

Metal Mind kits:

Kit #1:



Materials:

Instruction sheet (photocopied) \$.25

2 Copies of the metal mind pattern. (Photocopied) Cost: \$.10

1 Copy of the symbols pattern. (Photocopied) Cost: \$.05

Sticky back velcro 2-6" pieces (\$13.42-26ft) 2 pieces = \$.50

[https://www.amazon.com/Sticky-Fastener-Adhesive-Crafting-Organization/dp/B08KP577YY/ref=sr\\_1\\_8?crd=2YAFE5JAZ1MNE&keywords=Sticky+back+Velcro+bulk&qid=1689129390&sprefix=sticky+back+velcro+bulk%2Caps%2C138&sr=8-8](https://www.amazon.com/Sticky-Fastener-Adhesive-Crafting-Organization/dp/B08KP577YY/ref=sr_1_8?crd=2YAFE5JAZ1MNE&keywords=Sticky+back+Velcro+bulk&qid=1689129390&sprefix=sticky+back+velcro+bulk%2Caps%2C138&sr=8-8)

3 sheets of EVA foam. 92 pack - \$11.99 (\$.10 each) = \$.30 \*color of eva foam will vary.

[https://www.amazon.com/Crafare-Assorted-Project-Scrapbooking-Handcraft/dp/B0BQFZWCJ8/ref=sr\\_1\\_79?keywords=Eva+foam&qid=1689122529&sr=8-79](https://www.amazon.com/Crafare-Assorted-Project-Scrapbooking-Handcraft/dp/B0BQFZWCJ8/ref=sr_1_79?keywords=Eva+foam&qid=1689122529&sr=8-79)

Hot Glue gun + glue sticks. (24 pack - \$36.99) = \$1.55 \*color of glue gun will vary.

[https://www.amazon.com/gp/aw/review/B0BGGRNMLG/R2OJ5NTMIJGDT4?ref=cm\\_sw\\_r\\_ud\\_dprv\\_89T2EDNP6Q3XKC8KHHS3](https://www.amazon.com/gp/aw/review/B0BGGRNMLG/R2OJ5NTMIJGDT4?ref=cm_sw_r_ud_dprv_89T2EDNP6Q3XKC8KHHS3)

Total cost: \$2.75

## Kit #2:



### Materials:

Instruction sheet (photocopied) \$.25

4 Copies of the metal mind pattern. (Photocopied) Cost: \$.20

2 Copy of the symbols pattern. (Photocopied) Cost: \$.10

6 sheets of EVA foam. 92 pack - \$11.99 (\$.10 each) = \$.60 \*Color of Eva foam will vary.

[https://www.amazon.com/Crafare-Assorted-Project-Scrapbooking-Handcraft/dp/B0BQFZWCJ8/ref=sr\\_1\\_79?keywords=Eva+foam&qid=1689122529&sr=8-79](https://www.amazon.com/Crafare-Assorted-Project-Scrapbooking-Handcraft/dp/B0BQFZWCJ8/ref=sr_1_79?keywords=Eva+foam&qid=1689122529&sr=8-79)

Hot Glue gun + glue sticks. (24 pack - \$36.99) = \$1.55 \*Color of Eva foam will vary.

[https://www.amazon.com/gp/aw/review/B0BGGRNMLG/R2OJ5NTMIJGDT4?ref=cm\\_sw\\_r\\_ud\\_dprv\\_89T2EDNP6Q3XKC8KHHS3](https://www.amazon.com/gp/aw/review/B0BGGRNMLG/R2OJ5NTMIJGDT4?ref=cm_sw_r_ud_dprv_89T2EDNP6Q3XKC8KHHS3)

Leather ties: 5ft \$11.99 for roll. (\$.20 ft) \$1.00 \*Color of leather ties may vary.

[https://www.amazon.com/GENIQUE-Necklace-Bracelets-Jewellery-Distressed/dp/B09YRDNJZ3/ref=sr\\_1\\_1\\_sspa?crd=XAXOE2ZMYRF7&keywords=leather+string+for+jewelry+making&qid=1689129511&srefix=Leather+string+for+%2Caps%2C150&sr=8-1-spons&sp\\_csd=d2lkZ2V0TmFtZT1zcF9hdGY&psc=1](https://www.amazon.com/GENIQUE-Necklace-Bracelets-Jewellery-Distressed/dp/B09YRDNJZ3/ref=sr_1_1_sspa?crd=XAXOE2ZMYRF7&keywords=leather+string+for+jewelry+making&qid=1689129511&srefix=Leather+string+for+%2Caps%2C150&sr=8-1-spons&sp_csd=d2lkZ2V0TmFtZT1zcF9hdGY&psc=1)

Grommet punch and grommets (\$3.99 + tax+shipping) \$5.00 \*Color of Grommet punch will vary.

