



# **CLUB LINE**

**BROCHURE**

**HOIST**  
FITNESS

# SLIDE SELECT SYSTEM

## FEATURES

Introducing the revolutionary Club Line, featuring the highly acclaimed Slide Select System. Unlike traditional selectorized machines, the Slide Select System eliminates guide rods and selector pins, reducing the need for maintenance and providing a smoother function for a more comfortable workout experience. And with built-in smaller weight adjustment in five-pound increments on the two hundred- and three-hundred-pound systems, the Club Line offers unrivaled versatility for your fitness needs.

But what truly sets the Club Line apart is its leverage weight system. Say goodbye to the clanging noise of weight plates with our innovative design that significantly reduces noise during your workout. In fact, tests conducted in our R&D lab using a decibel meter and vibration testing showed that the Club Line machines were 30% quieter on average when taking readings from the user's position during each repetition. This means you can enjoy a peaceful workout environment, free from the distractions of traditional weight stack systems.

Choose the Club Line for a unique and unparalleled fitness experience that's both effective and enjoyable.



### EASY TO USE



## CLUB LINE

The new CLUB LINE from HOIST® fitness offers a smaller, quieter option to owners looking for more space in their facility with the premium equipment that only HOIST® Fitness can offer.

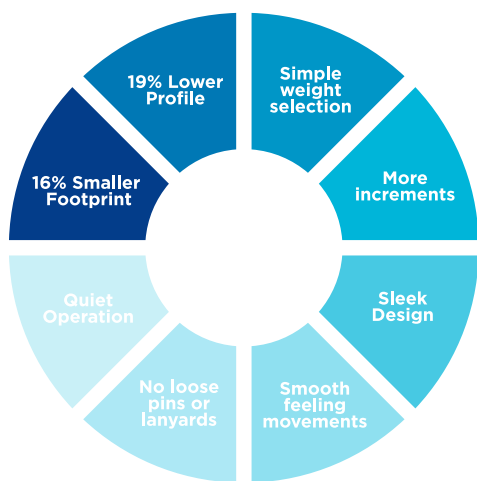
Compared to six major competitors, the original 8 CLUB LINE units take up 8-25% less floor space per machine, leaving more room for facilities to utilize. Competitors also have machine profiles that are 8-27% taller, significantly obstructing and cluttering views.

Each unit has a convenient accessory tray for keys, a phone, and water bottle as well as easy weight selection from a seated position.

*"The Club Line has a very naturally smooth and consistent feel across the line. And I like the dampening feeling after completing a rep with no crashing weight stacks. Also, the Slide Select System is completely unique and easy to use."*

**- ANTHONY WALL WITH THE AMERICAN COUNCIL ON EXERCISE (ACE)**

### WHAT IS UNIQUE ABOUT THE CLUB LINE?



- ◆ **CL-3102**  
PREACHER CURL - 200LB
- ◆ **CL-3103**  
TRICEPS PRESS - 200LB
- ◆ **CL-3201**  
LAT PULLDOWN - 300LB
- ◆ **CL-3203**  
MID ROW - 300LB
- ◆ **CL-3301**  
CHEST PRESS - 300LB
- ◆ **CL-3309**  
PEC FLY/REAR DELT - 200LB
- ◆ **CL-3401**  
LEG EXTENSION - 300LB
- ◆ **CL-3402**  
LEG CURL - 300LB
- ◆ **CL-3403**  
LEG PRESS - 300LB (400LB AVAILABLE)
- ◆ **CL-3408**  
STANDING/PRONE LEG CURL - 200LB
- ◆ **CL-3501**  
SHOULDER PRESS - 200LB
- ◆ **CL-3502**  
LATERAL RAISE - 200LB
- ◆ **CL-3601**  
ABDOMINALS - 300LB
- ◆ **CL-3800**  
INNER/OUTER THIGH - 200LB

# PREACHER CURL

## CL-3102



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

54.25" X 43.50" X 48.50" (138 cm X 111 cm X 123 cm)

### PRODUCT WEIGHT

481 lbs (218 kg)

### WEIGHT STACK

200 lbs (91 kg)

## FEATURES

- ◆ Oversized, wrap around arm pad with ergonomically optimized 40 degree angle
- ◆ Independent exercise arms with rotating grips
- ◆ Gas-spring assisted seat adjuster with easy-to-reach handle



