed holistic program that covers emotional and mental health along with the body. Identify your sun sign or a body region that needs care, and then draw on the zodiac's wisdom for practical tips and illustrated exercises (based on a mix of yoga, stretch and strengthening movements, and Pilates) that deliver an effective result.

Your Body and the Stars brings together medically trained, holistic physician Dr Stephanie Marango and talented astrologist Rebecca Gordon, whose astrology columns appear on numerous websites and publications. Marango and Gordon combine their individual expertise to bridge the zodiac signs to physical life, providing a lifelong tool that can both prevent illness and optimize well-being, illuminating your head-to-toe healing connection to the cosmos.

Charoite – The Crystal to get you back on track



BY ADAM BARRALET

“ Taking time to daydream or meditate with Charoite can start to give you inklings of the direction you should head towards. ”

When it comes to the colours of crystals, violet stones are connected to your crown chakra, your spiritual path and seeing the divine perfection in the unfolding of life. For many of us, the first violet crystal that comes into our life is Amethyst. This magical variety of Quartz encourages you to step aside for the constant demands of everyday life and pause to ask yourself, “What else is there?” and “Where am I heading?”

Once we have realigned our path, there are so many other violet crystals to help you on your path that should be explored by any true crystal lover. There’s the crystal of universal love – Sugilite, the stone of the pleasurable path – Tiffany Stone, Stichtite – the crystal of sharing your gifts with the world, Violet Flame Opal – the opal of spiritual transformation, Purple Fluorite – the crystal of spiritual discernment, Ussingite – for incorporating your spirituality into your everyday life and Purple Tourmaline for enhancing your imagination. But what happens when you get to a crossroads in your spiritual path? There you are cemented in a stand-still wondering where to place your next step. At this time grab the magical Charoite.

Charoite is a rare crystal only found in Russia, near the Chara River, hence its name. Charoite helps you to realign your soul with its true desire and get you back on track. Taking time to daydream or meditate with Charoite can start to give you inklings of the direction you should head towards. When working with Charoite, rather than ask the big question of “What should I do?” ask other questions that will steer you the right way. Contemplate:

1. What makes me happy?

2. What activities make me lose track of time?

3. Who would I like to help?

4. What message would I like to leave for future generations?

5. What change would I like to see in the world?

Astrologically, Charoite resonates with Chiron, the minor planet names after the mythological Greek centaur who despite a tragic beginning to his life, overcame the odds to become a brilliant artist, healer and teacher. And thus, Charoite and Chiron (in both astrology and mythology) encourage you to look at the wounds of the past and understand how they have in fact served you, giving you skills and talents that support you today. For example, no one can understand poverty like an individual who grew up in this environment. Children who had absent parents and are left to fend for themselves are develop an unshakable resilience and independence which allows them to become successful in adult life.

Furthermore, Charoite’s locality was once the site of concentration camps and thus Charoite is also associated with strength against adversity. Call on your Charoite to give you determination to overcome odds, to pave your own path, follow your heart and ignore nay-sayers and doubters. So, when you are feeling lost, grab your Charoite, find comfort and peace in your changing situation, and when the guiding light appears, step confidently towards your destiny.

Find out more about these crystals in **Crystal Connections** by Adam Barralet.

Readings with Rene and Maureen

Medium **Rene Barics** is the founder of **Psychic Agency Australia™**.



Rene is a Cert IV Trainer, Assessor and Educator LLN Component. She is nationally known for being the 2013 Psychic of The Year

(VIC). As seen on TV with Psychic TV and ESOTV, Rene has also been on radio with 97.7fm and 98.7fm, as well as featuring in magazines such as That’s Life and New Idea. Rene exhibits in all the Mind Body Spirit Festivals across Australia, Body Mind & Psychic Expos in Adelaide, Festival of Dreams in Sydney, along with Psychic Wellbeing Expos in Victoria. Rene is a stage presenter in Proof of Survival across Australia, as well as a teacher in psychic, mediumship, metaphysical and a reiki master practitioner trainer.

Maureen Barrass is a 3rd generation psychic medium and clairvoyant.



She is a Clinical Hypnotherapist, Counsellor, Astrologer and Spiritual Healer. She teaches Metaphysics and Psychic Development Classes weekly, teaching others

how to use and develop their own psychic abilities. She has been reading tarot for over 30 years. Her reading are based on the Astrological wheel of Life spread that gives clients opportunity to have their questions answered and to gain connection with spirit.

Question – Liz

How do I move forward with my life when I lost my husband six months ago?

Answer – Rene

Liz there are a lot of tools and techniques, perhaps setting goals for yourself, getting active in creating your creativity. Changing patterns by keeping busy and talking to people. The ultimate technique is to raise your energy out of suppression with anything that makes you happy and healthy.

Question – Caroline

I keep seeing people that remind me of my mother that is in spirit?

Answer – Rene

Caroline the reason you are seeing people that represent your mother is you’re still trying to find closure. One reason, is my mother okay in spirit, yes she is, do you need proof that your mother is okay? This is why people go to mediums to get proof of survival in the afterlife. The other is that your subconscious is trying to feel secure with the situation of loss. Closure can come in many forms, signs information and acceptance.

Question – Allison

I keep seeing different spirit but I do not know what to do?

Answer – Rene

Allison when we see spirit you can ask in your subconscious, many questions to the spirit, however you have to trust the answers and not think it’s yourself. I would recommend psychic and mediumistic tools of development for you to learn safe skills for communicating with spirit. This then will develop your insight.

Question – Jo

I have a deep love for animals and am intrigued by the messages they have for us. I feel that magpies are significant to me but I’m not sure why?

