



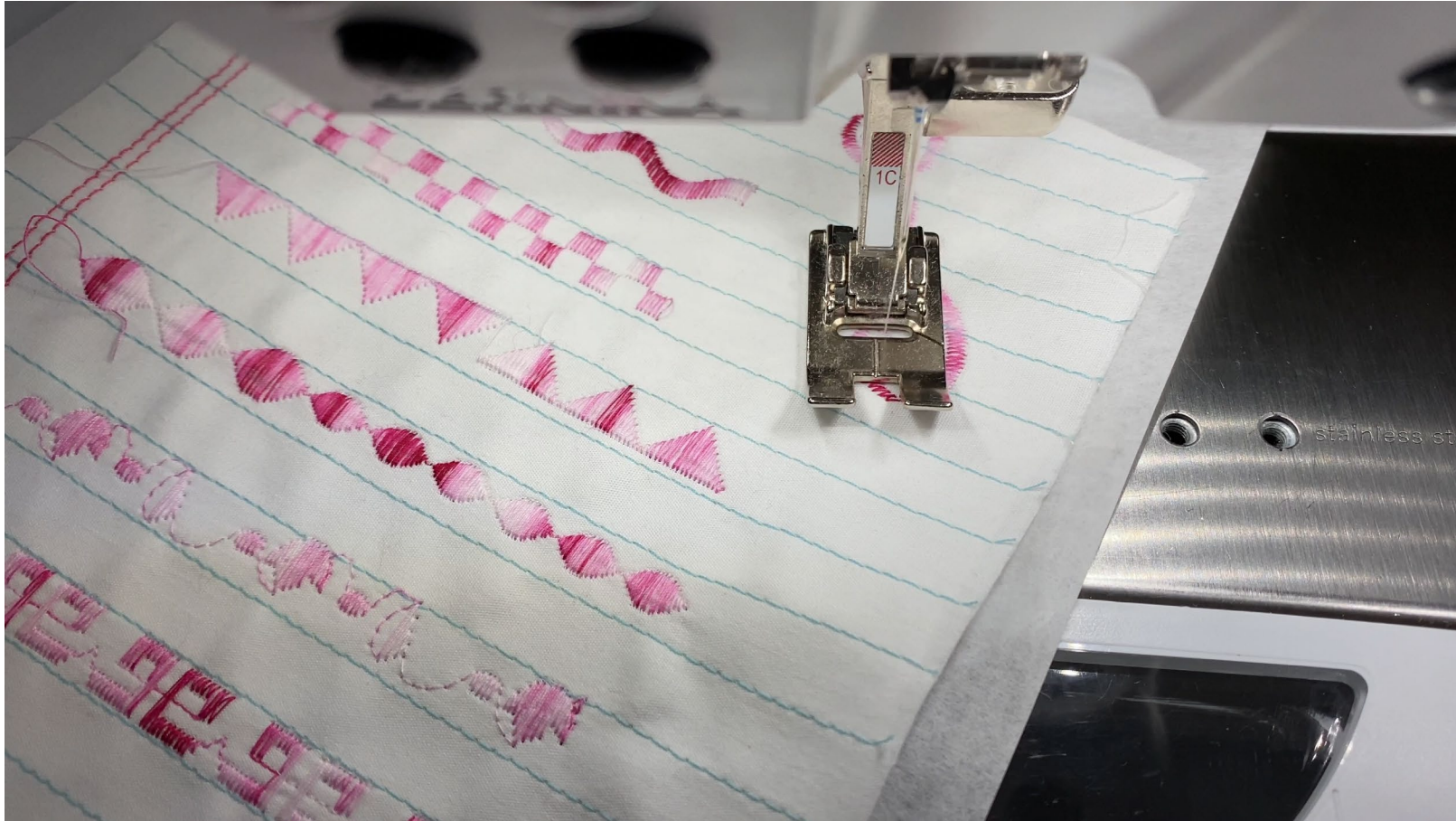
# BERNINA STITCH BOOK

Fat Quarter of the Month Project  
February 2022

1374

# The Fabrics – A collection from [Sugar & Spice](#) by Riley Blake





# The Project

BERNINA Stitch Book

[WATCH VIDEO HERE](#)

Other stitch Videos

[Stitched Postcards](#)

