

truMedic® INSTASHIATSU+®
Products to Live Life Better Your Personal Masseuse

Massage Chair | MC-2000

Instruction Manual



MC-2000 Massage Chair Operation Manual

The sleek truMedic Massage Chair provides users with a luxurious at-home massage experience. The InstaShiatsu+ MC-2000 was designed to improve circulation and relieve tension. Consider this massage chair a complete spa package in the comfort of your own home. You can start enjoying your chair as soon as you complete the installation process. The MC-2000 includes the following features:

- **3D Massage Feature:** Uses rollers that travel in 3 axes, up and down, side to side, and in and out. This feature gives more flexibility and offers a wider surface area for your massage.
- **Acupressure Functionality:** Massage function which targets pressure points throughout your body to relieve tension and reduce stress.
- **Heat-assisted Massage:** The addition of heat to the massage process promotes relaxation and helps release muscle tension.
- **An Ergonomic Design:** Receive a full body massage from your head to your feet, while taking the pressure off your spine. The MC-2000 was designed with ergonomics research in mind and a proprietary curving body guide. At the press of a button, recline into the ideal position to experience weightlessness without leaving the atmosphere.
- **Sliding Functionality:** Use the forward sliding function to move the backrest and seat forward and backwards 4 inches as needed to maximize space. The leg and footrests extend and retract in a range of 6 inches for your personal comfort.
- **Built in MP3 capabilities:** Insert a USB storage device directly into the chair for accompanying music if you do not have your smartphone or tablet nearby.
- **Full-body air pressure massage functionality:** This function uses strategically placed airbags to compress, grip, and stretch your muscles, while massing your whole body.
- **High-resolution LCD remote control:** Use the default color-display remote to modify your experience and monitor the current massage cycle.

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A Quick Note from truMedic

As you install and begin to use your luxury massage chair, keep the following recommendations in mind:

- Read the operation manual in full before you attempt to install or use your massage chair.
- Store your operation manual in a convenient location for quick reference.
- Carefully read all warnings and cautionary notes provided in your manual.

Our company reserves the right to change the design specifications of the MC-2000 without notice. Use the images provided here as a guide and not an exact replica of your chair. Always refer to your massage chair as you read through the instructions.

1 SAFETY INSTRUCTIONS

Before Using the MC-2000 Massage Chair

Please note all symbols and signs outlined in this operation manual and follow the instructions listed for an effective and safe operating experience. Throughout this manual, we will use several symbols to indicate important areas:

	<p><i>If you see this symbol, the accompanying language will describe a warning for serious bodily injury or death.</i></p>		<p><i>The caution symbol denotes something that may cause an injury or property damage.</i></p>
	<p><i>Avoid engaging in the listed behaviors associated with this symbol.</i></p>		<p><i>Do not disassemble any part on your chair featuring this symbol. Doing so may increase the risk of harm or void any accompanying warranty.</i></p>
	<p><i>You must adhere to these guidelines when operating your new massage chair.</i></p>		<p><i>This symbol will provide directions on how to use a particular cable during assembly and use.</i></p>
	<p><i>The chair is not waterproof, avoid contact with any liquids</i></p>		<p><i>This symbol denotes any fire or environmental hazards.</i></p>

Relevant Warnings and Notes of Caution for the MC-2000



WARNING

People Who Should Not Use the MC-2000

- Those with osteoporosis.
- Those who have a pacemaker implant or other electrical medical implant.
- Those who are pregnant or in poor health should discuss use with a physician.
- Children.
- Anyone under the influence of alcohol or recreational drugs.
- Anyone who may fall asleep while using the chair (this chair is not meant for sleeping).

Accident and injury warnings

- Do not allow children, pets, or any objects in or around the chair while it is in an adjusted position or in operation.
- Immediately discontinue use and speak with a medical professional if you experience any strange symptoms while using your massage chair.
- Do not sleep in the chair.
- Do not sit or stand on the armrests.
- Avoid excessive head, neck, belly, or knee massages to reduce the risk of injury.
- Closely monitor any user who suffers from mobility difficulties.

Fire and electrocution warnings

- Always insert the plug into an appropriate power outlet.
- Never leave a plug sticking partly out of an outlet.
- Always turn off and unplug the chair when it is not in use.

Fire and electrocution avoidance

- Do not use a plug, cord, or outlet if you identify a poor or broken contact.
- Only use power sources that support the recommended voltage to reduce the risk of fire or electric shock.
- Do not use any damaged, twisted, knotted, or constricted power cords.

Accident avoidance

- Do not fold chair massage cushions if you plan to store the chair.
- Do not run this massage chair for long, uninterrupted periods. Follow all run-time recommendations listed in this manual.



WARNING (CONT.)



Notes on User disassembly and Maintenance

- Contact a professional if your chair experiences water damage or begins to function improperly. Do not modify, disassemble, or perform unspecified maintenance on this device.
- Do not attempt to repair or replace a damaged power cord or plug. Contact the service team at truMedic or a professional dealer to receive a replacement.
- Do not remove or open any part of the chair for any reason.
- Contact a professional for repair if you notice any irregularities or damage in the cloth and leather coverings on your massage chair.



CAUTION



Avoiding Falls

- Always operate your chair on a flat and even surface.

Preventing Wall and Chair Damage

- Always place the chair at least 40 centimeters from all walls to allow for proper positioning.

Avoiding Injuries Associated With Excessive Use

- The maximum recommended massage time is 20 minutes. Try to change massage settings and positions every 5 minutes for best results. Failing to change positions frequently could result in discomfort.

Avoiding Accidents and Injuries

- Inspect your chair before each massage session.
- Check the power switch before plugging the massage chair into the outlet. The power switch should sit in the OFF position any time you unplug or plug in the chair.
- Turn off all controls and switches before unplugging the chair.
- Fully insert the plug into the outlet before turning the chair ON.

Avoiding Electrocution

- Look for cord and wire damage before using the massage chair.
- Follow all instructions for proper ground wire connectivity. The wire should not feature any irregularities.



Avoiding Accidents and Injuries

- Do not press into or step on the massage heads.
- Do not place your hands or feet in between gaps in the massage heads.
- Do not put your hands or feet in between spaces in mechanical components.
- Do not drop or purposefully insert objects into the massage chair slot.
- Do not sit, stand, or place heavy objects on chair components, including the armrests, leg rests, and backrests.
- Never stand on the chair.
- Do not attempt to move a plugged in or operating chair.
- Do not use massage areas for unintended body parts (e.g., do not put your head in the leg rest).
- Do not wear hair accessories while using the chair.
- Do not put unusual amounts of pressure on the backrest while the chair is reclined.
- Do not use the chair without wearing appropriate attire. Wear comfortable clothing. Avoid using the chair with exposed skin or while wearing sheer fabrics. Using the chair with improper clothing could lead to skin irritation.
- Do empty your pockets before sitting in the chair.



Avoiding Chair Damage, Discoloration, and Deterioration

- Do not place the chair in humid or wet environments, around sharp things, or near heat sources, including stoves.
- Never use an electric heating pad, blanket, or other heated device while using the chair.
- Do not use the chair in any high-temperature areas.
- Do not use the chair in any outdoor environment.



Avoiding Leaks and The Potential for Electrocutation Injuries

- Do not use or store your chair in a wet, humid, or exposed environment such as a swimming pool area or bathroom.
- Both the chair and the accompanying remote control must remain dry at all times.
- Do not sit in the chair with wet or damp clothes.