Answer – Maureen

Birds have long been emblematic of unpretentiousness and simplicity. They are universally considered to be messengers to and from spirit. The Shaman turned himself into a bird to connect with spirit and the Creator. Magpies represent Intelligence, familiars and occult knowledge. Maybe they are suggesting that it is time for you to develop your connection

with spirit by developing or using your psychic abilities. Go within and ask the question.

Question – Karen

What’s going to happen in my career in the next two years?

Answer – Maureen

There are many changes taking place in all aspects of our lives at the moment and nothing is forever. Sometimes change is inevitable as we cannot stand still forever. Whatever changes happen in your career, your path and direction has already been mapped out for you before you were born. Remember you set this in place within your blue print. You now need to ask yourself if you truly want to continue to do what you’re doing. I feel to some extent you have lost your passion and it is no longer in the career you have chosen. Maybe it is time for you to make the changes necessary for your Soul growth. Follow your heart and feel the fear and do it anyway. There are no mistakes in this world, just experiences. Whatever happens you are where you need to be at this moment.

Question – Belinda

There have been many instances recently that I have been thinking of things that have happened in the past and thoughts about people that I haven’t seen or heard from for a while. Suddenly out of the blue I bump into them again or the phone rings and it’s them. What is happening?

Answer – Maureen

Using our Intuition is a natural ability or power that makes it possible to know something without any proof or evidence. It’s a feeling that guides a person to act a certain way without fully understanding why. You are merely tuning into your intuition and connecting with the energy of the other person. An example would be: “How did you know I would drop by?” “Oh, I don’t know. It must have been intuition.” It’s a knowing or a feeling that we can tap into on the same wave lengths or vibes of the other person.

Have a Question? Looking for help, advice, clarity or guidance? Then send us your question and we will give an answer in the next issue.

Go to www.alternativevoice.com.au and click on contact us and register your question. All correspondence is treated in the strictest confidence

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A New Spin on Body Therapy Wuo Tai "Between two Circles"



Debra McIntosh is an Oriental Remedial Aromatherapist & Yoga Teacher.

Coming up the 13th & 14th of May Debra will be facilitating a Two Day Wuo Tai® Exploration.
www.embodiments.com.au

So imagine two people on the ground, the Giver, the Receiver and movements in-between, looks a bit like partner yoga, thai massage, shiatsu. What is Wuo Tai®? It has been inspired by the combination of dance and osteopathy also referred to as "Osteo Danse." It is a therapy space between the borders that invites in all cultures and therapeutic disciplines, sequenced upon the characteristics of the Yi Jing from ancient Chinese civilisation & Taoist philosophy.

Roland Combes the French creator of Wuo Tai® with an established Osteopathic Clinic and Wuo Tai® School in Hyeres had a desire to bridge the gap of his childhood yoga and his osteopathy profession. He quotes, "Wuo Tai® is a new gymnastic for two which movements promote an awakening of consciousness and relationship."

Physically speaking Wuo Tai® unravels the deep and lighter fascia chains the connective tissues that support all structures within our body's anatomy birthed from our embryological being. All movements we make relate to fascia, within the muscles, organs and physiological functions. The web of fascia is a continuous dance of unwinding, lengthening and rewinding back on itself, between the inside and the outside. It's these subtle vibrations as a therapist is where we listen to the aliveness and where it wants to expand between the universe and back again.

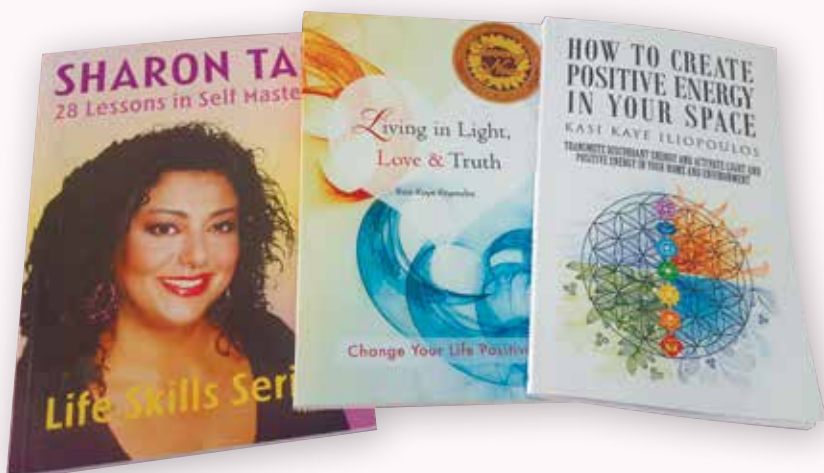
The dance of Wuo Tai® and its elliptical movements are in a continuous circular motion around an axis both horizontally and vertically. The therapist positions their heart, creates a support structure a gentle tension hold, extends away and applies pressure upon the fascia. For example my leg may wrap around my clients leg, holding it structurally in place whilst my hand will be on the calf muscle unwinding the fascia.

This divine therapy enables the body to fully let go, release and feel the in-between, the body talk speaks and feels its way as the therapist simply follows this guidance. It promotes a deep feeling of wellbeing, a coming home to the embryological motion the infinity of time. A greater flexibility becomes present throughout the whole body, Chi invigorates the body systems and fascia chain meridians, whilst on a cellular level freshness and peace persists hours and days after any given treatment.

My Wuo Tai® training began in Bali of January 2014 with Roland & Nathalie Combes. The techniques referred to as Gestures offer an invitation between the receiver & giver, a curiosity to allow the journey to unfold. Wuo Tai® Osteo Danse is based in Articulation, Myo Fascia & Deep Fascia, Visceral Fascia, Osteopathy & Energetics and any given treatment will include gestures from all of these Spheres.

