

Residential Consoles



Transcend¹⁶
16" Capacitive Touch Screen



Transcend¹⁰
10" Capacitive Touch Screen



Escalate¹⁵
15" Color Active Matrix LCD



Escalate⁹
9" Color Active Matrix LCD

		TREADMILLS			
Total Workouts		34	34	34	22
Saved Workouts		5	5	5	4
Quick Start		●	●	●	●
Manual		●	●	●	●
WEIGHT LOSS					
Calorie Goal		●	●	●	●
HRC Weight Loss	Yes, see HRC Workouts	Yes, see HRC Workouts	Yes, see HRC Workouts	Yes, see HRC Workouts	Yes, see HRC Workouts
Weight Loss Hills		●	●	●	●
Glute Buster		●	●	●	●
Leg Shaper		●	●	●	●
HRC WORKOUTS					
HRC Target		●	●	●	●
HRC Weight Loss		●	●	●	●
HRC Aerobic		●	●	●	●
HRC Intervals		●	●	●	●
HRC DISTANCE WORKOUTS					
HRC 5k		●	●	●	
HRC 10k		●	●	●	
HRC 2 Mile		●	●	●	
HRC 4 Mile		●	●	●	
PERFORMANCE					
Cardio Challenge		●	●	●	●
SPEED WORKOUTS					
Walk & Run Intervals		●	●	●	●
Speed Ramp		●	●	●	●
Speed Intervals		●	●	●	●
HILL WORKOUTS					
Rolling Hills		●	●	●	●
Single Hill		●	●	●	●
Hill Intervals		●	●	●	●
DISTANCE WORKOUTS					
5k		●	●	●	●
10k		●	●	●	●
2 Mile		●	●	●	●
4 Mile		●	●	●	●
FITNESS TESTS					
Gerkin Fitness Test		●	●	●	●
Army Fitness Test		●	●	●	
Navy Fitness Test		●	●	●	
Air Force Fitness Test		●	●	●	
Marines Fitness Test		●	●	●	
CUSTOM WORKOUTS					
Custom Speed		●	●	●	
Custom Hill		●	●	●	
Custom Ultra		●	●	●	
Custom HRC		●	●	●	
VIRTUAL ACTIVE					
Northern Italy	Included	Included			
Chicago Run	Included	Included			
Germany Run	Included	Included			
American Southwest 2 Run	Included	Included			
Wild California Run	Included	Included			
Trinity Mountains Hike	Included	Included			