

POWER

POWERING  
PERFORMANCE



“We have just taken delivery of our glute ham raise from Pullum.

Great quality equipment and great service as always.”

Jason Kenny, CBE  
English track cyclist  
Team GB

# WELCOME TO 110 YEARS OF PERFORMANCE EXPERIENCE

Pullum is the UK's leading manufacturer and supplier of high-quality strength and conditioning functional training equipment. We are a team of specialists proud of our heritage stretching back over 110 years.

With a UK based design, development and manufacturing facility that has over 30 years' experience, we are able to offer a full personalised service from the initial site survey and design phase, right through to installation and ongoing support.

We are proud to work with some of the biggest names throughout the UK and beyond. From the individual athlete to professional teams, private gyms, schools or Universities you can find a taste of Pullum and the difference we bring.

So, whether you're simply looking for an extra bar, or looking to create a whole unique gym facility, our specialist team at Pullum will find the solution that suits you.

What is most essential for us, is that we work with you. Our goal is to provide the right solution, at the right price, and right on time.

We have broken our process down into three stages. Design, Equip and Support

## DESIGN

'If you can dream it, we can make it' is our ethos here at Pullum. Whether you're looking for a bespoke machine, equipment modification, or a full gym design; we work closely with you, your architect and your builders to understand the space allowing you to achieve your key objectives. We understand the importance of detail, working closely with you to provide the right colours and logos to your equipment.

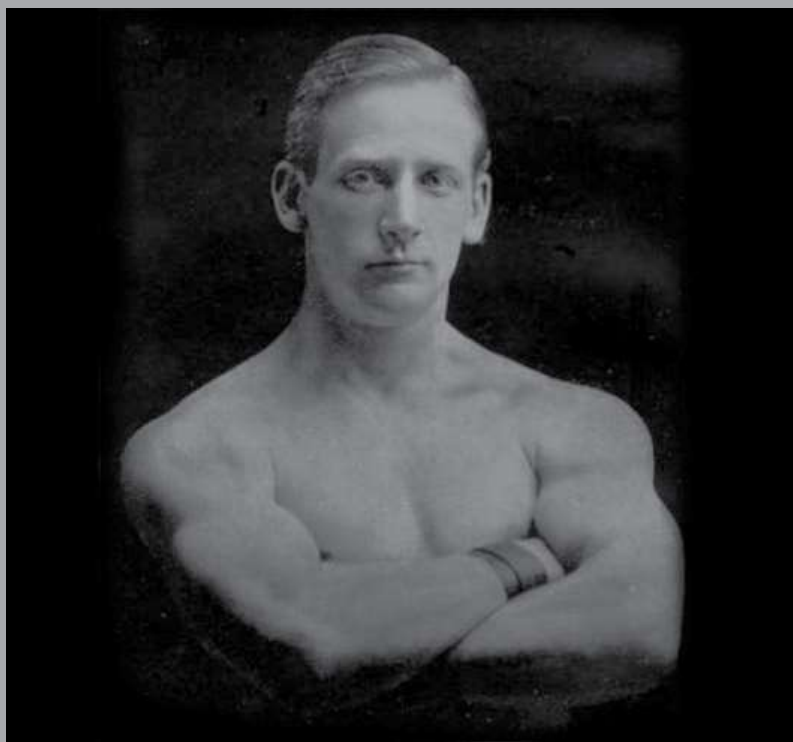
## EQUIP

Our goal is to give you the best solution for your budget. While we manufacture a wide variety of our own equipment, we also work with a range of leading manufacturers from around the globe to find you the best quality products within your allocated spend; so we are happy to provide a range of quotes to give you a number of options. Once you've chosen your kit, we'll make sure everything is delivered and installed on time, and all of your key members of staff are trained on any new machines.

## SUPPORT

Our strength lies in our team. Our committed support staff are here to ensure you get the most from your equipment; both during installation and after. We schedule service visits to ensure you can continue to run your gym safely, and provide a 10 year guarantee on the frames and welds on all Pullum equipment.





