

## SHR Laser Hair Removal

Please note a patch test & consultation is required. For facial laser an SPF 50 is also required. This will be added to your first appointment.

<b>Small Area</b>	£35
Lip, Chin, Monobrow, Sideburns, Ears	
<b>Small Area Course of 6</b>	<b>£200</b>
	£45
<b>Medium Area</b>	
Lip + Chin, Bellybutton, Under Arms, Bikini, Neck Line,.	
<b>Medium Area Course Of 6</b>	<b>£250</b>
	£75
<b>Large Area</b>	
1/2 Leg, Full Face, Beard, Forearm, Brazilian, Upper or Lower Back or Chest	
<b>Large Area Course Of 6</b>	<b>£410</b>
	£115
<b>X/L Area</b>	
Full Leg, Full Arm, Full Back Or Full Chest	
<b>X/L Area Course Of 6</b>	<b>£650</b>
	£130
<b>XXL Area Package</b>	
Full Beard, Neck Line, Mono Brow & Ears	<b>X6 - £700</b>

## SSR Laser Skin Rejuvenation

Please note a patch test & consultation is required. SPF50 is also required to protect your skin. This will be added to your first appointment

<b>Acne Course of 8</b>	<b>£350</b>
Maintenance every 4-6 weeks	<b>£45</b>
<b>Acne Back Treatment</b>	<b>£120</b>
Course of 8 taken weekly	<b>£860</b>
<b>Express Facial Course of 8</b>	<b>£350</b>
<b>Thread Vein Removal</b>	
Small Area (top lip size) Course of 4	<b>£35 / £100</b>
Medium Area	<b>£45 / £140</b>
Large Area	<b>£80 / £250</b>
<b>Pigmentation Removal</b>	
Small Area - course of 4	<b>£35 / £100</b>
Medium Area	<b>£45 / £140</b>

## Packages

<b>DermaVersal Advanced - 120mins</b>	<b>£200</b>
<b>Course of 4</b>	<b>£750</b>
Skin Peel, Micro-needling, Cosmetic Acupuncture. Auricular Acupuncture, Reflexology / Reiki or Crystal Healing, Gua Sha	
<b>Dermaversal Light - 90mins</b>	<b>£150</b>
<b>Course of 4</b>	<b>£570</b>
SSR Laser, Gua Sha, EGF Face Mask, Gold or Silver Face Mask, Reflexology / Reiki or Crystal Healing	
<b>Signature Detox Back Treatment - 45mins</b>	<b>£45</b>
<b>Course of 4</b>	<b>£160</b>
Full Body Brush, Bamboo Back Exfoliation, Back Massage, Cupping.	
<b>Signature Detox Full Body Treatment - 90mins</b>	<b>£90</b>
<b>Course of 4</b>	<b>£320</b>
Full Body Brush, Bamboo Full Body Exfoliation, Full Body Massage, Cupping Therapy to where needed	
<b>Signature Full Body Balance - 60mins</b>	<b>£60</b>
<b>Course of 4</b>	<b>£210</b>
A Full Body Brush, Full Body Exfoliation & A Chakra Balance using Tuning Forks & Energy Healing	
<b>Signature Event Preparation Package - 90mins</b>	<b>£120</b>
The perfect illuminating treatment for weddings or holidays. Timexpert Vitamin C + Radiance Facial & Body Wrap. Incorporating a full body brush, scrub & wrap.	

## Holistic Treatments

<b>Reiki</b>	<b>Course Of 3</b>	<b>£50</b>	<b>£135</b>
<b>Reflexology</b>	<b>Course Of 3</b>	<b>£45</b>	<b>£110</b>
<b>Reflexology &amp; Reiki</b>	<b>Course Of 3</b>	<b>£50</b>	<b>£135</b>
<b>Auricular Acupuncture</b>	<b>Course Of 3</b>	<b>£50</b>	<b>£125</b>
<b>Acu-Reflex</b>	<b>Course Of 3</b>	<b>£70</b>	<b>£190</b>
<b>Cosmetic Acupuncture</b>	<b>Course Of 6</b>	<b>£99</b>	<b>£535</b>
<b>Ear candles</b>	<b>Course Of 3</b>	<b>£40</b>	<b>£110</b>

## Make Up Lessons

So many reasons to book a makeup lesson:

- Getting married abroad or on a budget
- Need to update you techniques due to age
- Need a chemical free solution
- Transitioning

**£45 - 1hr**

**Spend £150**  
on your new  
makeup look  
& get your  
lesson **FREE**

# INSPARATIONS

BY DAVINA

## HOLISTIC AESTHETIC PRACTICIONER

&

Home Fragrance  
Artisan Creator

## TREATMENTS Menu & Fees 2022

2 & 6 Therapy Rooms  
Wainbridge House  
Shepherd Road  
Gloucester  
GL2 5EL

07702285664

insparations.davina@outlook.com

Use QR Code to book via Fresha Booking App



*Proud To Be A*

*TRANS Friendly & Gender Neutral Clinic*

**Please Also Note**

**Any appointments missed or cancelled with less than 48hrs notice will result in a 50% payment fee**

## Hello & Welcome



I am Davina. I am an award winning therapist with over 26 years of love for my industry.

