

MEDIA KIT

ROSS ROSENBERG, M.Ed., LCPC, CADC

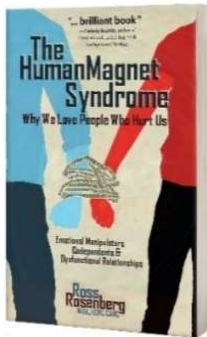


Ross Rosenberg, M.Ed., LCPC, CADC, is a global thought leader and renowned expert in codependency, trauma, pathological narcissism, and addictions. He is an expert psychotherapist, educator, best-selling author, and expert witness. His pioneering contributions to the mental health field are responsible for sweeping theoretical and practical updates.

Ross is a keynote speaker and educator with extensive experience. His books and personal development, education, and training services are available at The Self-Love Recovery Institute, where he is the CEO. Ross's YouTube channel has 28 million video views and 280K subscribers. His new podcast has already been globally ranked in the top 2.5% and has 175K downloads.



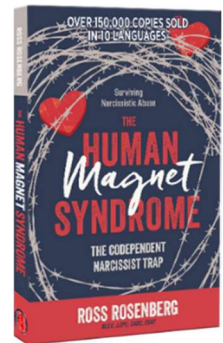
THE HUMAN MAGNET SYNDROME BOOKS (2013 and 2018)



The Human Magnet Syndrome has sold 165,000 copies and is being updated for a 10th Anniversary Edition. Its global appeal has resulted in twelve foreign editions. It provides innovative information/explanations for why a person spends a lifetime falling in love with the wrong person, who feels so right, but who is incredibly harmful to them.

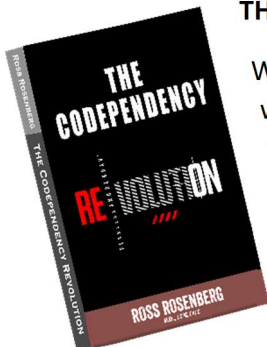
It has achieved widescale recognition as a codependency treatment staple. Moreover, it gives a fresh perspective on the codependent's predilection to repeatedly fall in love with pathological narcissists

and why they remain with them, despite mounting consequences.



Eleven years after its first publication, it is still an Amazon best-selling book that is currently ranked #14 in the Divorce and #20 in the Codependency categories. Moreover its best seller rank reached 12,000 (of 9 million)

THE CODEPENDENCY REVOLUTION (Published in June of 2024)



Whereas Rosenberg's Human Magnet Syndrome books took eleven months to write, The Codependency Revolution required four years. It is his masterpiece work which rewrites, updates and replaces everything we know about codependency and replaces it with theories, concepts, and information that are accurate and precise. It will be accompanied by Rosenberg's first workbook.

ENDORSEMENTS

"I recommend 'The Human Magnet Syndrome' to those who work in social services, education, chemical dependency, or the counseling fields and to the people they touch. It's time to wake up, and this brilliant book sounds the alarm we need." ~ **Melody Beattie - Author of Codependent No More**

“HMS is in its third edition for good reason. This update, like the first two books, is rich with wisdom, scientific and theoretical rigor, practical tips and guidance, and ample opportunity for reflection and growth. And now, with the new material, Rosenberg sheds even more light on the complicated dynamics of attraction in our most tumultuous relationships. Anyone in a troubled relationship stands to benefit from reading this book; its pages are brimming with the voice of clinician whose strength of compassion is matched by his depth of insight.” ~ **Dr. Craig Malkin, International bestselling author: *Rethinking Narcissism***

“This book is a must-read for anyone wanting to understand how they were so effectively drawn to a narcissistic, abusive partner and avoid similar relationship traps in the future. Clear, concise, yet comprehensive, and based on years of both personal and professional experience, Rosenberg avoids tiresome clichés and hollow explanations that merely validate what toxic relationship survivors already learned the hard way.” ~ **Wendy T. Behary, International best-selling author of *Disarming the Narcissist*,**

“Guided by personal and professional experience, Ross Rosenberg’s newest book will treat the reader to yet another thoughtful body of information, with countless opportunities to explore the inner workings of oneself. From breaking the legacy of suffering imposed by the impact of unexamined multi-generational narratives, to the journey into self-discovery and how to reclaim a healthy voice in the aftermath of narcissistic and toxic relationships, Ross guides the process with clarity, colorful concepts and precise tools designed to escort the reader toward meaningful and sustainable change.” ~ **George Simon, Ph.D., narcissism expert and the author of “In Sheep’s Clothing,” and two other best-selling books.**



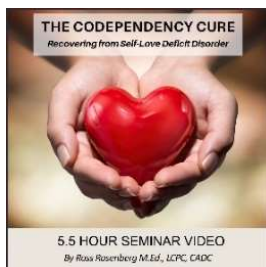
MEDIA EXPOSURE

Ross’s work has been highlighted on TV networks, including ABC, Fox News, and WGN News. He participated in an ABC/Hulu documentary and was recently a guest on Coast to Coast with George Noory. Appeared regularly in the Chicago Tribune & Publishers Weekly and a contributor for The Huffington Post, PsychCentral.com, and The Good Men Project.



