



# VIKING 2 PLUS

## RECREATIONAL FLUID ROWER

### Outstanding craftsmanship

A popular and economical water rowing machine, the Viking 2 Plus is constructed from ethically sourced American Ash and is the perfect fitness furniture for the style conscious home. With an instant catch and constant resistance akin with on-water rowing, this rowing machine blends form and function to support a professional rowing stroke, no matter your skill level.

Frame-integrity is assured with robust metal fixtures and precision components to produce a rigid exercise platform designed to last a lifetime.

### Unparalleled rowing quality

Boasting 4 x levels of Fluid Force for a challenging training regime, the Viking 2 Plus is built on FDF's patented twin tank innovation. A water rowing platform unlike any other, the water churning through the precision aligned tank is captivating with its signature yellow impellers.

Designed for users who care about performance, the huge range of water resistance experienced can be manually adjusted by turning a tactile and audible selector dial, assuring accurate and even level selection. Space is not an issue with the Viking 2 Plus, its small vertical footprint and concealed transport wheels means it can be stowed away with ease.



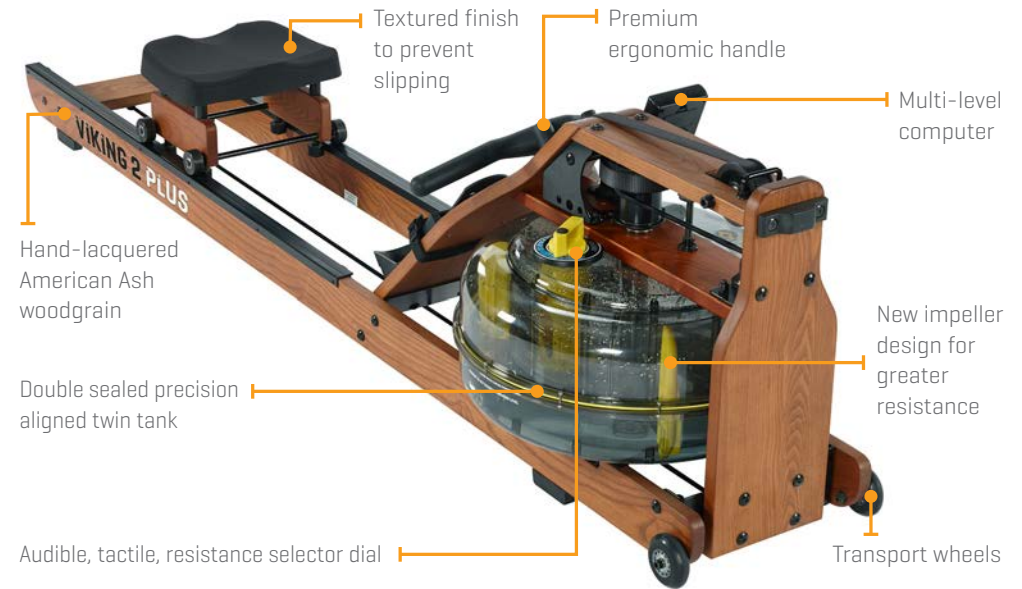
BROWSE THE RANGE [FIRSTDEGREEFITNESS.COM](https://www.firstdegreefitness.com)

# PRODUCT HIGHLIGHTS

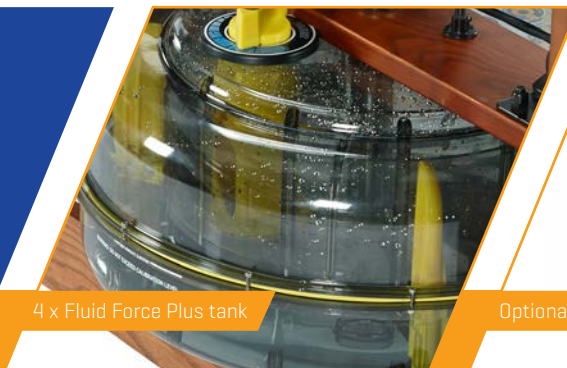
## VIKING 2 PLUS



- + 4 x Fluid Force with audible and tactile, manual selector dial
- + Premium ergonomic handle for optimal grip and minimal strain
- + Multi-level computer with USB connectivity
- + Compatible with FDF Elevate Kit for convenient on-off rower access
- + Compatible with FDF Seat Back Kit for correct posture and optimal back support
- + Compact footprint and vertical storage option – 2135 x 550mm [84.06 x 21.65"], or upright 550 x 540mm [21.65 x 21.26"]
- + Max user weight – 150kg [330lbs]
- + 5 year warranty guarantee



## WATER ROWING AT ITS FINEST.



## ABOUT FIRST DEGREE FITNESS

Fitness products made by FDF are inspired by real life. From rowing a boat on water to running or cycling your favourite track, our designs are engineered to simulate exercise you're passionate about.

FDF Fluid Force, a unique water resistance technology, underpins our diverse range of full body fitness solutions. With Fluid Force you can row harder, train smarter and build strength faster.

Distributed in every continent across the globe, our FluidRower, FluidPowerZone and ergometer ranges are loved by athletes, sports trainers, medical professionals and health conscious individuals. We're passionate about our brand and we stand behind the craftsmanship of every fitness machine we make.



FOR WORKOUT TIPS AND  
PRODUCT SUPPORT VISIT  
[FIRSTDEGREEFITNESS.COM](http://FIRSTDEGREEFITNESS.COM)