Avoiding electrocutation Injuries

- Follow all directions for installing the ground wire or contact a professional electrician for assistance.
- Never use a plug adapter. Contact a professional electrician if you do not have the appropriate outlet for installation.



Avoiding Electrocutation Injuries or Fire

- Unplug the chair before cleaning and after using your chair.
- Unplug the chair if you notice any power damage or the potential for power-related damage (i.e., during thunderstorms).
- To unplug the chair, firmly grasp the plug (not the cord) to release the prongs from the outlet.

5 SAFETY INSTRUCTIONS



CAUTION (CONT.)



Avoid accidents:

- Avoid power-related damage:
- Always turn the switch to the OFF position and unplug your chair during electrical outages.

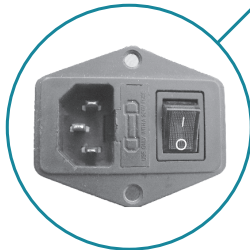
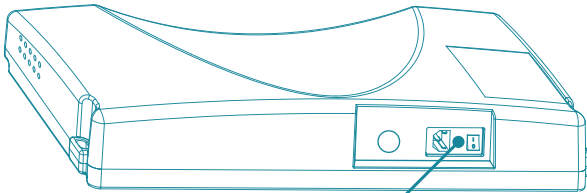
Special Notes

Grounding Note

- This chair features a cord with a grounding conductor. Only use the appropriate outlet to power your massage chair.

Fuse Replacement Note

- If a fuse burns out in your chair, turn the switch to the OFF position and unplug the chair. Locate the switch box and identify the dysfunctional fuse. Only replace a burned out fuse with a matching fuse. Contact a professional electrician for further assistance if needed.



Fuse Location



Ground Wire Placement Warning

Do not place the ground wire near a gas pipe, phone wire, lightning rod, or water pipe. These areas present high risks for fire, electric shock, and damage.

Getting to Know the Parts of Your Chair

Take the time to review the graphics available in this section and familiarize yourself with the distinctive parts of your new massage chair. Throughout this operation manual, you will notice that we use these terms to help you through the installation process. We have outlined the exterior and interior parts you will need to know to install and maintain your chair.

As soon as you unbox your massage chair, use the components listing to verify that you have all necessary parts. Contact truMedic at service@truMedic.com if you are missing any pieces.

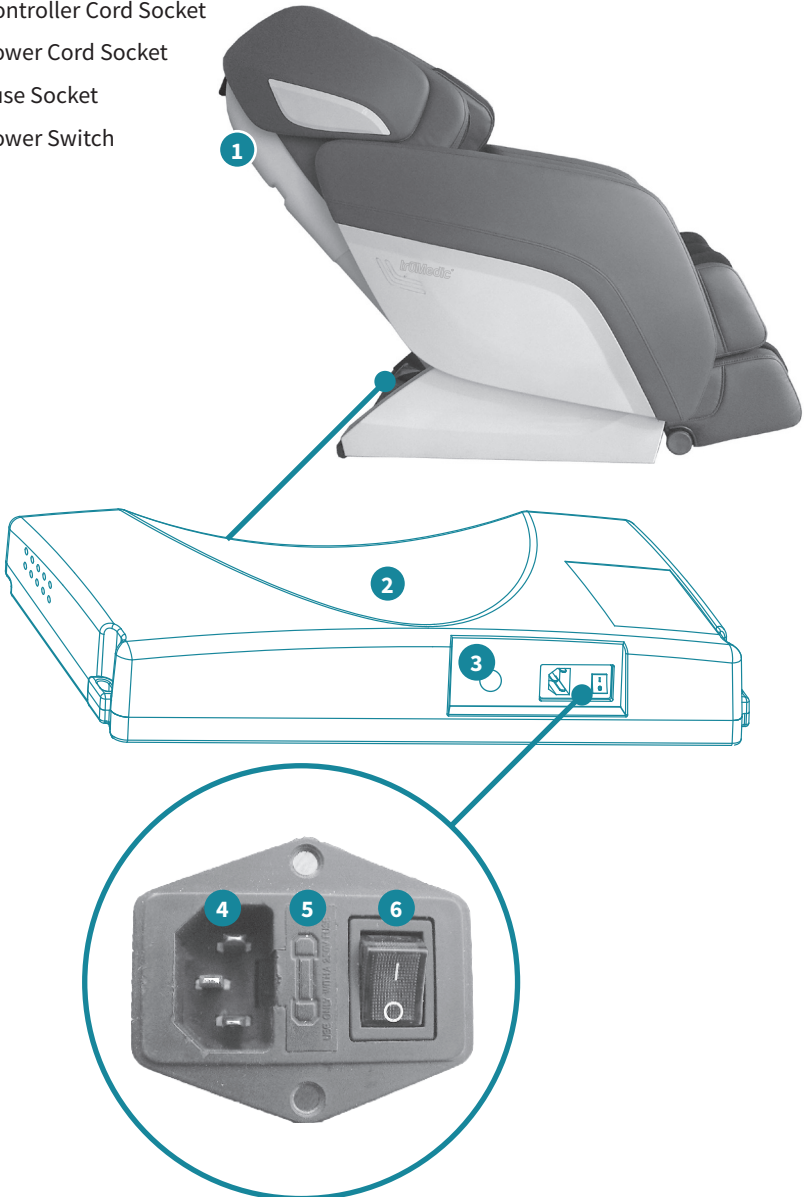
External Structure

1. Remote Control
2. Right Armrest
3. Remote Control Pocket
4. Leg Rest
5. Footrest
6. Right Shoulder Massager
7. Speaker
8. Head Padding
9. USB Insertion Area
10. Left Shoulder Massager
11. Left Armrest
12. LED Light
13. Castor



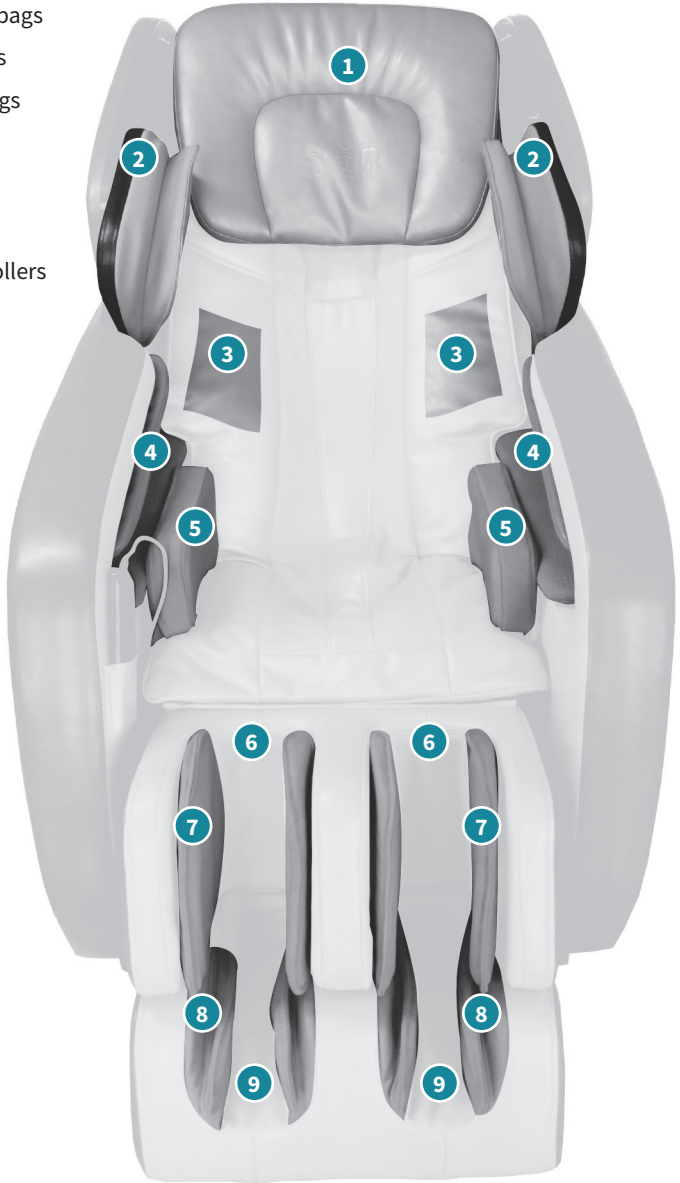
External Structure (Cont.)

