



HYWATCH

User manual



Product specification

Warranty	12 months
Dimensions:	44.5x37.5x10.5 mm
Weight	46g
Display:	1.57 inch HD TFT
Battery:	Lipo 260 mAh
Data memory:	30 Days
Durability:	IP67



What is HYWATCH

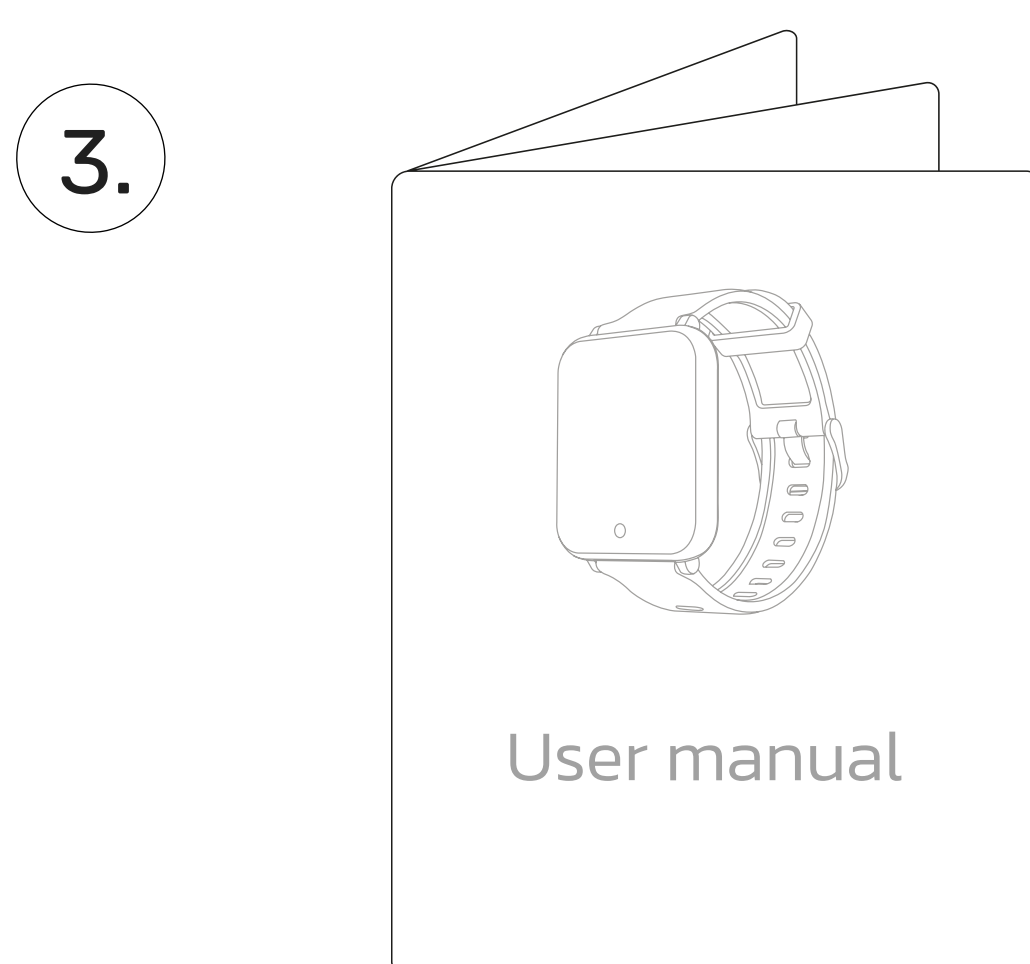
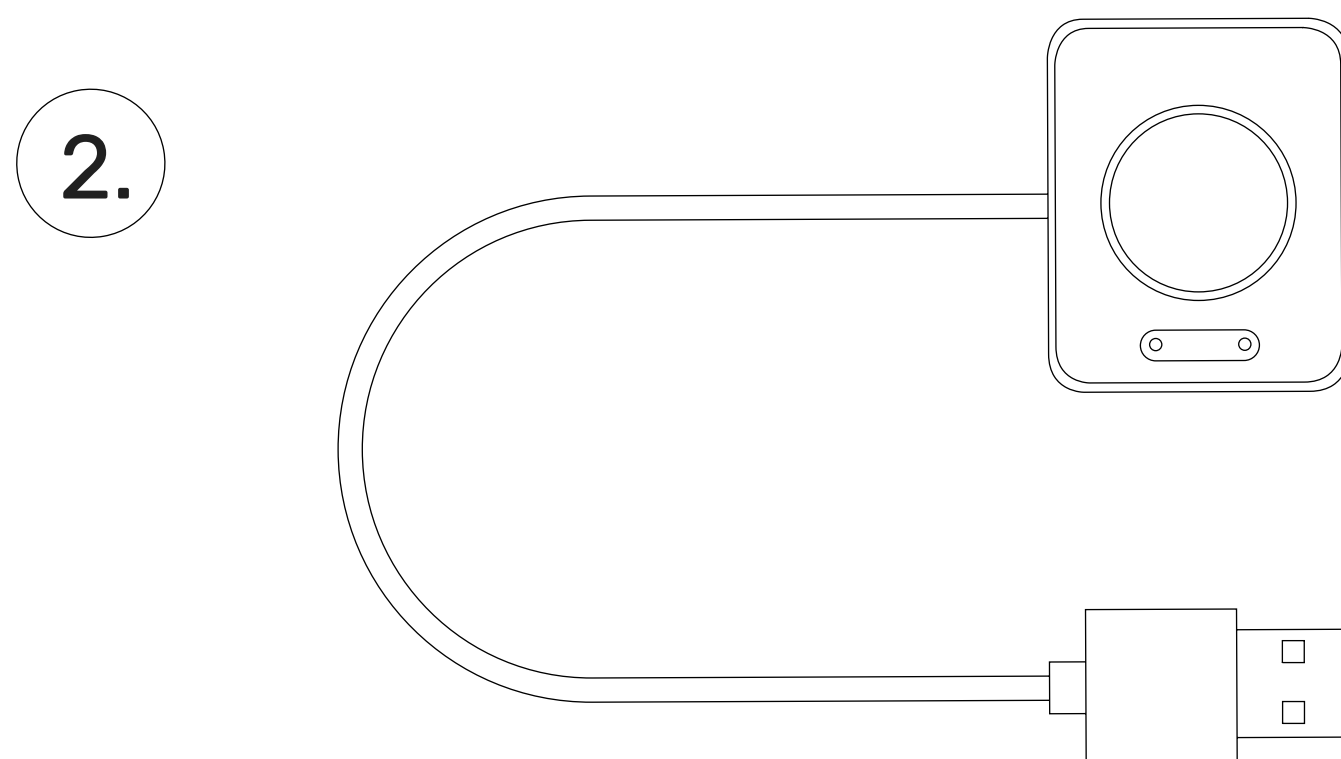
