

# Tableau des allergènes

X : contient de l'allergène à affichage obligatoire / T : traces éventuelles d'allergènes

|   | Gluten | Crustacés | Œufs | Poisson | Arachides | Soja | Lait | Fruits à coques | Céleri | Moutarde | Graines de sésame | Lupin | Mollusques | Sulfites |
|---|--------|-----------|------|---------|-----------|------|------|-----------------|--------|----------|-------------------|-------|------------|----------|
| <b>L'avocado toast</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Pain grillé au levain</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Ecrasé d'avocat (avocat, huile d'olive, citron, échalotte)  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Pickels de légumes (légumes, vinaigre blanc, sucre)   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Graines torréfiées (pavot, courge)  | T      |           |      |         | T         |      | T    |                 |        |          | T                 |       |            | T        |
| Pousses et herbes fraîches assaisonnées (huiles d'olive, citron)  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Option :</b>   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Bacon</b>  |        |           |      |         |           |      |      |                 |        | T        |                   |       |            |          |
| <b>Pastrami</b>   |        |           |      |         |           |      |      | X               | X      |          |                   |       |            |          |
| <b>Saumon fumée</b>   |        |           | X    |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Œufs (œuf, crème)</b>  |        |           | X    |         |           | X    |      |                 |        |          |                   |       |            |          |
| <b>Fêta</b>   |        |           |      |         |           | X    |      |                 |        |          |                   |       |            |          |
| <b>Scrambled eggs</b>   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Œufs (œuf, crème)</b>  |        |           | X    |         |           | X    |      |                 |        |          |                   |       |            |          |
| <b>Beurre</b>   |        |           |      |         |           | X    |      |                 |        |          |                   |       |            |          |
| <b>Pain grillé au levain</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Option :</b>   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Bacon</b>  |        |           |      |         |           |      |      |                 |        | T        |                   |       |            |          |
| <b>Pastrami</b>   |        |           |      |         |           |      |      | X               | X      |          |                   |       |            |          |
| <b>Saumon fumée</b>   |        |           |      | X       |           |      |      |                 |        |          |                   |       |            |          |
| <b>Granola</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Flocon d'avoine</b>  | X      |           |      |         |           | T    | T    | T               |        |          |                   |       |            |          |
| <b>Amande</b>   |        |           |      |         |           | T    |      | X               |        |          |                   |       |            |          |
| <b>Graines de tournesol</b>   | T      |           |      |         | T         | T    | T    |                 |        |          | T                 |       |            | T        |
| <b>Graines de courges</b>   | T      |           |      |         | T         | T    | T    |                 |        |          | T                 |       |            | T        |
| <b>Vergeoise blonde</b>   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Gingembre poudre</b>   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Cannelle</b>   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Sel</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Compote de pomme</b>   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Orange pressée</b>   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Miel</b>   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Huile de tournesol</b>   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Raisin golden</b>  | T      |           |      |         | T         | T    | T    |                 |        |          | T                 |       |            | T        |
| <b>Canneberg</b>  | T      |           |      |         | T         | T    | T    |                 |        |          | T                 |       |            | T        |
| <b>Fromage blanc</b>  |        |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| <b>Fruits</b>   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Miel</b>   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Fluffy pancakes sucrés</b>   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Œuf</b>  |        |           | X    |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Sucre</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Farine de blé</b>  | X      |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Levure chimique</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Lait entier</b>  |        |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| <b>Beurre salé</b>  |        |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| <b>Parfum n°1 : sirop d'érable - sirop d'érable, crème fouettée (crème liquide, chantifix, sucre glace), pécan, fruits</b>                        | T      | T         |      |         |           |      | X    | X               |        |          |                   |       |            |          |
| <b>Parfum n°2 : caramel - caramel beurre salé (sucre, beurre salé crème), noisettes, fruits</b>   |        |           |      |         |           |      | X    | X               |        |          |                   |       |            |          |
| <b>Parfum n°3 : chocolat - sauce chocolat (crème liquide, chocolat noir, eau), crème fouettée (crème liquide, chantifix, sucre glace), pralin</b> | T      | T         |      |         |           |      | X    | T               |        |          |                   |       |            |          |
| <b>Brioche perdue</b>   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Lait</b>   |        |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| <b>Œuf</b>  |        |           | X    |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Crème liquide</b>  |        |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| <b>Parfum n°1 : sirop d'érable, noisettes</b>   |        |           |      |         |           |      |      | X               |        |          |                   |       |            |          |
| <b>Parfum n°2 : caramel - caramel beurre salé (sucre, beurre salé crème), noisettes</b>   |        |           |      |         |           |      | X    | X               |        |          |                   |       |            |          |
| <b>Parfum n°3 : pâte à tartiner, noisette</b>   | T      | T         |      |         | T         | T    | X    |                 |        |          | T                 |       |            |          |
| <b>Parfum n°4 : compotée de fruits (fruits, cassonade)</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Option :</b>   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Crème fouettée (crème liquide, chantifix, sucre glace)</b>   | T      | T         |      |         |           |      | X    | T               |        |          |                   |       |            |          |
| <b>Le pain beurre</b>   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Pain grillé au levain</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Beurre</b>   |        |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| <b>Confiture</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Cookie noir pécan</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Beurre doux</b>  |        |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| <b>Vergeoise blonde</b>   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Sucre</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Œuf</b>  |        |           | X    |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Farine de blé</b>  | X      |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Maizena</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Levure chimique</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Bicarbonate</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Sel</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Noix de pécan</b>  |        |           |      |         |           |      |      | X               |        |          |                   |       |            |          |
| <b>Pépité chocolat</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |

