

## **Patient Testimonials Based on Condition**

Gastrointestinal Patients		
IBS/ SIBO	My first two weeks on Sperri Having years of GI issues, IBS, SIBO, Not able to digest much, so I tried Sperri after a nutritionist recommended it to me. Did not go into abdominal pain after drinking it. I would recommend this product to anyone looking to help get some nutrients that your not able to get from hole foods. I'm suffering from Chronic fatigue syndrome for the last 12 years, and it's true that many suffering from CFS have digestive issues It's really sad that this isn't cover threw Medicare!	
SIBO	The best product for people with digestive concerns.  Sperri has made managing a diagnosis of SIBO a lot less stressful. It replaces a meal with nutrient dense ingredients allowing me more time for other things, rather than always prepping food. They're delicious and filling and I look forward to enjoying them everyday. I've also been sending a steady supply to my daughter in university. She also loves the taste and how she always has a healthy option when her schedule gets busier. This amazing product has changed my life!	
IBS	WOW, simply the best!  These 2 flavours of meal replacement drinks have already proven to be the natural health product my body needs right now. I have only consumed 4 of these drinks so far and can tell you I honestly feel better and they taste great! My gut problems are undiagnosed/unknown at the moment and I'm attempting to rest my digestive system slightly and see what is causing so much upset. I have had IBS for as long as I can remember and have tried may things to manage this. By consuming these drinks during the day and having a sensible dinner I'm feeling far less symptoms than eating somewhat thoughtlessly during my busy day and living to regret it. I can't thank you enough for creating this product with such care and attention to the delicate needs of so many.	
IBD	Greatmeal supplement Bought for teen newly diagnosed with IBD. Likes vanilla a lot and looks forward to drinking.	
Ulcertive Colitis	Great taste and easy on my stomach I was so excited to discover Sperri and even more excited when I realized how delicious and filling it is. I Ulcerative Colitis and have struggled with having no appetite and losing a lot of weight. I struggle to digest most foods, but Sperri seems to be one of the few things my stomach stays calm with. I've ordered more cases after trying the sampler pack. Both flavours are great but the chocolate is my favourite!	



Indigestion	Really impressive vegan supplement Flavours were relatively mild compared to so many which are way over sweetened with Stevia. Drank these on mornings where I worked out as I usually have issues with digestion if I have breakfast before and they were perfect.
Indigestion/ Sensitivities	Great product Finally a nutritional meal replacement I can drink, I have many food sensitivities and digestive problems and can't tolerate other meal replacements, these taste good and not too sweet! I will be reordering for sure. Thank you.

Oncology Patients	
Radiation Treatment	Excellent product Purchased it for my Mother who's 82, going through radiation treatment and using this as a meal replacement option.
Cancer Treatment	Starter 6-pack Tastes great and a good supplement while undergoing cancer treatment
Liquid Diet	Sperri complete A hospital dietician and the Cancer Centre recommenced Sperri to me as the protein drinks I had been using were no longer available. I'm restricted to a liquid diet at the moment so Sperri has been a lifesaver. I've only just started using it so we'll see how it goes. I've ordered more!
Esophageal Cancer	Sperri is a must! I wanted to say thank you for making a product that has helped my family so much. My Dad is a throat cancer survivor and has trouble swallowing solid foods ever since his radiation and chemo treatment 15 years ago. I discovered Sperri a few months ago and gave him one to try. Now he drinks them daily! There is finally a meal replacement that tastes great and gives him the flexibility to get his nutrients in when he is too rushed to eat a solid meal. As Dad likes to say now, "A Sperri a day, keeps the doctor at bay!"
Renal Cancer	Godsent life saver I am a 21 year old recently diagnosed with stage 2 renal cancer. Eating has been extremely difficult before and after my surgery. Many days, I don't have energy even to make a smoothie, and do not have appetite for a lot of foods. Meals have been a nightmare before I found these at London Drugs. I have ordered monthly subscriptions here. My favourite flavour is the vanilla maple; however, while both flavours have the same nutrition density, calories, and protein, I find that the chocolate gives the illusion of a richer drink in my mouth. So, I recommend that one for when you want to feel more full after just one of these as a meal replacement.



Dysphagia Patients		
Sole-source Nutrition	Wonderful!  My daughter loves both the chocolate and the vanilla maple! Prior to finding out about Sperri I found it incredibly stressful trying to figure out meals due to the fact that she is fully on liquid foods due to numerous health issues as well as dysphagia (difficulty swallowing). Sperri has formulated the thickness perfectly for those with dyspagia. It gives me great peace of mind knowing I am giving her a high quality product and it gives me joy seeing her enjoying her Sperri so much! Thanks to all!!	
Supplemental	Amazing product! I love Sperri amd can't imagine life without it now that I have it! I have swallowing issues and can't really chew so my food mostly has to be liquid. I've been searching and searching for meal replacement and everything was laden with chemicals and sugar. Not only is Sperri packed with goodness nutritionally, it's delicious! Thanks for a great product.	

Weight Gain/Maintenance	
Chronic Weight Loss	Wonderful!! I started drinking Sperri meal replacement due to chronic weight loss and allergies to dairy, gluten and soy! Thank you Sperri for finally developing a healthy, tasty and totally allergy free product! You saved my life!!
Low Appetite	Sperri is a Godsend I searched for a product like this and was so glad I found Sperri. I have a hard time with digestion and appetite and getting enough calories per day. Since I started using Sperri I've managed to get my required daily intake and I'm putting on a little weight already. The fact that it is plant based and GMO free with no cheap ingredients is awesome! And it really tastes great! Hats off to the people at Sperri.



Allergies & Intolerances		
Dairy Allergy/ Intolerance	Life-saver I've been having violent stomach issues for almost a year now, and I don't know what I would have done if I hadn't found Sperri. I have an allergy to dairy and that eliminates most other options. Plus, I was losing so much weight so fast that other options with artificial sweetener or reduced calories were not an option. Sperri kept me alive and stable enough that I was able to seek treatment and I'm now on the road to recovery. Truly amazing product, have told everyone I know.	
Common Allergens	Life changing! Dear Sperri, The words escape-me as to how grateful I feel to You for formulating a lovely tasting meal replacement with no common allergens! Sperri is getting me through a difficult time trying to figure out what is making me so sick, I am feeling better since starting Sperri. I'll be placing another order soon, thanks kindly, Fiona	

