Functional Nutrition For Dysphagia

Support dysphagia therapy and nutrition with the first clinically proven, rapid dissolving solid to purée.

Patients with dysphagia are at a higher risk for disease associated malnutrition. A major underlying reason is reduced intake because of dissatisfaction with soft textures. Savorease Crispy Melts provide an enjoyable crispy dissolvable texture for all modified diets.

- 130 calories, 3 g of protein and 11 g of unsaturated fats in each serving
- Positive memory evoking flavors
- Improved sensory perception for ageusia and anosmia
- · Easier self feeding and grazing all day if desired
- Minimal saliva required to dissolve
- Comfortable and easy PO intake
- Allows for slower eating pace

As a functional food, Crispy Melts provide an oral exercise to support texture advancement goals. The higher the texture on discharge, the lower the risk of malnutrition.



## Therapists may decide to:

- Utilize to support rehabilitation of physiologic impariments in the oral, pharyngeal and esophageal phase
- Make recommendation to include in purée, minced and moist, and soft and bite sized textured diets
- Use in swallow assesments

## To optimize benefit

- Use in dysphagia therapy and in meals
- Serve 1-2 times daily with meal or between main meals
- Encourage to eat in one sitting or reseal bag between use
- Stock in nutrition room or kitchen
- Offer flavor variety to increase choice and improve food enjoyment

For wholesale inquiries contact us by email at

Learn more at:

FITS IDDSI LEVELS









# Functional Nutrition With Solid Finger Foods For Soft Diets

#### **Nutrition Facts**

1 servings per bag

Serving size 3/4 OZ (23g)

Amount per serving

130

Valuties	. 00
%	Daily Value*
Total Fat 12g	15%
Saturated Fat 1.5g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 210mg	6%
Total Carbohydrate 7g	3%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugar	s <b>0%</b>
Protein 3g	
Vitamin D 0 mcg	0%
Calcium 9 mcg	0%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is isued for general nutrition advice.

INGREDIENTS: GARBANZO
BEAN LIQUID (ORGANIC),
EXPELLER PRESSED
CANOLA OIL, PARSNIP
PUREE, PEA PROTEIN
ISOLATE, POTATO STARCH,
CARROT PUREE, INULIN,
METHYLCELLULOSE, SALT,
NATURAL POPCORN
FLAVOR, YEAST EXTRACT,
GUM ARABIC, COCONUT
OIL, XANTHAN GUM,
VITAMIN E (ANTIOXIDANT).



POPCORN FLAVORED

#### **Nutrition Facts**

1 servings per bag

Serving size 3/4 OZ (23g)

Amount per serving Calories

130

0%

6%

2%

% Daily Value	
Total Fat 11g	14%
Saturated Fat 1.5g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate 5g	2%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sug	gars <b>0%</b>
Protein 3g	
Vitamin D 0 mcg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is isued for general nutrition advice. INGREDIENTS: GARBANZO
BEAN LIQUID (ORGANIC),
EXPELLER PRESSED
CANOLA OIL, CARROT
PUREE, PARSNIP PUREE,
POTATO STARCH, PEA
PROTEIN ISOLATE, INULIN,
FIG JUICE CONCENTRATE,
METHYLCELLULOSE, YEAST
EXTRACT, XANTHAN GUM,
SALT, NATURAL CHICKEN
FLAVOR, SPICES,
DEHYDRATED GARLIC,
VITAMIN E (ANTIOXIDANT).



#### **Nutrition Facts**

1 servings per bag

Iron 1 mg

Potassium 77 mg

Serving size 3/4 OZ (23g)

## Amount per serving Calories

130

6%

2%

% Dai	ly Value*
Total Fat 11g	14%
Saturated Fat 1.5g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate 5g	2%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 3g	
	0-4
Vitamin D 0 mcg	0%
Calcium 7 mg	0%
Iron 1 mg	6%
Potassium 69 mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is isued for general nutrition advice. INGREDIENTS: GARBANZO
BEAN LIQUID (ORGANIC),
EXPELLER PRESSED
CANOLA OIL, CARROT
PUREE, PEA PROTEIN
ISOLATE, POTATO STARCH,
INULIN,
METHYLCELLULOSE, SALT,

FLAVOR, YEAST EXTRACT, GUM ARABIC, COCONUT OIL, XANTHAN GUM, VITAMIN E (ANTIOXIDANT), PAPRIKA FOR COLOR.



### **Nutrition Facts**

1 servings per bag

Calcium 8 mg

Potassium 65 mg

Iron 1 ma

Serving size 3/4 OZ (23g)

Amount per serving Calories

130

% Dai	ly Value*
Total Fat 12g	16%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 135mg	6%
Total Carbohydrate 8g	3%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0 mcg	0%
Calcium 7 mg	0%
Iron 1 mg	6%
Potassium 63 mg	2%
* The % Daily Value (DV) tells you how much a	a nutrient in

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is issued for general nutrition advice.

INGREDIENTS: GARBANZO
BEAN LIQUID (ORGANIC),
EXPELLER PRESSED
CANOLA OIL, GREEN PEA
PUREE, POTATO STARCH,
PEA PROTEIN ISOLATE,
METHYLCELLULOSE,
NATURAL PEA FLAVOR WITH
OTHER NATURAL FLAVORS,
PEAR JUICE CONCENTRATE,
SALT, XANTHAN GUM, DRIED
PARSLEY, VITAMIN E
(ANTIOXIDANT).

