



FlingGolf Distance/Par Suggestions

Par 3	Par 4	Par 5	Par 6
180 Yards	350 Yards	490 Yards	Over 490 Yards

Understanding the Distances

Fun Play: An average Fling is about 80 to 120 Yards

General Play: An average Fling is about 120 to 170 Yards

Competitive Athlete: An average Fling is about 170 to 250 Yards

