

Decision Guide

Body Shape Underwear

Narrow Waist

- ✓ My waist is defined
- ✓ My waist is smaller than my hips
- ✓ Pants are often too wide in the waist



Straight Waist

- ✓ My waist and hips are almost the same width
- ✓ My waistline doesn't have an obvious smallest part
- ✓ I can easily wear men's clothes



Wide Waist

- ✓ I'm fuller over my waist than my hips
- ✓ Waist-defined clothes are often too tight
- ✓ I'm pregnant in 1. or 2. trimester