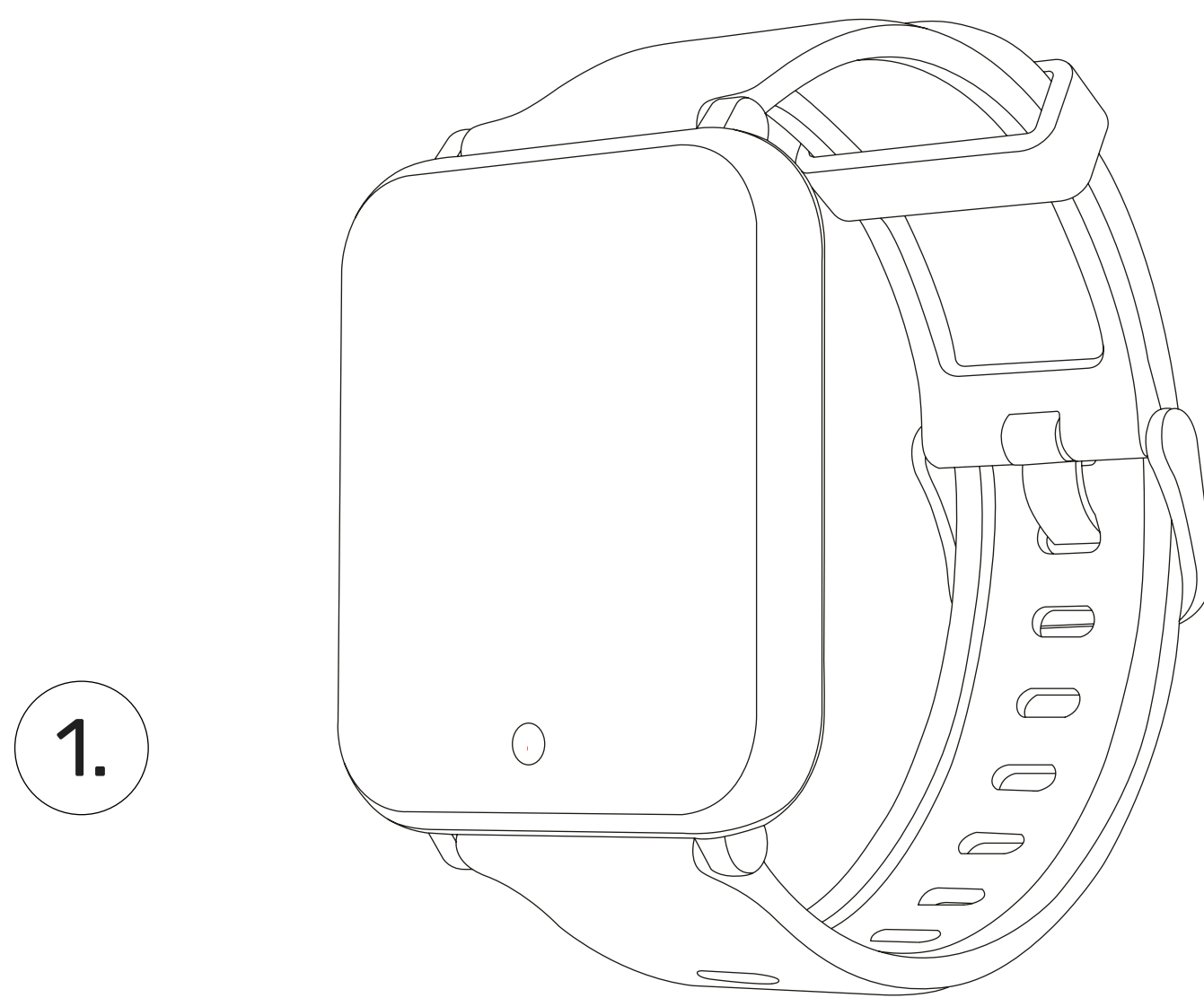
The **HYWATCH** by HYGEAR is the perfect fitness companion for those who want to take their training to the next level.

