

## **Celebrate Earth Day**

- The first Earth Day was April 22, 1970
- We can thank US Senator Gaylord Nelson from Wisconsin for his efforts in energizing student anti-war protests with an emerging public consciousness about air and water pollution.
- April 22 was chosen because fell in between Spring Break and College Exams
- In 1990 Earth Day went global and in 1992 Senator Nelson was awarded the Presidential Medal of Freedom
- Read about how you can make a change, see the progress the Earth Day Initiative has achieved and take action to help to improve the environment: visit

## The FABRIC

 This adorable Earth Day Inspired Fabric Collection is so cute, you will want to purchase more HERE







#### The SUPPLIES

- BERNINA of Naperville Fat Quarter Club selection for April 2022
- 6 ½" of Fusible Woven Interfacing
- Thread to sew the bag together\*
  - \*We used a BERNINA L 890 overlocker/coverstitch machine which required 4 speeds each of the same color thread
  - If using a regular sewing machine, only one spool is necessary, but match your bobbin in top and bottom
- Hot Ruler Hemmer
- Iror

#### The CUTTING

- From the 2 Main Printed Fabrics
  - Cut 1, 18" square from each (Front)
  - Mind the direction of the print (Back)
- From the Strawberry and Lemon Prints
  - Cut 6, 2" strips Width of Fat Quarter each (Straps)
- From the Lime Green Solid
  - Cut 1, 6 ½" square (Pocket)
  - Also cut a 6 ½" square of fusible woven (Pocket)
- From the Plaid
  - Cut 1, 6 ½" x 7" piece (Pocket Lining)
  - Cut 1, 18" x 12" piece (Bag Bottom)



### The PRESSING

- Start by prepping the following pieces
  - Fuse the Interfacing to the wrong side of the 6 ½" lime green square
  - Press the each 18" side of the 18" x 12" piece over ½"
    - Use the hot hemmer for accuracy
  - Press the top edge of each 18" square main prints over ½" and then over another ½" to the backside of the fabric
- Stitch the strawberry strips together like you sew binding pieces together (watch video if you have not done this before). Repeat for the Lemons.
  - Press each set's long sides to the center (approximately ½" each side)
  - Straps will measure about 1"



## The SEWING part 1

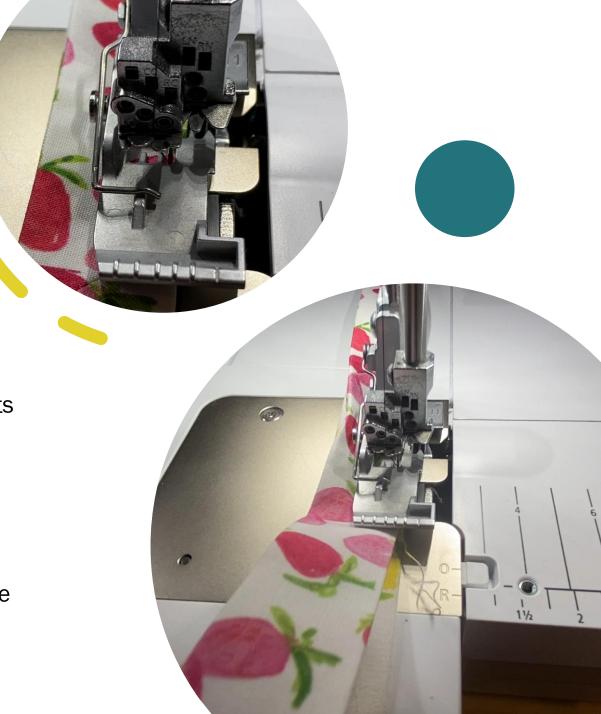
 Set the BERNINA L 890 to a 2-thread chain stitch by following the guided access instructions

 You can also set your sewing machine up with a ¼" patchwork foot and a straight stitch

 Stitch the bottom edges of the 2 Main Print fabrics WRONG SIDES together

 Stitch the hems of the top of the bag. Lining up the folded edge (top of the bag) with the very spot where the blad starts (it is recessed, but you can see it