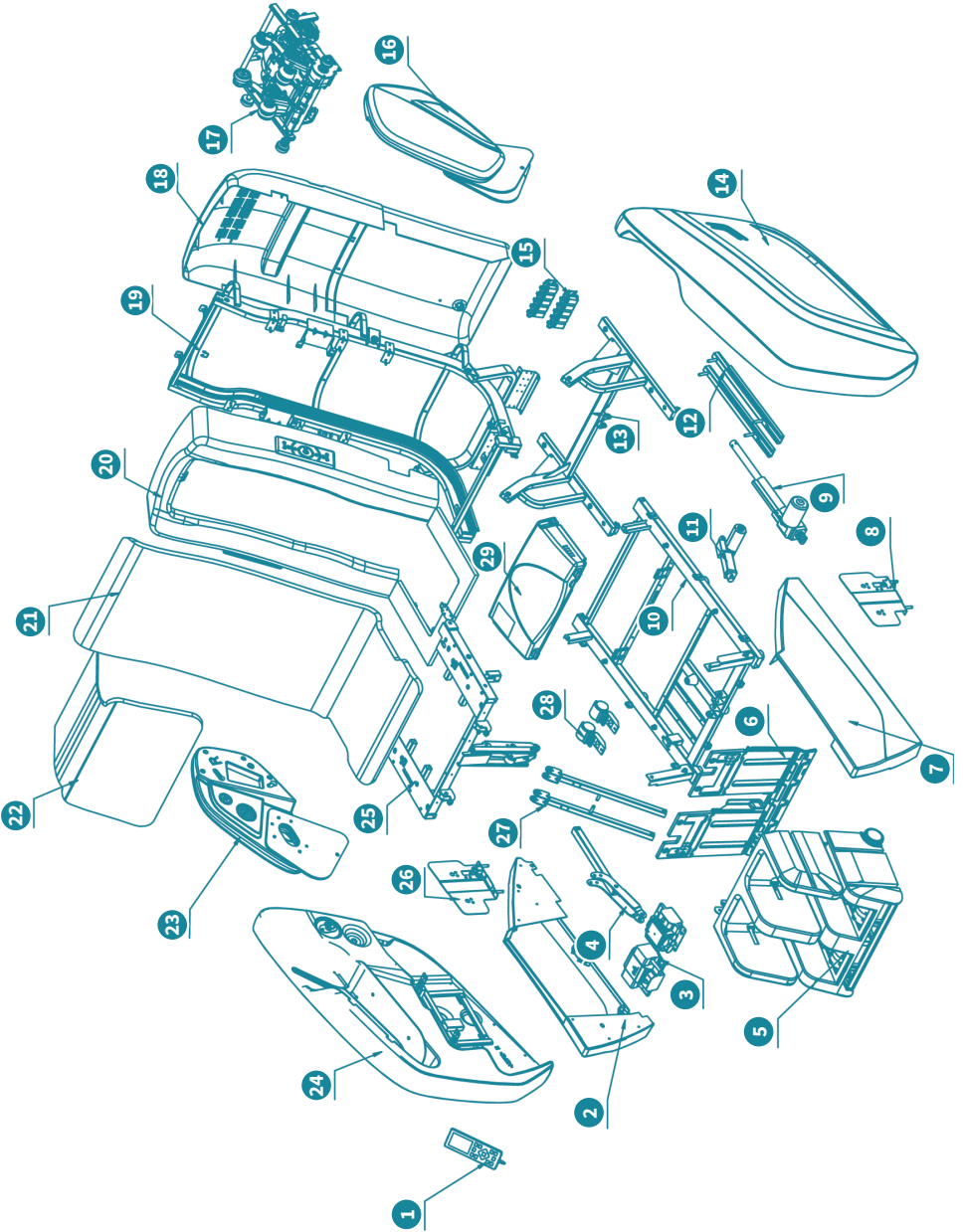
1. Backrest
2. Power Case
3. Controller Cord Socket
4. Power Cord Socket
5. Fuse Socket
6. Power Switch



Internal Structure

1. Massage Heads (Under Cushion)
2. Shoulder Airbags
3. Lower Back Airbags
4. Armrest Airbags
5. Side Seat Airbags
6. Calf Airbags
7. Leg Airbags
8. Foot Airbags
9. Shiatsu Foot Rollers





Mechanical Components List

#	Name	Qty	#	Name	Qty
1.	Remote Control	1	19	Back Frame Assembly	1
2.	Right Side Fender	1	20	Backrest Plastic Front Cover & Seat Plate Assembly	1
3.	Air Pump Assembly	2	21	Back and Seat Cushion	1
4.	Connecting Rod	1	22	Pillow	1
5.	Leg Rest & Footrest	1	23	Right Shoulder Massager	1
6.	Front Fender	1	24	Right Armrest Assembly	1
7.	Left Side Fender	1	25	Seat Frame Surface Assembly	1
8.	Left Side of Seat Airbag Assembly	1	26	Right Side of Seat Airbag Assembly	1
9.	Backrest Electric Actuator	1	27	Seat Support Bar	2
10.	Bottom Seat Frame Assembly	1	28	Castor	2
11.	Footrest Electric Actuator	1	29	Power Case Assembly	1
12.	Sliding Rail	2			
13.	Top Seat Frame Assembly	1			
14.	Left Armrest Assembly	1			
15.	Electric Magnetic Valve	2			
16.	Left Shoulder Massager	1			
17.	Massager Machine	1			
18.	Back Cover Assembly	1			

Installation Guide

You now have all the knowledge you need to start installing and using your luxury MC-2000 massage chair. This section features a step-by-step guide to unboxing and setting up your chair. Follow the instructions closely, as this product contains several important components.

1. Unbox the Chair

- A. Locate the main box. Remove the box containing the shoulder inserts. Then, remove the leg rest device box, airbags for the left and right sides of the seat, the backrest cushion, the pillow, the electric power cable, and the remote control.



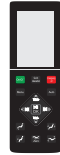
Leg Rest Device



Left and Right Side Airbags



Pillow



Remote Control



Back Cushion



Power Cord

- B. Open the shoulder box and lift out one shoulder device at a time. Use caution to avoid scratches.