WIN a Winter Reading Pack

No Winter would be complete without some books to enlighten and inspire you. We are giving away a set of 3 books. Here's what you can win.



If you would like to win this book pack, simply email the Editor and tell us which book you would like to read most! And why. The winner will be announced in the July / August 2017 issue.

WINNER OF THE MARCH/APRIL 2017 COMPETITION WAS MEGAN HILL. CONGRATULATIONS MEGAN FROM THE TEAM AT AN ALTERNATIVE VOICE AND HAPPY READING.

LIVING IN THE LIGHT BY KASI KAYE ILIOPOULOS

Living in Light, Love & Truth provides insight in how to balance the spiritual (inner) and physical (outer) aspects of ourselves as an individual and in the life we live. It breaks down life events, and it attempts to identify the ego by examining truth. It explores topics such as our life purpose, the ego, energy, free will, intuition and gratitude. It also offers the opportunity to reflect, understand and cleanse fear-based energies that inhibit you from holistically experiencing an empowering and positive life.

To help you on your life journey, each chapter is accompanied with reflective quotes, reflection exercises and affirmations, which form part

of the self-healing process. Living in Light, Love & Truth is the first layer of life transformation: taking responsibility for actions, emotions, feelings, thoughts, words and perceptions towards ourselves, others, situations and environments.

Knowledge without application is simply knowledge. Applying the knowledge to one's life is wisdom-and that is the ultimate virtue. From a young age, Kasi Kaye Iliopoulos has known a great compassion for life. Her passion to discover the spiritual laws of life has always inspired her. Undertaking energy healing practitioner training steered her towards healing herself and others, and living her life purpose. She currently lives in Melbourne, Australia.

HOW TO CREATE POSITIVE ENERGY IN YOUR SPACE BY KASI KAYE ILIOPOULOS

Spiritualists cannot effectively refine their soul frequencies in an environment that does not match their soul vibration. The energy that is outside of us does affect our energy field and therefore our soul vibration. Being aware means that you understand this and take action to address it.

In How to Create Positive Energy in Your Space, author Kasi Kaye Iliopoulos explains how you can assess your physical environment and its energetic imprint by looking at the location and structure and harmonising it by crystal gridding and Himalayan Salt placement to combat discord and electromagnetic smog. She also reveals the impact that previous residents, neighbours, and the past have on the present and describes ways to shift discordant energy by decluttering, cleansing, and interior design. Through the use of colour therapy, chakras, plants, flowers, aromas, sound, sacred geometry, and symbology, you can manifest light and positive energy in your home and space. These methods can help you continue on your path of restoring to your original soul template and living the life you came here to experience.

This guide presents ways to evaluate the energetic imprint of the spaces around you and transform them into positive and helpful environments for you to inhabit.

28 LESSONS IN SELF MASTERY BY SHARON TAL

Sharon Tal is a qualified Kinesiologist, counsellor, Reiki Master, teacher, and the host of her own inspirational radio show. This book is a culmination of her work over her many years in professional practice, and it is written for those willing to raise their consciousness and evolve to the next level. Like you, Sharon is committed to her successful evolvement. With information and exercises taken from Sharon's Life Skills Series Workshop, this book offers you the opportunity to: 1. Connect to your true essence, 2. Understand your patterns, 3. Clear old programs and sabotaging behaviour 4. Gain clarity on your life purpose and 5. Learn to really love yourself. Sharon invites you to step on the conscious path, understand what holds you back, and find yourself. May you enjoy this process, just as she did.



by Max Coppa

Max Coppa is an International expert in Palmistry, Numerology & Dream Interpretation with over 35 years' experience. Max's inspiring and practical approach brings palmistry and numerology in to the 21st century and makes it accessible to all. Max has a passion for teaching others and conducts palmistry & numerology workshops worldwide.

Visit www.maxcoppa.com for more information.

“ Your child's date of birth acts like a personal key code and can help you work out the best way to connect with them. ”

Crack your Kids Codes

Parenthood brings with it many changes, gifts and steep learning curves. Most of us have had to learn the hard way, by just diving in and using our best judgement to make decisions and parent effectively. Ask any parent and they'll probably tell you they wish their child came with a user manual which explained how to handle them.

Numerology offers a unique and accurate insight into your child's personality. Your child's date of birth acts like a personal key code and can help you work out the best way to connect with them. It can also reveal what life path best suits them and much more. First, you need to work out your child's life lesson number.

Simply add together all the numbers in their date of birth, then reduce it to a single digit. For example, if their birth date is 11.3.2012, add $1 + 1 + 3 + 2 + 0 + 1 + 2 = 10$; $1 + 0 = 1$. This is your child's life lesson number. Use this guide to see what it reveals about him or her.

Life Lesson 1 (Active)

A life lesson one child will be active and strong. Parents need to be firm and straight with them as they are born leaders and it's hard for them to take orders. They are self-motivated and confident.

Life Lesson 2 (Sensitive)

A life lesson two child is passive, loving and their family is very important to them. Their feelings can be easily hurt and they require a soft and supportive approach. They are sensitive and caring.

Life Lesson 3 (Social)

A life lesson three child is social, confident and a born communicator. They have the gift of the gab and tend to make friends easily. They can be demanding and need your constant attention.

Life Lesson 4 (Physical)

A life lesson four child is quite rigid and fixed. They need order, system and routine in their life and may even organise their room perfectly. They are strong minded and need a good role model.

Life Lesson 5 (Adventurous)

A life lesson five child is energetic and positive with lots of potential. They grasp things quickly, love new experiences and are adventurous. They are self-motivated, restless and curious.

Life Lesson 6 (Loving)

A life lesson six child is loving and a born mediator. They need peace and harmony, and don't like arguments or aggression around them. They have natural charm, warmth and generosity.