# SUPPLIES

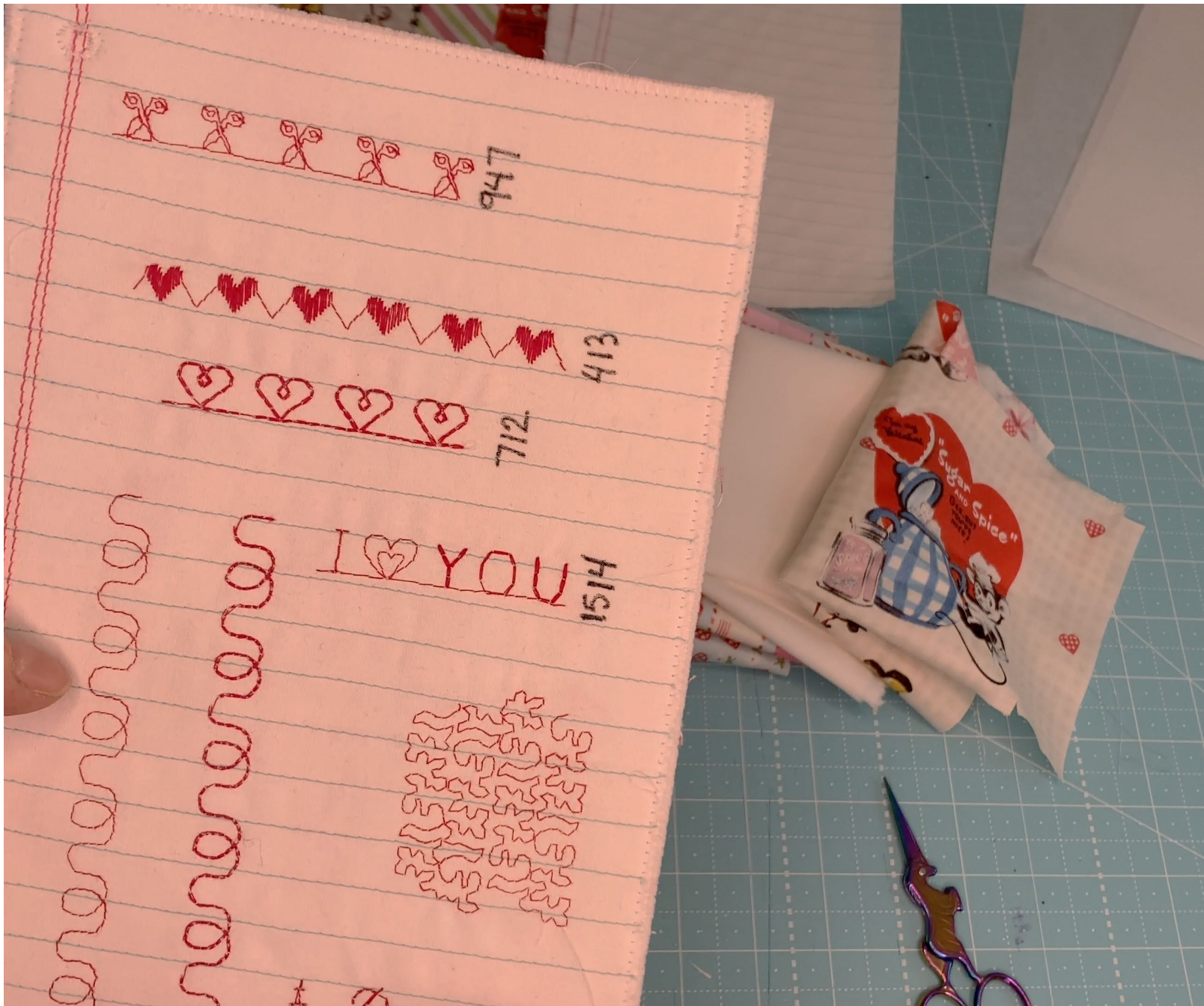
- [Fat Quarter Club Kit](#)
- BERNINA Sewing Machine
  - Featured Machine is the B 880 PLUS
- Feet
  - [#20D](#), [#20C](#), [#97](#), [#97D](#), [#40C](#)
- Thread
  - 40wt Cotton Mettler in Light [teal blue](#)
  - 40wt Cotton Mettler in [Pink](#)
  - Selection of other thread for decorative stitches – can be any fiber content – get creative!
- Stabilizer
  - 1 Yard of [Double-Sided Fusible Peltex](#)
  - [Fusible Woven](#) or [SF-101](#)
  - [Medium Tear-a-way Stabilizer](#)
- [Fusible Web](#)
- Micron Pigma Pens
- Iron
  - [Laurastar](#)
- Hole Cutter
- Loose Leaf Ring (available in many sizes, but we used 3")
  - [In bulk from Michaels](#)



## CUTTING

For each "page"

- One 6 1/8" x 9 1/8" White Fabric (in kit)
- One 6 1/8" x 9 1/8" of a print (in kit)
- One 6" x 9" Peltex
- Scrap of fabric (fussy cut from [Sugar & Spice](#))
- Fusible web t size of fussy cut item



## Helpful Tips

You do not have to Stitch out every stitch

Use the pages as idea holders

Label what you did and any adjustments

Categorize

- By project, type of stitch, theme, etc.