*Left and Right
Shoulder Massagers*

- C. Locate and open the leg rest box and take out the device. Hold both the front and rear of the insert as you remove it to avoid scratches.
- D. Remove the main body of the massage chair. To avoid scratches, hold the seat's metal frame. You may need someone's assistance to lift the main body gently from the box.



Main Body



Right Armrest



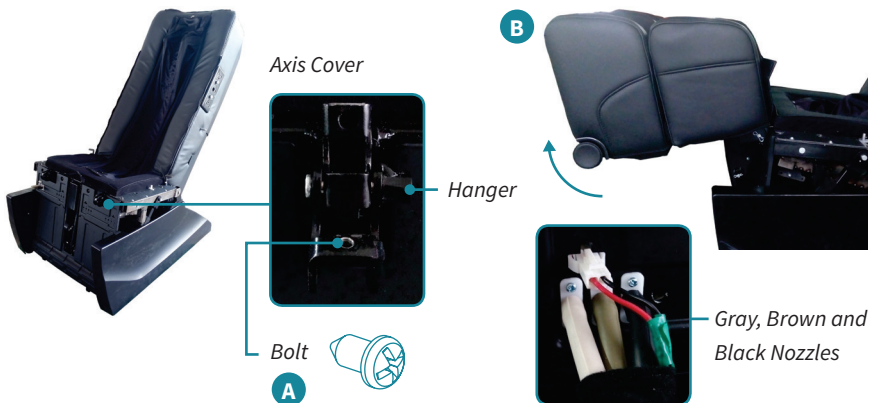
Left Armrest

- E. Remove the left and right armrests from their box. The armrests rest in the box upside down. Lift each armrest using 2 hands—one on either side of the device.

! Note: Place all items on a safe, flat surface until you are ready to assemble the chair.

2. Attach the Leg Rest

- A. Locate the hanger of the leg rest on the main body of the chair and lift up the axis cover. Unscrew the bolt found near the bottom of the hanger.
- B. Lift up the leg rest and insert the axis into the hanger on the main body, then lower the axis cover.
- C. Screw the bolt back into place, checking for a snug and secure fit.
- D. Locate the 3 air hoses (gray, black, and brown) and connect them to the corresponding air nozzles on the main body of the chair. Connect the power cord to the socket located on the main body of the chair.



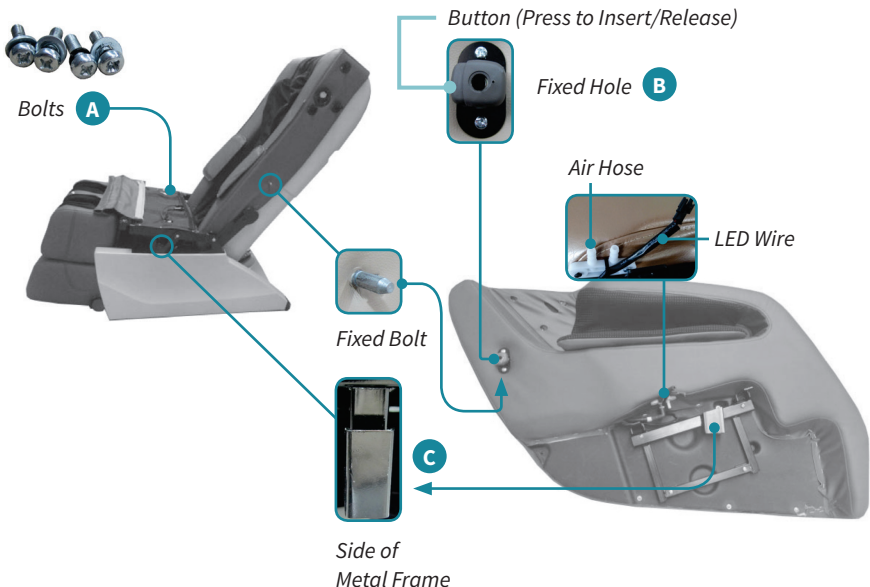
13 INSTALLATION

3. Attach the Armrests

- A. Locate and unscrew the M6 bolts on the main seat frame using a Phillips head screwdriver. Set aside.
- B. Locate the fixed hole on the back interior of the armrest. Press the button located on the fixed hole and insert it into the fixed bolt located on the backrest.
- C. Connect the square metal tube into the corresponding piece on the seat frame.
- D. Align the armrest with the bolt hole on the interior of the main seat frame, and screw the M6 bolts you set aside into the holes. You should screw in 2 bolts for each corner, 4 bolts in total.
- E. Connect the armrest air hose to the main seat frame air hose, and ensure the connection is secure.
- F. Connect the LED wire located on the armrest to the main seat frame LED wire.

 **Note:** Do not compress air hoses or LED wires during assembly.

Note on Disassembly: If you need to disassemble the armrests for any reason, remove the shoulder device and the airbags located on the seat first. Then, reverse the assembly process outlined above, starting with the detachment of the seat air hose and the LED wire.

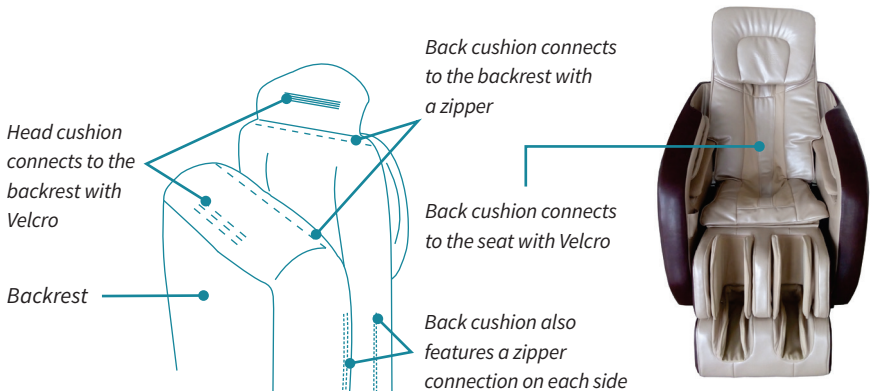


D 4 Bolts (One in Each Corner)**E** Seat Air tubes**F** LED Wire**4. Install the Back Seat and Head Cushions.**

Use the corresponding zipper and Velcro attachments to attach the cushions to the main body of the chair.

Back Cushion*Head Cushion*

Massage setup tip This massage chair uses an automatic sensor setup to customize each massage for the user. Align your ears with the bottom edge of the head pad for precise results.

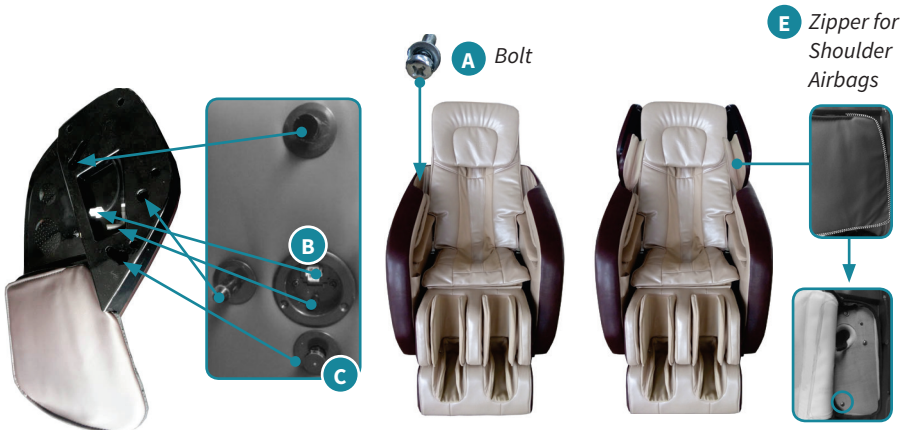


15 INSTALLATION

5. Attach the Shoulder Massagers

! Note: The left shoulder device goes into the left side of the backrest, and the right shoulder device goes into the right side of the backrest. Line the sides up before you begin to ensure that you have the proper placement.

