

Diablo Bacon Brussels Sprouts

Ingredients

- 12 oz of Brussels Sprouts cut in half
- 1 tablespoon olive oil
- 2 teaspoons butter
- 2 garlic cloves
- 1/4 cup chopped onion
- 1/4 cup of chopped bacon
- 1/4 cup chia seeds (optional)
- 1/2 a jar of Diablo Verde

Steps

- Sauté onion and garlic in olive oil over medium high heat
- Add Brussels Sprouts lower heat to medium until Brussels Sprouts soften
- Add bacon
- Stir in Diablo Verde while on low heat
- Serve and Enjoy! Serves 4-6