



# **MK I VANGUARD**

OPERATING INSTRUCTIONS

## About the Mk I Vanguard

Our longest-running collection, first introduced in 2014 and continuing to evolve, the Vanguard is vintage-inspired but infused with contemporary touches, re-imagining what the dive watches used by frogmen in the '40s could have evolved into.

While the Mk I Vanguard was put to production only in 2021, its design preceded those of the Mk III and Mk IV models that were released years earlier.

Case:	Stainless steel or bronze, diameter 43mm, lug width 24mm
Crystal:	Sapphire, box shaped, anti-reflective
Dial:	Sandwich construction, with luminous hands and markers
Movement:	ETA 2824-2 (automatic)
Water resistance:	300m/ 990ft



## **Fastening & Unfastening Crown**

- To unfasten, turn crown anticlockwise until it pops out.
- To fasten, turn crown clockwise while pressing it against the case. Don't over-tighten; there's no need to.

## **Setting the Time**

- Pull crown out to position C. Turn the crown to set the time, then push crown back to Position A.

## **Setting the Date**

- Avoid setting the date when time on watch reads between 9:00pm and 3:00am.
- Pull crown out from position A to B. Turn the crown clockwise to set the date, then push crown back to Position A.

## **Winding**

- Flick the timepiece sideways to swing the rotor. When the timepiece is on your wrist, your arm movements will automatically wind the movement. Audible spinning of the rotor is normal.
- Alternatively, unfasten crown to winding position (A) and give it a few turns clockwise until the timepiece starts running.

## **Changing Straps**

- The strap is attached to the watch lugs using spring bars. To remove strap, use a pin tool to compress the spring bar through one of the lug holes to disengage it, then extract the strap gently.
- To attach strap, insert spring bar into strap, place one end of the spring bar into one of the lug holes, and use a spring bar tool to compress the other end of the spring bar to engage it.
- After attaching, always tug at both ends to be sure that the spring bars have been installed securely.

## **General Care**

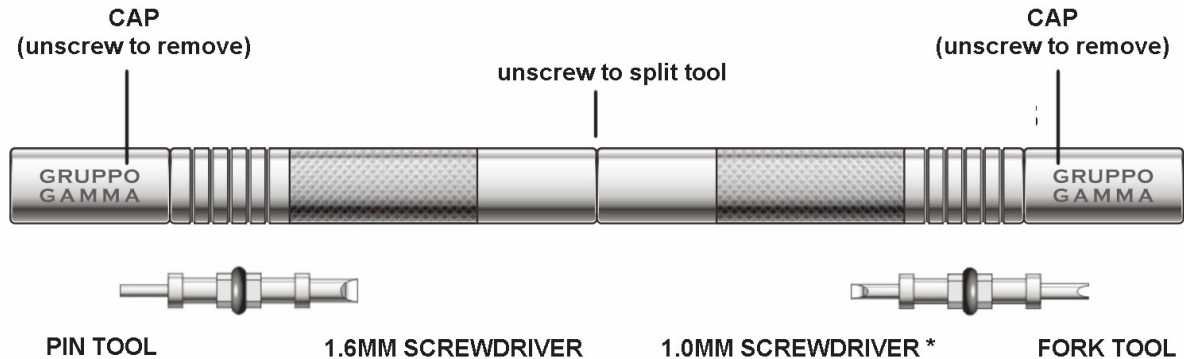
- Don't wear or store your timepiece with the crown unfastened, and don't operate the crown when your timepiece is wet. After swimming, rinse it in fresh water.
- Steam and vapour can penetrate the case and damage your timepiece. Don't expose it to temperature extremes or corrosive chemicals, or wear it in saunas.
- Don't place timepiece near loudspeakers or other equipment that generate strong magnetic fields that may affect its precision.

## **Aftersales Support**

- This timepiece is warranted against manufacturing defects for 2 years. For assistance, contact us at [info@gruppogammawatches.com](mailto:info@gruppogammawatches.com).

## Gruppo Gamma Watch Tool

- The tool can be separated into 2 pieces by unscrewing it in the middle.
- Unscrew the caps to reveal a tool bit on each end.
- Each tool bit can be be switched out for use as screwdriver, spring bar fork, or pin.



\* Earlier versions are fitted with 1.6mm screwdriver instead, for use with Mk I Nexus models