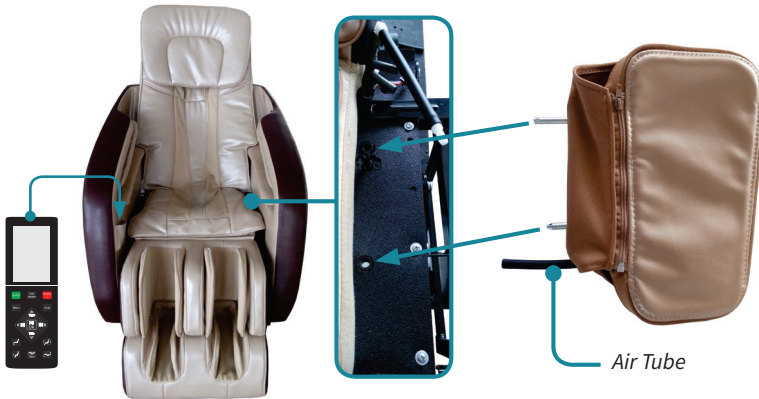
- A. Locate and unscrew the bolt on the back interior of the armrest.
- B. Use 2 hands to lift and orient the shoulder device for installation. Connect the speaker wires and air tubes in the shoulder device to the backrest.
- C. Match up the 3 axle holes on the armrest with the axles on the backrest. Press the axles into the holes.
- D. Shift the shoulder device down until it does not move any further.
- E. Unzip the shoulder device airbag, then locate and align the bolt hole underneath the airbags with the bolt hole on the armrest. Screw in the bolt, and then zip the device airbag into the device to complete the installation.
- F. 6. Repeat steps 1-5 on the opposite side of the chair.



Note on Disassembly: If you need to disassemble the shoulder device, unzip the airbag first. Reverse all instructions to remove the device without damaging the covering or the wires.

6. Insert Seat Side Airbags

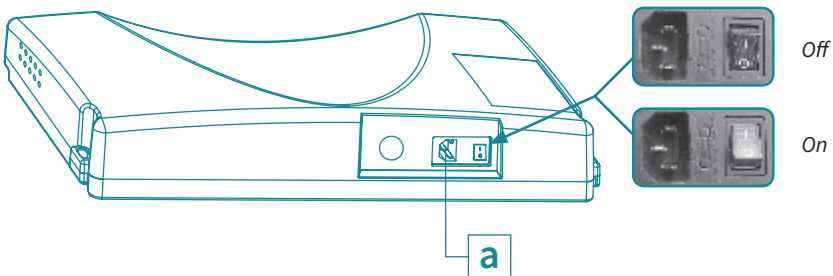
Locate the left and right airbags. Line up each airbag zipper with the corresponding zippers on the seat. Line up the air nozzle holes and the pins with the corresponding holes and the air nozzle located on the main body of the seat. Press straight down to secure the airbags. Place the remote control into the pocket located on the interior of the right armrest.



6. Turning On Your Chair for the First Time

- Insert the power cord into hole “a,” located on the power box.
- Insert the other end of the power cord into a power source, such as a wall outlet.
- Press the “1” switch to turn on the power to the chair.
- Grab your remote control, and enjoy your first luxury at-home massage.
- Use the USB port to play music directly from the chair during your massage

Always double-check the switch and make sure the power is OFF before you plug or unplug the chair from your power source.



Adjusting Your MC-2000 Massage Chair



	Do not place your chair near any areas that may suffer from moisture or wetness.
	Avoid placing your chair in direct sunlight or near heating appliances.
	Always place your chair on an even and supported surface to avoid accidents and injuries.

Placing Your Massage Chair

What to Do Before Using Your Chair

- Check the clearance. Fully extend your chair in all directions, and make sure you will not hit any other obstacles, including pets, children, and side tables.
- Monitor the power plug and source. Clean the plug and cord routinely to avoid dust buildup. Make sure the plug rests comfortably and protected between the power source and the chair. The cord should never sit under a heavy object or feature kinks, stretching, and knots.
- Place the chair away from walls. The chair should sit out at least 4 inches from the wall starting from the backrest and at least 12 inches from the front of the leg rest.



Distance from Wall (Front and Back)



CAUTION

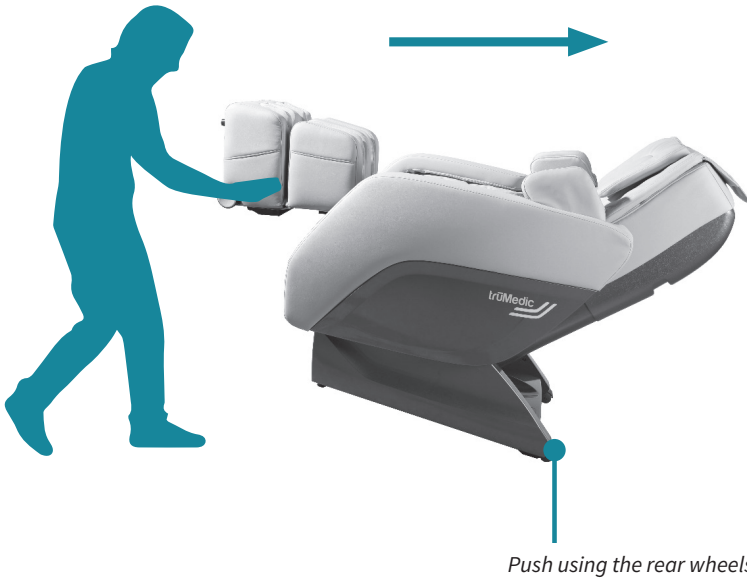


Do not move your chair when the power is ON or the chair is plugged in.

Tips for moving your massage chair

Moving Your Chair to the Right Place Easily and Successfully

- Wrap and place all cables in the seat of your chair to keep them out of the way and free from damage.
- Avoid trying to plump up the cushions of the chair during use or when you try to move it.
- Do not slide the chair on its castors if it may damage the floor. Instead, ask someone to help you lift and physically move it.
- Keep the power off and the plug/power cord away from the floor until you are ready to plug the chair back into an outlet. Leave the chair standing in a safe position to prevent the back from falling to the floor.



Movement Examples (Normal Movement)

- Example: One person can lift up from behind the leg rest until the chair falls onto its castor. Once in position, the individual may push the chair to a new position and set it back down. Never allow the chair to fall down to the floor on the backrest, as this may result in damage. Use the diagram above as an example of how you should move the chair.

Helpful Tip

To protect your floors, consider placing a mat or rug under the chair before moving it to a new location.