# RAISING THE BAR SINCE 1907

The first Pullum shop was opened by W.A.Pullum in 1907 to service the needs of the early weightlifters at the famous Camberwell Weightlifting club.

“Pop” Pullum, as he was known, was the winner of 15 British Championships, had over 50 gold medals, and broke nearly 200 Official British and World Weightlifting Records.

In 1948 Wally Pullum joined his uncle to learn the business, and his love of weightlifting grew. He went on to open his own weight lifting club in 1949 in the shed at the bottom of his garden.

Over the years, Wally trained hundreds of people with many successes in Bodybuilding, Weightlifting and Powerlifting. Using this background, Wally branched out into equipment manufacture, and started to sell custom made gym equipment in the 1980s.

In 2005, Wally retired, and Wayne and Andy took over the business. Since then, Pullum has grown in size and reputation, and in 2016 moved to a new unit in Leighton Buzzard, giving them nearly three times the space.









# FREE WEIGHTS

With up to 20 different bars and 10 different style of discs in stock Pullum is the natural first port of call for all things Free Weight.

We go the extra mile to ensure the products we offer give value for money, so we stock products to fit different budgets and specialisms.

Along with dumbbells, barbells, and discs from some of the biggest names in strength sports, including Eleiko, Ivanko and Titex; we also stock a wide selection of competitively-priced products that are perfect for commercial gym use.

Our team are experts in this area, and will be happy to explain the differences to help you make an informed buying decision.





Pullum are the exclusive UK stockist of the new IPF approved Titex range from Titan. Ask your sales rep about the Titex range today!



# RACKS, FRAMES & RIGS

Our high-quality racks are supplied as standard with disc storage, roller catch-cups, chin bar, safety bars, resistance band pins and 46 different bar heights with only 38mm increments. To this can be added a range of custom items, including;

- A variety of chin up grip angles and thicknesses
- linking bars to create mini-rigs.
- Selection of wings, grapplers, dipping bars, rope-loops & step-up, plug-ins

While our 5 standard design options meet the needs of most gyms, we can also build our racks to fit your exact requirements, allowing you to get the most out of your floor space.







“Customers deserve top quality equipment and Pullum delivered just what I was looking for. I would recommend any strength enthusiast to take a look at how they can help you create a first class facility.”

Sam Smith  
Owner  
Rigs Fitness





“Pullum offer some of the best strength equipment on the market and we are proud to use them to help us develop our strength and conditioning suite”

Jono Elvin  
Graduate Sports Centre Assistant  
Oratory School



# PLATFORMS & FLOORING

We understand that flooring in a facility has to be practical but also a feature. With this in mind, we offer a variety of flooring from 5mm up to 60mm thick, including noise and vibration reducing tiles in a range of colours and finishes. We can also embed Artificial grass in to our solutions.

## PLATFORMS

Understanding the needs of lifters and gym owners is what we pride ourselves on here at Pullum, this allows us to consult with our customers on all elements of platform requirements, including; bounce, impact, hardness, wear as well as colour and grip.

Our lifting surface can be Oak, coloured plastic or rubber to suit the looks and function.

So for Weightlifting, Powerlifting or integrated platforms, our standard or bespoke platform sizes can be inset into the flooring or with a tailor-made surround to add an attractive feature to any facility, no matter of shape or size.









# BENCHES

Not all benches were created equal. Which is why at Pullum we offer 43 different types of bench and counting. Listening to athletes, S&C coaches and governing bodies such as the IPF and WPPO allow us to ensure our benches offer the best possible training position, support and protection.

We recently changed the foam density to give lifters firmer support and prolong life on the upholstery. We've added a Hip Thruster bench with drop away bar support and a new bench press bench with disc storage as well as a re-design on our disability chair.

One of our team will work with you to choose the right bench for your needs, based on which exercises you will be using it for and the weights and sizes available. If we don't already make it, we are happy to build a bespoke bench to fit your exact specification.



"The quality of Pullum equipment is second to none. They equipped our personal training facility and the build quality and functionality is just what we were looking for."

Aaron Hopkins  
Owner  
PT:U





“I have always turned to Pullum for my bespoke equipment needs. Their understanding of making high quality specialist equipment is excellent and we have never been disappointed with purchasing their products.”