Life Lesson 7 (Inventive)

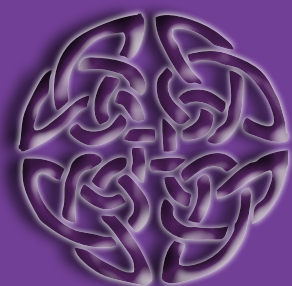
A life lesson seven child has a super active mind and will be very inventive. They are smart and gifted children who will gravitate to other bright children. They don't suffer fools.

Life Lesson 8 (Strong)

A life lesson eight child is a born leader and power is their game in both work and play. They are strong-willed, can have a bad temper and need discipline and guidance.

Life Lesson 9 (Intuitive)

A life lesson nine child is a deep thinker and daydreamer who has a tendency to worry. They are sensitive and analyse everything. They read a lot and love to daydream and fantasize.



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What's In The Stars For You May - June 2017 With Kerry Galea

ARIES

20 March – 19 April



Grab the opportunities presented to you. In-depth conversations will get to core feelings, and reveal fears and past patterns. This makes it a great time to make decisions for the future, but only after taking time to make plans before taking action. Authorities will do their very best to support you.

CANCER

21 June – 22 July



Working life issues will soon bring a strong possibility of added benefits, especially when you take duty and responsibilities seriously. Yes, play nice to the boss and you will benefit. It's also time to improve the home and family relationships. Leave the past alone, and look to the future.

LIBRA

23 September – 22 October



A project, goal or creative idea can fail due to lack of commitment or knowledge. Is there a good reason why you are not fully on-board, or are your energy levels low? If so, rest and learn what you need to know. As they say, "once you have the knowledge you have the power".

CAPRICORN

22 December – 19 January



Now is the time to spend time at home, perhaps improving your surroundings, and bring in greater peace and quiet. There will be demands on you to take on more work and responsibility and I suggest that you practice saying NO. I know it's hard, but as they say; practice makes perfect.

TAURUS

20 April – 20 May



What is it that you want to do which perhaps is different to what others want to do? You can easily impart your ideas and knowledge to others; either to convince, discuss, or teach. It's time to get on top of all money issues as there are choices, and savings, to be had by negotiating.

LEO

23 July – 22 August



You need to clear your mind and break routine to get a new perspective. Simmering frustration or restlessness means that you need a holiday, or a new stimulating experience to get your mojo activated. Challenge rules that need to be questioned...for what is acceptable in one instance, is not acceptable in another.

SCORPIO

23 October – 21 November



Emotions, or nervous energy, runs high. Are you giving over your energy to family and loved ones needs, and not thinking of yourself? Do you lack perspective? Do you lack money or self-worth? To gain balance; go with the flow and let the inner tide of feelings flow in and out. Relax and chill!

AQUARIUS

20 January – 18 February



Now is the month to focus on goals and the big picture. Start each day with a focus in mind. Even a small decision can change your life. While it may sometimes feel like it, you are not being blocked, merely asked to go slower and make better plans. Look to the future.

GEMINI

21 May – 20 June



High inner energy levels can go two ways... one is where you want to fight, the other is where you want to get energized towards your own goals. It will take the naturally calmest of you to manage this without drama, but being calm can be a "choice" which increases creative fun times.

VIRGO

23 August – 22 September



There are all sorts of seemingly good "things" you would like. Ask yourself, do they matter in the long run? Also, the harder you work, the less effect it will have. Try working "effectively" rather than harder and plan your escape and look forward to some decent relaxation time in the future.

SAGITTARIUS

22 November – 21 December



Let your creativity flourish which brings inspiration and good supportive networks especially around young people. Others may become tense, or try and push, but take it as slow or fast as you want to go. It's your creative time so let them buzz around like hyped-up worker bees at a banquet... not you.

PISCES

19 February – 20 March



Choices will be made, then remade! Tensions around family dramas need to be faced, and it's best to retire from the battlefield, for your special strength is now in using clever negotiation skills. This is a perfect time to do some renovations, or have a golly good clean out of anything not wanted.

Kerry Galea Astrology, Palmistry and Ancient Moon Gardening

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0409406446

Crystal Guardian Oracle cards and The Kingdom Of Love cards a sequel set sold at Sacred Mist. Next Workshop on the Sat 20th May 2017

We welcome you once again to our meditation corner and we hope these meditations are bringing you peace and inspirations in this busy world. In your own time take a little break and sit in a quiet place to read this article in peace so you can focus and go deeply within to your Inner Planes held in the heart. Calling in your Guardian Angels as they drape a beautiful shimmering violet velvet robe around you for purification and protection, note the symbol embossed on the back in silver or gold especially made for you that matches the clasp under your chin. This symbol indicates what you are initiating through at the moment as the previous months were very trialling for humanity. A divine Fluorite Temple manifests around you with 8 golden pillars and a fluorite crystal slab floor of green and purple hues, holding up a dome ceiling of Apophalite with a pyramid on top for ascension needs.

In the centre a beautiful white mist comes in as you breathe in this spirit of Gaia for healing, along with the Crystal Guardian ZelTaFi, bringing you a gift of a large Aqua centred Fluorite crystal ball, a very rare gem from the Middle Earth to assist you as she explains. "The grand cosmic shift has occurred on your last full moon bringing you all into a new paradigm for our future life paths. Everything has changed, people are now prioritizing as time is moving quicker and more light embraces all. This shift also occurred to your skull at the back of the crown chakra, where this beautiful fluorite purple star was activated from your golden pineal gland for all that are ready to recognize it. Breathe in 3 times if you wish to visualize this star shining. See if your pineal gland has become gold yet or is still a different colour? This new star chakra will assist

you permanently in the soul braiding with your higher self's awareness. There is no more choice; it is a prerequisite of the awakening of the 5th dimensional Angel human that you have become."