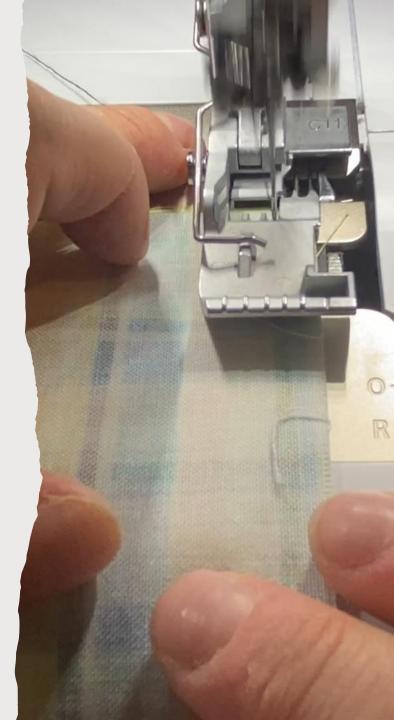
- On a sewing machine, use the 3/8" mark
- Topstitch the straps
  - Place a lemon strap wrong sides together with a strawberry strap
  - Topstitch ~1/16" from the folded edges down each side of the straps
  - You now have a lined strap





# The SEWING part 2

- Now let's stitch the pocket
  - With right sides together, stitch the top and bottom of the pocket to the plaid pocket lining using ~1/4" seam
    - Turn inside out and press
    - Roll the plaid lining so that it forms a little binding at the top of the pocket
- Fold the pocket in half vertically to find the pocket center.
  - Do the same with the bag
- Place the pocket in the middle of one side of the bag with the top of the pocket approximately 5" from the top of the bag Pin into place.



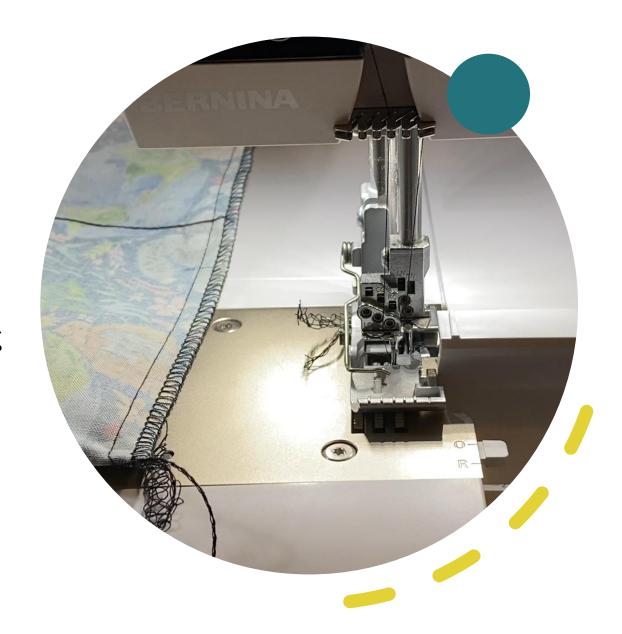
## The SEWING part 3

- Fold the long piece for the straps in half and cut (now you have two straps)
- Finger crease the center of the plaid bottom to find the bottom center
  - Place plaid bottom wrong side to the right side of the bag, lining the finger crease to the seam
  - Pin do not sew yet
- On the side with the pocket
  - Tuck each strap end ~1/2" under the pinned bag bottom on either side of the pocket. Place the straps so that they cover the raw edges of the pocket and pin into place
  - Repeat for the other side
    - Measure the strap distances on either side of the bag from the straps to position the straps onto the back side of the bag (no pocket)
- Topstitch the folded edges of the bag bottom into place  $\sim 1/16$ " from the fold
- Follow the video for stitching the bag straps.



#### The FINISHING

- Convert the L 890 to a 5-thread Chain and Overlock stitch
  - Follow the Guided Access instructions
- Fold the bag right sides together and stitch down the side seams
  - Trim any unevenness created by stitching the bag bottom when you serge
  - Repeat on the other side
  - Tuck your chains under with a darning needle
- Box the corners and use the 5-thread Chain and Overlock Stitch to finish
  - Repeat on the other side
  - Tuck your chains under with a darning needle



#### Time to use The BAG

- Thank you for watching
- Questions?
  - Email: <u>Gayle@berninaofnaperville.com</u>
  - Call: 331-472-4231
  - Visit the web: berninaofnaperville.com
  - Follow us on Social Media (Facebook, Instagram, YouTube and TikTok)
    - @berninaofnaperville



