



Weighted Door-Stop

Watch Tutorial:

[YOUTUBE.COM/BERNINAofnaperville](https://www.youtube.com/BERNINAofnaperville)



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Materials

- Fat Quarter Cub for March 2023
- Polyfil Stuffing
- ½ Yard Heat N Bond Lite
- Selection of threads for couching
 - Wonderfil Razzle
 - Yenmet
 - Aurifil 12 Wt
- Isacord 40wt in top and bottom
- #22 or #25 BERNINA Couching Feet
- Fusible Woven Backing
- ½ Yard scrap fabric
- Floral Rocks (5 lbs) – Available in-store at Michaels®
- Sharp Scissors
- Rotary cutter, mat, and ruler
- Optional Thread Support- Wonderfil Thread Tamer or BERNINA Multiple Spool Holder
- Size 80 Microtex Needle for Reverse Applique
- Hand sewing needle
- Kaffe Fassett Needle Threaders
- Angle Finder
- Stiletto

The FQS



Heavy Metal:
Rough Metal in
Pewter



Horizon: Natural
with Feathers



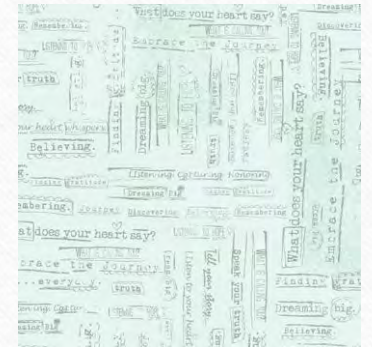
Horizon: Natural with
Leaves



Horizon: Natural



Horizon: Stone



Be the Light: Words of
truth in turquoise

CUTTING

From the Heavy Metal in Grey:

Cut 4 - of either the large or small trapezoid template

Cut 1 - 8 ½" square

Cut 1 - 5 ½" square

From the Turquios:

Cut 1 - 4" x 8 ½" rectangle

From the rest of the fat quarters, cut a house from each

From the ½ yard of scrap

Cut 4 of either the large or small trapezoid template

Cut 1 - 8 ½" square

Cut 1 - 5 ½" square

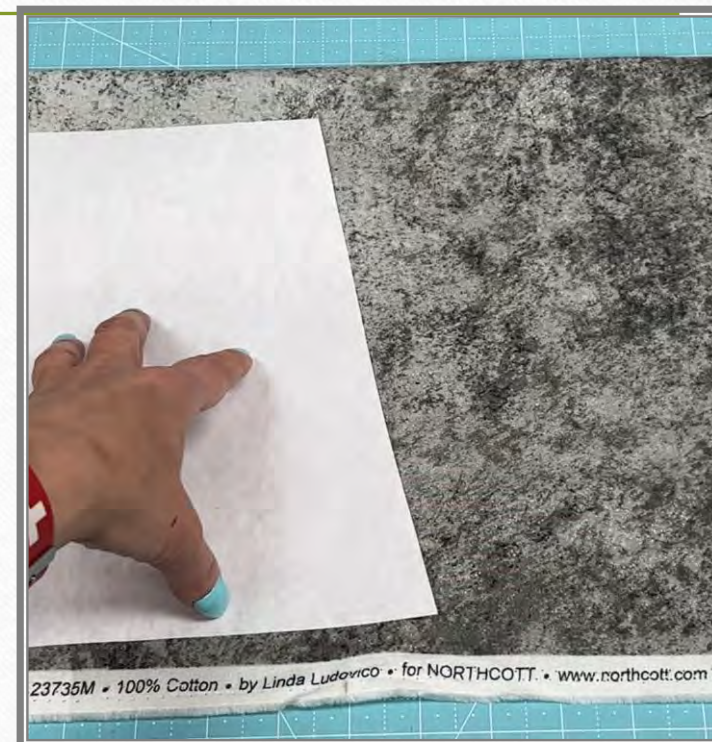
From the Fusible Woven

Cut 4 of either the large or small trapezoid template

Cut 1 - 8 ½" square

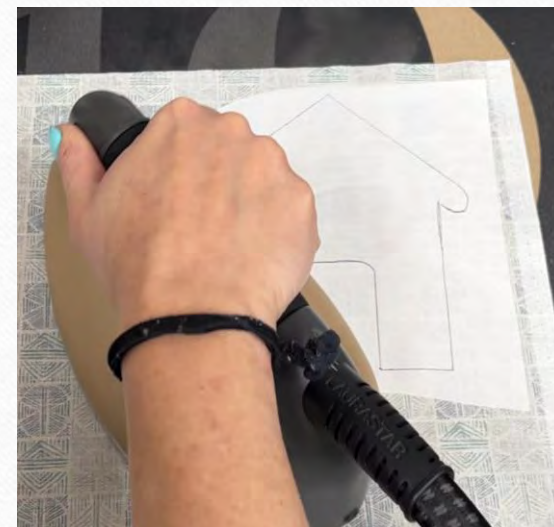
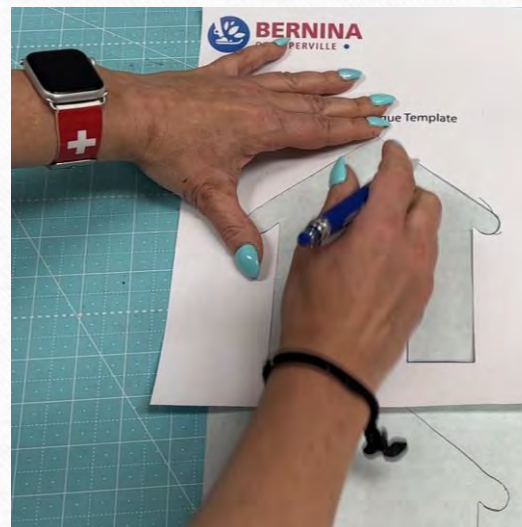
Cut 1 - 5 ½" square

Cut 1 - 4" x 8 ½" rectangle



PREP THE APPLIQUE HOUSES

- Trace either the small or the large house template onto the paper side of the Heat N Bond Lite
- Roughly cut out
- Press the rough side of the traced Heat N Bond Lite to the wrong side of the fabrics you chose for the houses
- Cut exactly on the line



Machine Set-Up



- Attach either the #22 (3-groove) or #25(5-groove) couching foot
- Set your machine to stitch #4
 - Stitch Width = 5.5mm
 - Stitch Length = .50mm
- Feed the threads through the foot and cover the raw edge of the houses



COUCHING

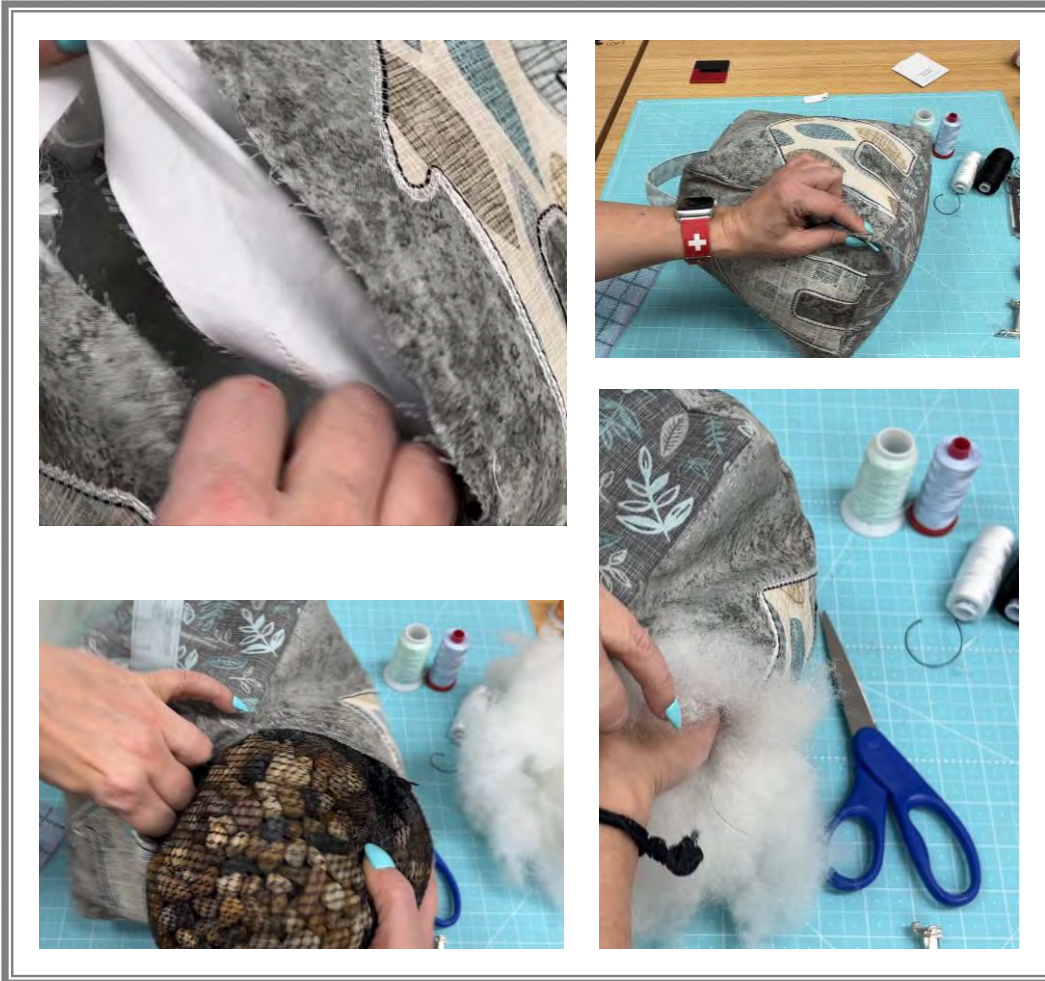
- Insert the threads to be couched in the foot slot(s)
- Engage needle-down and hover
- Be sure to keep the threads to the front of the foot
- **OPTIONAL:** place the BERNINA multiple spool holder towards the front of the machine to keep threads neat