# TRICEPS PRESS

## CL-3103



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

53.50" X 40.75" X 48.50" (136 cm X 104 cm X 123 cm)

**PRODUCT WEIGHT**

502 lbs (228 kg)

**WEIGHT STACK**

200 lbs (91 kg)

### FEATURES

- ◆ Oversized, wrap around arm pad with ergonomically optimized 40 degree angle
- ◆ Easy to adjust counterbalanced arm
- ◆ Stabilizing bar to lock feet underneath while exercising
- ◆ Gas-spring assisted seat adjuster with large easy-to-reach handle

# LAT PULL DOWN

## CL-3201



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

54.50" X 55.00" X 80.75" (138 cm X 140 cm X 205 cm)

**PRODUCT WEIGHT**

692 lbs (314 kg)

**WEIGHT STACK**

300 lbs (136 kg)

### FEATURES

- ◆ Independent handles with multiple grips including rock climbing grips and HOIST®'s unique Flip 'N Grip® handles
- ◆ Oversized seat fits wide range of users
- ◆ Counterbalanced arm
- ◆ Gas-spring assisted seat adjuster with large easy-to-reach handle

**MID ROW****CL-3203****SPECS****PRODUCT DIMENSIONS (L X W X H)**

56.50" X 48.75" X 48.50" (144 cm X 124 cm X 123 cm)

**PRODUCT WEIGHT**

625 lbs (283 kg)

**WEIGHT STACK**

300 lbs (136 kg)

**FEATURES**

- ◆ Select-A-Grip handles provide 3 grip options (0, 45, and 90)
- ◆ Oversized seat fits wide range of users
- ◆ Gas-spring assisted seat adjuster with large easy-to-reach handle

# CHEST PRESS

## CL-3301



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

58.00" X 53.75" X 48.50" (147 cm X 137 cm X 123 cm)

**PRODUCT WEIGHT**

613 lbs (278 kg)

**WEIGHT STACK**

300 lbs (136 kg)

### FEATURES

- ◆ Select-A-Grip handles provide 3 grip options (0, 45, and 90 degrees)
- ◆ Foot assist to help get into a starting position and complete those final reps
- ◆ Gas-spring assisted seat adjuster with large easy-to-reach handle



# PEC FLY / REAR DELT

**CL-3309**

## SPECS

**PRODUCT DIMENSIONS (L X W X H)**

45.25" X 63.75" X 48.50" (115 cm X 162 cm X 123 cm)

**PRODUCT WEIGHT**

425 lbs (192 kg)

**WEIGHT STACK**

200 lbs (91 kg)

## FEATURES

- ◆ Multiple grip options
- ◆ First machine ever to offer both exercises facing the same direction
- ◆ Gas-spring assisted seat adjuster with large easy-to-reach handle
- ◆ Self-aligning, independent exercise arms

# LEG EXTENSION

## CL-3401



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

61.25" X 41.50" X 48.50" (156 cm X 105 cm X 123 cm)

**PRODUCT WEIGHT**

626 lbs (284 kg)

**WEIGHT STACK**

300 lbs (136 kg)

### FEATURES

- ◆ Self-adjusting roller pad
- ◆ Large, easy to control range of motion lever for exercise arm
- ◆ Counterbalanced arm for easy adjustments
- ◆ Stabilizing handles
- ◆ Gas-spring assisted seat back adjustment with easy-to-reach lever

# LEG CURL

## CL-3402



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

59.75" X 41.50" X 48.50" (152 cm X 105 cm X 123 cm)

**PRODUCT WEIGHT**

629 lbs (285 kg)

**WEIGHT STACK**

300 lbs (136 kg)

### FEATURES

- ◆ Self-adjusting roller pad
- ◆ Large, easy to control range of motion lever for exercise arm
- ◆ Counterbalanced arm with large range of motion lever for easy, controlled adjustments
- ◆ Stabilizing handles
- ◆ Gas-spring assisted seat back adjustment with easy-to-reach lever

# LEG PRESS

## CL-3403 / CL-3403-HS



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

67.25" X 44.25" X 49.25" (171 cm X 112 cm X 125 cm)

**PRODUCT WEIGHT**

782 lbs (355 kg)

**WEIGHT STACK**

300 lbs (136 kg)

400 lb Heavy Stack (HS) Option available

### FEATURES

- ◆ Unique suspended 4-bar linkage creates one of the smallest leg press footprints and a strength curve with no drop off
- ◆ Oversized foot plate with anti-slip rubber surface
- ◆ Extra raised foot plates for calf presses
- ◆ Entry / exit assist handle