[https://www.harborfreight.com/grommet-pliers-with-100-grommets-66707.html?utm\\_source=google&utm\\_medium=cpc&utm\\_campaign=12169518939&campaignid=12169518939&utm\\_content=114845764977&adsetid=114845764977&product=66707&store=37&gclid=CjwKCAjw-7OIBhB8EiwAnoOEK5boJyxe7noUVVd-rNlUkOQ6YLN9fpckwB5KQLuUW7dEamqQLmckKyBoCFNwQAvD\\_BwE](https://www.harborfreight.com/grommet-pliers-with-100-grommets-66707.html?utm_source=google&utm_medium=cpc&utm_campaign=12169518939&campaignid=12169518939&utm_content=114845764977&adsetid=114845764977&product=66707&store=37&gclid=CjwKCAjw-7OIBhB8EiwAnoOEK5boJyxe7noUVVd-rNlUkOQ6YLN9fpckwB5KQLuUW7dEamqQLmckKyBoCFNwQAvD_BwE)

Total cost: \$8.70

Added bonus for building in the craft room:

- Get a raffle ticket for Jasnah's soul caster.
- Can upgrade your metal mind from velcro to grommets.
- Ability to paint it there and walk away with finished metal mind(s).
- Additional trims and beads to embellish your metal minds.

Separate photos of each item in Kit #1:

**Metal Mind Bracer Base pattern**

Directions:

- Choose a size based on your wrist circumference (see size chart below)
- Pick whichever length you prefer
- Use the holes as guides for lacing

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**Size Chart**

- Small: 4.5 - 6" wrist
- Medium: 6 - 7" wrist
- Large: 7+ " wrist

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**Metal Mind Bracer Symbol patterns**

Iron = Physical weight  
 Pewter = Physical strength  
 Copper = Memories  
 Zinc = Mental speed