Le Petit déjeuner

# Tableau des allergènes

X : contient de l'allergène à affichage obligatoire / T : traces éventuelles d'allergènes

|  | Gluten | Crustacés | Œufs | Poisson | Arachides | Soja | Lait | Fruits à coques | Céleri | Moutarde | Graines de sésame | Lupin | Mollusques | Sulfites |
|--|--------|-----------|------|---------|-----------|------|------|-----------------|--------|----------|-------------------|-------|------------|----------|
| <b>La babka</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Farine de gruau  | X      |           | T    |         | T         |      |      |                 |        |          | T                 |       |            |          |
| Sucre  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Beurre doux  |        |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| Œuf  |        |           | X    |         |           |      |      |                 |        |          |                   |       |            |          |
| Sirop de vanille   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Pâte à tartiner  | T      |           | T    |         | T         | T    | X    |                 |        | T        |                   |       |            |          |
| Noisette   |        |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| <b>Fluffy pancakes sucrés</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Œuf  |        |           | X    |         |           |      |      |                 |        |          |                   |       |            |          |
| Sucre  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Farine de blé  | X      |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Levure chimique  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Lait entier  |        |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| Beurre salé  |        |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| Parfum n°1 : sirop d'érable - sirop d'érable, crème fouettée (crème liquide, chantifix, sucre glace), pécan, fruits                        | T      |           | T    |         |           |      | X    | X               |        |          |                   |       |            |          |
| Parfum n°2 : caramel - caramel beurre salé (sucre, beurre salé crème), noisettes, fruits   |        |           |      |         |           |      | X    | X               |        |          |                   |       |            |          |
| Parfum n°3 : chocolat - sauce chocolat (crème liquide, chocolat noir, eau), crème fouettée (crème liquide, chantifix, sucre glace), pralin | T      |           | T    |         |           |      | X    | T               |        |          |                   |       |            |          |
| <b>Brioche perdue</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Lait   |        |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| Œuf  |        |           | X    |         |           |      |      |                 |        |          |                   |       |            |          |
| Crème liquide  |        |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| Parfum n°1 : sirop d'érable, noisettes   |        |           |      |         |           |      |      | X               |        |          |                   |       |            |          |
| Parfum n°2 : caramel - caramel beurre salé (sucre, beurre salé crème), noisettes   |        |           |      |         |           |      | X    | X               |        |          |                   |       |            |          |
| Parfum n°3 : pâte à tartiner, noisette   | T      |           | T    |         | T         | T    | X    |                 |        | T        |                   |       |            |          |
| Parfum n°4 : compotée de fruits (fruits, cassonade)  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Option :</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Crème fouettée (crème liquide, chantifix, sucre glace)   | T      |           | T    |         |           |      | X    | T               |        |          |                   |       |            |          |
| <b>Cheesecake</b>  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Biscuit lu   | X      |           | T    |         |           |      |      | X               |        |          |                   | T     |            |          |
| Beurre doux  |        |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| Philadelphia   |        |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| Crème fraîche  |        |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| Sucre  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Sel  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Farine de blé  | X      |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Citron   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Sirop vanille  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Carrot cake</b>   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Farine de blé  | X      |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Sucre  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Sel  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Carrote (rapées)   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Levure chimique  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Cannelle   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Œuf  |        |           | X    |         |           |      |      |                 |        |          |                   |       |            |          |
| Orange pressée   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Huile neutre (tournesol)   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Noix de pécan  |        |           |      |         |           |      |      | X               |        |          |                   |       |            |          |
| Gingembre  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Granola</b>   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Flocon d'avoine  | X      |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Amande   |        |           |      |         |           |      | T    | T               |        | X        |                   |       |            |          |
| Graines de tournesol   | T      |           |      |         | T         | T    |      | T               |        |          | T                 |       | T          |          |
| Graines de courges   | T      |           |      |         |           | T    |      | T               |        |          | T                 |       | T          |          |
| Vergeoise blonde   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Gingembre poudre   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Cannelle   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Sel  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Compote de pomme   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Orange pressée   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Miel   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Huile de tournesol   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Raisin golden  | T      |           |      |         | T         | T    |      | T               |        |          | T                 |       | T          |          |
| Canneberg  | T      |           |      |         | T         | T    |      | T               |        |          | T                 |       | T          |          |
| Fromage blanc  |        |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| Fruits   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Miel   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Moelleux chocolat</b>   |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Chocolat noir  | T      |           |      |         |           |      | T    | T               |        |          |                   |       |            |          |
| Beurre salé  |        |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| Œuf  |        |           | X    |         |           |      |      |                 |        |          |                   |       |            |          |
| Sucre  |        |           |      |         |           |      |      |                 |        |          |                   |       |            |          |

Le sucré (1/2)

# Tableau des allergènes

X : contient de l'allergène à affichage obligatoire / T : traces éventuelles d'allergènes