# STANDING / PRONE LEG CURL

## CL-3408



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

62.75" X 42.75" X 48.50" (159 cm X 109 cm X 123 cm)

### PRODUCT WEIGHT

550 lbs (249 kg)

### WEIGHT STACK

200 lbs (91 kg)

## FEATURES

- ◆ Adjustments allow for standing and prone leg curl variations with ability to do unilateral or bilateral in the laying position
- ◆ Self-adjusting roller pad
- ◆ Stabilizing grips for both standing and laying variations



# SHOULDER PRESS

## CL-3501



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

46.00" X 53.00" X 67.75" (117 cm X 135 cm X 172 cm)

**PRODUCT WEIGHT**

568 lbs (258 kg)

**WEIGHT STACK**

200 lbs (91 kg)

### FEATURES

- ◆ Select-A-Grip handles provide 3 grip options (0, 45, and 90 degrees)
- ◆ Counterbalanced arm
- ◆ Gas-spring assisted seat adjuster with large easy-to-reach handle

# LATERAL RAISE

CL-3502



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

42.75" X 55.50" X 50.00" (109 cm X 141 cm X 127 cm)

### PRODUCT WEIGHT

550 lbs (249 kg)

### WEIGHT STACK

200 lbs (91 kg)

## FEATURES

- ◆ Independent exercise arms with rotating grips
- ◆ Counterbalanced arm
- ◆ Gas-spring assisted seat adjuster with large easy-to-reach handle

# ABDOMINALS

## CL-3601



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

42.50" X 49.50" X 61.50" (108 cm X 126 cm X 156 cm)

**PRODUCT WEIGHT**

650 lbs (294 kg)

**WEIGHT STACK**

300 lbs (136 kg)

### FEATURES

- ◆ Foot stabilizing bar and elbow pads for proper leverage
- ◆ Counterbalanced arm
- ◆ Gas-spring assisted seat adjuster with large easy-to-reach handle

# INNER / OUTER THIGH

## CL-3800



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

56.25" X 62.75" X 48.50" (143 cm X 159 cm X 123 cm)

**PRODUCT WEIGHT**

650 lbs (294 kg)

**WEIGHT STACK**

200 lbs (91 kg)

### FEATURES

- ◆ Standing and sitting variation grip handles
- ◆ Independent swiveling thigh pads
- ◆ Gas-spring assisted seat adjuster with large easy-to-reach handle

# HOIST CUSTOM

## WRAPS & LOGO DECALS

HOIST® Fitness is proud to continually offer the most in versatility and customization. Take advantage of HOIST Fitness's custom Logo Decals and Shield Wraps for Club Line, ROC-IT® RS Selectorized, and HD Dual® Products to give your equipment a custom look to fit seamlessly with your brand and facility.

Shield wraps and logo decals are available for all Club Line (CL), ROC-IT Selectorized (RS), and HOIST Dual (HD) units at an additional cost. Due to wrap material, colors are subject to variation and exact PMS or CMYK color matching cannot be guaranteed. For optimal color matching, please provide CMYK color codes.



**DISCLAIMER PLEASE READ CAREFULLY:** Actual frame and upholstery colors may differ from printed color samples and mock-ups shown. These mock-ups should be considered reference only. Due to the printing materials and method used, colors are subject to variation and color matching cannot be guaranteed. To help us match colors as closely as possible, please provide specific CMYK color codes per each color required and be advised that Neon colors are not available. Please note that as standard practice we will be placing HOIST logos at the top of the artwork as depicted in the proof.