Steel = Physical speed  
 Tin = Senses  
 Gold = Health  
 Bronze = Wakefulness

Iron

Steel

Pewter

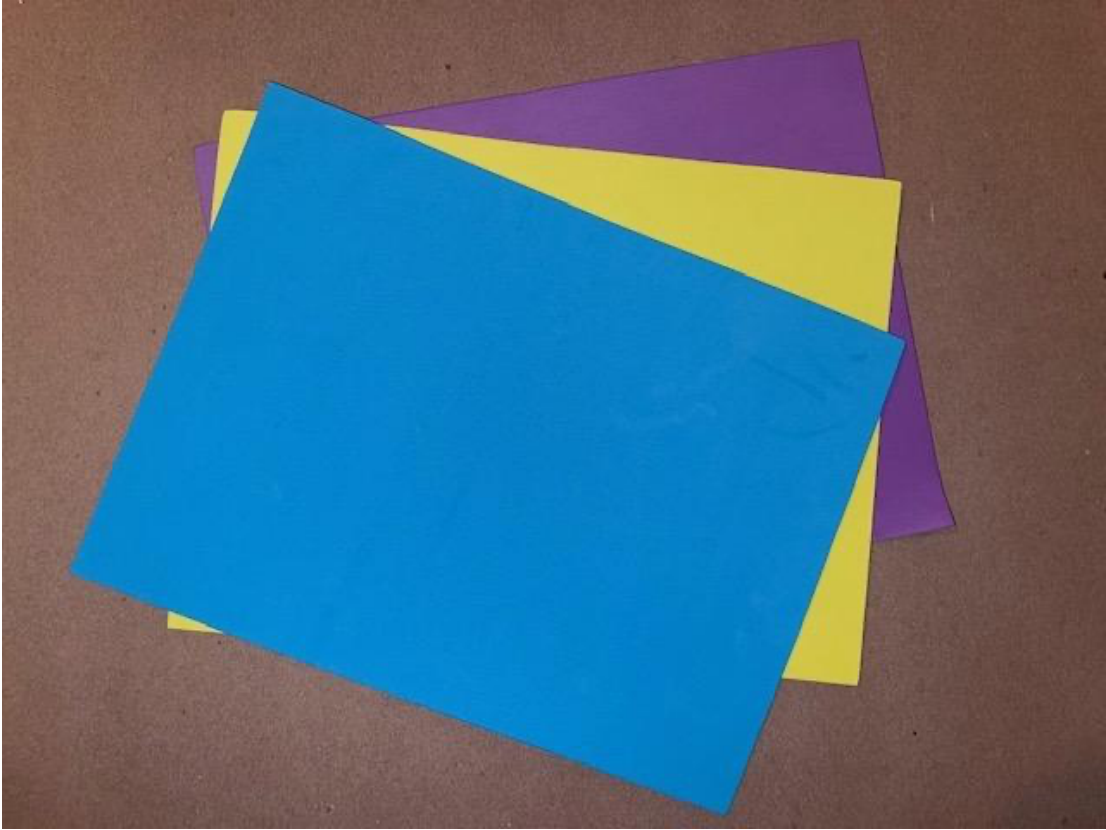
Tin

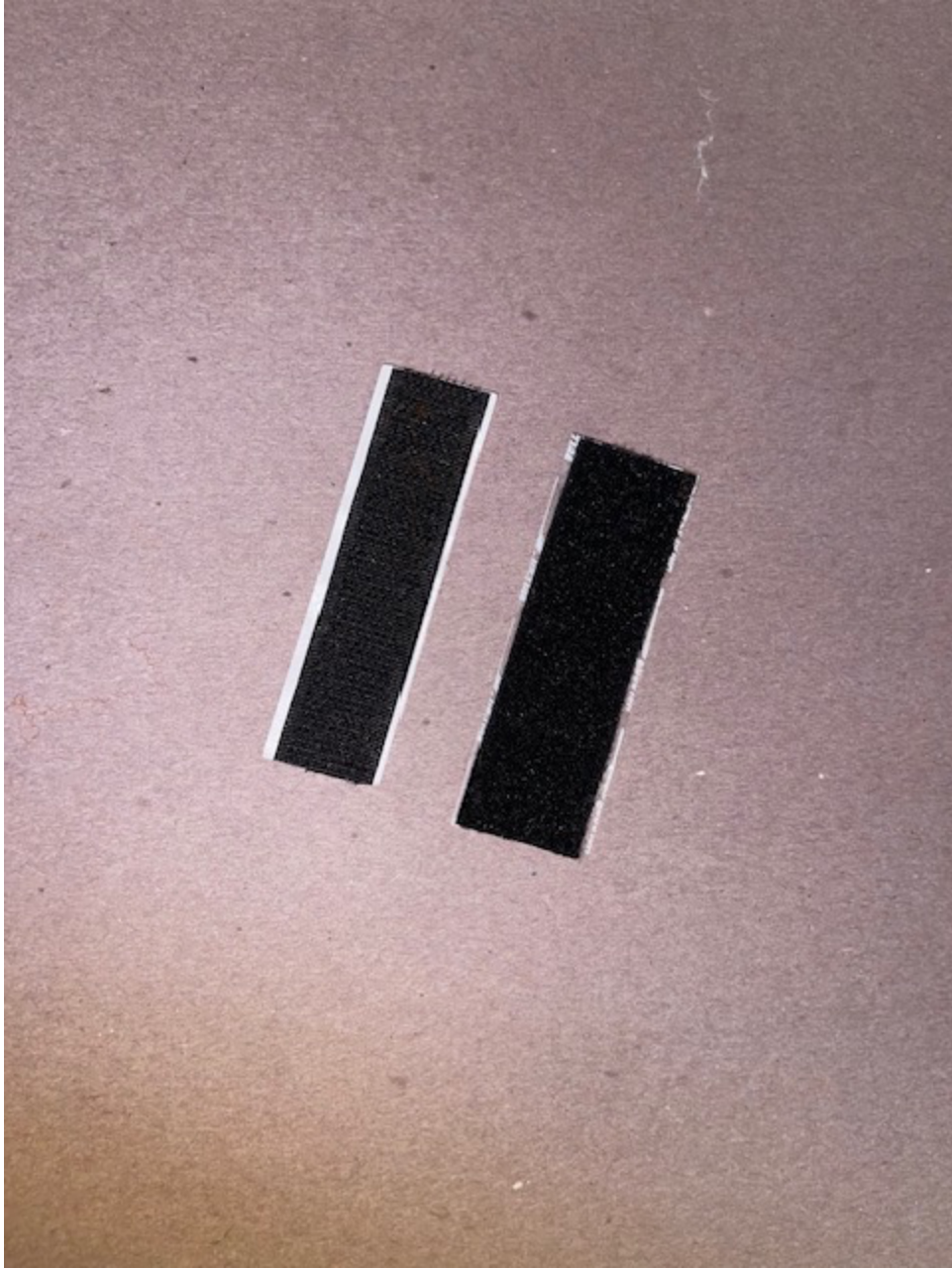
Copper

Gold

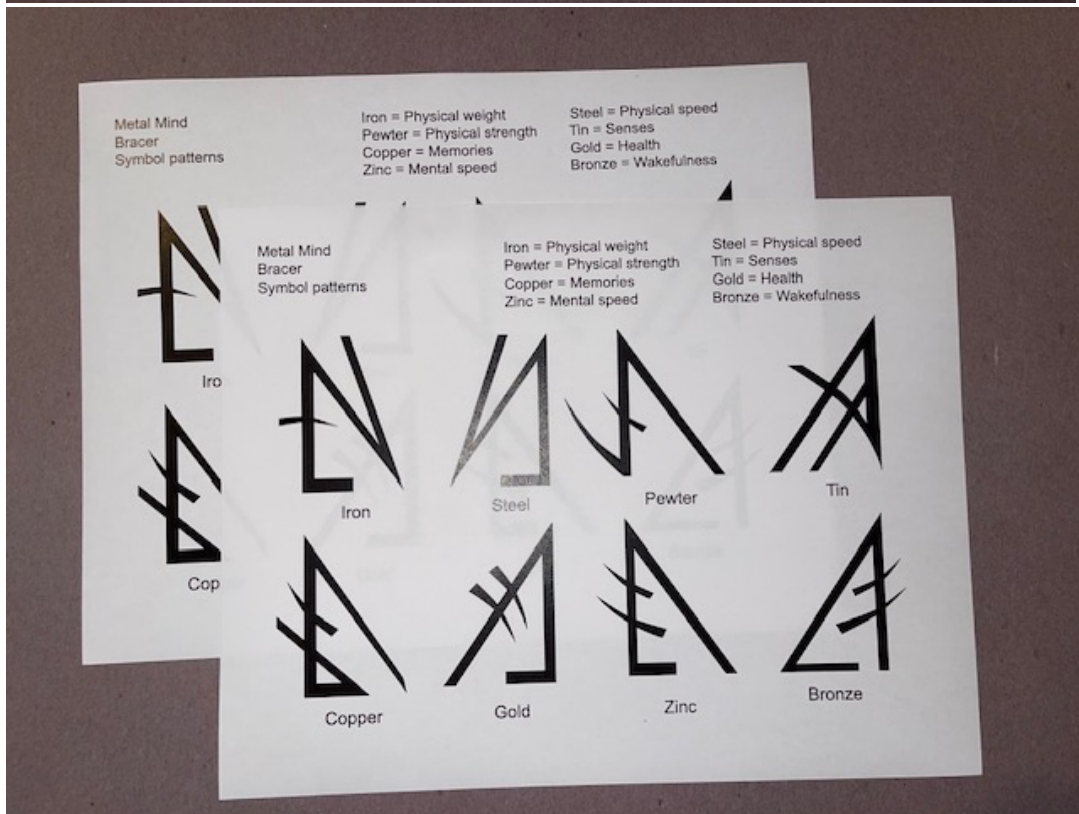