ZelTaFi explains that your 8th chakra is most important in this connection and it's the fluorite crystal that assists with this. The 8th chakra is the Rainbow Bridge chakra which opens only when your rainbow light body (the 7 chakras) has been cleansed, purified and aligned again. After you've entered into the rainbow bridge's field, you will begin to be aware that there are another 4 chakras above this one; look up and see...therefore humanity shall remain in the 8th chakra field for a great time frame during this new conscious wave that is here upon us. This can be called the 8th DAY of Genesis, where it's up to us now to create the next chapter as nothing has been written for it from our past. We are the ones we've been waiting for and we will become The Angelic Cosmic Human once again as we create our new Earth" The Crystal Guardians hold the stories and so do all your crystals, so we thank ZelTaFi for her message as we feel the star codes electrifying through us on a cellular level as we breathe in light 3 times to hold this. ZelTaFi places a beautiful fluorite crystal in the palm of your left hand to remind you of your visit in the Violet Fluorite Temple where we connected & bridged our new worlds. Gently breathing as you come back now slowly knowing you have made a difference. If you have a fluorite already at home, realize that you are already well on your way to becoming a Human Angel.

ALTERNATIVE DIRECTORY

ARCHITECTURE & BUILDING

Orgone Effects Australia

For the detection & neutralization of geopathic stress & electromagnetic radiation fields in your home & business. Call Gerard: 0422 533 966.

ASTROLOGY

Astrology Consultations

Sara Gilbert, FAA Diploma. Call: 0412 235 935 or visit www.lifespiritconnections.com.au New workshops and courses commencing soon.

CLASSES, COACHING & WORKSHOPS

Soul Senses Workshop with Kim Lousada

Come on a healing journey through your senses. In this session you will: Inhale the therapeutic benefits of doterra oils · Hear the vibrations of crystal singing bowls · Feel the comfort of restorative yoga postures · Watch your awareness grow through a Yoga Nidra meditation. Kim and Erin are Melbourne based yoga teachers who share a love of Yoga Nidra, doterra essential oils and the singing bowls. Kim is also an advanced Chiron Practitioner®, Integrated healer, Psychic/Tarot Reader and Medium. Erin is a meditation teacher, certified Amrit method yoga nidra teacher (sleep based meditation technique), health coach, doterra essential oil wellness advocate and beauty therapist.

Saturday, 6th May from 2.00pm till 4.00pm Cost \$50. Bookings Essential: 9500 8220 or Kim 0438 230 035 or Erin 0411 088 604

Create Your Own Mandala Workshop –

Create your own healing Mandala or Wheel of life with Lesley Williams. No experience necessary just a willingness to create. Saturday 6th May 1.00pm till 4.30pm Cost: \$50. For further information & bookings call: 9500 8220 or visit: www.sacredmist.com.au

Crystal Guardians Workshop with Michele Kingston

'The Crystal Guardians are coming to Sacred Mist' A fun day of learning about the 33 Crystal Guardians, what they can do for you, where they come from, why they've returned and so much more, including how to activate your own 33 chakras & new wing system. They'll bring through some amazing healing techniques for you & the world while you uncover some important crystal mysteries at this incredible time in our evolution. Bring along a favourite crystal to activate! Class is limited to 6 people. Don't miss out, book your space now! Saturday, 20th May 10.00am till 4.00pm Cost: \$130 Inclusions: A 130 page manual. Bookings Essential: 9500 8220 or Michele direct 0409 406 446

Bio- Etheric Healing Certificate Course – Level One Saturday 20th May 2017

'A breakthrough in Alternative Therapies'. This is a one day workshop level, teaching this innovative method of Alternative Healing. Learn the techniques and applications of Bio-Etheric Healing and how to harness the healing powers of the Etheric Body. See how you can determine the role of Karma and Past Life traumas in ailments and how to overcome their negative effects. Learn how to guide the Etheric Body to help heal a wide range of illnesses. Date: Saturday 20th May 2017 Time: 10am till 4pm Cost: \$250. Early bird price is \$199 if paid before the 30th April. Bookings: 0411 260 339

Learn to Read Tarot – New 10 week Course commencing May 27th

In this course you will learn to read the tarot cards intuitively and understand the meaning through the symbolic language that connect you with your high self and guides. Workbook and

notes provided. Cost \$50 per class. New course commencing Saturday 27th May 2017 10.30 am till 12.30 pm Enquires call Maureen 0411 260 339

Chiron Healing and Protection with Kim Lousada

Do you feel energies around you? Are you an empath or a sensitive person?

Have you been trying to let go of someone or something but it hasn't worked?

If you answered yes to any of these questions you might like to come and experience the magic of Chiron Healing®. This gentle yet powerful energy healing can help people to move with ease in the world. Kim will be demonstrating 15 minute Chiron Healings and also showing people how to manage their own energy with the four step healing method. Kim is an advanced Chiron Healing® Practitioner, Yoga Teacher and Psychic Medium. Kim uses the techniques of Chiron Healing on a daily basis to help her negotiate the world with ease. She also conducts healing using this beautiful modality.

Saturday, 3rd June 10.00am till 12.00pm. Cost: Complimentary. Bookings Essential: 9500 8220 or Kim direct 0438 230 035

Spiritual Guide & Angel Drawing Workshop

Learn to draw your own angel & spirit guides with Maureen. Saturday 3rd June 12.30pm till 4.30pm \$50. For more information call: 9500 8220.