Construction

- Stitch Handle and attach it to the outer top 5 ½" piece
 - Fold in quarters longwise and stitch with a straight stitch and Foot #10 (edgestitch). Set needle position 3 clicks to the left.
- Mark corners of 8 ½' and 5 ½" squares with the angle finder and stiletto
- Sew according to the video tutorial instruction
 - On the lining and the outer work – STITCH ONLY 3 SIDES
 - The fourth side is kept open for stuffing



Stuffing

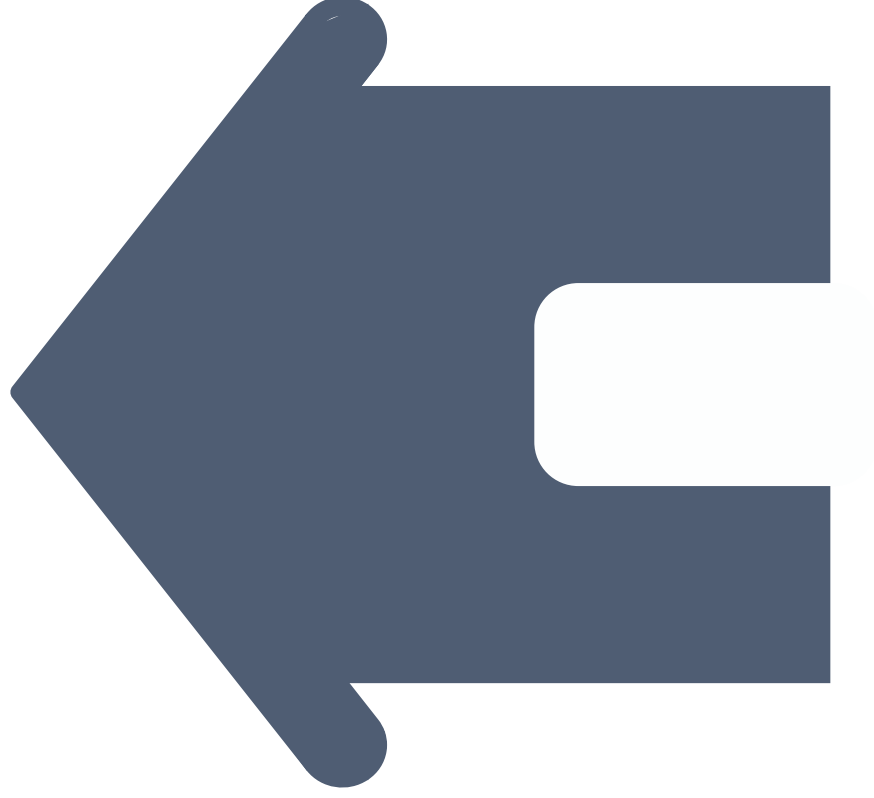


- Lightly stuff the lining, then insert it into the outer bag
- Rocks: you can either insert the whole bag as purchased or loosely put the ricks in the lining
- Stuff lining while it is still in the outer bag
- Hand sew lining closed with a crude whip stitch
- Close the outer opening with a slip stitch