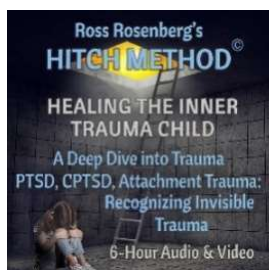
EDUCATIONAL AND TRANSFORMATIONAL VIDEO/AUDIO

Re-Conceptualized codependency & trauma treatment. Ross is a global thought leader on various topics including codependency and trauma treatment. He has been a stalwart advocate for his self-love recovery community while contributing to the mental health fields.



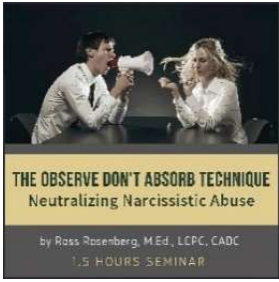
THE CODEPENDENCY CURE™

The follow-up of Rosenberg’s *Human Magnet Syndrome* work. Like his first book, he conceived innovative theories, explanations, clinical models, and techniques for the problem responsible for the *Human Magnet Syndrome*. Self-Love Deficit Disorder™ (SLDD) is the crucial reformulation of the term “codependency.” It strips the antiquated and often misused word of its shaming connotations while providing a realistic description of the problem.



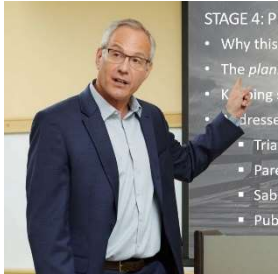
HITCH© (Healing The Inner Trauma Child) Trauma Treatment

Rosenberg’s trauma resolution/integration treatment method provides effective trauma resolution and integration treatment for PTSD, CPTSD, and attachment trauma. The seminar includes indispensable information about trauma severity factors, trauma memory subtypes, and how and why the brain processes and stores trauma. Included are Rosenberg’s Paleopsychotherapy© and his Trauma Continuum Model©.



THE OBSERVE DON'T ABSORB TECHNIQUE®

Rosenberg invented the Observe Don't Absorb (ODA) technique/concept. It has become a viral term used internationally. ODA empowers and assists people with various insights, strategies, and tools to neutralize narcissistic abuse. Safe emotional detachment from purposefully manipulative narcissists ensures successful, long-term Self-Love Deficit Disorder™ recovery. Rosenberg's ODA videos have captured the world by storm, as evidenced by 2+ million YouTube video views on the topic.



KEYNOTE SPEAKING & WORKSHOPS

Ross Rosenberg is an accomplished and expert trainer, seminar leader, and keynote presenter, renowned for his one-of-a-kind material embraced by a general and professional audiences. He has presented in 30 US States and twice abroad.

SELF-LOVE RECOVERY

Ross Rosenberg's books, downloadable video and audio education, inspirational seminars, and psychotherapy services for codependency, narcissistic abuse, gaslighting, and childhood trauma will change your life. Shed your self-love deficit disorder™ and take part in his self-love recovery treatment. Embrace your birthright to Self-Love Abundance.



SELF-LOVE RECOVERY INSTITUTE: OWNER & PRIMARY CONTRIBUTOR

Ross Rosenberg Self-Love Recovery Institute's owner, consummate mental health educator, and primary service provider of psychotherapy, trainings, seminars, keynote presentations, intensive weekend retreats, expert witness, and various consultation services.

THE CODEPENDENCY CURE™ & SELF-LOVE RECOVERY TREATMENT PROGRAM™

Rosenberg's revolutionary work in codependency, narcissism, and trauma has led the march forward in creating a host of intuitive and logically sound theories and treatment techniques. The theoretical and practical reformulation of codependency, narcissism, and dysfunctional relationships has benefited professionals and non-professionals worldwide. Moreover, his Self-Love Recovery™ and Self-Love Deficit Disorder™ work has been rapidly accepted as the new wave in codependency treatment.



SELF-LOVE DEFICIT DISORDER™



THE SELF-LOVE ABUNDANCE PYRAMID



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SELF-LOVE RECOVERY PODCAST

In 2022, Ross Rosenberg created The Self-Love Recovery Podcast, reaching a new audience to discuss important mental-health topics while providing resolution and treatment options, recommendations, and resources for victims of narcissistic abuse, gaslighting, trauma, and codependency or Self-Love Deficit Disorder™. Less than 16 months after it was created, it became a **global top 2.5%** production. Episodes have been downloaded 185K times. Featured on Apple Podcasts, Google Podcasts, Spotify, & HeartRadio.



YOUTUBE PUBLIC FIGURE

A YouTube Channel hosting 300 of his self-produced videos, **viewed 28 million times** while amassing **285,000 subscribers**. The top 5 videos have accumulated 9 million views. 48% of all video views are from outside the USA, demonstrating his global reach.



EXPERT WITNESS AND TESTIMONY SERVICES

Ross is considered an international authority in various mental health areas; his original theoretical, technical, and practical work has been globally embraced.

INTERNET, WEBSITE, EMAIL, AND SOCIAL NETWORKING

Rosenberg's work has captured the interest of millions, whether on his blog, YouTube, Facebook, LinkedIn, Twitter, or Instagram. He has accumulated 65,000 social media connections, 285K YouTube subscribers, and a 15,000-strong email list with a 40% open rate. In addition, his websites average 130,000 visitors per year.