Unlocking the Secrets of Unicorns, Mermaids, Dragons and Fairies with Crystals Workshop with Adam Barralet

Join Adam Barralet, author of Crystal Connections and many other works, to dive into the mystical realms of the Unicorns, Mermaids, Dragons and Fairies. The workshop will explore the gifts and wisdoms of these mystical beings, what crystals can be used to connect with them and small rites to perform to invite them into your life. The evening will conclude with a blissful meditation where you will meet these four and form a personal connection. Wednesday, 14th June Time: 7.00pm till 9.00pm

Investment: Online \$22 plus booking fee \$1.54 Bookings Essential: Online www.adambarralet.com or Sacred Mist 9500 8220

Crystal Connections Full Day Workshop with Adam Barralet – Saturday 17th June

Join Adam Barralet for a workshop designed to enhance your connection with crystals and nature. This workshop introduces you to the extensive uses of over fifty crystals, teaches new ways to include them in your everyday life and gives you techniques to developing your personal relationship with your crystals. This workshop will help you to make beneficial changes in your health, wealth, love life, happiness and overall well-being. Saturday 17th June 9.00am till 5.00pm Cost: Online Early Bird \$125 plus \$4.12 booking fee by May 1st thereafter \$175 plus \$5.37 booking fee

Bookings Essential: Online www.adambarralet.com or Sacred Mist 9500 8220

Sekhem Healing Meditation with Gamal Paez – Friday 23rd June

SEKHEM HEALING MEDIATION: 1 hr of self-healing energy meditation to regain the balance of your mind, body and soul. I am teaching people to become their own healers, and with this 1 hour of teaching I will guide you through a self-healing meditation based on several techniques such as Shamatha, Vipassana, Focused-Breathing, Yoga Nidra and Visualisation Meditations that will be used as a vehicle all together with any energy healing modality that you know in order to solve any mental affliction, emotional issues, or energetic/spiritual blockage affecting

your life. I will also be guiding participants via different healing meditations focused in the channelling of Sekhem Universal Energy that has been passed on to people since ancient Egyptian times. You may experience profound physical, emotional and spiritual healings during the meditations too. It is not important for you to have previous knowledge of any of the energy healing modalities such as Reiki, Sekhem, Pellowah, Chi-gong or any other natural energy therapy. As long as you are free and open to experience an amazing healing practice, you will enjoy the benefits of this meditation. This practice is a complementary tool for any current medical treatment and does not replace any traditional medicine or current medical treatment plan. Positions are limited (10). Friday, 23rd June Time: 6.00pm till 7.00pm Investment: \$20 Bookings Essential: Links: <https://www.meetup.com/Sekhem-Egyptian-healing/events/239076867/>

Facebook: <https://www.facebook.com/events/1828552664132220/>

The Readers Tarot Walk – One day Workshop – Saturday 24th June

For Tarot Readers from the Novice to the Professional. Originally developed for an Elite few, this is your opportunity to make it happen for you. On your Tarot Walk you will learn:

- Deliver readings that have the power to empower both personally and professionally.
- The importance of developing yourself (a reader's personal responsibility).
- Strategies for developing your clients because of your readings.
- The art of creating deliberate futures though your readings.
- How to help your clients expand their awareness because of your readings.
- Learn the 7 steps to the Tarot Walk spread
- How to utilize "The Walk" & to fill the Gap in your approach to change.

Book now, pay in full and receive a pack of Universal Truth Cards as a gift (value \$28.95 - Limited stock not available in Australia) Bring a friend & both receive 15% off Saturday 24th June from 10am till 4.30pm Cost: \$140 per person.

Learn how to do an Archetype Reading - Workshop

Discover the Archetypes or patterns that you or your clients have currently running in your lives. Find out what you can do to change and clear these patterns so you can heal yourself. Based on the teaching of Dr Caroline Myss. Two day workshop will commencing June 2017 (date to be confirmed). Course notes & cards provided. For more information call Maureen: 0411 260 339.

Crystal Healing Workshop – Saturday 1st July 2017 10.30am till 4pm

An introduction to crystals with Lesley Williams. This workshop is an introduction to crystals and their many uses. It will suit anyone who is interested in learning about crystals, how they work and how to use them in your everyday life. This is a hands on workshop where you get to play with crystals, give and receive a healing utilizing different crystal lay-outs. Join Lesley for an informative, relaxing and inspiring day.

Cost \$95 starting at 10.30am till 4pm for bookings call 9500 8220 or visit www.sacredmist.com.au

Life Coaching

Improve your life balance & wellbeing through tarot & numerology self-knowledge. New classes and courses commencing soon. Call Sara: 0412 235 935 or visit www.lifespiritconnections.com.au

The Avatar® Course

An individual integration process. For further information call Lin: 0407 495 392.

Sekhem: Egyptian Reiki Workshop with Gamal Paez – Saturday 22nd July

Sekhem: Egyptian Reiki Workshop presented by Gamal Paez - Medical Doctor, Sekhem/Reiki Master Level 1: Awakening Level 2: Transformation. Achieve extraordinary spiritual growth and healing skills through Egyptian Energetic Initiations, Guided Meditations, Healing Sessions, and Archaeological Teachings. TOPICS: The meaning of "Universal Energy". The Human Energy Bodies (Indian Vedic Tradition). The Chakra System and Auric Field. The "Hands-on-Healing" technique. Medical research and Energy Healing. Ancient Egyptian Healing traditions and Spiritual Knowledge. Benefits of Sekhem Energy Healing. Healing with sacred Sekhem Symbols. Chakra Energy Healing Meditation. Sekhem Energy Healing for the Chakra and Auric bodies. Saturday 22nd July Level 1. Sunday 23rd July Level 2. 10.30am till 5.30pm each day. Cost: \$400 (for both levels). Bookings Essential enquiries: www.holistic-alternative-medicine.com.au/workshops-and-trainings/

COUNSELLING

Holistic Counseling & Hypnotherapy

Clinical Hypnotherapy & Past life Regression with Maureen Barrass. Transform your relationships; learn to deal with fears, phobias, and self-esteem & self-worth issues. Gain confidence, lose weight & smoking cessation. For further information or to make an appointment please call: 0411 260 339.

