



**BERNINA**  
OF NAPERVILLE ●

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The following instructions are for making an adaption for a fitted facemask in the hoop. These masks are not meant to replace a medical grade mask. They are to enhance you wardrobe as you go out and need to protect others from your bad self. You will need an embroidery machine, Sewing machine (or sewing/embroidery combo) and the base design(s) created at BERNINA of Naperville and available at [www.berninaofnaperville.com](http://www.berninaofnaperville.com)

**Suggested Supplies:**

- 1 – 10” x 18” fabric for mask front
- 1 – 10” x 18” interfacing lif SF-101 or other breathable material
- 1 – 10” x 18” fabric for lining
- 1 – Paper clip for nose wire
- Facemask base design(s) from BERNINA of Naperville
- 2 – 7-9” pieces of elastic or knit ties (the Overlocker tube turning method)
- 1 Roll of 10” wide tear-a-way stabilizer (we use 2 layers in each hooping)
- Thread for sewing the mask together – We used Mettler Seralene a 60 wt polyester thread because it is really thin and non-obtrusive when sewing with our heavily embroidered mask.

**Recommended Machine Embroidery Hoops (BERNINA only):**

- The base face mask embroidery designs come in a few sizes: [Shop HERE](#)
  - Jumbo Hoop: One hooping with the Large mask
    - File: FittedFaceMaskLarge01
  - Maxi Hoop: One hooping with the Small mask
    - File: FittedFaceMaskSmall02
  - Midi Hoop: Large Mask Left and Right Sides
    - Files: FittedFaceMaskRight03 (Note: This option does not have the cutting line included)
    - Files: FittedFaceMaskLeft04 (Note: This option does not have the cutting line included)
  - Large Oval Hoop: Small Mask Left and Right Sides
    - Files: FittedFaceMAskRight05 (Note: This option does not have the cutting line included)
    - Files: FittedFaceMAskLeft06 (Note: This option does not have the cutting line included)
- These are just the basework for the facemask.
- The files can be used as an alternative to tracing and pinning patterns
- BERNINA of Naperville uses this as a base for adding additional embellishments to a mask.
  - The sky is the limit
  - Add a monogram or name
  - Add tons of flowers
  - Add something snarky
  - The choices are only limited by your imagination



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### **Prepare the base fabrics**

1. Fuse the interfacing onto the wrong side of you mask's outer fabric
  - a. If using a Midi or large hoop, use the 10" x 18" fabric and interfacing pieces
  - b. Cut in half after the fusing is complete
2. Press the lining material (no interfacing needed)

### **Embroidery Instructions for base**

1. Hoop 2 layers of tear-a-way stabilizer in the hoop you have chosen
2. Spray the hoop with 505 spray (don't worry, you can clean your hoop after)
3. Place the fabric, interfacing down over the hoop
4. Stitch color #1
5. IF EMBELLISHED WITH OTHER EMBROIDERY: Stitch the color sequences.
6. If you are using the Jumbo or Maxi hoops, Stitch the cutting line stitch.
7. Remove from hoop, trim (if using the Large and Midi hoops, trim 1/4" away from the placement line).
8. Remove tear-a-way stabilizer
9. Repeat the process for the lining fabric

### **Stitching the mask**

1. With right sides together, stitch the center line of the mask outer fabric, matching the line created in the placement line embroidery stitch
2. Finger press
3. Stitch darts in both sides by matching the dart lines from the embroidered file.
4. Repeat for the lining.
5. Pin the top seam intersections right sides together (mask outer and lining)
6. Stitch along this line.
7. Clip curves and the point at the seam intersection.
8. Stitch bottom seams (right sides together)
9. Clip any concave bits
10. Turn right side out
11. Undo a paperclip and bend it slightly at the halfway point
12. Insert the paper clip into the mask and push it into the seam allowance of the mask
13. Stitch 3/8" from the top of the mask, making sure to not sew through the paper clip
14. Stitch 3/8" from the bottom of the mask
15. If you have an overlocker, use the 4 thread overlock stitch to prevent the sides from unraveling. Otherwise you can use an overcast stitch on your sewing machine.
16. Tuck the serger chain into the seam allowance and fold the sides towards the lining about 3/4"
17. Topstitch 5/8" from the fold line

### **Finishing**

1. Use a bodkin to fish elastic or your serger tubes through the casing.
2. Stitch the elastic or serger tubes closed and pull to hide this seam in the casing

Wear your mask to the grocery store, park, pharmacy, doctor, and everywhere else. WEAR A MASK!