



POOKY'S

DELICATESSEN - CAFÉ
FINE WINES AND BEERS

LUNCH MENU

POOKYSDELI.CO.UK

EST. 2005

FROM 11.30 AM

LUNCH MENU

BAKERY & LIGHT BITES

All of our light bites come with a small salad or accompaniment.

SAUSAGE ROLL

Classic **£4.8**
Special **£5.3**

PORK PIE

Served with piccalilli **£3.8**

ARANCINI **£6.8**

Risotto balls stuffed with pesto and mozzarella
Fillings change daily. Please ask what's in the deli today

BOMBAY PASTY **£5.8**

Spiced potato and cauliflower

QUICHE **£5.9**

Fillings change daily. Please ask what's in the deli today

FRIED HALLOUMI (V)(GF) **£5.3**

Halloumi, spiced honey dressing

'NDUJA ON TOAST (DF) **£5.0**

'Nduja, sourdough or gluten-free toast, cornichons

SOUP OF THE DAY (GF)(VE) **£7.3**

Served with bread and butter

SALADS **£8.4**

AVAILABLE FROM 12 PM

VEGAN SUPERFOOD (VE)(GF)

Brown rice, turmeric roasted cauliflower, mint, peas, cucumber, lemon and mint dressing

ASIAN NOODLE (VE)(GF)

Rice noodles, carrot, courgette, coriander, chilli, sesame and soy dressing

SHARING BOARDS **£17**

A fantastic selection of artisan cheese & quality charcuterie from the UK and the continent, for 2 to share.

Choose charcuterie or cheese or a mix of both. Each board comes with accompaniments and bread.

DID YOU KNOW?

We use the amazing cheeses and meats from the deli in our sandwiches, pastries and light bites.

You can buy them to take home as well!

KIDS

TOASTIE **£5.1**

Ham and cheese

SANDWICH **£4.6**

Cheese OR ham

SANDWICHES

Choose from white bloomer, sourdough, multigrain or gluten-free bread

TOMMY TUCKER **£8.4**

Yorkshire ham, cheddar, tomato

SPRING CHICKEN **£8.6**

Roast chicken, lemon and pepper mayo, herbs, leaves

HUMMOUS HUSTLE (VE) **£8.4**

Home-made hummous, olive tapenade, slaw, avocado, pickled pink onion

NEW YORKER **£8.9**

Home-made pastrami, gruyère, Russian dressing, gherkins

LET'S BRIE FRIENDS (V) **£7.9**

French brie, sticky fig relish, leaves

LOVELY LOX **£9.2**

Smoked salmon, herby cream cheese, sweet pickles

TOASTIES

GOT YOUR GOAT (V) **£7.5**

Goats cheese, marinated roasted peppers

SALAMI MELT **£8.5**

Italian salami, pesto, mozzarella

CROQUE MONSIEUR **£8.5**

Yorkshire ham, gruyère, bechamel sauce

SAY CHEEEESE (V) **£7.5**

3 cheeses (cheddar, gruyère and chef's choice from the deli), pickled pink onions

BURGERS AVAILABLE FROM 12 PM

Comes with fries

CHICKEN ROYAL **£11.5**

Spiced fried chicken breast, Asian salad

Add pancetta **£2** Add gruyère **£1.5**

FALAFEL (VE) **£10.5**

Home-made falafel burger, spiced sweet potato, coconut yoghurt

Add vegan cheese **£2** Add halloumi **£2**

SIDES AVAILABLE FROM 12 PM

FRIES (GF)(VE) **£3.7**

BREAD (VE) **£3.5**

SLAW (GF) **£2.6**

SALAD (VE) **£4.5**

OLIVES (VE) (GF) **£4.5**

LOADED FRIES

New Yorker: pastrami, gruyere, gherkins, Russian dressing **£8.2**

Cheese, spring onion (V) **£7.4**

Salt and chilli pepper (VE) **£6.7**

Add jalapenos **£1** Add pancetta **£2**

(V) VEGETARIAN (VE) VEGAN (GF) GLUTEN FREE (DF) DAIRY FREE (N) CONTAINS NUTS

If you have an allergy please let us know before you order. Detailed allergen information is available on request, but we cannot guarantee a total absence of allergens in dishes as all our food is made in a kitchen where nuts and flour are present.