EVENTS / FESTIVALS

Psychic & Wellbeing Expo – Morwell

Sunday 7th May 2017, 10am – 5pm. Up to 50 exhibitors. Mediums on stage & free workshops. At The Kernot Hall, Crn Princes Drive & Monash Way. Morwell. \$5 Entry Kids 12 and under free. For further information call: 9500 8220 or 0411 260 339. Exhibitor enquiries welcomed.

Psychic & Wellbeing Expo – Cranbourne

Sunday 28th May 2017 10am – 5pm. Up to 40 exhibitors. Mediums on stage & free workshops. At the Cranbourne Public Hall, 168 South Gippsland Highway. Cranbourne. \$10 Entry Kids 12 and under free. For further information call: 9500 8220 or 0411 260 339. Exhibitor enquiries welcomed.

Psychic & Wellbeing Expo – East Burwood

Sunday 25th June 2017 10am – 5pm. Up to 45 exhibitors. Mediums on stage & free workshops. At the Whitehorse Club, 298 – 336 Burwood Highway. Est Burwood. \$5 Entry Kids 12 and under free. For further information call: 9500 8220 or 0411 260 339. Exhibitor enquiries welcomed.

See Back page ad for more Expo Dates for 2017

HEALING

Shamanic & Spiritual Healings - with Savannah

I have practiced Spiritual Healing for over 10 years and was taught the art of the Shaman by a very Spiritual Cherokee Indian. I use the ancient methods with the sound and vibration of the drum, smudge stick and healing wand. I was taught the wisdom and knowledge behind this ancient healing modality and I use this in combination with my connection to Spirit who are always present to help, guide and direct me during a healing Session with my clients. Appointments only Call: 0431 099 779

Bio- Etheric Healing Certificate Course – Level One Saturday 20th May 2017

'A breakthrough in Alternative Therapies'. This is a one day workshop level, teaching this innovative method of Alternative Healing. Learn the techniques and applications of Bio-Etheric Healing and how to harness the healing powers of the Etheric Body. See how you can determine the role of Karma and Past Life traumas in ailments and how to overcome their negative effects. Learn how to guide the Etheric Body to help heal a wide range of illnesses. Date: Saturday 20th May 2017 Time: 10am till 4pm Cost: \$250. Early bird price is \$199 if paid before the 30th April. Bookings: 0411 260 339

HEALING CENTRES

Sacred Mist – Wellbeing Centre

Offering a range of holistic healing services. Psychic Tarot readings available daily in-store, phone or skype. Massage, aromatherapy and reiki, healings and meditation. Classes and workshops. Visit us at 67 Glenferrie Road in Malvern, call: 9500 8220 or visit: www.sacredmist.com.au

HEALTH & WELLBEING

Orgone Effects Australia

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HYPNOTHERAPY

Past Life Recall - Peninsula Past Life Regression.

Easy, Helpful & Recording Included. Experienced AHA Hypnotherapist www.peninsulapl.com Ring Tony Ahearne Tel: 0431 358 880

Past Life Regression & Life between Lives

Maureen Barrass Clinical Hypnotherapist for past life and Life Between Life regression. As taught by Michael Newton. Also Hypnotherapy to deal with trauma, weight Loss, smoking cessation, stress, anxiety etc. For appointments in Malvern ring Maureen Tel: 0411 260 339

MEDITATION

World Service Meditation Group – Dandenong

Join with us at this free, non-denominational Meditation group. Call Louise: 0411 481 516.

Meditation Group – Malvern

In this hour session you will learn and engage in various meditation techniques which include: mindfulness meditation, guided imagery, yoga nidra, pranayama and experience the harmonic resonance of the crystal singing bowls. Available weekly on Tuesday mornings 10.30am till 11.30am, cost \$20 per class. Contact Kim on 0438 230 035.

Light Weavers Gathering - Sunday Meditation Group – Malvern

Join Marisa in these 3 hour sessions every 3rd Sunday of the month. You will learn and engage in various meditation techniques. Every third week – Sunday's 10.00am till 1.00pm, cost \$20 per class. Contact Marisa Tel: or 0430 865 682 or ring 9500 8220 for more information.

MEDIUMSHIP / PSYCHIC DEVELOPMENT / CHANELLING

Greg Riley – Psychic Medium

Hypnotherapist, Psychic/Mediumship, readings & workshops. Readings cover spirit communication & life direction. For further information visit: www.gregriley.com.au

Psychic Protection

New edition of the Psychic Protection Booklet is now available. Visit: <http://www.aspects.org.au/> for more information.

aspects.org.au/ for more information.

Metaphysics & Psychic Development Classes - Malvern

Learn the symbolic language of the universe and open up to the higher vibrational energy of the 12 chakras. This is a closed class – by application only. Small group. Wednesday evenings, 7pm – 9pm. Enquiries call: 0411 260 339.