John Harman MSc.  
ASCC Fitness and Performance Adviser  
Oxford Brookes University



A woman with long brown hair, wearing a black t-shirt and black shorts, is lying on a leg press machine in a gym. She is looking upwards and to the right. The gym is filled with various pieces of equipment, including weight racks and other machines. The lighting is bright, and the overall atmosphere is that of a busy fitness center.

# GYM MACHINES

We have been manufacturing our own gym machines for over 30 years. As with all Pullum equipment our machines are built to last and are designed to offer users the correct position and biomechanical efficiency.

We continue to develop market-leading disc loading machine range while offering a select list of selectorised machines targeted to the Strength & Conditioning gym.

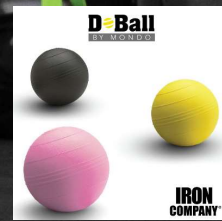
Our design philosophy is to keep it simple, robust, cost-effective but most important is it has to work right!



# PERFORMANCE ACCESSORIES

Whether you're looking to track and improve athlete performance, increase speed and agility, or add more emphasis on recovery and rehabilitation; we have a range of performance accessories that will help you achieve your goals.

From force plates and jump mats, to slam balls and resistance bands, look no further.





# Performance herts

## BESPOKE STORAGE SYSTEMS

As gyms get busier and our customers training tools evolve, the need to organise these training tools becomes even more important.

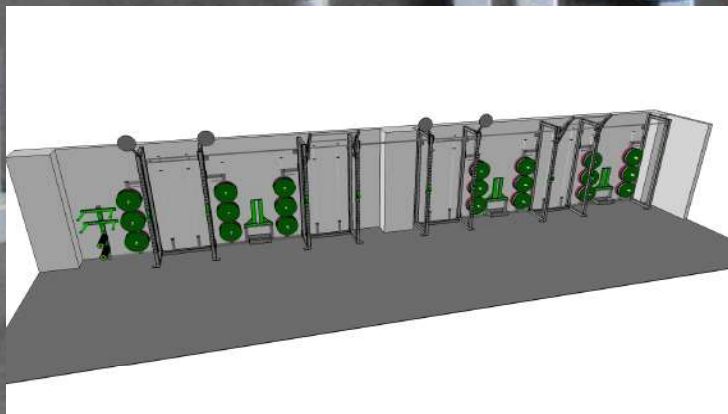
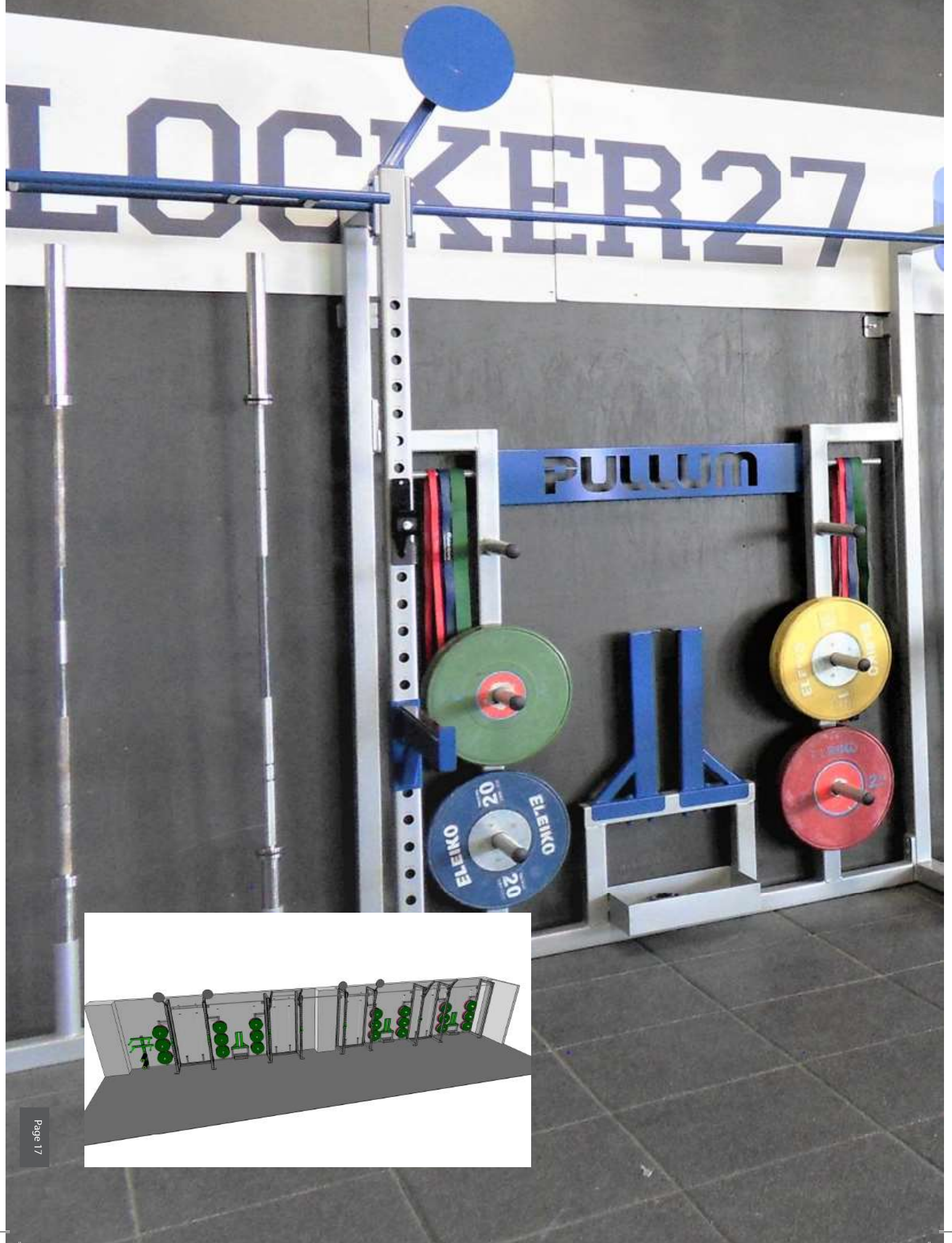
As well as a range of standalone, bar, disc, dumbbell and kettlebell racks we have introduced our scalable storage system

