

# **BODYCRAFT**

*The Art and Science of Movement*

## **SPX**



## **SMOOTH CYCLING FOR LIFE**

In the gym or in your home, the SPX Indoor Training Cycle is unsurpassed in construction and value. Our most economical option of all our Indoor Cycles, the *BODYCRAFT* SPX does not compromise quality.

With our patented brake-pad resistance, precision sealed SKF Bearings, and quiet, maintenance-free drive belt, the SPX will give you an enjoyable, ultra smooth, low-impact ride for years to come.

# BODYCRAFT

## Specifications

<b>Frame</b>	Heavy Duty Steel Frame with a Multi-Phase Coat/Paint process that prevents rust and corrosion. Featuring a 4 point contact with adjustable Levelers and Ball Bearing Transport Wheels.
<b>Flywheel</b>	SKF Precision Sealed Bearings, 46 lb. (21 kg.) Precision Balanced Perimeter Weighted Flywheel.
<b>Drive</b>	Direct Drive maintenance-free Hutchinson® Automotive grade Kevlar® reinforced Drive Belt.
<b>Resistance</b>	Patented Friction-Brake for extra-smooth performance controlled by a Micro-adjust Knob.
<b>Lower Bottom Bracket</b>	Precision SKF Sealed Bearings and Case Hardened Shaft.
<b>Crank Assembly</b>	Three piece cold-forged steel, 175 mm Crank Arms. Narrow 175 mm Q-factor.
<b>Pedals</b>	9/16" Aluminum Alloy dual sided Pedals with Toe Cage. <i>Optional SPD Pedals available.</i>
<b>Saddle Post / Handlebar Stem</b>	Stainless Steel. Infinite Fore and Aft adjustments with Scale.
<b>Saddle</b>	Fully Adjustable High Performance Racing Saddle.
<b>Handlebar</b>	Multi-Grip: Aero, Cross, and Bull-Horn grip positions.
<b>Power Requirements</b>	N/A. Optional computer is battery operated.
<b>User Weight Capacity</b>	300 lbs.
<b>Assembled Dimensions/Weight</b>	43" L x 24" W x 47" H (110 cm L x 61 cm W x 120 cm H) / 122 lbs. (55 kg.)
<b>Boxed Dimensions/Weight</b>	44" L x 10" W x 38" H (112 cm L x 26 cm W x 97 cm H) / 133 lbs. (60 kg.)

## Optional Computer Monitor Feedback

**Optional Computer** features a wireless pick-up sensor for easy installation.  
**Displays:** Speed (MPH/KPH), Distance (M/KM), Calories, RPM, Time and Pulse\*  
\*Optional Polar® compatible Heart Rate Belt required.  
Features Quickstart and Programmable Time and Distance goals. Display includes a backlight and powers down automatically to conserve battery life.

## Warranty

	<b>All Components Rated for Full Commercial (Club) use.</b>
<b>Frame</b>	Home Lifetime / Club 10 Years
<b>Parts</b>	Home 5 Years / Club 3 Years
<b>Optional Computer Console</b>	Home 1 Year / Club 1 Year
<b>Wear Items</b>	Home 1 Year / Club 90 Days
<b>Labor</b>	Home 2 Years / Club 90 Days



Optional SPD Pedals



Optional Computer

BODYCRAFT reserves the right to make improvements and changes without notice.



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