

GLCE365B

Body-Solid Leg Extension and Curl Machine

Body-Solid®
Built for Life



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Leg Extension and Curl Machine

Leg extensions and leg curls are high priority exercises with trainers, bodybuilders, and coaches. These exercises define the front and back of the leg. They strengthen the hamstrings, quadriceps, and glutes. They also serve to protect the knee and joints from stress and injury.

Body-Solid machines are engineered with the user in mind. They adjust to fit your body comfortably and position you for optimum exercise posture. Weight plate post is standard size 1" dia.

Weight plates and Olympic adapter sleeves optional.

Weight: 92 lbs

Dimensions: 74"L x 27"W x 31"H - Leg Curl

55"L x 27"W x 48"H - Leg Extension

Special Features

- Commercial 2" x 3" heavy-gauge steel frame with all-4-side welded construction.
- Fully adjustable DuraFirm™ back pad can be set to 3 upright positions and 2 supinated positions for traditional leg curls.
- Hold down grips on both back and thigh pads for support and stability.

Warranty



Frame & Welds Lifetime
Bushings and Hardware 3 Years
Pads, Cables and Grips 1 Year



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