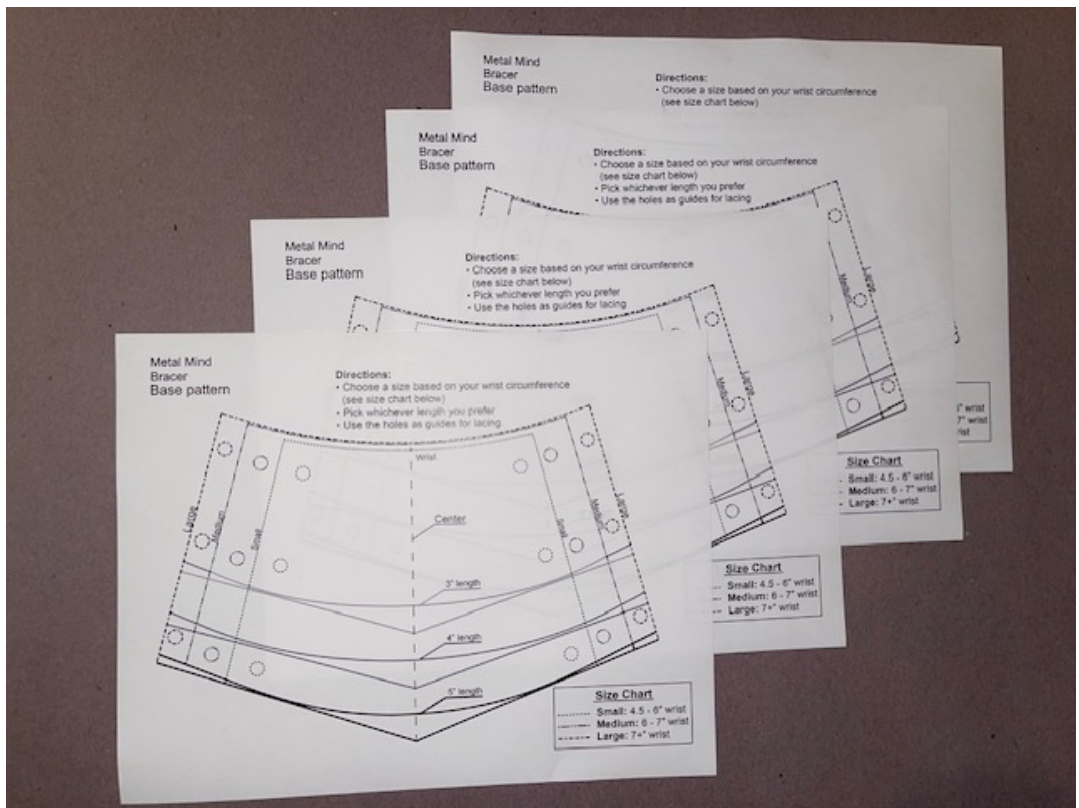
Zinc

Bronze





Separate photos of each item in Kit #2:









Example finished photos:







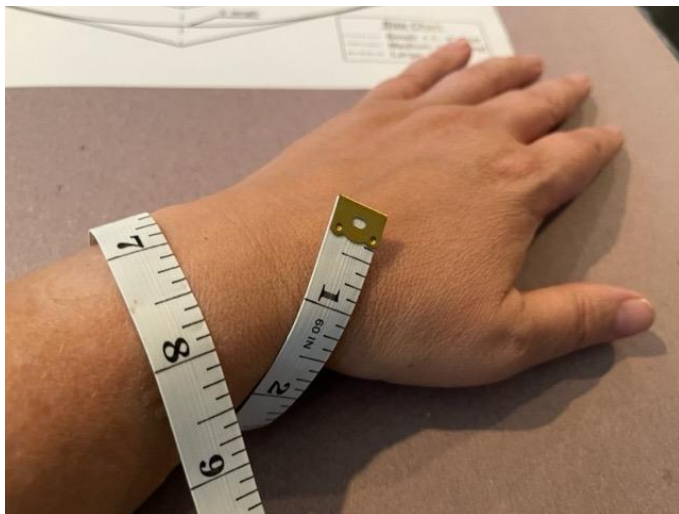
## Metal Mind Construction information

Additional materials needed:

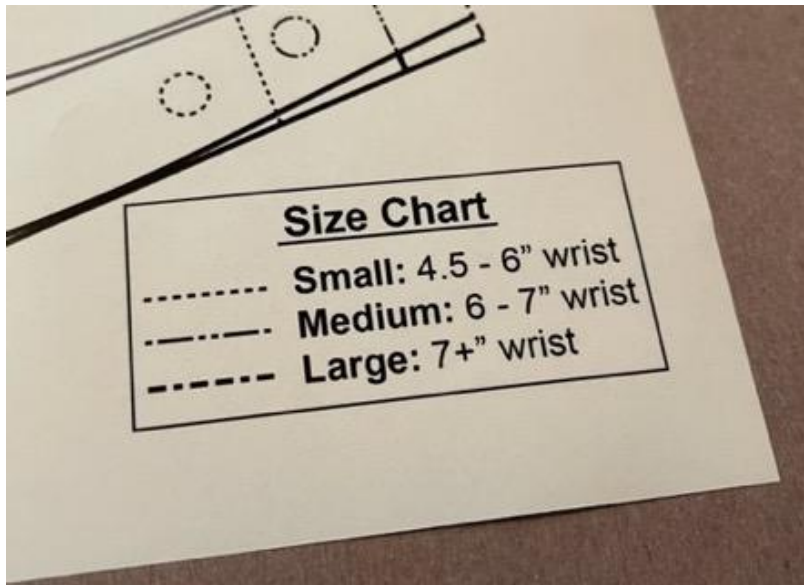
- Pen
- Scissors
- Tape measure
- Hair dryer
- Ruler (optional)
- Paint and painting supplies



Step #1: Measure your wrist:

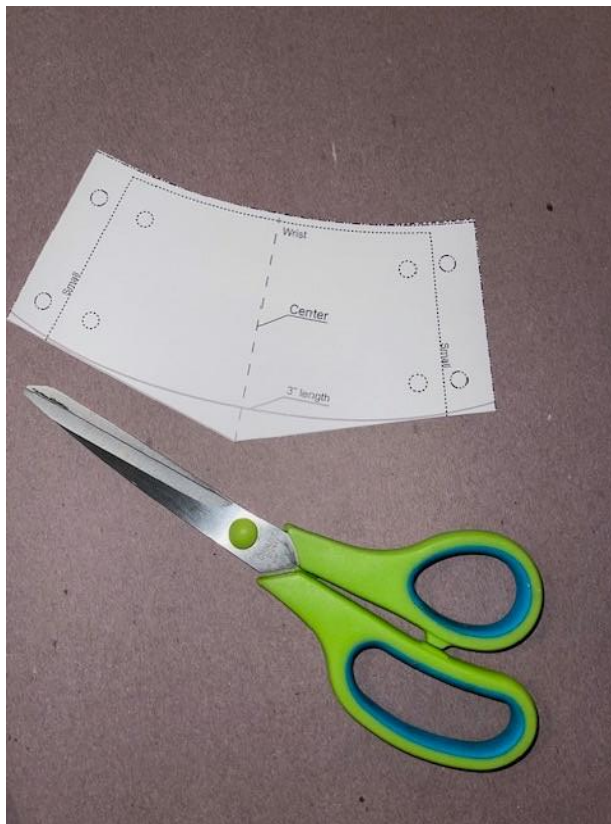


Step #2: Based on your wrist circumference, pick the correct size. (\*Note, for velcro closures, go one size up.)

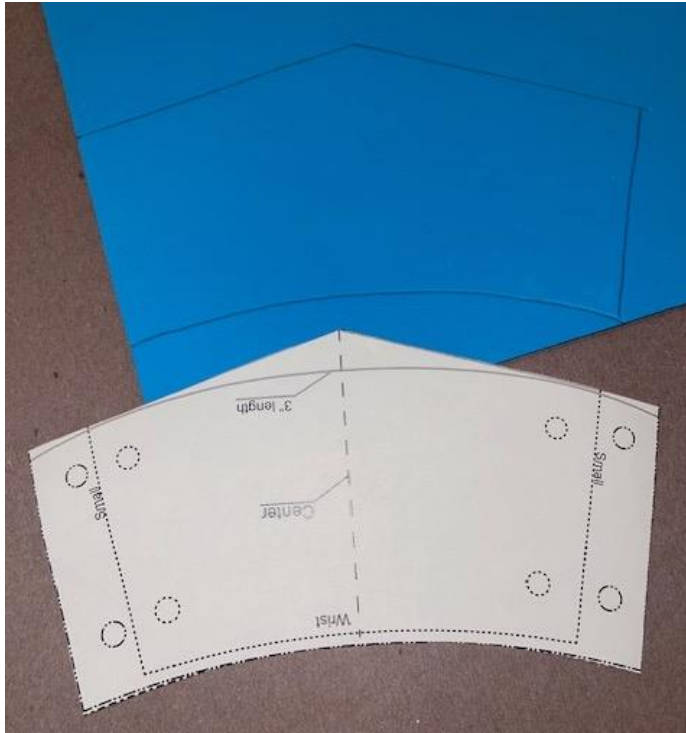


Step #3: Determine the length and shape you want your metal mind.