A Channelled Event- Expand Your Multi-Dimensional Channel of Guidance

Thursdays 11th May; 8th June; 13th July, at Sacred Mist, Malvern 7.30pm - 9.30pm

In these extraordinarily fast changing times we are being assisted by many other dimensional Beings. Join Carole McKeracher: Visionary Intuitive, Mentor and Channel for an evening of healing and transformation as she channels Higher Dimensional Beings including 'Collectives' of the Sirius and Arcturan Frequencies. You will receive healing activations, compassionate guidance and enlightening perspectives on personal and planetary healing that can expand awareness of your multi-dimensional nature and Soul presence and purpose. Includes interactive Q&A with the Guides. Previous participants have shared spontaneous realisations, expanded states of being even conscious connection with their own Guides. A MP3 digital recording is free to participants. Cost \$40 Phone Carole 0411 109 984 Or book via

www.carolemckeracher.com/book-now/

PUBLISHERS

Love & Write Publishing – A Division of Rockpool Publishing

Australian Owned and operated self publisher Love & Write. Get published with Love & Write. Includes editorial services, soft cover and e-book, full design service, marketing campaign and much more. Contact: (02) 9560 0316 www.rockpoolpublishing.com.au Paul Dennett: E: paul.dennett@rockpoolpublishing.com.au

PRODUCTS & SERVICES

Dyoligy - Traralgon.

Traralgon's only New Age shop. Call in and see our full range of spiritual gifts, jewelry and clothing. You can find us at Shop 2, 1 Post Office Place. We are open Monday to Saturday six days a week for your convenience. Call: 5174 7576.

Orgone Effects Australia

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PROFESSIONAL ROOMS

Professional Rooms & Small Workshop Spaces - Malvern

Therapy rooms & workshop spaces available for hire. Suited to holistic & natural therapists & counselors. Enquiries 9500 8220

Professional Workshop Venue & Consultation Rooms – Malvern

Large area, seats up to 35 40 people theatre style. Some weekend bookings still available for 2017. Very competitive rates. Tables, chairs, kitchen facilities & projector included. Two rooms also available to suit smaller groups. Individual consultation rooms available at an hourly rate. For enquiries or bookings call: 9500 8220.

TAROT / PALMISTRY / NUMEROLOGY

Karin – Tea Leaf Reader

For appointments call Karin 0414 503 797 email: teawithkarin@gmail.com website: www.teawithkarin.com Berwick area.

Astrology Tarot & Numerology

Readings, courses & charts/profiles. Professional member of the Tarot Guild of Australia. Call Sara: 0412 235 935 or visit: www.lifespirtconnections.com.au

Psychic Mediumship & Tarot Readings

Maureen is a Psychic Medium & Tarot reader, with over 30 years' experience. She uses the Astrological tarot spread which gives you answers and guidance to questions on relationships, career, home, jobs, children and money. Call for a reading: 0411 260 339

Psychic Tarot Readings – with Savannah

I used my psychic ability to read into the future and have 18 years' experience in reading Tarot. My knowledge of the Tarot was taught to me by a Gypsy that taught me the ancient energies connected with fortune telling. I connect with ancient knowledge and wisdom and connection with Spirit to bring through clarity, guidance and direction to my clients. For bookings Call: 0431 099 779

Learn to Read Tarot – New 10 week Course commencing May 27th

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Tarot Practice Circle – Recommencing Saturday 3rd June

Want to practice reading the Tarot Deck and need people to practice on? Then come and join us on the 1st Saturday of the month from 12pm till 2pm. First Saturday of each month re commencing in Saturday 3rd June 2017. For further information or bookings call: 9500 8220. – Malvern Area.

WORKSHOPS & COURSES

Mumma Soul Goddess Circle with Jag

Are you looking for connection and support with like-minded Mums? This is an invitation for Mums to experience being part of a loving and nurturing tribe whilst creating well deserved timeout just for themselves. In this sacred circle, each gathering will have a set intention where you can share and gain personal insights allowing you to connect to your inner wisdom. This is an opportunity to feel relaxed in a safe space and just BE with other supportive woman. The gatherings are held on the 1st Monday of every month. Limited places available - A maximum of 12 women per circle. Experience the Power of Sisterhood. mammasoulcircles@gmail.com First Monday each month starting May 1st from 7.30pm till 9.00pm then refreshments. Investment: \$29 per circle. Bookings Essential: <https://www.trybooking.com/book/event?embed&id=266041>

Create Your Own Mandala Workshop – Saturday 6th May

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Spiritual Guide & Angel Drawing Workshop

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Psychic & WellBeing Expos

A Mind, Body, Soul Experience

EXPO
DATES

Come and enjoy an inspiring and relaxing day at one of our upcoming expo's. Featuring up to 50 exhibitors offering a range of services and products to indulge your senses. FREE workshops throughout the day including mediumship demonstrations.

Entry: Adults \$5, Kids under 12 free
Open 10:00am till 5:00pm

These dates are subject to change, please check our website for any updates.

Sunday 7th May

The Kernot Hall
Crn Princes Drive &
Monash Way
Morwell

Sunday 28th May

Cranbourne Public Hall
166-178 Sth Gippsland Hwy
Cranbourne

Sunday 25th June

The Whitehorse Club
298-336 Burwood Hwy
East Burwood

**Saturday & Sunday
8th & 9th July**

City Memorial Bowls Club
50-58 Cramer Street
Warrnambool

Sunday 16th July

Eltham Community &
Reception Centre
801 Main Road
Eltham

**Saturday & Sunday
12th & 13th August**

The Albury Entertainment Centre
Swift Street
Albury

Sunday 10th September

Sale Memorial Hall
88 MacAlister Street
Sale

**Saturday & Sunday
23rd & 24th September**

Beechworth Memorial Hall
101 Ford Street
Beechworth

Sunday 8th October

Lardner Park
155 Burnt Store Road
Lardner Park

Sunday 26th November

Mercure Ballarat Hotel &
Entertainment Centre
613 Main Road, Golden Point
Ballarat

Date TBC

Pakenham Library Hall
Crn John & Henry Streets
Pakenham



info@psychicwellbeingexpo.com.au
www.sacredmist.com.au 9500-8220