|   | Gluten   | Crustacés | Œufs | Poisson | Arachides | Soja | Lait | Fruits à coques | Céleri | Moutarde | Graines de sésame | Lupin | Mollusques | Sulfites |
|---|--|-----------|------|---------|-----------|------|------|-----------------|--------|----------|-------------------|-------|------------|----------|
| <b>Le sucré (2/2)</b>   | <b>Cookie noir pécan</b>   |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
|   | Beurre doux  |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
|   | Vergeoise blonde   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Sucre  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Œuf  |           |      | X       |           |      |      |                 |        |          |                   |       |            |          |
|   | Farine de blé  | X         |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Maizena  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Levure chimique  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Bicarbonat   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Sel  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Pépité chocolat  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Noix de pécan  | T         |      |         |           |      | T    | T               |        |          |                   |       |            |          |
|   | <b>Tigré</b>   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Beurre doux  |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
|   | Sucre glace  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Blanc d'œuf  |           |      | X       |           |      |      |                 |        |          |                   |       |            |          |
|   | Poudre d'amande  |           |      |         |           |      |      | X               |        |          |                   |       |            |          |
|   | Sel  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Farine de blé  | X         |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Pépité chocolat  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Pâte à tartiner  | T         | T    |         |           | T    | T    | X               |        |          | T                 |       |            |          |
|   | <b>Les Batônnet EMKIPOP</b>  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Vahinée (vanille)   |  |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| Choco craquante (chocolait, amande)   |  |           |      |         | T         | X    | X    | X               |        |          |                   |       |            |          |
| Crousti cookie (chocolait, vanille, cookies)  | X  | X         |      |         |           | X    | X    | T               |        |          |                   |       |            |          |
| Breton sous les tropiques (vanille, cbs)  |  |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| Toxicoco (noix de coco)   |  |           |      |         | T         |      | T    |                 |        |          |                   |       |            |          |
| Detox (citron, curcuma, gingembre)  |  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Les burgers</b>  | <b>Le smashburger</b>  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Bœuf   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Cheddar  |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
|   | Oignon jaune   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Laitue   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Pickels de légumes (légumes, vinaigre blanc, sucre)  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Sauce burger (œuf, moutarde, huile neutre, sucre, ketchup, vinaigre blanc)                                 |           | X    |         |           |      |      |                 |        | X        |                   |       |            |          |
|   | <b>Le fried chicken burger</b>   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Blanc de poulet  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Chapelure (panko, œuf, farine de blé)  | X         | X    |         |           | X    |      |                 |        |          |                   |       |            |          |
|   | Sauce curry (œuf, moutarde, huile neutre, curry)   | X         | X    |         |           |      |      |                 | T      | X        | T                 |       |            |          |
|   | <b>Le jerusalem burger</b>   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Falafel (oignon, persil, coriandre, menthe, ail, cumin sel, poivre, levure chimique, farine, pois chiches) | X         |      |         |           |      |      | X               |        |          |                   |       |            |          |