Step #4: Cut out pattern

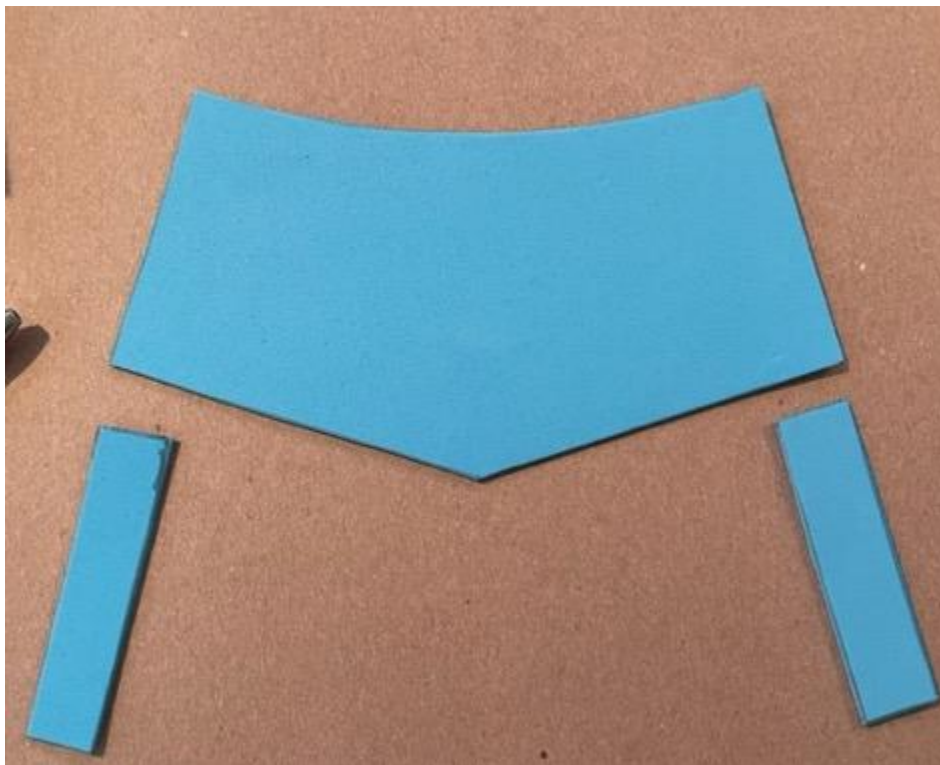


Step #5: Trace your pattern in the foam.



Step #6: Cut out the foam piece

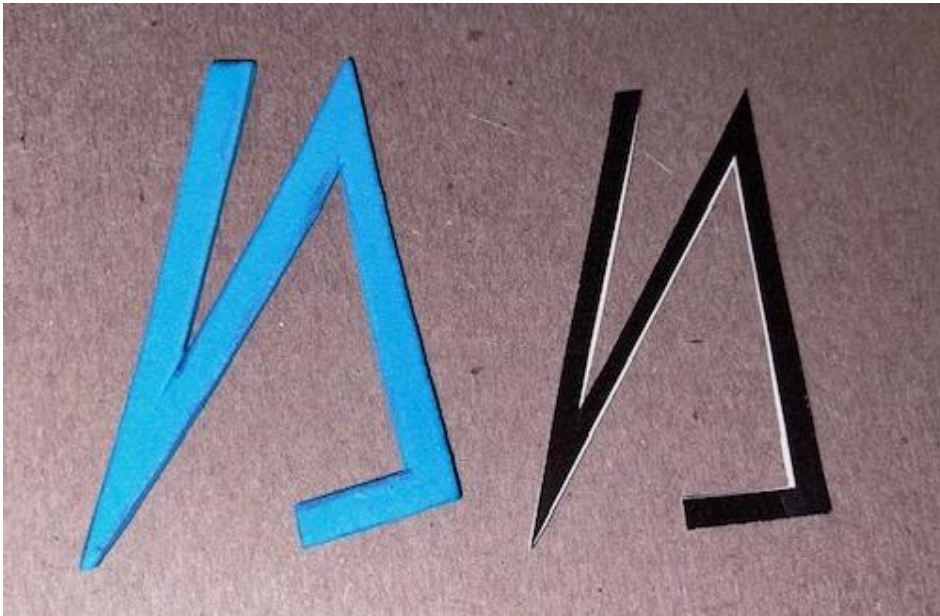
Step #7: (For grommets only) Cut additional side supports out of foam.



Step #8: (For grommets only) Glue the supports to the base.