## STANDARD COLORS

*ROC-IT (RS, RPL)  
COMMERCIAL FREEWEIGHTS (CF)  
COMMERCIAL MULTI JUNGLE (CMJ)  
CLUB LINE (CL)*

### FRAME



### UPHOLSTERY



OLY-115



OLY-185



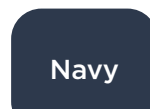
OLY-120



US 516



OLY-190



NAVY  
SR-302



OLY-125



OLY-155



46848300



36349900



OLY-130



OLY-105

CUSTOM COLORS AVAILABLE UPON REQUEST CONTACT US FOR PRICING AND LEAD TIMES

### HOIST DUAL SERIES (HD)

*MOTION CAGE (MC, MCS)  
PERFORMANCE SERIES (PS)*

### FRAME



### UPHOLSTERY



OLY-115

### FRAME



### SUB FRAME



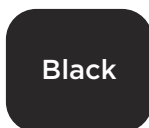
CUSTOM COLORS AVAILABLE UPON REQUEST CONTACT US FOR PRICING AND LEAD TIMES

### HOIST LIGHT COMMERCIAL / HOME FREEWEIGHTS (HF) H4400 & H2200

### FRAME



### UPHOLSTERY



OLY-115

\*HF AND MISERIES ESTIMATED MATTE BLACK  
AVAILABILITY 8/15 - 9/15

NO CUSTOM COLORS AVAILABLE

# CLUB LINE

## FULL SPECS

PRODUCT NAME		LENGTH	WIDTH	HEIGHT	WEIGHT	WEIGHT STACK
CL-3102	PREACHER CURL	54.25" (138 CM)	43.50" (111 CM)	48.50" (123 CM)	481 LBS (218 KG)	200 LBS (91 KG)
CL-3103	TRICEPS PRESS	53.50" (136 CM)	40.75" (104 CM)	48.50" (123 CM)	502 LBS (228 KG)	200 LBS (91 KG)
CL-3201	LAT PULLDOWN	54.50" (138 CM)	55.00" (140 CM)	80.75" (205 CM)	692 LBS (314 KG)	300 LBS (136 KG)
CL-3203	MID ROW	56.50" (144 CM)	48.75" (124 CM)	48.50" (123 CM)	625 LBS (283 KG)	300 LBS (136 KG)
CL-3301	CHEST PRESS	58.00" (147 CM)	53.75" (137 CM)	48.50" (123 CM)	613 LBS (278 KG)	300 LBS (136 KG)
CL-3309	PEC FLY / REAR DELT	45.25" (115 CM)	63.75" (162 CM)	48.50" (123 CM)	425 LBS (192 KG)	200 LBS (91 KG)
CL-3401	LEG EXTENSION	61.25" (156 CM)	41.50" (105 CM)	48.50" (123 CM)	626 LBS (284 KG)	300 LBS (136 KG)
CL-3402	LEG CURL	59.75" (152 CM)	41.50" (105 CM)	48.50" (123 CM)	629 LBS (285 KG)	300 LBS (136 KG)
CL-3403	LEG PRESS	67.25" (171 CM)	44.25" (112 CM)	49.25" (125 CM)	782 LBS (355 KG)	300 LBS (136 KG)
CL-3408	STANDING / PRONE LEG CURL	62.75" (159 CM)	42.75" (109 CM)	48.50" (123 CM)	550 LBS (249 KG)	200 LBS (91 KG)
CL-3501	SHOULDER PRESS	46.00" (117 CM)	53.00" (135 CM)	67.75" (172 CM)	568 LBS (258 KG)	200 LBS (91 KG)
CL-3502	LATERAL RAISE	42.75" (109 CM)	55.50" (141 CM)	50.00" (127 CM)	550 LBS (249 KG)	200 LBS (91 KG)
CL-3601	ABDOMINALS	42.50" (108 CM)	49.50" (126 CM)	61.50" (156 CM)	650 LBS (294 KG)	300 LBS (136KG)
CL-3800	INNER / OUTER THIGH	56.25" (143 CM)	62.75" (159 CM)	48.50" (123 CM)	650 LBS (294 KG)	200 LBS (91 KG)

## WARRANTY POLICY

HOIST® Fitness offers one of the best warranty policies in the industry, reaffirming our commitment to quality and customer satisfaction. HOIST® Fitness warrants this product to the original purchaser only. HOIST® Fitness guarantees this product to be free from defects in workmanship and/or materials under normal use or service. **FOR COMPLETE WARRANTY INFORMATION, VISIT [HOISTFITNESS.COM](http://HOISTFITNESS.COM) AND CLICK ON THE “SUPPORT” LINK.** Warranty policy applies to defects from the manufacturer only.

HOIST® Fitness reserves the right to change product specifications, design, and function at any time.