|   | Aubergine (huile d'olive, sel, poivre)   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Sauce yaourt aux herbes (yaourt grec, baie, menthe, ail ....)  |           |      |         |           |      |      | X               |        |          |                   |       |            |          |
|   | Pickels de légumes (légumes, vinaigre blanc, sucre)  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Coriandre  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Sauce burger (œuf, moutarde, huile neutre, sucre, ketchup, vinaigre blanc)                                 |           | X    |         |           |      |      |                 |        | X        |                   |       |            |          |
|   | <b>Le morning burger</b>   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Œufs brouillés (œuf, crème liquide)  |           | X    |         |           |      |      | X               |        |          |                   |       |            |          |
| Écrasé d'avocat (avocat, huile d'olive, jus de citron, échalotte, sel, poivre)  |  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Cheddar   |  |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
| Pousse d'épinard  |  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Option :</b>   |  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Bacon   |  |           |      |         |           |      |      |                 |        | T        |                   |       |            |          |
| Saumon fumée  |  |           | X    |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Accompagnement</b>   | Potatoes (pdt, huile d'olive, sel de guérande, poivre, herbe de provence)                                  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Patates douces roties (patates douces, huile d'olive, polenta, paprika, ail, sel, poivre)                  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Salade (huile d'olive, jus de citron)  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Les Eggs &amp; Sides</b>   | <b>Les eggs &amp; sides</b>  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Œufs   |           |      | X       |           |      | X    |                 |        |          |                   |       |            |          |
|   | Pain grillé au levain  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Beurre   |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |
|   | <b>Les sides aux choix (deux)</b>  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Bacon  |           |      |         |           |      |      |                 |        | T        |                   |       |            |          |
|   | Jambon blanc   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Saumon fumée   |           |      |         | X         |      |      |                 | X      | X        |                   |       |            |          |
|   | Pastrami   |           |      |         |           |      |      |                 | X      | X        |                   |       |            |          |
|   | Falafel (oignon, persil, coriandre, menthe, ail, cumin sel, poivre, levure chimique, farine, pois chiches) | X         |      |         |           |      |      | X               |        |          |                   |       |            |          |
|   | Houmous (pois chiches, tahina, huile d'olive, jus de citron, ail, cumin, sel, poivre)                      | T         |      |         |           |      | T    |                 |        |          | X                 |       | X          |          |
|   | Feta   |           |      |         |           |      |      | X               |        |          |                   |       |            |          |
|   | Patates douces roties (patates douces, huile d'olive, polenta, paprika, ail, sel, poivre)                  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Potatoes (pdt, huile d'olive, sel de guérande, poivre, herbe de provence)                                  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Écrasé d'avocat (avocat, huile d'olive, citron, échalotte)   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Demi avocat  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
|   | Poulet frit (blanc de poulet, panko, œuf, farine de blé)   | X         | X    |         |           |      |      |                 |        |          |                   |       |            |          |
| Effiloché de bœuf (bœuf, oignon jaune, ail, pulpe de tomate, ketchup, miel, gelée de coing, sauce worcester, paprika fumé, sel, poivre) | X  |           | X    |         |           |      |      |                 |        |          |                   |       |            |          |
| Pickels de légumes (légumes, vinaigre blanc, sucre)   |  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |
| Sauce yaourt aux herbes (yaourt grec, baie, menthe, ail ....)   |  |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |

# Tableau des allergènes

X : contient de l'allergène à affichage obligatoire / T : traces éventuelles d'allergènes

|  | Gluten   | Crustacés | Œufs | Poisson | Arachides | Soja | Lait | Fruits à coques | Céleri | Moutarde | Graines de sésame | Lupin | Mollusques | Sulfites |  |
|--|--|-----------|------|---------|-----------|------|------|-----------------|--------|----------|-------------------|-------|------------|----------|--|
| <b>Les toast / sandwiches</b>                                    | <b>L'avocado toast</b>   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | <b>Pain grillé au levain</b>   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | Ecrasé d'avocat (avocat, huile d'olive, citron, échalotte)                         |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | Pickels de légumes (légumes, vinaigre blanc, sucre)                                |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | Graines torrifiées (pavot, courge)   | T         |      |         |           | T    |      | T               |        |          | T                 |       |            | T        |  |
|  | Pousses et herbes fraîches assaisonnées (huiles d'olive, citron)                   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | <b>Option :</b>  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | Bacon  |           |      |         |           |      |      |                 |        |          | T                 |       |            |          |  |
|  | Pastrami   |           |      |         |           |      |      |                 | X      | X        |                   |       |            |          |  |
|  | Saumon fumée   |           |      | X       |           |      |      |                 |        |          |                   |       |            |          |  |
|  | Œufs (œuf, crème)  |           | X    |         |           |      | X    |                 |        |          |                   |       |            |          |  |
|  | Fêta   |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |  |
|  | <b>Le egg toast</b>  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | <b>Pain grillé au levain</b>   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | Fromage frais (sel, poivre, ciboulette, citron)                                    |           |      |         |           |      |      | X               |        |          |                   |       |            |          |  |
|  | Demi avocat  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | Œuf brouillés (œuf, crème liquide)   |           |      | X       |           |      |      | X               |        |          |                   |       |            |          |  |
|  | <b>Option :</b>  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | Bacon  |           |      |         |           |      |      |                 |        |          | T                 |       |            |          |  |
|  | <b>Jambon blanc</b>  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | Pastrami   |           |      |         |           |      |      |                 | X      | X        |                   |       |            |          |  |
|  | Saumon fumée   |           |      | X       |           |      |      |                 |        |          |                   |       |            |          |  |
|  | Œufs (œuf, crème)  |           | X    |         |           |      |      | X               |        |          |                   |       |            |          |  |
|  | Fêta   |           |      |         |           |      |      | X               |        |          |                   |       |            |          |  |
|  | <b>Le reuben</b>   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | <b>Pain de mie aux céréales</b>  | X         |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | Pastrami   |           |      |         |           |      |      |                 | X      | X        |                   |       |            |          |  |
|  | Sauce moutarde miel (œuf, moutarde, huile neutre, miel)                            |           | X    |         |           |      |      |                 | X      | X        |                   |       |            |          |  |
| Cheddar  |  |           |      |         |           |      | X    |                 |        |          |                   |       |            |          |  |
| Pickels de légumes (légumes, vinaigre blanc, sucre)              |  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
| Pousses et herbes fraîches assaisonnées (huiles d'olive, citron) |  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
| <b>Le famous hot dog</b>   |  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