Adjusting Your Chair for Maximum Relaxation

Improving Your Massaging Experience

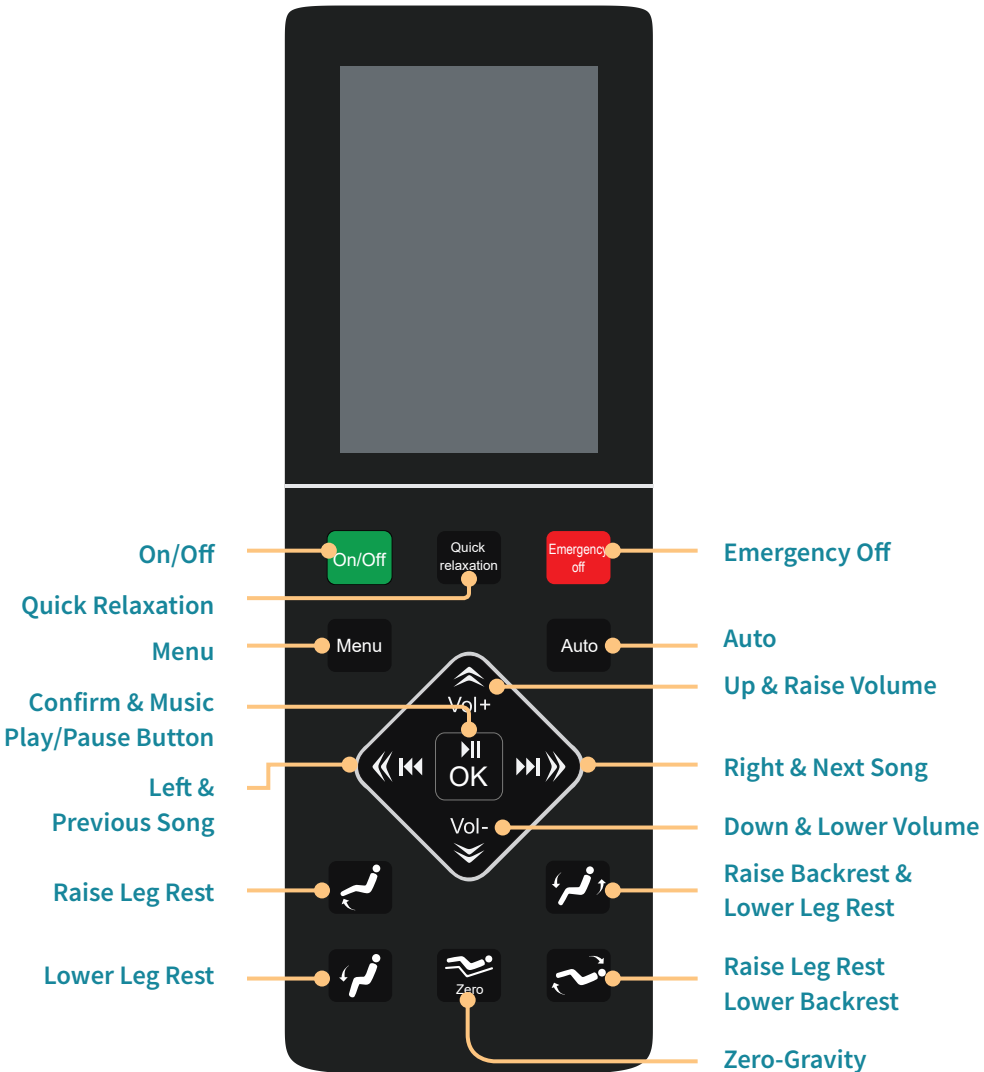
- Check the placement of the massage head to keep it from hitting you in the head during use.
- If the massage head cannot accurately detect your position during the test sequence, the chair will revert to and use its default settings in the middle position.
- In the correct position, your head should comfortably rest on the pillow and your back should rest easily against the backrest. During the test cycle, the massage roller will move around and adjust to your body. When the acupuncture-point tracking system finishes its detection test cycle, it will beep. From there, you may adjust the seat manually according to your preferences.













If needed, you may remove the pillow or cushion to increase the intensity level of the massage and improve your results.



MC-2000 Remote Control Usage Guide


The remote control that comes with your MC-2000 massage chair features a user-friendly interface and a colorful and crisp LCD screen. To help you learn the numerous functions available through your new massage chair, we've compiled this helpful guide. Return to this section as needed to learn more about the many ways you can customize your daily massage:



	1. On/Off. Press this button to start actively using your chair. Make sure the chair is plugged in, and press the ON switch on the chair to begin your massage session. If you press this button while the chair is functioning, it will return to its default position and turn off. The remote will also turn off within 3 to 5 seconds.
	2. Quick relaxation. Use this button to initiate an automatic 8 minute program focused on relaxation.
	3. Emergency off. This button will stop all massage functions, and the chair will return to its default position and turn off. To return to your massage, restart the remote control using the On/Off button.
	4. Menu. Press this button to explore the numerous functions available. To exit the menu, press the button once more.
	5. Auto. The MC-2000 is equipped with 5 automatic programs available through this button. With each subsequent push, you can switch the current program. Automatic programs available include “Recovery,” “Pain Relief,” “Stretch,” “Music Sync,” “Experience,” and “Stop.” Look at the LCD screen to see the program currently running.
	6. Raise leg rest. Hold this button continually to raise the leg rest to your preferred height. Release the button when you achieve your desired height.
	7. Lower leg rest. Hold this button continually to lower the leg rest to your preferred height.
	8. The direction pad. Use the 4 buttons on the direction pad to move up, down, left, or right on any menu screen. Additionally, you can touch up or down to select the menu and left or right to go to the previous or next menu screen. During point massages and after the acupuncture-point tracking detection test, you may also use the pad to adjust the massage experience.
	9. OK. Use this key to select a menu choice and enter the next screen.
	10. Raise backrest and lower leg rest. Hold this button continually to move the backrest toward a seated position and to lower the leg rest. Release the button to lock your position of choice.
	11. Lower backrest and raise leg rest. Hold this button to recline the backrest and raise the leg rest. Release the button to lock your position of choice.
	12. Zero. Press this button to initiate the zero-gravity position. Your chair will adjust itself and then stop. If you wish to return to the default position, simply press the Zero button once more.

Getting to Know Your LCD Display Screen

Main Interface



Speed: ||| 20 min

Width: |||







Intensity: |||


Zero Gravity

Time Left




Massage Position



Set function by pressing Menu key.

-  *Kneading*
-  *Tapping*
-  *Knocking*
-  *Pressing*
-  *Zero Gravity*
-  *Time Left*



Massage Position

-  *Speed (Massage) - Slow, Medium, Fast*
-  *Width (Massage) - Narrow, Medium, Wide*
-  *Intensity (Air) - Weak, Medium, Strong*

 *Music*
 *Heating*

Main Interface

Press the On/Off key on your remote control to turn on the compact LCD display screen. You should hear the remote beep once to indicate power. Within 2 to 3 seconds, you should see the main interface. If you do not press a button shortly after powering up the device, it will go into standby mode.

The main interface depicts information about your current massage session, including the chair's position, the type of massage, time, heating levels, music, and more. The information on the screen will automatically update every time you choose a new function or change your massage settings.



Menu Interface

Press the Menu button on your remote control to enter the menu interface and choose customized massage chair settings. If you are ready to get back to the main screen, press the Menu button again at any time.