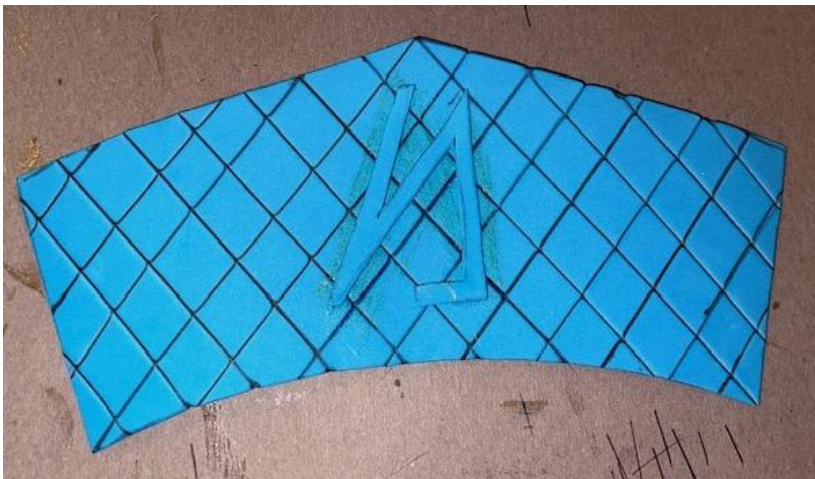
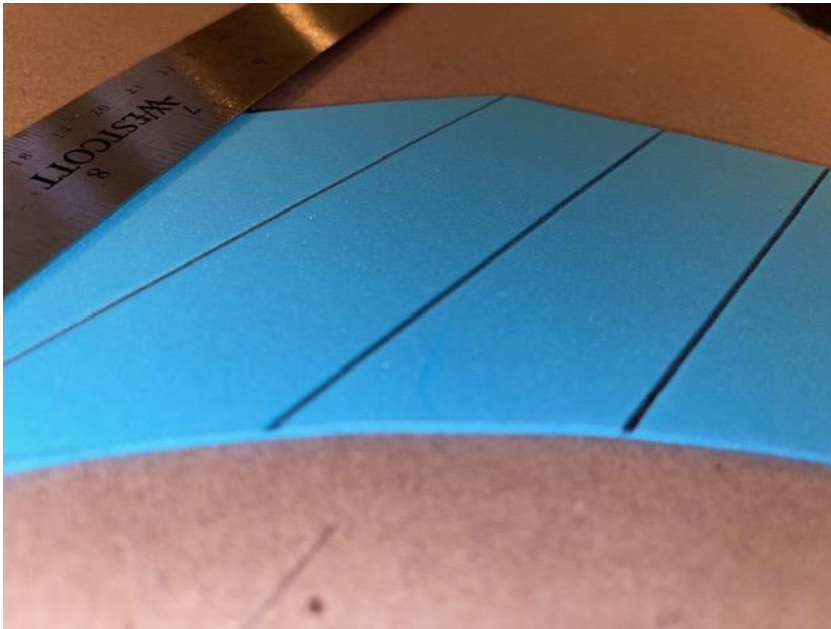
Step #9: Cut out the symbol pattern you want, trace it out onto the foam and cut it out.



Step #10: Glue the symbol to the metal mind base.



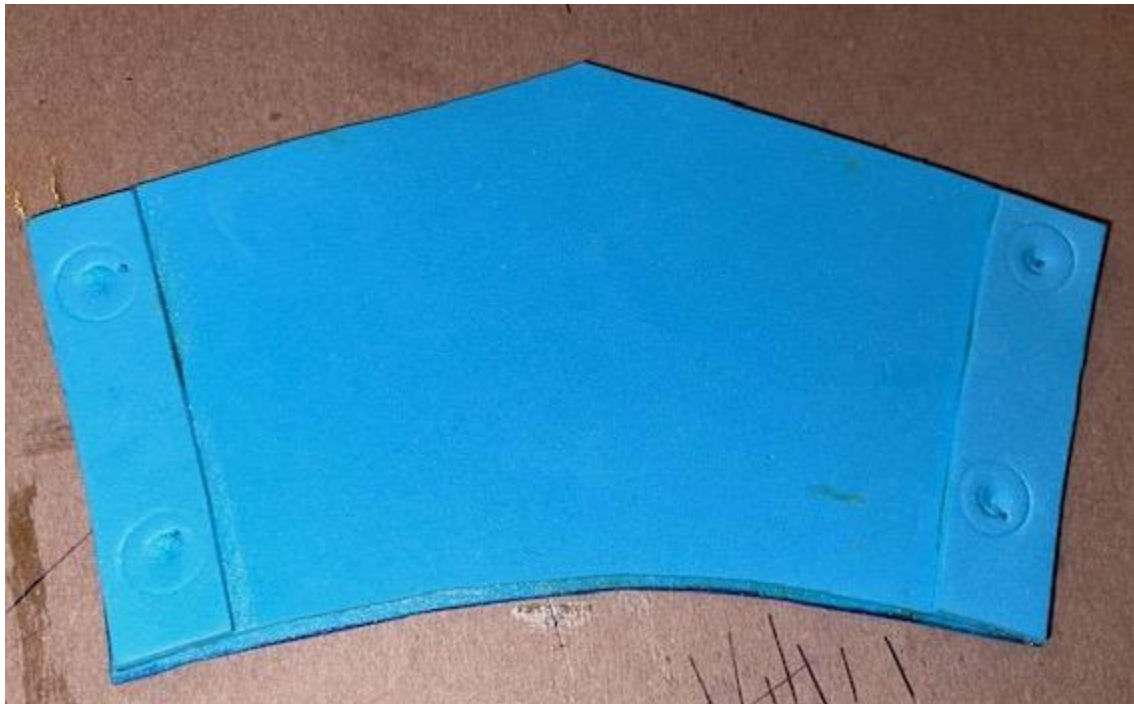
Step #11: Decorate the rest of the metal mind any way you want. Add a border, you can draw additional details by pressing hard on the pen and creating an indentation.