| Bœuf   |  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
| Oignon jaune   |  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
| Ail  |  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
| Pulpe tomate   |  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
| Ketchup  |  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
| Miel   |  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
| <b>Gelée de coing</b>  |  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
| Sauce worcester  | X  |           | X    |         |           |      |      |                 |        |          |                   |       |            |          |  |
| Paprika fumé   |  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
| Sel, poivre  |  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
| <b>Les Plats</b>   | <b>Le camembert rôti (miel, noisettes)</b>   |           |      |         |           |      | X    | X               |        |          |                   |       |            |          |  |
|  | Salade de jeunes pousses (huile d'olive, jus de citron)                            |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | Potatoes (pdt, huile d'olive, sel de guérande, poivre, herbe de provence)          |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | Demi avocat  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | <b>Pain grillé au levain</b>   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | <b>Option :</b>  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | Bacon  |           |      |         |           |      |      |                 |        | T        |                   |       |            |          |  |
|  | Pastrami   |           |      |         |           |      |      |                 | X      | X        |                   |       |            |          |  |
|  | Saumon fumée   |           |      | X       |           |      |      |                 |        |          |                   |       |            |          |  |
|  | <b>Le croissant (farine de blé, beurre,...)</b>                                    | X         |      |         |           |      |      | X               |        |          |                   |       |            |          |  |
|  | Truffe   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | Œufs brouillés (œuf, crème liquide)  |           |      | X       |           |      |      | X               |        |          |                   |       |            |          |  |
|  | <b>Jambon blanc</b>  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | Comté  |           |      |         |           |      |      | X               |        |          |                   |       |            |          |  |
|  | Herbes fraîche   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | <b>Option de remplacement :</b>  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | Pastrami   |           |      |         |           |      |      |                 |        | X        | X                 |       |            |          |  |
|  | Saumon fumée   |           |      | X       |           |      |      |                 |        |          |                   |       |            |          |  |
|  | <b>Les fluffy pancakes salés (œuf, sucre, farine de blé, levure, lait, beurre)</b> | X         | X    |         |           |      |      | X               |        |          |                   |       |            |          |  |
|  | Œuf brouillés (œuf, crème liquide)   |           |      | X       |           |      |      | X               |        |          |                   |       |            |          |  |
|  | Fromage frais (sel, poivre, ciboulette, citron)                                    |           |      |         |           |      |      | X               |        |          |                   |       |            |          |  |
|  | Avocat   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | Herbes fraîches  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | Sirop d'érable   |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | <b>Option :</b>  |           |      |         |           |      |      |                 |        |          |                   |       |            |          |  |
|  | Bacon  |           |      |         |           |      |      |                 |        |          | T                 |       |            |          |  |
|  | Saumon fumée   |           |      | X       |           |      |      |                 |        |          |                   |       |            |          |  |

# Tableau des allergènes

X : contient de l'allergène à affichage obligatoire / T : traces éventuelles d'allergènes