With the advanced sensor technology, The **HYWATCH** tracks your heart rate, steps, distance, calories burned, and more, allowing you to monitor your progress and adjust your training accordingly. It also communicates seamlessly with HYGEAR's smart sports gear and dedicated app, providing personalized coaching and training programs based on your fitness level and goals.

The **HYWATCH** keeps you connected with notifications, allowing you to stay focused on your training without distractions. With its sleek design and powerful features, **HYWATCH** is the ultimate fitness companion for anyone looking to elevate their fitness journey.



What's in the box



1. HYWATCH

2. Magnetic USB charger

3. User manual

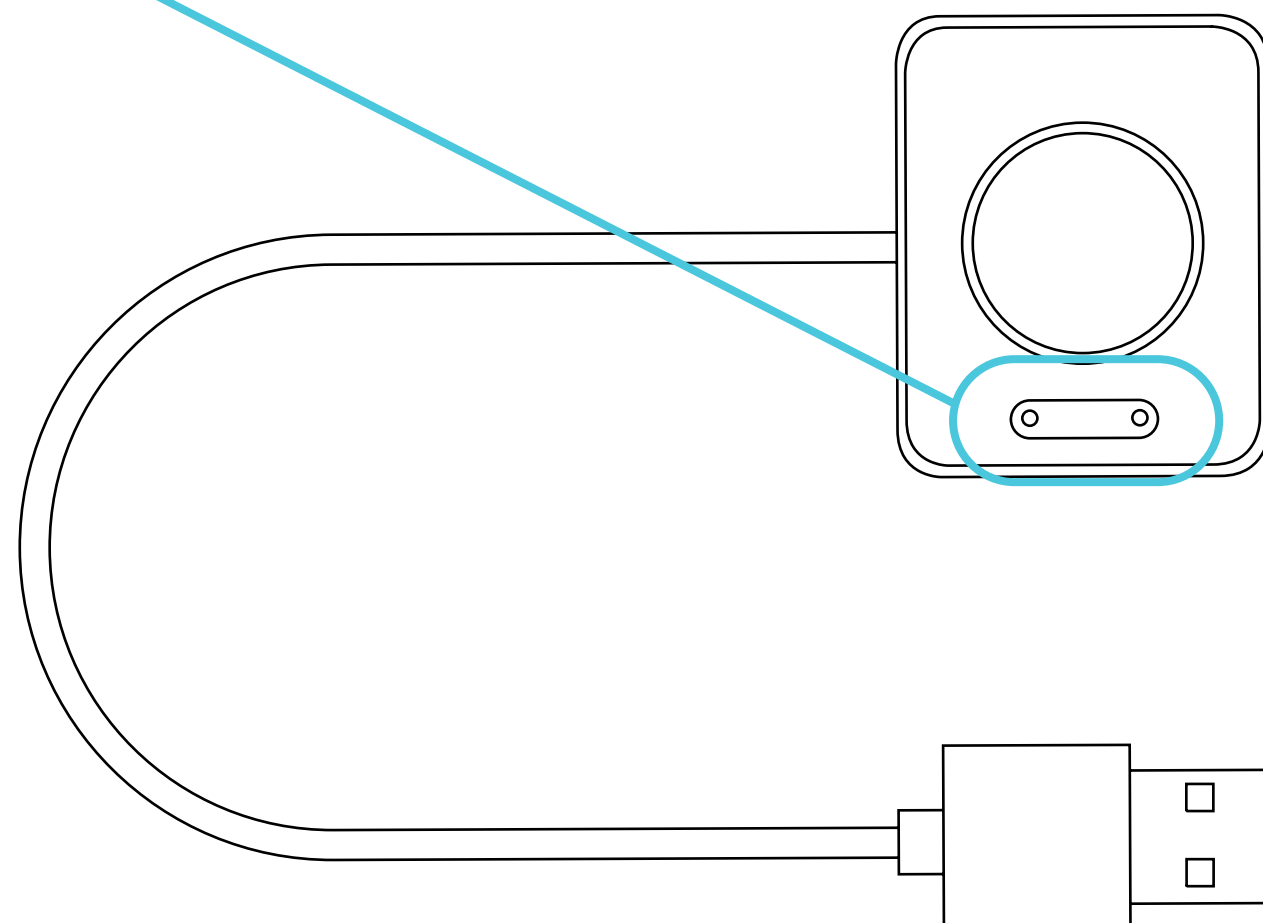
Charging

To charge, use the magnetic USB charger. Place the magnetic charging pins on the watch, on top of the charger pins on the charger. It takes 1½–2 hours for a full charge.

** During charging, the only feature that works is the clock. For any other feature, you need to stop charging.

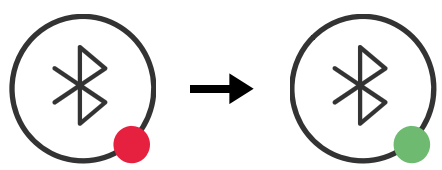
Magnetic
charging pins

Magnetic
charging pins



How to connect to the HYGEAR App

1. Scan the QR code to download the HYGEAR App
2. Make sure the phone BLE, location services, and nearby devices permissions are enabled.
3. Open the HYGEAR app and follow the on-screen instructions to open an account. As it will be the first time you open the app, you will need to allow permissions for location services, camera, BLE, and nearby devices.
4. Turn on the watch by a long press on the screen button. Once the watch is on, follow the instructions on the watch screen. When the watch will connect to the app, you'll see the BLE icon lighted green.



5. If your watch does not connect successfully, shut down the app, re-open, and try again.



Meet your Home screen and goals

On your home screen you can see the time, date, battery status, app connection indicator and your main daily goal- steps goal.

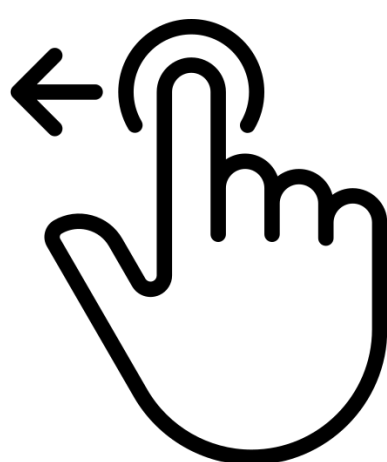
On the screen you can see your current progress to reaching your goal, and how many steps you have made.