System Menu Options

Auto Message

Auto massage. The first setting available in the menu gives you access to 5 automated massage sessions and a special massage setting containing 5 bonus massages. Press OK, and then use the directional arrows to explore each massage session from the menu screen. Press OK again to initiate a session

NOTE

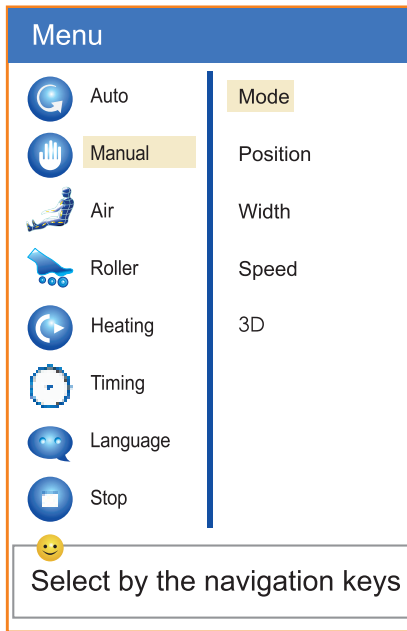
Each of the subsequent settings inside the menu works in a similar fashion. When you finish exploring the menu, hit the Menu button to leave the menu screen or touch the left directional button to return to a previous setting screen.



Manual Massage

Manual massage. On the main menu screen, navigate down to the Manual item. Inside this setting, you can adjust 5 aspects of your massage: the mode, width of massaging components, position, speed, and 3D functionality. Choose the function of your choice, and navigate to the setting you would like to change.

During a manual massage session, use the up and down directional buttons to adjust your massage position as needed.



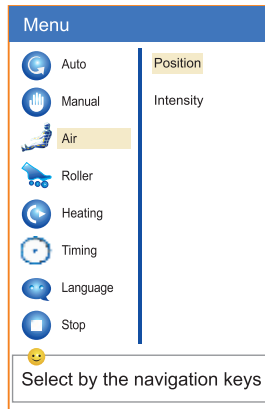
Side Menu Options

Mode	Position	Width	Speed	3D
Knead	Overall	Narrow	Low	3D+
Tap	Back Shoulder	Medium	Medium	3D-
Knock	Back Waist	Wide	High	
Knead & Tap	Fixed Point			
Shiatsu				



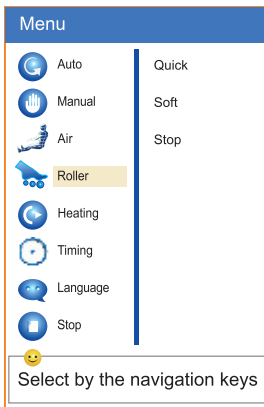
Air

The third menu item controls the air pressure in the airbags. Adjust the position of the pressure and the intensity to create a massage sensation that matches your needs. Press OK to initiate your changes.



Side Menu Options

<i>Position</i>	<i>Intensity</i>
<i>Overall</i>	<i>Low</i>
<i>Upper</i>	<i>Medium</i>
<i>Middle</i>	<i>High</i>
<i>Lower</i>	



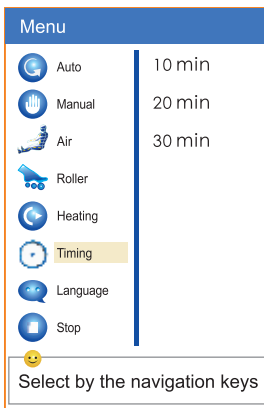
Roller

This menu item allows users to control the foot massage rollers in the footrest. From this screen, choose the mode you prefer: soft, quick, or stop.



Heating

Use this setting to turn the heating function on or off, based on your current needs.



Timing

Select Timing to set the duration of your massage session. You have the option to set your massage for 10, 20, or 30 minutes. The chair's default session duration is 20 minutes. When the massage time concludes, the chair will automatically turn off.

Language

Choose the language of your choice from this screen.

Stop

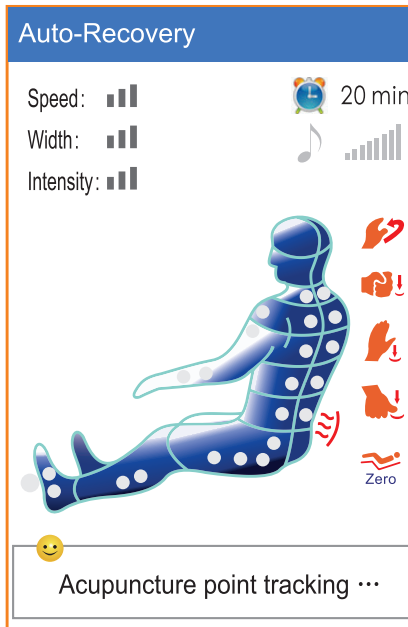
To stop your current massage and return to the main display screen, press this button.

Exit

Press the Menu button to move back to the main interface, or move back to the main setting screen and select OK on Exit.

Auto Recovery Program

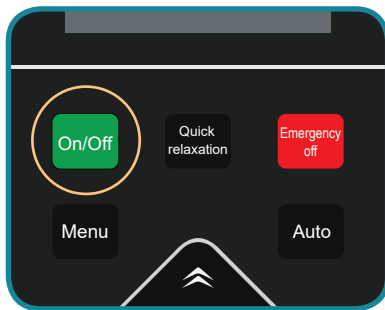
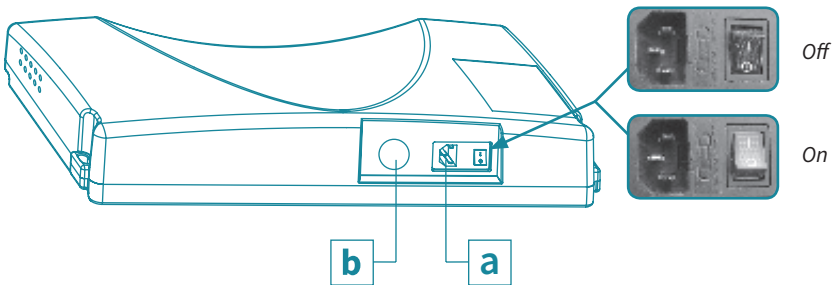
The first time you use the auto program on the massage chair, it will initiate its acupuncture-point position-detection test to locate the proper positioning for your body. If you do not like the recommended position, use the directional arrows to adjust the settings when you see the phrase “acupuncture point adjusting” on the screen. When the test finishes, a buzzer will sound 5 times.



Operating Your MC-2000 Massage Chair

Turn On Your Chair

- The plug at one end of the power cord goes into hole “a.”
- The remote control cord goes into hole “b.”
- Attach the plug at the other end of the power cord into the wall outlet.
- Press the “1” on the power switch to provide the chair with electricity.
- Press the green On/Off button on the remote control. You should hear a short beep, and the main screen will appear.



Starting and Ending Your Massage

- Choose your massage setting. Refer to the Remote Control Usage Guide for more information.
- After a massage session ends, the chair will return to its default position and then shut down. The remote control will read “shutting down”.

Turning off Your Chair.

- A. If the chair is still on when you decide to end your session, press the On/Off button on your remote control. The chair will return to its default position, and the remote control will shut down.
- B. After the chair and the remote control shut down, locate the power switch near the bottom of the chair's back. Press the "O" toggle to shut off power to the chair.
- C. Unplug the chair from the power outlet.



Always check behind the head pillow and back cushion. Avoid using the chair and call a professional repair technician if you notice any tears or broken PU material. Plug your chair only into an outlet supporting the proper voltage and connection.



Before you sit down in the chair, check moving areas for foreign objects. Remove anything that may inhibit the chair's movement. Do not sit in the chair to begin a session unless and until it moves back into its default position. Never stand on the chair.