|   | Gluten  | Crustacés | Oeufs | Poisson | Arachides | Soja | Lait | Fruits à coques | Céleri | Moutarde | Graines de sésame | Lupin | Mollusques | Sulfites |
|---|---|-----------|-------|---------|-----------|------|------|-----------------|--------|----------|-------------------|-------|------------|----------|
| <b>Les petites assiettes à partager</b>                 | <b>Ecrasé d'avocat (avocat, huile d'olive, citron, échalotte)</b>   |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Pain grillé au levain</b>  |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Mini avocado toast</b>   |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Pain grillé au levain</b>  |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Ecrasé d'avocat (avocat, huile d'olive, citron, échalotte)</b>   |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Pickels de légumes (légumes, vinaigre blanc, sucre)</b>  |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Graines torrifiées (pavot, courge)</b>   | T         |       |         |           | T    |      | T               |        |          | T                 |       |            | T        |
|   | <b>Pousses et herbes fraîches assaisonnées (huiles d'olive, citron)</b>   |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Houmous (pois chiches, tahina, huile d'olive, jus de citron, ail, cumin, sel, poivre)</b>                      | T         |       |         |           | T    |      |                 |        |          | X                 |       |            | X        |
|   | <b>Pain grillé au levain</b>  |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Falafel (oignon, persil, coriandre, menthe, ail, cumin sel, poivre, levure chimique, farine, pois chiches)</b> | X         |       |         |           |      |      | X               |        |          |                   |       |            |          |
|   | <b>Sauce yaourt aux herbes (yaourt grec, baie, menthe, ail ....)</b>  |           |       |         |           |      |      | X               |        |          |                   |       |            |          |
|   | <b>Poulet panko frit (blanc de poulet, panko, œuf, farine de blé)</b>   | X         |       | X       |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Sauce curry (œuf, moutarde, huile neutre, curry)</b>   | X         |       | X       |           |      |      |                 |        | T        | X                 | T     |            |          |
|   | <b>Camembert rôti (miel, noisettes)</b>   |           |       |         |           |      |      | X               | X      |          |                   |       |            |          |
|   | <b>Pain grillé au levain</b>  |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Potatoes (pdt, huile d'olive, sel de guérande, poivre, herbe de provence)</b>                                  |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Sauce burger (œuf, moutarde, huile neutre, sucre, ketchup, vinaigre blanc)</b>                                 |           |       | X       |           |      |      |                 |        |          | X                 |       |            |          |
| <b>Rainbow pickels (légumes, vinaigre blanc, sucre)</b> |   |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Les boissons</b>                                     | <b>Café</b>   |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Expression - double</b>  |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Café filtre</b>  |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Allongé</b>  |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Noisette</b>   |           |       |         |           |      |      | X               |        |          |                   |       |            |          |
|   | <b>Crème</b>  |           |       |         |           |      |      | X               |        |          |                   |       |            |          |
|   | <b>Cappuccino</b>   |           |       |         |           |      |      | X               |        |          |                   |       |            |          |
|   | <b>Option : lait d'avoine</b>   | X         |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Chocolat</b>   |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Mocha</b>  |           |       |         |           |      |      |                 | X      |          |                   |       |            |          |
|   | <b>Chocolat</b>   |           |       |         |           |      |      |                 | X      |          |                   |       |            |          |
|   | <b>Option : lait d'avoine</b>   | X         |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Thé</b>  |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Earl grey</b>  |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Jade tips</b>  |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Jasmine pearls</b>   |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Peppermint</b>   |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Chai tea latte</b>   |           |       |         |           |      |      |                 | X      |          |                   |       |            |          |
|   | <b>Matcha latte</b>   |           |       |         |           |      |      |                 | X      |          |                   |       |            |          |
|   | <b>Option : lait d'avoine</b>   | X         |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Thé glacé</b>  |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Thé vert basilic yuzu</b>  |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
|   | <b>Thé noir gingembre &amp; cédrat</b>  |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Komboucha</b>  |   |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Thé blanc nature</b>                                 |   |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Thé vert , jasmin, framboise</b>                     |   |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Coca-cola</b>  |   |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Bières &amp; vins</b>                                |   |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Bières</b>   | X   |           |       |         |           |      |      |                 |        |          |                   |       |            |          |
| <b>Vin blanc</b>  |   |           |       |         |           |      |      |                 |        |          |                   |       |            | X        |
| <b>Vin rosé</b>   |   |           |       |         |           |      |      |                 |        |          |                   |       |            | X        |
| <b>Vin rouge</b>  |   |           |       |         |           |      |      |                 |        |          |                   |       |            | X        |