You can see all your weekly HYGEAR goals on the "Weekly" screen



“Weekly goal progress”

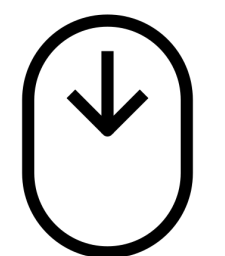
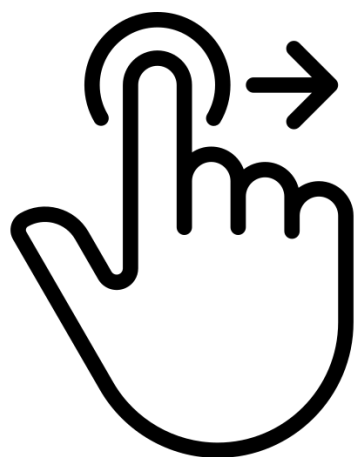
When swiping left twice – you will get to the “weekly” goal progress, divided into three categories: Number of Aerobic Workouts made, number of reps completed with Gear Go, and number of steps made during the week.



“Weekly goal progress”

Your smart watch has 7 activity modes

1. Walk
2. Run
3. Cycling
4. Ball games
5. Other
6. GEAR GO
7. HYROPE



Scroll down

Swipe right from the home screen in order to choose from the following activity modes

Monitored parameters

The **HYWATCH** monitors several parameters in accordance to the activity mode that was chosen.



Repetitions



Time



Steps



Heart rate



Aerobic time



Distance



Calorie burn



Weight



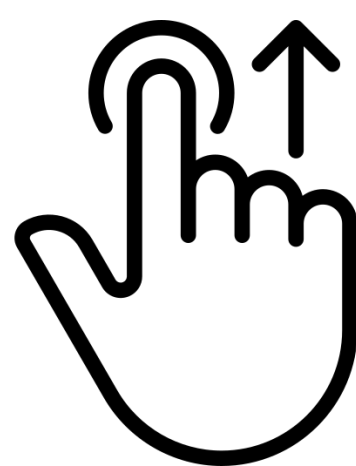
HYGEAR goal



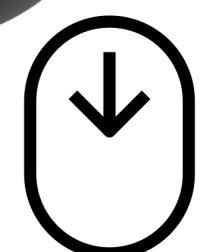
Settings



Swipe up from the home screen in order to choose from the setting menu



Under the setting icon you can reach more setting options: screen time, battery, language, power off, reset, about.



Scroll down

Caution

1. Do not expose the device to extreme temperatures or extreme temperature fluctuations.
2. Protect the device from direct sunlight and dust.
3. When cleaning, do not use any strong chemical, abrasive or foam cleaning materials.
4. Protect the display from hard objects.
5. Do not dispose off the device in domestic waste! If you have any questions, please contact your municipal waste disposal authority. Do not dispose off used batteries in domestic waste. Instead, take them to a special waste disposal site
6. Warning! Children swallowing risk! Children are not allowed to play with the device. Keep children away from the device.
7. Warning! Risk of fire / explosion or chemical burns! This product contains a lithium battery. Do not remove, disassemble, throw into fire or short the battery.
8. Caution! Do not drop the device and protect it from impact.
9. Avoid the USB charger port from coming into contact with conductive materials, such as liquids, dust, metal powders, and pencil leads.

FCC Statement

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio-communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC rules.

Operation is subject to the following two conditions:

(1) this device may not cause harmful interference, and
(2) this device must accept any interference received, including interference that may cause undesired operation.

IC Statement


Science and Economic Development Canada's license-exempt RSS(s). Operation is subject to the following two conditions:

- (1) This device may not cause interference; and
- (2) This device must accept any interference, including interference that may cause undesired operation of the device.

The term "IC:" before the certification/registration number only signifies that the Industry Canada technical specifications were met. This product meets the applicable Industry Canada technical specifications.

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Cet appareil contient des émetteurs / récepteurs exemptés de licence conformes aux RSS (RSS) d'Innovation, Sciences et Développement économique Canada. L'exploitation est autorisée aux deux conditions suivantes: (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.



**Become a
better version
of yourself**