## TRADEMARKS AND PATENTS

HOIST® Fitness products are covered by U.S. Patents, Patents Pending and Trademarks. HOIST is a registered trademark. All Rights Reserved.†

- |                      |                          |                         |
|----------------------|--------------------------|-------------------------|
| ◆ HOIST®             | ◆ QUIK-CHANGE®           | ◆ ROCS®                 |
| ◆ ACT NOW®           | ◆ RADIAL LOC®            | ◆ ROX®                  |
| ◆ CABLE-DRIVEN™      | ◆ RIDE ORIENTED CIRCUIT- | ◆ ROC-IT®               |
| ◆ CLUB QUALITY       | INTERVAL TRAINING™       | ◆ ROC-ABS®              |
| ◆ GUARANTEED®        | ◆ RIDE ORIENTED          | ◆ SILENT STEEL®         |
| ◆ COMPOSITE MOTION™  | CONDITIONING®            | ◆ SPLIT WEIGHT CABLING™ |
| ◆ DUAL ACTION SMITH® | ◆ RIDE ORIENTED          | ◆ ULTRA-LITE LIFTING    |
| ◆ EASY GLIDE™        | CONDITIONING SYSTEM®     | SYSTEM™                 |
| ◆ EZ-LOC LATCHING    | ◆ RIDE ORIENTED          | ◆ DUAL SERIES™          |
| MECHANISM™           | CONDITIONING-            | ◆ FLIP-N-DIP®           |
| ◆ FEEL THE RIDE®     | INTENSITY TRAINING™      | ◆ FLIP-N-GRIP®          |
| ◆ GLUTEMASTER®       | ◆ RIDE ORIENTED XERCISE® |                         |
| ◆ HOIST CLASSIC®     | ◆ ROC®                   |                         |

D427,652, D431,059, D431,615, D437,370, D437,371, D438,267, D439,292, D439,822, D439,943, D440,610,  
D444,190, D444,518, D446,440, D446,831, D454,604, D455,184, D455,310, D455,803, D456,862, D457,580,  
D511,726, D513,598, D518,861, D519,585, D519,864, D526,370, D528,023, D528,172, D533,608, D536,046,  
D539,857, D541,357, D541,358, D541,893, D542,868, D544,050, D545,383, D556,842, D561,276, D569,459,  
D569,926, D574,448, D574,449, D577,234, D578,584, D579,989, D583,426, D590,032, D746,388, D797,757,  
D807,446, D807,447, D808,475, D818,547, 5,683,334, 5,733,233, 5,800,321, 5,807,219, 5,916,072, 5,951,444,  
5,961,428, 5,980,434, 6,004,247, 6,193,635, 6,264,586, 6,319,178, 6,338,701, 6,347,777, 6,409,637, 6,443,878,  
6,491,606, 6,491,609, 6,497,639, 6,551,226, 6,561,960, 6,579,213, 6,605,022, 6,988,977, 7,052,444, 7,166,066,  
7,316,634, 7,322,906, 7,322,911, 7,331,911, 7,335,140, 7,361,125, 7,384,381, 7,393,309, 7,749,143, 7,468,024, 7,544,156,  
7,549,880, 7,549,949, 7,563,209, 7,563,214, 7,594,880, 7,597,655, 7,601,187, 7,641,600, 7,654,938, 7,654,940,  
7,670,269, 7,713,179, 7,717,832, 7,731,638, 7,749,371, 7,749,372, 7,766,802, 7,806,809, 7,815,555, 7,867,149, 7,878,953,  
7,901,335, 7,901,337, 7,909,743, 7,938,760, 7,963,890, 7,976,440, 7,981,010, 7,988,603, 7,993,251, 8,002,679,  
8,007,411, 8,021,070, 8,057,368, 8,162,807, 8,172,732, 8,177,693, 8,257,231, 8,308,620, 8,317,665, 8,328,698,  
8,562,496, 8,702,573, 8,734,304, 8,852,060, 8,870,720, 8,915,667, 8,926,480, 9,017,238, 9,126,081, 9,205,298,  
9,302,136, 9,440,106, 9,517,379, 9,522,297, 9,604,086, 9,682,276, 9,707,448, 9,808,699, 9,833,656, 9,861,850,  
9,868,016, 9,925,448, 9,943,721, 9,950,210, 9,968,819, 9,999,797, 10,010,740, 11,135,475, 11,013,949, 10,780,310,  
10,737,131, 10,709,922, 10,646,739, 10,639,513, 10,532,244, 10,486,012, 10,426,990, 10,420,985, D857,812, 10,391,352,  
10,350,445, D852,291, 10,307,630, 10,220,240, WW D836,733, 10,086,229

† Other Patents Pending