Function Cheat Sheet

Raise the Leg Rest and Recline the Backrest

Achieve a fully reclined position when you press this button. The chair will lock into position when you release the button.



Raise the backrest and Lower the Leg Rest

Return to a seated position when you press this button. The chair will lock into position when you release the button.

Zero Gravity

This button automatically reclines the backrest and raises the leg rest to a certain level. If you want to pause during the positioning process, press the button once more. The angle of your chair will not affect the massage modes.



Extend and Retract the Leg Rest

Adjust the seat to your preferences with this setting. The MC-2000 has the ability to move in and out 8 inches.

Initiate arm massage

Place your arms between the arm airbags, and select your desired air pressure massage functionality. The airbags use compression techniques to relieve tension and soothe sore muscles during a massage.

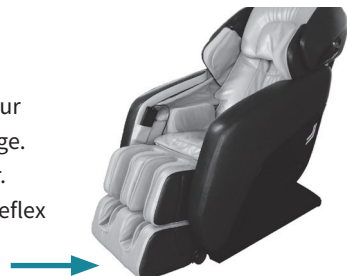


Initiate Shoulder Massage

Use the remote control to select an air pressure shoulder massage mode and feel a compression massage on either side of your shoulders. This massage setting works well to soothe fatigue and shoulder pain.

Initiate a foot roller massage

Select the appropriate level of intensity for your foot roller massage and/or air pressure massage. Allow your feet to rest comfortably in the chair. Foot massage settings are designed to target reflex areas and improve overall body wellness.



Function Cheat Sheet Cont.



Always check for children, pets, and other obstacles before initiating a massage sequence. Keep the gap between the backrest and armrest clear as you adjust chair settings. Do not attempt to leave or put pressure on the chair if the leg rest is in motion. This kind of activity may damage the chair. For more information on using the remote control to guide your massage experience, refer to the Remote Control Usage Guide.

What to Do After Your Massage

1. Look around the chair for any potential hazards including pets and children.
2. Use the manual operation buttons or the On/Off button to return the chair to its default position. If the remote control is still on, turn it off.
3. Place the remote control in the inner area of the right armrest.



4. Place the pillow pad in its original position.
5. Turn off the power to the chair. By pressing “o” on the switch in the back.
6. Unplug the power cord from its external power source. Hold the plug instead of the cord when you do this.
7. Wipe down the chair as necessary.



After a massage session, remember to press the On/Off key on the remote control. Always turn off and unplug the chair to avoid electricity-related accidents. Keep the chair away from moisture, dirt, and direct sunlight.

Cleaning and Maintaining the MC-2000

Follow these instructions as needed to keep your chair clean and well maintained

Cleaning the synthetic leather surfaces

General Cleaning

- Wipe down your chair regularly with a dry, soft, clean cloth.
- Do not use chemical or medical-grade cleaners on synthetic surfaces.

For Deep Cleaning

- Use a water-based solution containing 3–5% natural detergent and a soft cleaning cloth. Squeeze excess liquid from the cloth before cleaning your chair.
- Wipe down PU leather surfaces with this solution.
- Remove excess moisture with a dry cloth.
- Allow your chair to dry fully before using. Do not use a hair dryer or other blower implement to dry your chair.

Cleaning the cloth surfaces:

- Use the same weak, natural solution you used to wipe down PU leather surfaces. Wring out your cloth or brush before applying it to the surface of the chair. Note: do not use harsh chemicals or substances such as gas, diluent, or alcohol.
- Gently use brushing movements to clean the surface. Note: using excessive pressure may weaken or damage the cloth.
- Wipe down the surface with a clean damp cloth and then a clean dry cloth.
- Allow the surface to fully dry before using.

Cleaning and Maintaining the MC-2000 Cont.

Cleaning Plastic Components:

- Use a weak, natural solution to clean plastic components. Always wring out your cleaning cloth before applying to dirty parts.
- Wipe down the part with a clean, damp cloth to remove any remaining cleaning solution.
- Allow the part to dry.

Cleaning the remote control

- Use an electronics cleaning cloth to wipe any dust from the surface. If the surface requires deep cleaning, use a soft, damp cloth.
- Allow the control to dry completely before using. Note: Do not use alcohol, diluent, or propellant to clean the surface.



A Note on Cleaning: Always take the time to unplug your chair from the wall outlet with dry hands before engaging in any cleaning activities. Only use dry hands to reconnect the plug after cleaning. Failing to take the appropriate measures during cleaning activities could lead to electrocution or burn injuries.

Troubleshooting the MC-2000

If you experience difficulties while using your chair, refer to this section of the operation manual. Contact truMedic if this section does not address the problem you experience.

Problem	Solution
My massage chair does not work when plugged in and turned on.	The remote control may not be turned ON. Locate and press the ON switch on your remote control.
	You may not have chosen a massage function yet. Press any massage function to initiate the massage experience.
	The chair is not receiving the right amount of electricity. Check the chair and wall outlet connections for contact.
	The chair has a burned out fuse. Replace it with the appropriate fuse.
	The problem is within the inner circuit. Contact an authorized maintenance professional to repair your chair.
Beeping noises inside the chair during massage sessions.	You are probably hearing the air pump, mechanical parts, and motor. This is completely normal.
Difference in Left/Right motors. One is sometimes higher than the other is.	The massage rollers do not always run symmetrically. This is completely normal.
The sound I was hearing inside the chair is much louder now.	You may have used the chair continually for too long. Power down the chair for at least 30 minutes, and then see if you still notice the sound.
	Over time, the internal parts can wear down with consistent use. Some wear and tear is normal. Contact an authorized maintenance professional for repairs.
My massage unexpectedly stopped during a session.	The chair may have lost electricity. Check the power cord for a secure connection.
	You may have used the chair continually for too long. Allow the chair to rest for at least 30 minutes before restarting it.
I cannot move the backrest or leg rest as intended.	Check the surrounding area for clearance. Remove any obstacles that may inhibit the chair from moving adequately.
	The chair may have automatically stopped. Turn off the power to the chair and wait for at least 30 minutes before restarting it.

Problem	Solution
I cannot get the chair to return to its default position.	This may happen if you use the chair continuously for too long or if the massage time frame has ended. If you cannot get the chair to return to its normal position after waiting for 30 minutes, contact an authorized maintenance professional for further guidance.
The electric wires and/or plugs are really hot.	This can occur if you use the chair continuously for too long. Turn off all power, and allow the chair to rest for at least 30 minutes.
	If you notice significant heat during any kind of chair usage, stop using the chair immediately and contact a maintenance professional.



If you notice any problems not listed in this short guide, stop using your chair immediately. Turn off all power and cut the electricity. Contact truMedic for more information on repair and maintenance at 888-264-1766 or service@trumedic.com

Technical Specifications

Name	MC-2000 Massage Chair	
Model	MC-2000	
Input Voltage	AC120V - 60Hz AC220V - 50/60Hz AC240V - 50Hz	
Safety Design	Class I	
Power	200W	
NW/GW	Main Body:	73/100kg,
	Armrest:	14/20kg
	Leg Rest & Footrest :	17/20kg
Packing Size (L × W × H)	Main Body:	1470mm × 745mm × 940mm
	Armrest:	1130mm × 420mm × 630mm
	Leg Rest & Footrest:	530mm × 445mm × 540mm

truMedic[®]

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