Designed to give the modern gym the flexibility it needs in storing a wide mix of gym equipment's and accessories.

The modular system can be added to, re-organised, or new storage shelves added as your needs change.

Works against a wall or back to back. From Stretch mats to foam rollers, kettlebells to resistance bands this racking will handle it all.



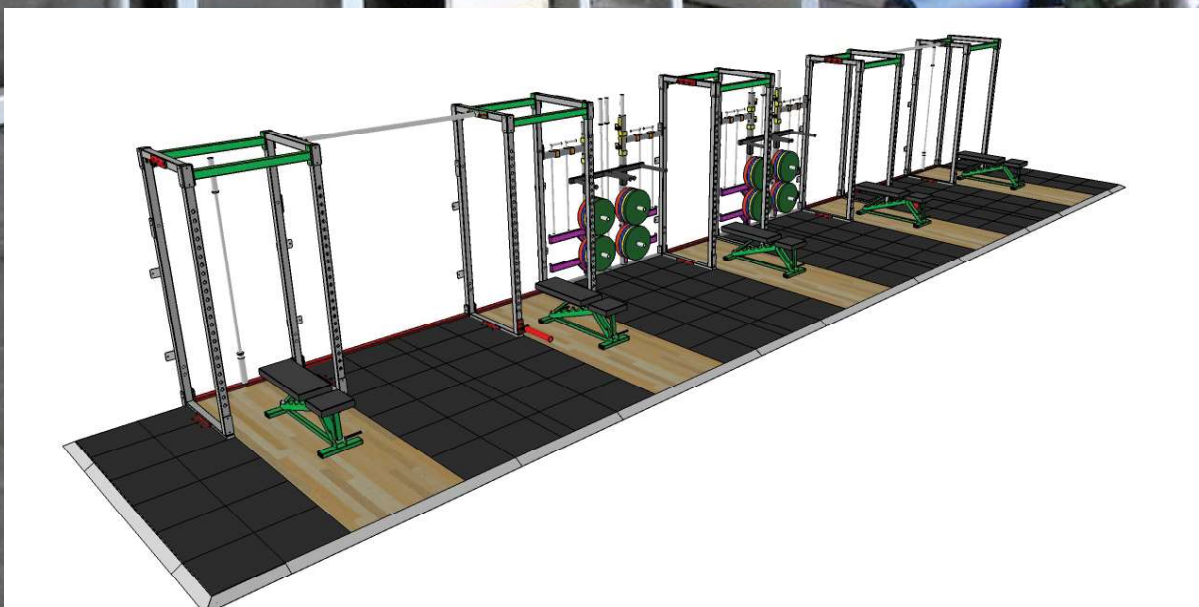






# GYM DESIGN

We pride ourselves in taking your plans and providing the perfect solution for your budget, making sure that you have everything necessary for your style of training. We use the latest software to create 3D visualisations of your floorplan, allowing you to get an idea of how your finished gym will look, and feel, once the equipment has been installed.





# BESPOKE EQUIPMENT

We are known for making strong, high-quality equipment. But there are times when the perfect solution doesn't exist. In these cases, we'll build it.

Working so closely with our customers allows us to tailor the functionality of every piece of equipment we manufacture. Resulting in the perfect kit for your facility.

Over 30 years development has gone into our equipment, offering the best solutions to save space with multi-use machines or bespoke racks and rigs to fit around immovable room fixtures. This even extends to tailoring equipment for Paralympic athletes, helping them train more effectively.

We also offer a range of customisation options from logos on platforms, flooring and upholstery to branded discs and dumbbells.

Nothing is impossible, and we love to push the creative boundaries making your facility unique compared to others around.







“The design was excellent and their approach was professional from start to finish. I wouldn't hesitate in recommending them to any other organisation that wishes to develop their facilities.”

Nick Clark  
Director Of Sport  
Kent College



# THE PULLUM PARTNERSHIP UNPARALLELED SERVICE

We understand that there can be a lot of tough decisions when kitting out a gym, so whether it's your first time, or you're part of an experienced team, we're here to guide you through the process to make sure that every detail has been covered and you're happy with the end result.

A major strength of Pullum is our small but committed team.

Our aim is to offer a service that ensures our customers get the most from their equipment, both during installation and for a long time after.

We are always on the end of a phone to provide support and advice and respond swiftly to customer enquiries. We take pride in our customers success as that's where our future business comes from. At Pullum, we offer unparalleled service from people who care.

Our technical support team is available to assist you with a comprehensive support service aimed at helping your business run smoothly. Our Account Managers are there to coordinate a smooth installation process, advise customers regarding maintenance procedures and conduct any relevant training.

Our fully trained technicians provide a nationwide installation and maintenance service that is delivered on time, and to a high standard.

We don't supply cheap, low quality gym equipment. We produce hand made equipment, right here in the UK, and provide a competitive standard warranty policy on all of our products, along with comprehensive service contract options, to give you peace of mind.

Call us now to arrange a full site appraisal and take your facility to the next level.

## WHAT NEXT?

For a more comprehensive view of our products, why not visit our website?

[WWW.PULLUM-SPORTS.CO.UK](http://WWW.PULLUM-SPORTS.CO.UK)

We are happy to spend time on the phone, online, or in person to make sure you get the quality equipment you deserve, so if you have a project in mind and you're ready to take the next step then we'd love to hear from you.

**PULLUM SPORTS LTD**

+44 1582 560555

[sales@pullumsports.com](mailto:sales@pullumsports.com)

Unit 2, Greaves Way,  
Stanbridge Road,  
Leighton Buzzard,  
LU7 4UB



# PULLUM PROUDLY POWERS



IN SUPPORT OF  
**HELP for  
HEROES**



UNIVERSITY OF  
BIRMINGHAM



UNIVERSITY of LIMERICK  
OLLSCOIL LUIMNIGH



# מנהל