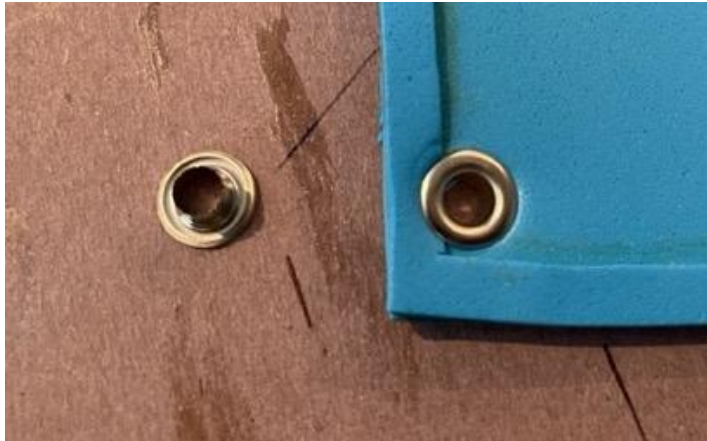


Step # 12: Let the glue dry fully.

Step #13-Step #17 (for grommets only)  
Cut holes for the grommets



Step #14: push the larger ring through the hole (finished side to the front).



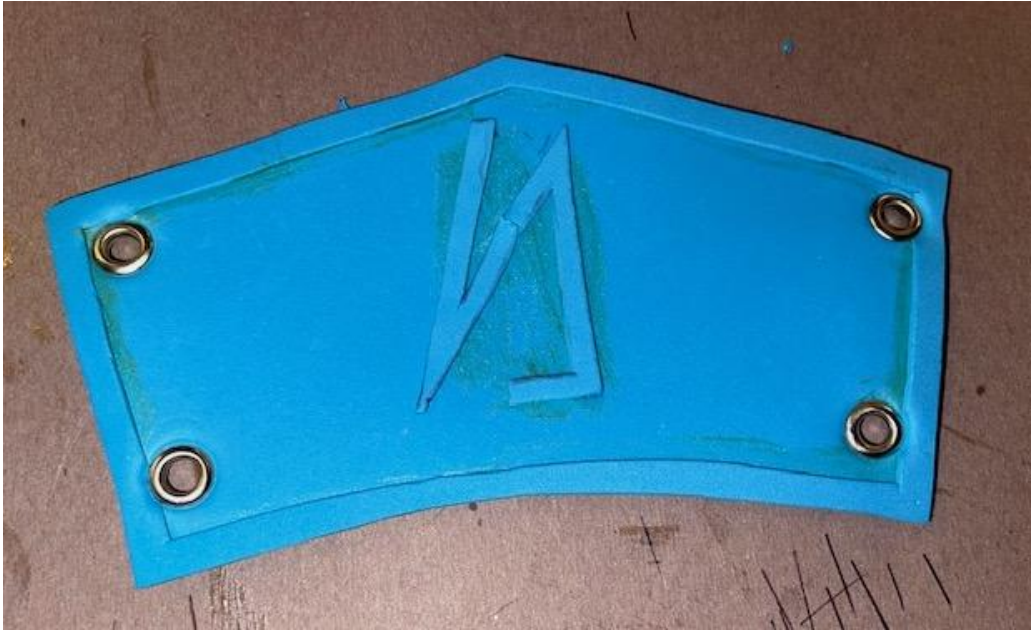
Step #15: Add small ring to the back side



Step #16: Line up the grommet punch, seat the large ring at the bottom with the small ring on top.



Step #17: Push gently on the grommet punch until the metal folds over.



Step #18: Use a hair dryer on high heat, heat up the foam until the texture changes and it becomes moldable.

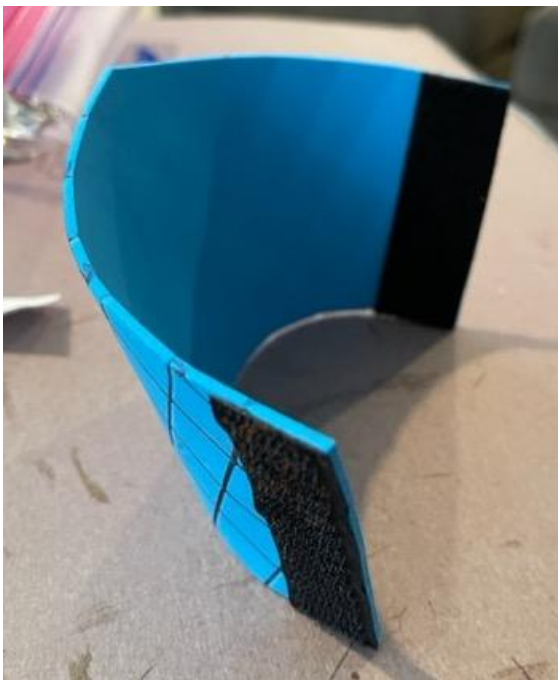


Step #19: Curve the bracer around your wrist. (be careful, the grommets may be hot.)

Step #20: Let it cool. (\*Note, the heat could reactivate the hot glue, the details could come loose, or shift, just readjust them and let the glue harden.)



Step #21: (for velcro only) pull off the backing and attach to each side. Soft on top, rough velcro on bottom.



Step #22: Paint your metal mind. (See painting instructions for ideas)

Step #23: (for grommets only) add lacing)

Enjoy!!