



BERNINA
OF NAPERVILLE •

FAT QUARTER CLUB

March 2024: Reversible Table Runner

FABRIC SELECTIONS

Each month BERNINA of Naperville Offer 6 Fat Quarters curated by our team for a project.
BUY YOURS HERE: [FAT QUARTER CLUB](#)

Selections from:

- [Weather Report: Sunset](#)
- [Vert Fusion: Sonic Flora Vert](#)
- [FOLK FLORAL: Cross stitch in Autumn/Orange](#)
- [Harmony: Bees Teal](#)
- [Crafting Magic: Moon Stories 5](#)
- [Fisherman's Bend: Pink](#)





THE PROJECT

Reversible Table Runner

- 14" x 32"

Technique lends itself to using all fat quarters and ultimately allows for a larger table runner if desired.

[Watch YouTube Tutorial HERE](#)



SUPPLIES

Batting:

- Any scrap, cotton, bamboo, poly works. We used a size ~18" x 36"

Glue Stick

- We love the new [505 Glue Stick](#)
 - Doesn't stain, dries clear, and washed out

[Sewline Duo Marking and Eraser Pen](#)

[The Binding Tool](#)

Thread

- We used Mettler Silk Finish 50wt Cotton Thread
 - [White in the needle](#)
 - [Straw color in the Bobbin](#)

Iron with Steam

- We used a Laurastar

Rotary Cutter Mat and Rulers

Sewing Machine with a Walking Foot and BERNINA Stitch Regulator or other Free Motion Foot

- We used a BERNINA 475 Kaffe Fassett Edition with removable walking foot #50
 - Open Toe and Edgestitch Foot Soles
- For Free motion, we used the BERNINA Q 16 PLUS and a #24 open toe embroidery foot.



CUTTING

THE FOLLOWING SIZES ARE DESIGNED TO LEAVE YOU EXTRA FOR MISTAKES 😊

- From the Purple Dots, Orange Cross-stitch and Weather Report in Sunset:
 - 8 – 1 ¼" x 10" Strips
 - 8 – 2 ¼" x 10" Strip
- From the Green Fabric
 - 5 – 2 ½" x Width of Fat Quarter for Binding



CUTTING

THE FOLLOWING SIZES ARE DESIGNED TO LEAVE YOU EXTRA FOR MISTAKES 😊

- From the Crafting Magic Moon
 - 1 – Fussy Cut 7" Square on the diagonal
 - 8 – 1 ¼" x 10" Strip
- From the Cream Fabric
 - 1 – 7" Square (cut on grain)



PREPARATION

- Attach the walking foot to your machine
 - No Guides
 - Watch [HOW TO USE THE BERNINA WALKING FOOT HERE](#)
- Thread machine with Mettler white thread in the top and straw color thread in the bottom
- Select Stitch #1



PREPARATION

- Mark the center of your batting on the right side
 - Right side of the batting is the piece with the most holes that presents less fuzzy in appearance
- Place the Fussy Cut bunny piece on the center
- Then Stitch the square into place with a slightly narrower than $\frac{1}{4}$ " seam allowance.



PREPARATION

- Turn your work over and place the cream 7" square so that it covers the darker stitching line performed in the previous step
- Use the 505 Glue stick to prevent wiggling of the fabric
 - Note: The 505 dries clear and can be stitched through when freshly applied



STITCHING

We stitched our strips to one side, then emulated the order on the other side

- Make sure to stitch a skinny strip with a perpendicular skinny strip
 - Don't mix the widths or your table runner will not appear straight
- You may decide to add more rows, in various sizes
 - Each row one size/color consists of 4 strips (2 for the top of the runner and 2 for the bottom)
 - To make the table runner symmetric, you will need 8 strips of each size/color



STITCHING AND FLIPPITY FLIPPING

On the top of your runner, place a strip,
butting the raw edges with the fabric

Stitch with $\frac{1}{4}$ " seam allowance



STITCHING AND FLIPPITY FLIPPING

Turn the work over

Place a strip of same fabric and size on the backside

- I like to think of placing the raw edge of this piece just shy of $\frac{1}{4}$ " from the raw edge of the cream fabric

Stitch with a $\frac{1}{4}$ " seam allowance

- We are trying to be mindful to catch the first row of stitching so that it is in the seam allowance of the seam you are stitching now.



STITCHING AND FLIPPITY FLIPPING

Press

Then continue with the perpendicular side

Stitch the perpendicular strip to the top of the table runner

- Clip extra fabric

Then follow the previous steps to sew the Back strip

Press again



STITCHING AND FLIPPITY FLIPPING

Repeat this process for each side of the table runner

Do not worry about accuracy

- Your project will be beautiful without perfect $\frac{1}{4}$ " seams



QUILTING (OPTIONAL)

Quilting the Center of the Table Runner

Watch [HOW TO USE THE BERNINA STITCH REGULATOR HERE](#)

- We used the Print with the bunnies as our quilting guide
- Isacord 1376 Thread in top and bottom



BINDING

We decided to stitch the binding on this table runner by machine and by hand.

Please watch some of the following tutorials if you are interested in sewing bindings completely by machine:

[BERNINA Binding with Foot #71](#)

[BERNINA Binding with a serger](#)

[BERNINA Binding Attachment](#)

[Finishing a Quilt with Binding and a sleeve](#)

[BERNINA Binding by Machine with a Picot Edge](#)

In the meantime, you may enjoy how to use THE BINDING TOOL to join your binding ends.



THANK YOU

Other Similar Projects:

[Fat Quarter Club: November 2022 – Snowflake Quilt](#)

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