My passion is skin & wellness, bringing about harmony & homeostasis to you as a whole. Providing individual treatments or treatment programmes for long lasting results.

I look forward to helping you achieve your skin & wellbeing goals. Much Love & Light Davina xxx

## Pathology & Wellness Injections

**Vitamin D** **£45**  
**Course of 3** **£125**

Improves – Low mood, back & bone pain, nerve function, impaired wound healing, hair loss, muscle pain, persistent infections. Colds, flu & Bronchitis.

**Vitamin H/B7 or Biotin** **Monthly** **£40**  
**Course of 5** **£220**

Improves – Skin, particularly dry skin, acne & eczema, nerve pain, hair loss & weak hair, metabolism, blood glucose, red blood cell production, mood swings, chronic fatigue.

**Vitamin C** **8-12 weeks** **£35**

Improves – immune system, cold and flu symptoms, reduce inflammation, skin aging, muscle degradation.

**Vitamin B12** **Monthly** **£35**  
**Course of 5** **£150**

**Wellness Duo** – Vit C & B12 every 6–8 weeks **£60**

*Please note the IM injections are recommended as a boost for overall health and wellness & to help alleviate symptoms of deficiency. They are not designed as a cure for illness & I do not claim in that they are or will.*

### Pathology Blood Testing

Active B12 Blood Test **£71**  
Vitamin C Blood Test **£91**  
Vitamin D Blood Test **£75**  
Biotin Blood Test **£105**  
Well Person Blood Profile **£185**

## Cryosurgery

Skin lesion removal using nitrous oxide. **Prices from £50**

- Skin Tags
- Warts & Papillomas
- Sun Spots/ Age Spots
- Liver Spots
- Cherry Angiomas
- Seborrhic Keratosis (thick scally age spots)

## Needle Free Lip Filler

**Lip Fillers 1ml – £190**

**Lip Filler Top Up 0.5ml – within 3 months £95**

## Plasma Skin Tightening

Eye Lid Lift upper or lower **£350**  
Eye Lid Lift Upper & Lower **£600**  
Mouth Lines (Perioral) includes lip & chin **£350**  
Ear Fold tightening **£250**  
Neck Lift or Jowl lift **£500**  
Light Face Lift **£750**  
Full Face Lift **£1000**  
Full Face and Neck Lift **£1400**  
Full Tummy **£800**  
Hand Rejuvenation **£350**  
Boob Lift **From £500**  
Age Spot / Skin Tag/ Mole Removal **From £100**

*Please note: plasma is a very advanced treatment that is the closest clinical treatment to going under the knife. Correct aftercare is essential. The amount of sessions needed will vary from person to person. We advise plasma to be performed during autumn, winter & early spring months.*

## Coming Soon

### Skin Boosters:

**Lumi Eyes** Treatment – July 2022

**Profhilo** Treatment – September 2022

**SuneKos** Treatment – September 2022

**Jalupro** Treatment – September 2022

**Fat Dissolve** Injections—Aquylux / Lipo Lab – September

**PRP Facial** or Vampire Facial – December 2022

## The Ultimate Membership Launching Soon

## Advanced Skin Treatments

All of our **advanced expert anti-aging facials** are performed with award winning Germaine De Capuccini products

They are extremely advanced, highly active & results driven.

**Cosmetic Acupuncture – 75mins £99**  
The Botox alternative. Includes Auricular Acupuncture for total body wellbeing. Lifting & tightening the skin & muscles. For total facial rejuvenation.  
**Course of 6 £530**

**Skin Peels – 45mins £55**

Your skin will be assessed to see which acid your skin needs. This may be:

**AOX Clinical Peeling System** – For all skin types

**Glycolic – 50%** – Anti Ageing & Pigmentation

**Mandelic – 40%** – Sensitive Skin & Rosacea

**Salicylic & Azelaic** – Acne Skin

**Lactic Acid – 50%** – For Sensitive & Dry Skin

**Course of 6 (every 2 weeks) £300**

### Advanced Expert Anti-Aging Facials – 75mins

**Signature Royal Elixir.** For stressed skin **£65**

**TimeXpert C+ Radiance.** Luminating **£80**

**TimeXpert Neo Age.** Lines & Wrinkles **£85**

**TimeXpert Excel O2.** Anti Pollution **£80**

**TimeXpert SRNS.** Based on EPIGENETICS gene therapy **£85**

**Dermatech Advanced Micro-needling– 75mins £130**

**Course of 4 every 2 weeks, with Home Care £650**

Dermatech is an 8 step facial & includes a cleanse/tone, skin peel, advanced skin serum, micro-needling to full face and neck, face mask, face balm and spf to finish. To create new collagen structure by tricking the skin into a wound healing response. This induction & regrowth of new collagen will reduce wrinkles, scarring, pigmentation & pore size. It increases skin density for protective benefits. There is no down time after this facial.

**Expert Eye & Lip £70**

2 treatments combined to get the very best results for the eye and lip area. Micro-needling, Gua Sha, Cupping Facial Yoga & A Mask to fade away lines and wrinkles.

**Scar Removal – with micro-needling From £70**

Using micro-needling to get through the scar, this brings new blood to the surface, healing the scar and creating new collagen to smooth & build new healthy skin.