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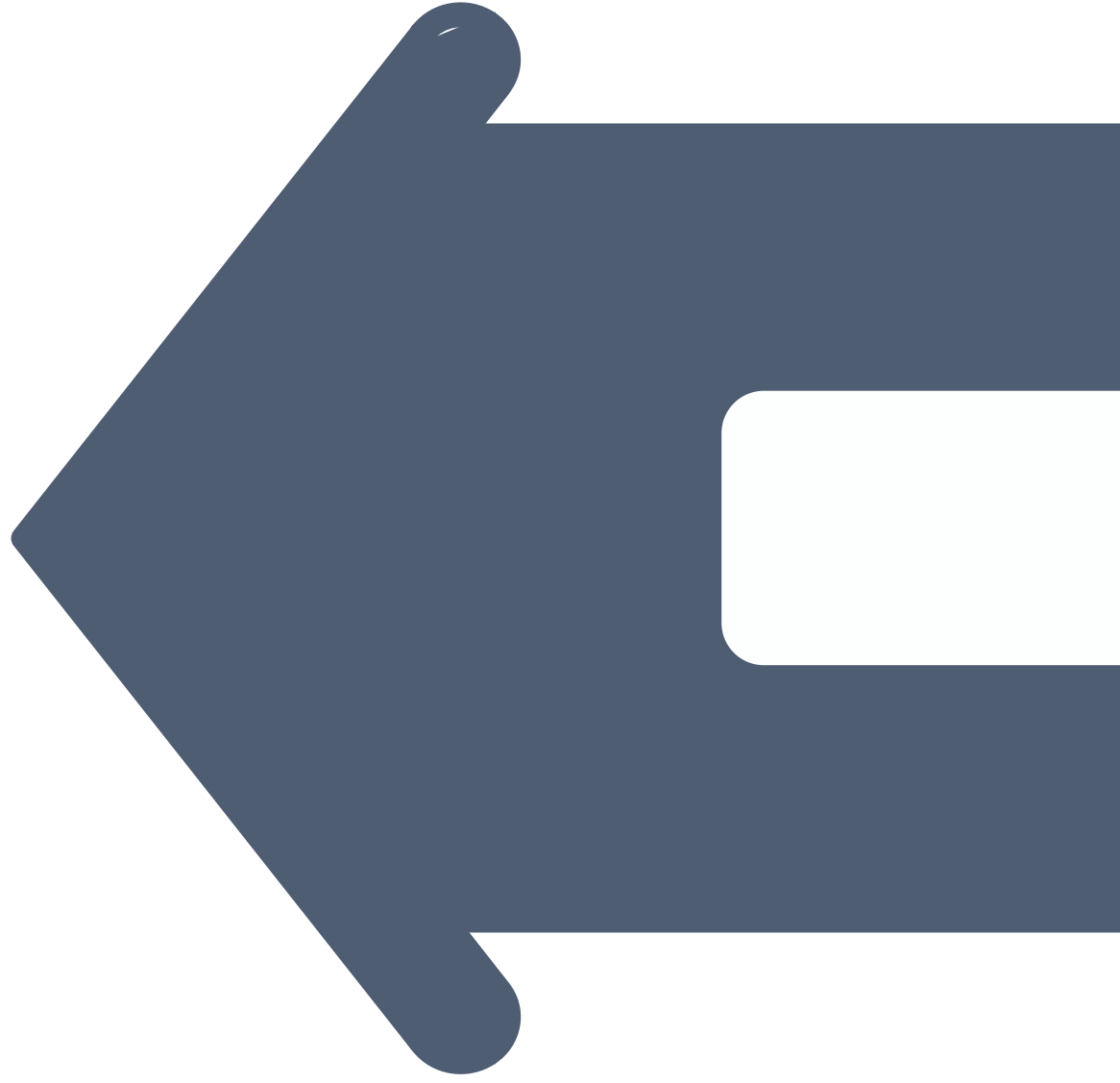
House Applique Template SMALL





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House Applique Template





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Large Template

Small Template